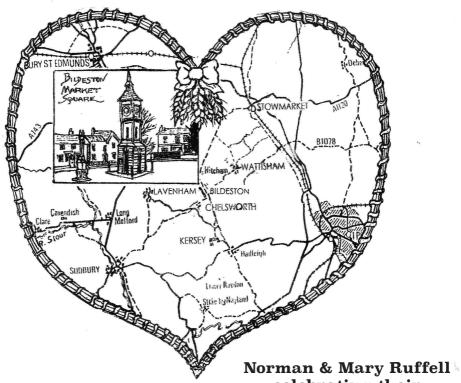


# November 2021



This issue kindly sponsored by -

Norman & Mary Ruffell celebrating their Golden Wedding on 20th November Many congratulations

The village magazine produced for the people of Bildeston online in full colour at htpps://bildeston.org/bugle-village-magazine/



### BILDESTON BUGLE ADVERTISING AND FREE CONTRIBUTION INFORMATION

Our aim is to provide every resident and organisation in Bildeston with a magazine which provides information of local interest FREE OF CHARGE. To that end we are required to be efficient in the space we use to print free notices. We endeavour to include interesting items, announcements for events open to the general public for free and items of a charitable nature free of charge. Ongoing free announcements need to be reduced to minimum size or make a contribution towards printing costs. Please check with us before submitting your advert and ALWAYS provide us with all of your contact details in order for us to send an invoice and receipt.

email: editor@bildestonbugle.co.uk

Sponsor a 'Bugle' – £15 per issue and have a brief message of your choice printed on the front of the Bugle

# Advertising Rates

	1 issue	12 issues	
1/4 page	£5.00	£35.00	65mm W x 92mm H
1/2 page	£10.00	£60.00	134mm W x 92mm H
Full page	£15.00	£110.00	134mm W x 190mm F

#### THE SMALL PRINT

All adverts, payments and items are required <u>before</u> the 17<sup>th</sup> of every month for inclusion in the following month's issue (except December before the 15th).

The earlier free contributions are received the greater the chance of inclusion.

The Editorial Team are not responsible for the accuracy of articles or adverts and rese

The Editorial Team are not responsible for the accuracy of articles or adverts and reserve the right to alter, shorten or refuse any item submitted for publication.

Ask for BACS details or make cheques payable to Bildeston Bugle and send to:

The Editor, Bildeston Bugle, 14 Squirrells Mill Rd, Bildeston IP7 7DY

If we do not receive payment by the 17th of the month your advertisement may NOT be included

### The Bildeston Bugle Management Team is:

Alan Jacobs (Editor) 01449 741645
Tricia Baldwin (Marketing & Advertising Revenue)
Christine Hubbard (Treasurer) 01449 740633
Stuart Law and Alison Sims (Assistant Editors)
Pam Weaver (Distribution)
Lisa Chinnery (Printing)

# **ED'S COMMENT**

It is true that trends and fashions often go round in circles. Through the 19th century right up to the 1990s, in early Autumn youngsters would stuff old clothes and make a 'scarecrow' dummy. It was called a 'guy' and it was unceremoniously dumped into a pushchair and pushed into the street where it was used to entice passers-by to hand over a few pennies using the plaintiff cry, "Penny for the guy?". Any money raised was put towards fireworks and on bonfire night, Guy Fawkes night, the guy would be burnt. 'penny for the guy' died out as attitudes changed around allowing youngsters to ask passing strangers for money, as well as the growing concerns of letting them sit on their own with a dummy on street corners! It coincided with a subtle shift in how Bonfire Night was celebrated.

In a few places around Britain it still continues in a traditional form, for example at Ottery St Mary in Devon where tar barrels are set on fire and rolled around. In fact some think rolling a massive tar barrel fully ablaze is not scary or impressive enough. Now the flaming barrels are hoisted on to people's shoulders and carried along! Protective clothing is worn in a slight nod to Health and Safety! Lewes, East Sussex claims to have the biggest bonfire celebrations in Britain, including torchlit processions with effigies of current figures of hatred. Watch out to see who they choose this year!

Generally Bonfire Night is not the national celebration it once was. Health and safety concerns, changes to the law regarding the sale of fireworks and the encouragement to attend organised events rather than something home grown, has meant that families are less inclined to hold their own firework parties. Instead, bonfires and firework displays have become closely controlled commercial events, quite often on the nearest weekend. The Hadleigh event is planned for 5th November at The Millfield with gates opening at 6.30pm. The adverts warn - "Strictly No sparklers allowed". What?!!

Youngsters now seem more engaged with Halloween, or the American version that's been imported of Trick or Treat. This is now even more commercialised than Bonfire Night. A whole industry of costumes, props and make up has evolved supporting children of almost all ages, to dress up that evening. It is unknown precisely where and when the phrase "trick or treat" was coined, the custom had been firmly established in America by 1951, when trick-or-treating was depicted in the Peanuts comic strip. In 1952, Disney produced a cartoon called "Trick or Treat" featuring Donald Duck and his nephews Huey, Dewey and Louie.

And the trends going round in circles? Well, having dressed up, applied the scariest make up possible, grabbed a torch and a bag for hoped for ill-gotten gains, the children set off and wander the local streets and knock on people's doors demanding, "Trick or treat?". Instead of a few pence for the effort of making a guy, they get a few sweets for the effort of dressing up and avoiding a menacing trick! It's truly scary being accosted by a 3' 6" witch, ghoul or skeleton hyper on a night long sweetie sugar rush!!

### LAXFIELD HOUSE NURSING HOME BRENT ELEIGH, Nr LAVENHAM, SUDBURY, SUFFOLK

Situated in a quiet village location with beautiful gardens, offering residential and full nursing care for elderly people.

A highly trained team of nursing sisters and care staff provide excellent nursing care with kindness and compassion, ensuring privacy and dignity at all times.

\* Long or short term respite care available \*

A warm welcome is always extended to all visitors



All rooms are well appointed with en-suite facilities. Nurse Call System, Passenger Lifts, Various Public Rooms

This nursing home was established over 25 years ago by the current proprietor and family with ongoing input and management.

Enquiries to - Mrs J. Carne RGN, RM, (Matron) Mrs E. P. Knight RGN, RM, Mr N. Knight (Proprietors)

Telephone (01787) 247340 / 495

enquiries@laxfieldhouse.co.uk www.laxfieldhouse.co.uk



Member of the Registered Nursing Home Association

# Bildeston Primary School

Learning and Growing Together

It has been lovely to welcome the children back to our autumn term and in particular to welcome 14 new children to our reception class. They have settled extremely well.

Pupils continue to adapt well to the measures we have in place to keep everyone safe, continuing with handwashing controls, social distancing and staff wearing masks at appropriate times.

We have started to introduce all of those wonderful events that we are used to doing prior to the pandemic and the children are always excited to take part!

