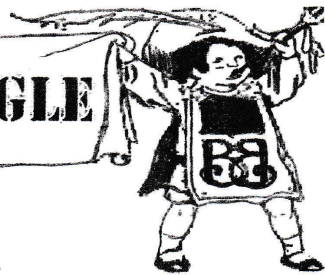


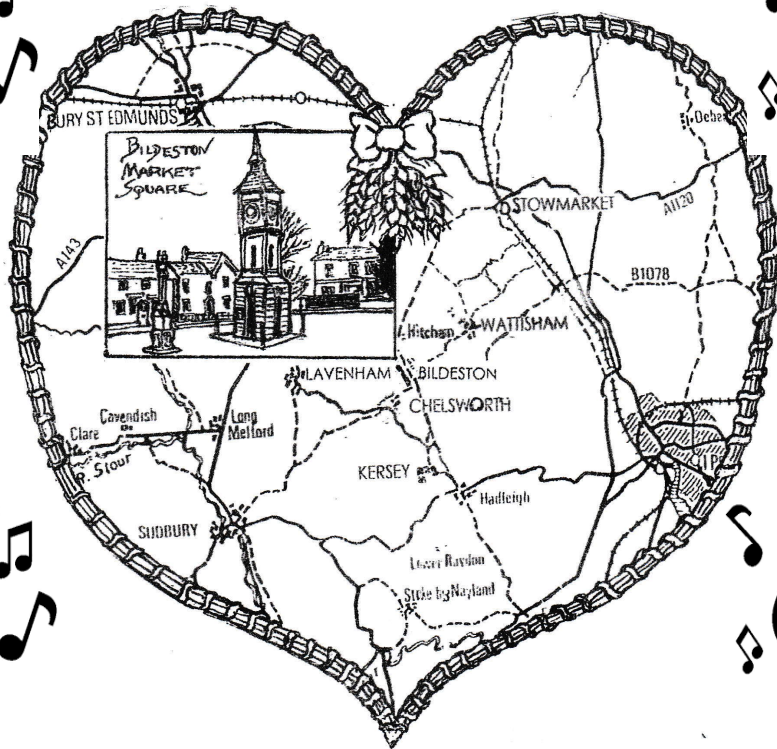


BILDESTON BUGLE



Issue number 371

September 2021



This issue kindly
sponsored by -

BNatural Music Festival
3rd, 4th and 5th
September
Music's coming home!

The village magazine produced for the people of Bildeston
online in full colour at
<https://bildeston.org/bugle-village-magazine/>

Bildeston Noticeboard public group | Facebook



BILDESTON BUGLE ADVERTISING AND FREE CONTRIBUTION INFORMATION

Our aim is to provide every resident and organisation in Bildeston with a magazine which provides information of local interest FREE OF CHARGE. To that end we are required to be efficient in the space we use to print free notices. We endeavour to include interesting items, announcements for events open to the general public for free and items of a charitable nature free of charge. Ongoing free announcements need to be reduced to minimum size or make a contribution towards printing costs. Please check with us before submitting your advert and ALWAYS provide us with all of your contact details in order for us to send an invoice and receipt.

email: editor@bildestonbugle.co.uk

Sponsor a 'Bugle' - £15 per issue

and have a brief message of your choice printed on the front of the Bugle

Advertising Rates

	1 issue	12 issues	
1/4 page	£5.00	£35.00	65mm W x 92mm H
1/2 page	£10.00	£60.00	134mm W x 92mm H
Full page	£15.00	£110.00	134mm W x 190mm H

THE SMALL PRINT

All adverts, payments and items are required before the 17th of every month for inclusion in the following month's issue (except December before the 15th).

The earlier free contributions are received the greater the chance of inclusion.

The Editorial Team are not responsible for the accuracy of articles or adverts and reserve the right to alter, shorten or refuse any item submitted for publication.