#### **Harvest Assembly**

Reverend Elke Cattermole joined the children at Bildeston Primary School for their virtual Harvest assembly. Due to the high number of positive cases in the local area, pupils remained in their classes and the assembly was broadcast virtually which included wonderful parent participation!

Children brought donations of non-perishable foods which were displayed in the hall. These donations will be collected together and will be donated to Bildeston Food Bank. Thank you to everyone for their generosity.

#### **Bikeability**

Thank you to the Bikeability team who joined us this term to ensure that our Year 5 pupils completed the necessary cycle training so that they continue to stay safe on our roads. Every child was handed a certificate and a badge for their participation.



#### **KS2 Panathlon**

Primary Panathlon is a skills-based competition where each team remains as a group rotating around a carousel of fundamental skills that includes sending and receiving activities and striking skills suitable for children with special needs. The children that attended this event came third overall and were presented with a medal, certificate and a t shirt. Well done!

#### **Phonics Workshop for Parents**

Our Early Years teacher presented a 'Phonics' workshop to reception class parents where parents were shown how they can help their child's learning progress at home through the use of Phonics. This was very well supported and appreciated by all who attended.

If you are considering Bildeston Primary as a school for your child, we would welcome a visit. Please phone the office on the number below. We would love to meet you.

Bildeston Primary School Newberry Road, Bildeston, Ipswich, Suffolk, IP7 7ES Telephone: 01449 740269Website: www.bildeston.suffolk.sch.uk



### SIR DAVID AMESS

We in Bildeston, Suffolk, share our horror and disbelief at the senseless murder of Sir David Amess. Whatever our political opinions we extend our deepest sympathy to his family.

It was extremely concerning to hear our own MP state he sometimes has concerns at his own local surgeries. That means here, with us! What has happened to us as a society that there are those among us who feel the only way to show their opposition to something is to use disruption and dreadful violence?

The statement from Sir David's family is a clarion call to us all to get back to calmer, kinder behaviour.

Below is the message James Cartlidge posted on Twitter.

### James Cartlidge MP

Utterly shocked  $\mathcal{E}_{T}$  saddened by the tragic death of my colleague David Amess. He was always kind  $\mathcal{E}_{T}$  gentle, unfalteringly polite  $\mathcal{E}_{T}$  totally devoted to serving his constituents as the embodiment of public service. My thoughts  $\mathcal{E}_{T}$  prayers with his family, team  $\mathcal{E}_{T}$  all those close to him.

SarineFitt, personal trainer
Exercise Classes
At Chamberlin Hall on Thursdays
0915-1015 and 1730-1830
Alternating between Boxercise and LBT (legs bums and tums).
Find me on FB @SarineFitt
Or call/text 07718593532 for more details.
Walk in's welcome



## What's on in November

For bookings contact: 07716 921514 or chamberlin.bookings@gmail.com

Mondays 3.30 to 9.00pm	MLSPA Performing Arts (07957 351941)
------------------------	--------------------------------------

Tuesdays 11.00 to 12.00pm Rosies Line Dar	cing
---	------

Wednesday	7.00 to 11.00pm	Open Mike with Kev and Dave
- I	40.00	7 1 6 11 11 1

and 5.30-6.30pm		
Eridove	11 <sub>2</sub> m	Pilatos for Improvers / II Claim 07000

riidays	I I alli	i liates for improvers (call claire: 0/900 440 141)
Fridays	12.00	Pilates for Beginners (call Claire: 07900 440141)

Fridays 6.30pm Bowling Social evening

Saturday 9th from 10.00 am Indoor Market Sundays 9.30am Badminton

Saturday 6th East Anglia Garden Club meeting

Saturday 13th 9.30 - 1.00pm Indoor Market

**Coming Soon** 

RockHouse, Rock and Roll band 18th December. Tickets on sale soon.

# ALL ASPECTS LANDSCAPING Fencing Paving Treecare

WWW.ALLASPECTSLANDSCAPING.CO
CALL NOW FOR A FREE NON OBLIGATION QUOTE
Follow us on Facebook



We cover all hard and soft landscaping with many years of experience

FENCING -DRIVEWAYS - PATHS AND PATIOS-BLOCK PAVING -GARDEN GATES AND WALLS -TURFING AND SEEDING-GARDEN CLEARANCES-DIGGER WORK -CURB STONES-ALL TREE WORK AND HEDGE CUTTING-GRASS CUTTING LARGE/ SMALL AREAS

01284 624089 07384351944

### **SESAW NEWS**

At last people! Lots of them, painting, weeding, chatting and laughing. It was good to welcome a big work party from Axa Insurance last month. They tackled many jobs that have fallen by the wayside since Covid 19. We send them a big thank you and hope they were as glad to see us as we were to see them. It was a particularly cold day when the humans came in for steaming hot cuppas and biscuits. My canine pals and I studied every crumb being quietly consumed until someone broke the silence with "Why don't dogs blink?" Haha, fooled you! We do blink, but the long soulful stare guilt trips most people into sharing a tasty treat. Apparently our meaningful looks stem from the way our ancestors, the wolves, communicated with each other.

SESAW volunteers are attending two festive events in November. Jeanette is back with her Terrific Tombola, 10-4pm on Saturday 13th at Bridge Farm Barns, Monks Eleigh, IP7 7AY. Sheila will have another classy selection of gifts at the Long Melford Christmas Community Market, 10-1pm on Thursday 25th at the Old School, CO10 9DX. Both ladies take great care with presentation and value for money so please call in if you are able.

I'm confused since Mum said the clock went back, it hasn't moved from the kitchen which is where dinner will be waiting for me, Kenny (the Boss) Chihuahua.

Suffolk & Essex Small Animal Welfare, Registered Charity No.1124029, Stoke Road, Leavenheath, CO6 4PP. Tel: 01787 210888 www.sesaw.co.uk



page 9 – issue 373 – November 2021

# Bildeston Ladies Club



Our speaker for October arrived in full traditional dress and told

us the story of her life in a remote

Turkish hill village with the lovely Mustafa, who had persuaded her to buy a house with him soon after they first met!

She explained that the local Turkish folk had no knowledge of Christmas traditions in the UK and had never heard the Nativity story. So, over the years she has brought these traditions to them! People come to view her house, bedecked with fairy lights and she uses



branches from her orange trees to create her own Christmas tree. The children had however, heard of Baba Noel, AKA Father Christmas or Santa Claus, who of course was the instigator of presents for children delivered via a chimney, as St Nicholas was indeed a Turkish Bishop.

Muslim traditions throughout the year, seemed to involve a lot of Baklava. In one three day festival, aptly named The Sugar Festival, you are expected to visit many neighbours in order to drink coffee and eat Baklava, whilst also hosting to do the same. Another festival, celebrating the safe arrival of Noah's Ark on Mount Ararat, involves the cooking and distributing of 40 bowls of VERY sweet "muesli like" porridge which has to contain 40 ingredients!

This was a very entertaining evening and Jenny was a natural storyteller.