Ask for BACS details or make cheques payable to Bildeston Bugle and send to:

The Editor, Bildeston Bugle, 14 Squirrells Mill Rd, Bildeston IP7 7DY

If we do not receive payment by the 17th of the month your advertisement may NOT be included

The Bildeston Bugle Management Team is:

Alan Jacobs (Editor) 01449 741645

Tricia Baldwin (Marketing & Advertising Revenue)

Christine Hubbard (Treasurer) 01449 740633

Stuart Law and Alison Sims (Assistant Editors)

Pam Weaver (Distribution)

Lisa Chinnery (Printing)

ED'S COMMENT

As September and Autumn 2021 arrives, countries across the world continue to manage the coronavirus pandemic. Different parts of the world have all coped as best they can, but the impact of this dreadful virus is still here for all to see. There is no doubt the UK is in a better place now than many others, having double vaccinated over 60% of the adult population, meaning some restrictions left can be eased. Covid-19 is possibly here to stay, infecting people who have even been vaccinated, but the jab is helping to minimise the effects and significantly cut down the numbers of those having the illness so severely they have to go to hospital or, even worse, do not survive.

We are learning to live with the virus, get on with our lives and work out what the 'new normal' looks like. Two things are for sure. Firstly, we have the flu jab to look forward to! Just when we thought we had got over our Covid jab our Health Centre will be contacting us for our flu jab very soon. Especially as flu almost disappeared last year being one of the success stories of the lockdowns, masks and isolation! The government is preparing to deliver the flu programme alongside any booster programme for COVID-19 vaccines as part of autumn and winter planning, which centres around protecting as many lives as possible. This signals what the future looks like with a Covid booster and flu jab in the autumn. During the 2021 to 2022 season, which starts this September, the flu jab will be available to:

- all children aged 2 and 3 on 31 August 2021
- children in primary school and all children in school years 7 to 11 in secondary school
- those aged 6 months to under 50 years in clinical risk groups
- pregnant women
- those aged 50 years and over
- unpaid carers
- close contacts of immunocompromised individuals
- frontline health and adult social care staff

Secondly, a much happier and far more exciting prospect, designed to boost our mental health and well being... **BNatural** is back! Bileston's famous music festival kicks off proper at midday on 4th September on the main stage in Market Square. There is nothing that serves to demonstrate and underline everyone's determination to get back to some kind of normality more than the return of BNatural. If the weather can play its part and the sun shines down on us, we can meet up with friends and family as we have done for the past 10 years and enjoy an amazing mix of live music... yes, real live music... a wonderful variety of food and drink and enjoy a weekend of being entertained. Not just that but mingle with villagers, guests and those who want to join us in such a special event. Here's hoping it's as great as ever. Meanwhile, well done and huge thanks to the BNatural committee and army of volunteers who make it happen.

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Mrs E. P. Knight RGN, RM, Mr N. Knight (Proprietors)**

Telephone (01787) 247340 / 495

**enquiries@laxfieldhouse.co.uk
www.laxfieldhouse.co.uk**



Member of the Registered Nursing Home Association

Bildeston Primary School

Learning and Growing Together



Suffolk Owl Sanctuary Visit

Children in Goldcrest and Robin class enjoyed a trip to the Suffolk Owl Sanctuary on Tuesday 22nd June. They had a wonderful day whilst enjoying minibeast hunts and the owl flying display.

Baylham Rare Breeds Farm Visit

Children in Kingfisher class enjoyed a trip to Baylham Rare Breeds Farm on Thursday 24th June. They toured the farm and visited all of the animals and took part in some fire building.

Arger Fen Trip

Year 5 pupils enjoyed another summer term visit to Arger Fen. They took part in lots of forest school activities. The weather was kind to them on both occasions.

Sunflower Planting

Robin class enjoying planting their sunflowers in the front garden!

U11 Quad Kids

Year 6 pupils joined in with a Quad Kids event at Hadleigh High School on Friday 25th June. It was a great opportunity to catch up with their pyramid friends after such a long lockdown!



Year 6 Leavers'

Year 6 pupils enjoyed a final trip together at the Suffolk Ski Centre taking part in Tobogganing with lunch.



Camp Fire Wild Adventure

To end our summer term, year 5 & 6 enjoyed a camping experience in the school groups joined by Whatfield pupils. They took part in a number of wide games and enjoyed their meals on an open fire! We wish our year 6 pupils every success at high school when they start in September.

If you are considering Bildeston Primary as a school for your child, we would welcome a visit. Please phone the office on the number below. We would love to meet you.