At the end of the evening we were able to purchase some Turkish craft items and Jenny donated some of the profits to our funds

On November 4th, Julia Barrett will return to us to talk about Mrs Pretty and the ladies of Ipswich. You may remember Julia from her previous visit to us, when she spoke about the wardrobe of Queen Elizabeth 1.

Hope to see you then - don't forget to bring money to pay for your Christmas meal!

Chamberlin Hall - 7:300 p.m. for 8:00p.m.

Jo Silburn - 01449 257045

## MOBILE LIBRARY SERVICE

The Mobile Library is operating as normal now, but with the following provisions:

- One customer at a time
- Everyone to sanitise their hands before entering
- staff will wear face masks and customers encouraged to do the same
- please be as guick as possible to allow others time to choose
- there is a tempotrary limit of 4 items per person
- · all returned stock is quarantined for 72 hours
- shelves are sanitised between stops

The Bildeston stops are as follows:

Brooksfield at 14.10 to 14.25 Market Square 14.30 to 14.45 Newberry Road 14.50 to 15.05 Paddock Way 15.10 to 16.00

# SEAGER SWEEPS

**Professional Chimney Sweeping Services** 

# **Chimney Sweeping Prices From £55**

For 2021/22

(For any standard chimney or lined stove)

# **Book online**

www.seagersweeps.com

Tel: 01449 741595 / 07958739686 Email: info@seagersweeps.com

Bildeston, Ipswich, Suffolk, IP7





# The Cinnamon Trust ne National Charity for the elderly, the terminally ill and their pets

It is widely acknowledged that pets can positively benefit the well-being of elderly owners. For many elderly people living on their own, their pets are their reason for living. They are constant companions - on hand 24 hours a day, every day, comforting, loving and protecting their owners - not only from outside threats, but also offering the more subtle form of protection from loneliness and despair.

Via a national network of 15,000 volunteers, the Cinnamon Trust offers the following services all over the UK to elderly and terminally ill pet owners.



· Dog Walking

• Care - Any day to day pet care the owner can't manage. . Short Term Fostering - For pets whose owners face a spell in hospital.

• Long Term Fostering - For pets whose owners have died or moved to residential accommodation which will not accept pets (by prior arrangement).

• The Pet Friendly Care Homes Register - The Trust's guide to care homes and sheltered housing that will welcome residents and their pets.



If you are interested in learning more about The Trust and how we could help you,

please contact us at: Tel 01736 757 900

Email: volunteer@cinnamon.org.uk Website: www.cinnamon.org.uk 10 Market Square, Hayle, Cornwall TR27 4HE



**Transform your home!** CLADDING DOORS WINDOWS CONSERVATORIES

MULTI AWARD-WINNING

Frames Conservatories

Your Complete Home Improvement Centre Pirect

Add some kerb appeal to your home, call us now on:

01284 799470

Unit 3, Barton Road Retail Park, Bury St Edmunds, Suffolk IP32 7BE (Nr Farm Foods) or visit www.fcdhomeimprovements.co.uk

ALUMINIUM PRODUCTS ★ CLADDING ★ WINDOWS ★ DOORS ★ CONSERVATORIES ★ FASCIAS & SOFFITS



My energy supplier recently went under and the new tariff I've been put on is far more than I used to pay. I've heard energy prices are set to rise further and I'm just not sure I can afford it. What help can I get, or small changes can I make around my home to help save some money this winter. The cost of energy is very high at the moment and it's causing many people to worry. Normally we would suggest switching to a better deal, but the situation is very difficult at the moment and there aren't a lot of good deals out there. However, there are still other small ways you can keep your bills down.

Little everyday things can help, such as making sure televisions and other electronic devices are switched off and not left on standby; washing clothes on a lower temperature; and only filling the kettle with the water you need.

Turning down your main thermostat by 1 degree can save you around £60 on your energy bill. Spending one minute less in the shower each day could save a family of four £75 a year on energy and water bills. The Government's <u>Simple</u> Energy website has more tips like this.

You're right in another way about bills going through the roof- and the walls. One way of cutting costs in the long run is to invest in good insulation if you can afford to. If you're renting, ask your landlord to do this.

You may be able to get financial support to help insulate your home under the Energy Company Obligation scheme <a href="https://www.ofgem.gov.uk/environmental-and-social-schemes/energy-company-obligation-eco">https://www.ofgem.gov.uk/environmental-and-social-schemes/energy-company-obligation-eco</a> Contact your energy supplier for more information. If you're in a household that's not connected to the gas grid you may also be able to receive help under the Home Upgrade Grant Scheme through your local authority.

There's some financial support available for paying your energy bills, depending on your situation. For example, if you're a pensioner with a low income or receive Universal Credit or other means-tested benefits, you may be entitled to the Warm Home Discount. This gives you £140 a year towards your bills. Check <a href="https://www.gov.uk/the-warm-home-discount-scheme">https://www.gov.uk/the-warm-home-discount-scheme</a> the Government website to find out if you can claim it.

The Government recently announced a £500m fund to support households this winter so keep a look out for announcements about how this could help you. In England, it will be distributed by Local Authorities.

Remember you can always call our consumer helpline on 0808 2231133 for free advice about your energy costs and staying warm this winter. If you need advice or information, contact Sudbury & District Citizens Advice. We are providing advice by telephone and email, Monday – Thursday, 10am – 1pm. Please phone 01787 321400 and leave a message and someone will call you back when available. We will attempt three times to call you back, so please expect a call from a withheld number. You can also telephone our advice line on Freephone 0808 278 7868 or 0800 144 88 48.

Alternatively, contact us via email at <a href="mailto:advice@sudburycab.org.uk">advice@sudburycab.org.uk</a> or by using the contact facility on our website www.sudburycab.org.uk

# HONEY BEE'S NURSERY

Hitcham Village Hall, Hitcham, IP7 7NE

### FOR CHILDREN AGED 2 - 5 YEARS

Open Mon, Wed, Fri 9.15a.m. – 12.15p.m. or 3.15p.m. Tues, Thurs 9.15a.m. – 12.15p.m.

Early Drop Off - 8.00a.m. Lunch Club Daily until 1.15p.m.

2 Indoor Rooms and Outdoor Areas
Ofsted Registered

Early Years Funding for all 3/4 year olds and eligible 2 year olds.

30 hrs funding also available.

Contact: Sharon Scarfe 07947621122 (mobile) 01449 740764 (hall)

Or visit honeybeesnursery.co.uk

WANT TO LEARN TO PLAY GUITAR, BASS, DRUMS?

MANY CONTEMPORARY STYLES COVERED, INCLUDING ROCK, METAL, POP, INDIE, BLUES, FUNK AND MORE.

KEYBOARDS, VOCALS, SONG AND LYRIC COMPOSITION

MOBILE DIGITAL RECORDING SERVICE AVAILABLE



### **ADAM KEETON**

GOOD COMPETITIVE RATES
01449 744530 OR 07914 798374
FULL DBS + LOCAL YOUTH GROUP LEADER





# Want to learn a new skill? Ever wondered how you lay a hedge?

Join us at Kings Pightle Nature reserve on Saturday 11th December and Sunday 12th December to learn how to lay a hedge in the traditional time-honoured way.

We've got John Esling, a local artisan, who is an expert in hedge laying, coppicing and other traditional country skills. He'll be providing training and teaching on site. Bring your own saws, tools or even a chain saw if you have one.

If you're interested, then let me know via info@nature.bildeston.org or call me on 744120.

I hope you can join us.

Richard Lester

Kings Pightle Trustee

Kings Pightle Nature Reserve is a beautiful and tranquil place that you are welcome to visit all year round. You will find paths that meander through our meadows, reedbeds and copses. There are places to sit and contemplate, a bird hide and feeding area and also picnic place.

The reserve provides a valuable refuge for a range of birds, plants and animals in an otherwise largely arable area. The overall structure of the grassland area and surrounding habitats sustain a good range of wildlife species. This type of grassland provides an essential resource and refuge small mammals, birds, reptile's amphibians and invertebrates.

The areas of short grass such as the regularly mown grass paths are valuable basking areas for cold-blooded animals.

The trees hedgerows and scrub provide a varied habitat for birds, for roosting, nesting, cover and food, and provide protection for small mammals and invertebrates. Thick established hedgerows, such as those found on the boundary of the grassland, and mature trees are necessary for a large number of species.

# Studio 66

Ladics and Gents Hairdressers



### **BILDESTON COMMUNITY CYCLING**

Why not join our monthly Saturday morning Winter Warmer series?

These rides are for riders of all abilities.

# **WINTER WARMER 2**

JOIN US FOR A RIDE OF ABOUT 25 MILES, STARTING FROM THE MARKET PLACE AT 9.30am, ON SATURDAY 13 NOVEMBER. CAFE STOP HALFWAY. BACK ABOUT 12.30pm.

### **PUT IT IN THE DIARY NOW!**

Warm clothing recommended. The ride will be mainly on quiet lanes, at an acceptable speed (no-one left behind!). Regret no unaccompanied children under 16.

JUST TURN UP; or for more information, contact Robin Weaver 741048

# Stuart Walker



**Decorating, Painting & Refurbishments** 

A locally based company offering an honest and reliable service

Painting - Decorating - Refurbishments - Repairs

All work considered indoors & out! Fully Insured & free quotations provided

Please contact Stuart on Tel: 07711 606464 or 01449 740387

Email: stuma1@hotmail.co.uk



# <u>Green Farm</u> <u>Vintage China Hire</u>





A large selection of Vintage china, glass and other items to hire for vintage tea parties, weddings and other occasions at very competitive prices.

20% of your china hire cost will be donated to the charity of your choice.

For more information, a price list and photos, please see my Facebook page:

Green Farm Vintage China Hire

Email: carole.homer@btinternet.com

Tel: 01449 741498 Mobile: 07879265756





## **BusyB**

# Quality Dressmaking, Alterations and Ladies Formal Gown Hire

A professional bespoke service from a friendly local dressmaker, now also providing a hire service for ladies formal wear – call for an obligation free quote.

Find me on Facebook as 'Bev Busyb'

or Google Maps – search for 'BusyB'

Tel: 01449 737618 Mob: 07753 177703

email: busybev@btopenworld.com

www.busybev.co.uk



## THE BILDESTON CROWN



# Village Night

Burger & beer/wine £15 Tuesday 9th November, 6pm - 9pm

It's been a while so we're looking forward to seeing you all

Chris & Hayley Lee

104 High Street, Bildeston, Suffolk IP7 7EB reception@thebildestoncrown.co.uk 01449 740510 thebildestoncrown.com



# **Sports Field Pavilion**

Hire this facility for your

parties – fund raisers - regular classes or activities

ideal for children's parties with outdoor space.

Kitchen /alcohol license/ Hall/Outdoor space

For hiring rates & conditions contact:

Email:bildestonsportsfield@gmail.com or phone 07766527433



Garden Maintenance
General garden tidy up
Landscaping
Hedge cutting
Hedge reduction
Fencing
Turfing
Lawn care

For all your gardening needs contact Steve:

01787 583828/07885728973

steve.wilding283@googlemail.com

# **Keeping the Beat Ltd**

**Specialising in Healthy Hearts** 

www.keepingthebeat-suffolk.co.uk



Sessions are Starting Wednesday 22<sup>nd</sup> September 2021

At: Kersey Village Hall - IP7 6EB

Wednesdays at 1900

f5 a session

(One to One Risk Factor Management Assessments are also available)

If you are interested in joining us or would like to know more, please

Email: keepingthebeatsuffolk@gmail.com

Mobile: 07376 608735

# **CPH Property Services**

Painting • Decorating • Refurbishments & Repairs Fully Insured with Free No Obligation Quotations

A friendly local company with 30+ years experience

Tel: Chris - 07717059370 or 01787 210536

Tel: Paul - 07880727630 or 01449 740020

Email: chris.harman1990@gmail.com

# **Dunstone Optometry**

# 3 Queen Street, Hadleigh

For your entire eye care needs

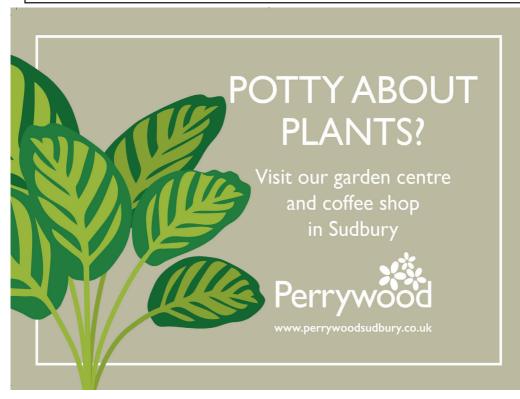
including contact lenses, latest Swept Source OCT eye scanner, examination of children and home visits

Frames include: Tom Davies, Tiffany, Ray-Ban & Esprit

To find out more please call in, telephone

01473 823755 or see dunstoneinsight.com







# Stowe Veterinary Group For a professional caring service



Independent practices with a personal approach



# **KGT Fencing**

For All types of fencing and fencing repairs
Also grass and hedge cutting
Gardens cleared
Guttering repairs and clearing.
Phone 07813 571820
email kgt417@gmail.com.



# Paul's Carpentry

- Decking
- **Pergolas**
- Window repairs
- Sheds Built
- Doors replaced
- · Shelving
- Bespoke Wardrobes
- Handrails replaced
- Fascia and Bargeboards Understairs Cupboards

Mobile: 0779 234 0365

Tel: 01449 616888

email:paulhb100@btinternet.com



### PHYSIOTHERAPY AND PILATES



Claire is an experienced Physiotherapist and certified Pilates Instructor.