Bildeston Primary School
Newberry Road, Bildeston, Ipswich, Suffolk, IP7 7ES
Telephone: 01449 740269 Website: www.bildeston.suffolk.sch.uk





MUSIC'S COMING HOME



BNatural

3RD, 4TH AND 5TH SEPTEMBER



*check out more information about the music festival on
pages 24, 25 and 27*

Chamberlin Hall

BILDESTON'S COMMUNITY VILLAGE HALL



To find out more call our bookings

What's on in September

**For bookings contact: 07716 921514 or
chamberlin.bookings@gmail.com**

Mondays	3.30 to 9.00pm	MLSPA Performing Arts (07957 351941)
Tuesdays	11.00 to 12.00pm	Rosies Line Dancing
Tuesdays	7.00pm	Snooker Club
Tuesdays	7.30pm	Carpet Bowls contact Mike 01284 827688
Wednesdays	6.30pm	VIPs Drama Group (call Debbie: 01449 740375)
Wednesday	7.00 to 11.00pm	Open Mike with Kev and Dave
Thursday	10.00 to 10.45am	Zumba Gold
Thursday	6.30-7.30pm/7.40-8.40pm	Badminton tbc
Fridays	11am	Pilates for Improvers (call Claire: 07900 440141)
Fridays	12.00	Pilates for Beginners (call Claire: 07900 440141)
Fridays	6.30pm	Bowling Social evening
Saturday 11th	from 10.00 am	Indoor Market
Sunday 26th	9.30am	Badminton

The Committee at Chamberlin Hall, would like to welcome the community back to the Hall, while still adhering to government covid guidelines. We will endeavour to provide a safe and comfortable environment and would ask all to follow our health and safety team's guidance.

INDOOR MARKET SATURDAY 11TH

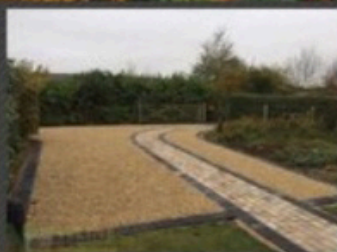
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with Jo Brown

I hope this finds you well and hope I bring some good news for you. Zumba Gold classes are returning to Chamberlin Hall! I received an email from Jo Silburn, searching for an instructor which came at the right time. With restrictions eased and my youngest due to start full time school in September, I would've been looking for a new daytime class to add to my schedule.

I have been teaching Zumba Gold classes in Thurston and Bury St Edmunds since June 2012 and I think I love it even more now! Fitness can and should be fun! Jo has joined a few of my classes in Thurston and believes I will be a "good fit" for you. I do hope she is right! All us instructors are different but I hope you come along and give me a chance.

I'm excited to get the class going for you again and look forward to dancing with you.

Zumba Gold at Chamberlain Hall
Thursdays - from 2nd September
10-10.45am

Cost - £4 pay-as-you-go
(every 10th class free)



Please contact me if you have any queries or concerns returning to indoor group exercise :joanna-m-brown@hotmail.co.uk

Bildeston Ladies Club

we are back !

Thursday September 2nd

Chamberlin Hall



We are looking forward to meeting up again with old friends and catching up on everybody's news. We would also welcome other ladies to join us as guests and see what we are all about. If you have moved into the village during lockdown, maybe you haven't had the chance to make many friends yet, so come along and give us a try.

Doors open at 7:30 p.m. meeting starts at 8:00p.m.

Members £2 Guests £3

Annual subscription £5

Mini AGM followed by a social evening with fun, food and friendship.

Our optional competition will be My Lockdown Life!

Entries can be anything that you have done during lockdown - any item large or small that you can get to the hall or photos will be accepted. 20p per entry and 10p per vote. This is just for fun, but there will be a small prize.

Chocolate Bingo - 50p a game.



Prizes ... well yes, you guessed it ...
chocolate!



Please bring some food to share afterwards to complete our evening.

If you feel more comfortable, please wear a mask.
The Sanitiser station will be at the door and seating will be spaced with plenty of fresh air.

Hope to see you there!

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The National Charity for the elderly, the terminally ill and their pets

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They are constant companions - on hand 24 hours a day, every day, comforting, loving and protecting their owners - not only from outside threats, but also offering the more subtle form of protection from loneliness and despair.