#### Services offered:

- **Physiotherapy**
- Womens Health Physiotherapy inc
- MummyMOT
- . Running Analysis
- . Sports Massage
- Pilates 1:1
- Pilates classes (BILDESTON & Hadleigh)
- Home visits

#### PHYSIOTHERAPY CAN HELP:

- . Muscular aches and pains . Low back pain
- . Hip and pelvic pain
- . Neck pain
- . Joint pain or sprains
- . Repetitive strain injuries
- . Nerve pain
- . Ante and post natal pain
- . Pre- surgery

Clinic Address: Kersev Mill Kersey IP7 6DP



www.fitframephysio.com Tel: 07900440141 E: Claire@fitframephysio.com



# **Bildeston Waytes 2021**

WE'RE BACK! After the pandemic forced last year's Bildeston Waytes Carols online, this year the event will return to the Chamberlin Hall with a live audience!

The WAYTES CAROLS evening is an extremely popular Christmas event in Bildeston with a long tradition. An enthusiastic and vocal audience joins local musicians for an evening of festive singing. Last year the pandemic restricted us to a live stream which was nonetheless very popular and raised over £1500 for East Anglia's Children's Hospices. This year we are very excited to be back in the Chamberlin Hall. Do come and join us – this is where Christmas begins!

The date for your diary is:

# Wednesday 22 December at 7:30 pm

Tickets will be available from early December from Bildeston Village Stores or can be reserved on our website at <a href="https://www.bildestonwaytes.com">www.bildestonwaytes.com</a>.

Any local musicians, especially instrumentalists, who are interested in taking part would be very welcome! Please get in touch for more information.

nansi@bildestonwaytes.com

www.bildestonwaytes.com

# SKYWARD WINDOW CLEANING SERVICE

Window Frames + Sills + Front & Back Doors cleaned every time as standard.

Locally based 7 Brooksfield, Bildeston IP7 7EH
Pure Water High Reach Pole System (no ladders)
So no more broken tiles in accessible
windows over conservatories, Dorma's skylights etc.
now easily reach and cleaned from the ground.

We also clean with Evolution 2 Pressure Washing System Patios, Driveways, Decking etc.



For a free no obligation quote call Richard on

01449 258976 or 07771 565508

# FIREWOOD

# **DRY SEASONED LOGS**

Various loads available
Also available is Kiln Dried Hardwood Nets

Call Carol Abbott on 01473 829130 or 07768 795981

Tree, Garden Work and Driveways also Undertaken

~~~~

Regular, one off, end of tenancy, event and deep cleaning services. Oven and carpet cleaning on request.

Local company with outstanding results and high standards.

Get in contact today for a no obligation quote.

www.relaxandgleam.co.uk

Email: relaxandgleam@gmail.com

Tel: 07462 900171

RELAX AND GLEAM

YOUR HOME, OUR PASSION



# DISCOVER SOMETHING UNIQUE



# Recipe of the Month Autumn Fruit Tarte Tatin

with thanks to Alison

### Ingredients serves 6

4 plums

2 eating apples

150g blackberries

2 whole star anise

1 vanilla pod split lengthways

75g demerara sugar

320g sheet puff pastry chilled

25g diced butter

Marscapone or clotted cream to serve

FOR THE TOPPING

40g plain flour

25g cubed and chilled butter

1 ½ Tbsp demerara sugar



### Method

- 1 Preheat oven to 220C 200C fan gas mark 7. Halve and stone the plums, then cut each half into 4 wedges. Halve and core and cut the apples into 5mm thick slices. Arrange the plums, apples, star anise and vanilla pod in a shallow baking tin about 23cm x 33 cm. Scattter over the sugar then bake for 10 mins. Remove pastry from fridge.
- 2 Make the topping. Put the flour and a pinch of salt into a bowl, then rub in the butter with your fingertips until the mixture resembles fine rubble. Mix the sugar with your fingers to a mixture of fine and clumpy bits. Tip this onto a small baking tray and spread into an even layer.
- 3 Remove the fruit tin from the oven, add the blackberries and dot over them the butter. Unroll the pastry and lay over the fruit, tucking it in around the edges so the fruit is enclosed.
- 4 Bake the tart and crumble for 15-20 mins until both are deep golden. Stir the crumble once or twice during cooking.
- 5 Leave the tart to rest for 5 mins before turning out onto a board. Sprinkle over the crumble.
- 6 Serve discarding the star anise and vanilla pod with marscapone or clotted cream.

# BASE GARAGE LTD

MONDAY - FRIDAY 7.30 - 6.00 SATURDAY 8.00 - 12.00

- TYRES
- EXHAUSTS
- PUNCTURES
- RATTERIES.
- WHERI RAI ANCING
- AIR CONDITIONING
- LATEST DIAGNOSTIC FOLIPMENT
- WELDING TO MOT STANDARD
- SERVICING & ALL REPAIRS TO ALL MAKES OF CARS
   & LIGHT VANS FLEET DRIVERS WELCOME
- MOT CLASS 4, 5 & 7
- COURTESY CAR AVAILABLE
- COLLECTION & DELIVERY SERVICE 5 MILES RADIUS OF GREAT BRICETT
- WINTER CHECKS
- HOLEDAY CHECKS

LOWER FARM ROAD, GT BRICETT, IPSWICH IP7 7DR

01473 658987 / 01473 657704

£10 OFF!

YOUR MOT WITH THIS
ADVERT

# **DON'T GO HUNGRY**

Are you self-isolating or in quarantine?

Has work dried up or you have very little money?

In these difficult times **nobody** should go hungry.

If you and your family are struggling to put food on the table, we can help.

Bildeston Food Bank is a discreet service for Bildeston residents.

Call us on 0333 335 5254 (local call charges) or email bildestoncsg@gmail.com in strictest confidence

If you can help support Bildeston Food Bank, we would love to hear from you too.

We need tinned and dried food and toiletries.

### **Donation drop-points:**

9-11 Duke Street 150 High Street 2 Brooksfield 3 Manor Road

**Bildeston Village Stores** 



PLEASE TURN OV

Does anyone have spare carrier bags please. We are running low at the Bildeston Food Bank. If you do, please leave them in the collection bin outside 9-11 Duke Street. Thank you

# Now Frying At Market Square Bildeston Thursdays 4pm - 7.00pm Fridays 11am - 1.30pm



# BILDESTON ELECTRICAL

Rewires, Extensions, Board Changes or New Installations
Any Alterations to Existing Installations
(lights, sockets, etc.)

Contact Ian 01449 257135 or 07754 723685

# Simpson

# Always open...

Can't make it?
All auctions are available
for online bidding via
the-saleroom.com
or i-bidder.com



#### Valuation

Probate & other valuations Call-in service 6 days a week



### Special sales

Antiques & Fine Arts Art Deco & Retro Domestic & Rural Bygones Agricultural Collective

### General Monday sale

Bespoke sales In 2020 our lots sold to 60 countries and registered buyers from over 70 Acting as agents for household clearances

Clarke & Simpson Auction Centre, Campsea Ashe, Nr Wickham Market, Suffolk IP13 0PS T: 01728 746323 www.clarkeandsimpson.co.uk ① CandSAuctions ② @candsauctions

# COLLINS & CURTIS MASONRY LTD

est.1925

### **Memorial Stone Masons**

Dedicated craftsmen who combine traditional with new techniques

Bespoke memorials Additional inscriptions Restoration and cleaning Home visits by appointment

01473 250932 www.collinsandcurtis.co.uk



# N D ROSE Int / Ext Decorating

- · Decorating
- · Wall / Floor Tiling
- Gutters Cleaned / Repaired / Replaced
- General Building Maintenance

Local established tradesman 25
years experience
Free estimates good rates

Free estimates good rates References available

Tel: 01787 211042 Mob: 07518 040465

3 Fen Street Boxford CO10 5HL

### **BILDESTON PARISH COUNCIL**

Draft minutes for the Parish Council meeting held Monday 11 October 2021, 7.00pm, at the Baptist Church Hall, Duke Street, Bildeston,

**Presen**t: Cllr Andrew Guttridge, Cllr Ashley Hubbard, Cllr Peter Hutchings (Chair), District & County Cllr Robert Lindsay, Cllr Richard Lester, Cllr Virginia Tuck, 1 x member of the public, Clerk – Angela Chapman



C176/21/22 Chairman's Welcome & Apologies:

Chairman Peter Hutchings welcomed all to the meeting. Apologies: Cllr Alex Banks, Cllr Ray McCann, Cllr Sarah Leigh-Hunt. Apologies accepted.

C177/21/22 Declaration of pecuniary and non-pecuniary interests:

Cllr Ashley Hubbard – Kings Pightle Nature Reserve; Cllr Peter Hutchings – Chamberlin Hall committee; Cllr Richard Lester – Kings Pightle Nature Reserve, St Mary's PCC.

C178/21/22 Requests for dispensations in respect of pecuniary interests - None.

**C179/21/22** Minutes of the meeting held 12 July 2021, approved and signed as a true record.

C180/21/22 Adjournments – meeting adjourned at 1902hrs

County & District Councillor Robert Lindsay: RL – report sent and distributed. Parish Council confirmed the 50% funding for the 20mph speed limit design had been paid. Confirmed the design will now be drawn up. The 'Heating Bildeston' scheme – will support, see presentation below. Reconvene 1936hrs.

C181/21/22 Planning Applications

### Planning Appendix A – Items for comment by the Parish Council

#### DC/21/04075

Proposal: Householder Application -

Construction of weatherboard cladding to part front, side and rear elevations.

Location: Lucys Cottage, 9 High Street, Bildeston, Suffolk IP7 7EX

Deadline: 13 October 2021

Comments: No objections subject to appropriate colour being used for cladding.

### Planning Appendix B – Items determined by Babergh District Council

DISCHARGE OF CONDITION(S)

TOWN AND COUNTRY PLANNING ACT 1990

Proposal: Discharge of Conditions for DC/19/05554 - Condition 3 (Fenestration) and

Condition 5 (Agreement of Materials)

Location: The Coach House, Christmas Hall, Market Place, Bildeston Suffolk IP7 7EN

### C182/21/22 Projects and Progress Reports

- a) Joint Local Plan Examination representations Cllr Andrew Guttridge updated from last meeting. The discussion hearing will be held virtually on 2 November 2021. In the light of the Officers advice from Babergh DC, think it most appropriate that the PC just field a councillor for "our" session of the hearing and deal with any queries needing input from either of our consultants after the hearing, which can then be submitted in writing. Cllr Guttridge will attend the hearing. Council approved.
- b) Quiet Lanes project Cllr Virginia Tuck statutory consultancy period over, if any objections the PC will be informed; there are delays as SCC Highways having staffing difficulties therefore delay in putting signs up.
- c) 20mph project/ design costs/ funding –SCC will now start the design process as the cost of the design work has been paid. Works can be out of CIL funding if it goes ahead.
- d) Approve placement of donated bench. Clerk to meet with donators to agree location.
- e) Presentation of 'Heating Bildeston' Shaun Moffat gave a presentation on a new scheme to deliver renewable energy to the village. Government have granted £10m to a rural energy fund. A feasibility study would cost approx. £40/50k to supply hot water and heating system to the village funded by the grant. A group in the village is ready to pull a plan together, identifying land, the application is ready to submit asap, decision will be made 5th November. Bildeston would be first in Suffolk to run this scheme. The group need a recognised body to support and administer the funding/monies and asked the Parish Council if they would be willing to do this. The group would be a sub-group of the Parish Council consisting of Parish Councillors and non-Councillors/ residents. If the scheme were to go ahead it would ultimately be run by a 'Not for Profit' community company on a commercial basis. The Parish Council agreed to support the feasibility study, and to support the group by administering the funds for the scheme. CC Robert Lindsay will support the scheme. The group will be set up after the 5th November 2021 if the submission is approved. Details of the scheme to be emailed to the Clerk for distribution to all Parish Councillors. Add to November agenda.
- f) Update on village amenities -

Confirmation of last week of October start date for the new paved entrance to Grove cemetery.

Clerk to order Christmas tree. £250 proposed and seconded for new decorations/ lights. Approved.

New village sign, suggest Clerk contacts donators to inform of delayed delivery date. Damage to outside lights and the electricity meter box at the Sports Field/ Pavilion reported.

### C183/21/22 Administrative, Finance & Governance Reports

- a) payment for approval payment sheet distributed before meeting; payments approved. Cllrs Andrew Guttridge and Richard Lester to authorise.
- b) receive report on Internal Audit report defer to Nov meeting postponed
- c) receive and note External Audit report received, noted and approved
- d) grass cutting programme/ machinery cost analysis PC to remain cutting Chamberlin Hall and Chamberlin Close play area, other areas contracted out until the end of the cutting season. Obtain offers for the JD mower as it stands.
- e) consider role for CDW/ community development worker as this has been running for some months it was proposed and agreed the Clerk would manage the Parish Council's website content going forward. The website to be an agenda item each month to agree news and pictures to refresh the site monthly. It was suggested a young person studying politics and/or Government administration may like to volunteer for the Parish Council to gain experience at local government level.
- f) the best way to communicate with residents media comms and visibility of the PC
   Cllr Virginia Tuck reported on a workshop attended. The workshop provided some useful ideas which the PC has taken on board.

### C184/21/22 Matters to be bought to the attention of the Council

Flag for new flagpole to be purchased.

A Bildeston flag was suggested – design – engage with residents. Add to Nov agenda Remembrance Day – Sunday 14th Nov – PC clean the Market place and memorial in preparation, local vicar coordinates with PC. Clerk to order 2x wreathes from Royal British Legion, cost to be met by PC. PC to clear Market place of cars with cones and notices.

Footpaths/ PRoW – several are not in a good state, SCC only cut once a year and then not always at the best time. Proposed and approved to form a Working Group to be grouped twice a year to cut back vegetation and tidy the footpaths round the village, first meet up in Spring 2022.

6pm Sat 30 Oct Clang for Climate - bell ringing - ahead of COP26.

Kings Pightle – planning a hedge laying training course, further details to follow.

### C185/21/22 Items for agenda

Grass cutting machine Heating Bildeston Bildeston flag design

Meeting closed 20.52hrs.

Next meeting: Monday 8 November 2021 - 7.00pm - Baptist church hall

### BILDESTON PARISH COUNCIL VACANCY

The Parish Council is made up of nine elected or co-opted members who volunteer their time for the good of the community without receiving payment for their services. Their diverse backgrounds, skills and experience are a great asset to the parish.

The role of the Parish Council is to represent the interests of the whole community, engaging with local residents, discovering the needs of different groups in the community, such as the young and elderly, and lobbying on behalf of Bildeston. The Parish Council is the tier of local government that is closest to local people. Babergh District Council and Suffolk County Council form the other two tiers of local government that cover Bildeston. Details of their respective roles and responsibilities can be found in the Council services section of the website www.bildeston.org.uk Parish Councillors are subject to re-election every four years unless there are the same number (or less) of Councillors to vacancies in which case those nominees will be co-opted on to the Council. All Members of the Parish Council are required to comply with a Code of Conduct in the performance of their duties. If you have any questions, or think you would like to join the Parish Council please contact the Clerk on clerk@bildeston.suffolk.org.uk or 07593 584209. Angela Chapman Clerk to Bildeston Parish Council

#### **Brett Valley Benefice**

(Bildeston w Wattisham, Lindsey, Whatfield, Semer, Nedging and Naughton) From Revd Elke Cattermole, Rector

### **Benefice Administrator Required**

Are you interested and able to facilitate to set up a **Benefice website** and fulfil the benefice administration in helping the coordination of the six parishes? To work alongside the incumbent to enhance communication to churchwardens, PCC's, and the ministry team and the alleviation of appropriate administration.

Initially this will be for 4 - 6 hours per week.

Can you help and are you interested?

For an informal chat please contact me on:

Email: revdelkecattermole@gmail.com

Tel: 01449 403698 Mobile: 07957 419055







### PHYSICAL ACTIVITY SUPPORT FOR PATIENTS FROM BILDESTON HEALTH CENTRE



You probably know that you would benefit from being more active but do you feel able to do so?

The **Active Wellbeing Service** is working with the staff at **Bildeston Health Centre** to make physical activity more accesible for you.

Being active is not just about exercise classes and sport, It is a chance to socialise with friends and family whilst walking, It allows you to enjoy the garden and outdoors, helps you to ease those stiff joints and gives you the independence to continue doing the things you enjoy.

Speak to a member of staff at Bildeston Health Centre or contact Chris, your local Physical Activity Advisor for more information.



Chris Lawson

Physical Activity Advisor

07748181434 chris.lawson@activesuffolk.org

www.activesuffolk.org

### **Revd John Cohen Memorial fund**

The Revd J Cohen memorial fund is available to make grants to students of Higher Education to help in the purchase of reference books to assist learning. The fund is managed by the Bildeston Parochial Church Council (PCC).

This fund was set up in 1998 to help support those who live in the Parish of Bildeston attending Degree Courses or equivalent.



Each year successful applicants may be given support in the form of a Book token.

If you wish to apply please send your application to: PCC secretary, Silwood Barns, Consent Lane, Bildeston, IP7 7SB.

Please include in your application details of your University and send us your exam results. All applications will be considered and should be sent by the end of November 2021 for those starting their courses this year.

We look forward to hearing from you and hope we can help.

From the PCC of St. Mary Magdalene Church, Bildeston

### **COUSINS & SON BILDESTON LTD**

available to carry out all your building requirements from

## Renovations / Alterations / Extensions General Repairs

Please contact Paul for a free estimate

01473 658919 or 07876 244461

or email paul.cousins268@btinternet.com



### Choose



### **Mobile Eco Refill Shop**

We are coming to Bildeston on the second Thursday of each month from 8.30-10.30am so pop and see us in the market square.

Simply bring your empty bottles along and we can refill them or purchase prefilled reusable bottles ready for next time.

Try our zero and low waste refilling station for eco-friendly and vegan household cleaning and laundry liquids and hair and body products.

Buy what you need without unnecessary packaging.

For orders and more information visit : www.chooserefills.co.uk

Free Delivery for orders over £10

### YOUR LOCAL CITIZENS ADVICE NEEDS YOU

A local charity offering advice is looking for new volunteers to join their team.

Citizens Advice Mid Suffolk offer people free advice on issues like benefits, debt, employment and housing.
Volunteers are based in the Advice Centre in Stowmarket.

Simon Clifton, Chief Officer, said, "over the covid-19 pandemic we have continued to provide a service to people who need it – closing up shop was not an option. One challenge that remains is to continue to meet demand. Volunteers are at the heart of our charity and we're looking for new people to join our team. You don't need any specific qualifications or experience to volunteer with us, just an interest in working with people to make their lives better."

Steve Avery, who has been volunteering with Citizens Advice Mid Suffolk for 4 years, said, "I like volunteering here because you make a real difference to people's lives. There's a great team of people and you get a lot of support. I would say to anyone considering volunteering to give it a try because it keeps you connected and up to date."

There are several roles available including Advisers, Telephone Assessors and Trustees.

Anyone interested in finding out more can visit midsuffolkcab.org.uk/volunteer or contact Tina Hovell,

# Natalie Mottram Physiotherapist HPC & CSP Registered

- · Muscle and joint problems
- · Neurological conditions
- · Stroke rehabilitation
- · Fall prevention & balance rehabilitation
- Pre and post-surgery treatment

For more information and rates please contact:

T: 01787 248061 M: 07758255583

E: nataliejmottram@gmail.com

Physiotherapy Clinic: The Beauty Gallery, 3 High Street, Lavenham, CO10 9PX

### **ANDYS LOGS**

Well Seasoned Barn Stored Hardwood Logs

Loads Delivered or Pick Up

Wood cut to size for any Heater

Large bags of wood collection only

CALL ANDY 07881 684687

\*Bags of wheat for Chicken feed also available collection only

### **CHIMNEY SWEEP**

### ECO SWEEP CHIMNEY SERVICES

NEW POWER SWEEPING METHOD USED

OR A MORE THOROUGH CHIMNEY CLEAN

THAN BRUSHES.

NDUSTRIAL HEPA FILTERED VACUUM.

FULLY INSURED.

NSURANCE RECOGNIZED CERTIFICATES ISSUED.

SPOTLESS, RELIABLE AND FRIENDLY SERVICE.

ALL CHIMNEYS, WOOD BURNERS, AGA, BOILER

LUES SWEPT.

QUILD OF MASTER, SWEEPS CERTIFICATED MEMBER.



### TEL. 01359 232335



### LOCAL DOG WALKER

Dog walking service and small animal care

### Call today for a free quote

Hi, I'm Janet. I've been been a dog and small animal owner for over 40 years and love all of our furry friends. I'd be delighted to put my knowledge and experience to good use while you are at work, on holiday or simply out for the day.

- DBS checked
- Fully insured

Based in Chelsworth







# ECO SYSTEMS Tree and Grounds Care

Tree Surgery, Felling, Dismantling, Hedge Maintenance, Stump Grinding, Woodland Creation, Commercial Grass Cutting

Fully Insured
NPTC qualified Council approved contractor
FREE no obligation quotations and advice

### **DAN STANMORE**

Bildeston 01449 741255 • Mobile 07980 290781 Woolcombers, Duke Street, Bildeston IP7 7EW

### **BILDESTON BAPTIST CHURCH**

Duke Street, Bildeston Email: bildestonbc@gmail.com Service every Sunday morning at 10:45

Lunch Club 12:30 – First Wednesday each month Please ring 07584 189356 to reserve a place

Community Coffee Centre - Fridays 9:15 to 11:30am

Strollers & Striders - Mondays 9:45am Ring 07584 189356 or 07901 563281 for details

All are most welcome.

Enjoy meeting old and new friends at any of these events

### **BILDESTON BELL RINGING**

Bell ringing at St. Mary Magdalene! How about joining our small group of bell-ringers? We meet every Tuesday evening at 8.00pm, and everyone (from complete beginners to more expert ringers) is very welcome. Spend an enjpyable hour meeting friends, getting a moderate exercise workout and mentally stretching your mind with some mathematical combinations? Campanology rules OK?

For more details contact: Neil Ashwell 01449 741370 or Martin Rodgers 01449 743120



#### Pastoral Letter for November 2021

"I thank my God in all my remembrance of you"



#### Philippians 1:3

It is a lovely feature when remembrance and gratitude are bound up together. In our past personal relationships, it is a remarkable thing to have nothing but happy memories. In the past twenty months many have lost loved ones whose memories will always be with them.

All my life as far back as I can remember November is the month that we as a nation remembered those who had died or suffered because of the conflicts of war. As a child in London the remembrance weekend always started on the Saturday evening as we as a family would watch the British Legion Service of Remembrance from the Albert Hall.

As a member of our local church's 'Girl's Brigade' weeks before Remembrance Sunday we would have been practising our part for the Service of Remembrance in our local church and war memorials; as well as the laying of wreaths, and the familiar reading of names of those who died. Then many were still alive who had lost friends and family in recent conflicts. It never felt a time of celebrating war but remembering those who sacrificed their lives or suffered because of the injuries they had sustained. Family stories were told especially about those personal relationships that were never to continue because of the war.

The wearing of the 'Red Poppy' was always a symbol of the special work of the British Legion.

This year will be the 100-year anniversary of the British Legion and I read the following information on their website.

#### "Responding to need

For one hundred years the Royal British Legion has been helping serving and ex-serving personnel and their families.

From those who served in the First World War to the men and women of our Armed Forces today, we believe no-one should suffer for having served others."

The idea of helping and supporting those who have served in whatever capacity always brings a very poignant reminder of the importance of our part to serve and support.

There are still conflicts around the world and people from our armed forces have died or suffer mentally and physically and will continue to do so as conflicts continue.

To me the wearing of the red poppy is a small part of identifying our support and our remembrance.

As Christians we pray for conflicts of war to stop and people to live in harmony. However we need to be there for those who have suffered and support the different bodies that are supporting our men and women of the armed forces.

Whatever the world throws at us there is a hope for the future to overcome the difficulties that may occur in our everyday lives. Jesus gives us a new Hope. Jesus said 'Come to me, all who labour and are heavy laden, and I will give you rest' Matthew chapter 11:28. God through Jesus Christ is our Hope of an eternal future. Knowing His presence through all of life's joys and sorrows gives us the confidence and courage to go on. **Amen** 

God Bless

From Revd Elke

**Brett Valley Benefice** 

### Services in the Brett Valley Benefice November 2021

| Date 2021                                           | Time                               | Service                                                                                                                  | Church                                                                                                  |
|-----------------------------------------------------|------------------------------------|--------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------|
| Sunday 7 <sup>th</sup> November                     | 11 am                              | Holy Communion                                                                                                           | Bildeston                                                                                               |
|                                                     | 11 am                              | Morning Prayer                                                                                                           | Naughton                                                                                                |
| Sunday 14 <sup>th</sup> November Remembrance Sunday | All Services commence at  10.45 am | Remembrance Bildeston Square (Communities of Bildeston, Wattisham & Lindsey) Semer Whatfield Nedging (includes Naughton) | St Mary Magdalene & Bildeston Baptist Church. All Saint's, Semer St Margaret's, Semer St Mary's Nedging |
| Sunday 21 <sup>st</sup> November                    | 11 am<br>11 am                     | Holy Communion  Morning Prayer                                                                                           | Semer<br>Bildeston                                                                                      |
| Sunday 28 <sup>th</sup> November  Benefice Service  | 11 am                              | Holy Communion                                                                                                           | Whatfield                                                                                               |

To arrange Baptism, Weddings, Home Communion, or Pastoral Visit.

Please contact the Revd Elke Cattermole.

email:revdelkecattermole@gmail.com

Rectory Tel No: 01449 403698; mobile 07957 419055.



| Lunch club                                           |                             |
|------------------------------------------------------|-----------------------------|
| Baptist Church 12.15 for 12.30pm start               | 1st Wed every month         |
| Craft it Together                                    |                             |
| 01449 741772 for details                             | Restarts Monday 4th October |
| Strollers & Striders                                 |                             |
| 9.45 - various starting points 07584 189356 or 07901 | 563281 for detailsEvery Mon |
| Family Group - 10am-12pm                             |                             |
| 07542 785649 to book a space                         | Every Tuesday               |
| Community Coffee Centre                              |                             |
| Baptist Church 9.15 - 11.30am                        | Friday mornings             |
| Church Bell Ringing Practice                         |                             |
| St. Mary Magdalene church bell tower 8.00 to 9.15pm. | Every Tuesday               |
| Bildeston Carpet Bowls Club                          |                             |
| 7.30pm Chamberlin Hall. Contact Mike 01284827688     | Every Tuesday               |
| Bildeston Community Cycling                          |                             |
| Market Square 9.30am                                 | Sat 16th                    |
| Ladies Club                                          |                             |
| Chamberlin Hall 7.30 for 8.00pm                      | Thurs 4th                   |
| Remembrance Service                                  |                             |
| Market Square 10.45am                                | Sun 14th                    |

Please stay Covid cautious and careful, especially in closed spaces or crowds. It is your option, in most situations, to wear a face mask.

Please tell us about your forthcoming events in **December** email: editor@bildestonbugle.co.uk

deadline 17th of every month