Via a national network of 15,000 volunteers, the Cinnamon Trust offers the following services all over the UK to elderly and terminally ill pet owners.



• Dog Walking

• Care - Any day to day pet care the owner can't manage.

• Short Term Fostering - For pets whose owners face a spell in hospital.

• Long Term Fostering - For pets whose owners have died or moved to residential accommodation which will not accept pets (by prior arrangement).

• The Pet Friendly Care Homes Register - The Trust's guide to care homes and sheltered housing that will welcome residents and their pets.



If you are interested in learning more about The Trust and how we could help you, please contact us at:

Tel 01736 757 900

Email: volunteer@cinnamon.org.uk

Website: www.cinnamon.org.uk

10 Market Square, Hayle, Cornwall TR27 4HE

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- staff will wear face masks and customers encouraged to do the same
- please be as quick as possible to allow others time to choose
- there is a temporary limit of 4 items per person
- all returned stock is quarantined for 72 hours
- shelves are sanitised between stops

The Bildeston stops are as follows:

Brooksfield at 14.10 to 14.25
Market Square 14.30 to 14.45
Newberry Road 14.50 to 15.05
Paddock Way 15.10 to 16.00

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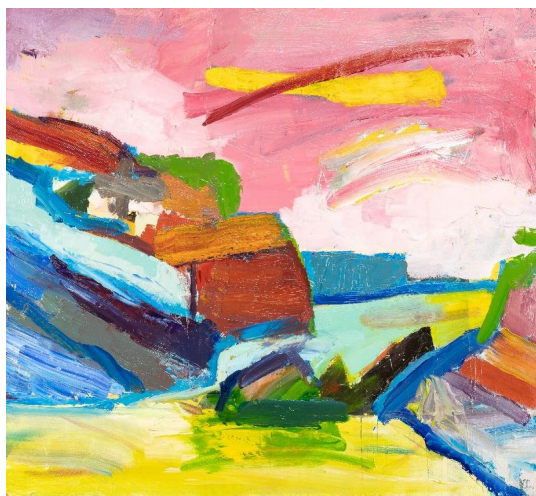
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With the permission of the Parish Council we have a Book Exchange Bookcase inside the Clock Tower.

Please add books you have read and want to share and take any books you find interesting. Pop in and have a browse.

Let's hope it is well used and respected.

**Why not combine it with some refreshments,
relax on the new seats, take your ease,
read a book and feel the stresses slide away!**

Many thanks to Robin for his vision and hard work in helping to create such an eye catching area which not only enhances the visual appeal of the Market Square but provides an inviting space to sit, enjoy some refreshment and watch the world go by.



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BILDESTON COMMUNITY CYCLING

Our 2021 summer Tuesday evening rides have now finished.
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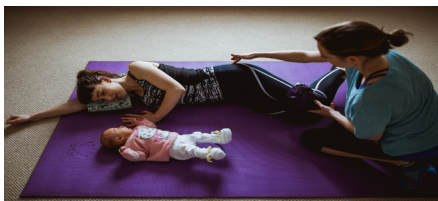
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BNatural

BACK IN THE

SATURDAY 4TH SEPTEMBER

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Weekend

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SUNDAY THE 5TH SEPTEMBER

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BNATURAL MUSIC QUIZ

To celebrate the return of BNatural Music Festival, here is a quiz. 20 questions all about music through the 'noughties'. Answers in next month's Bugle.

1. *We Sing. We Dance. We Steal Things.* was which artist's highest selling album because of the 2008 song 'I'm Yours'?
2. 'Man Eater' and 'Promiscuous' were 2006 hits for which artist?
3. After a decade of writing Spanish songs, which artist reached international fame from 2001 onwards with English ones?
4. Which artist released 3 prison-themed albums called *Trouble*, *Konvicted* and *Freedom* throughout the 2000s?
5. In what year did Fergie, of Black Eyed Peas fame, make her first solo album *The Dutchess*?
6. Eminem released his eponymous album (named after himself) in 2000, what was it called?
7. Paramount Pictures bought the rights to which 2003 Avril Lavigne song in order to make a movie, one which never materialised?
8. James Blunt owns the best-selling album of the 2000s. What is it called?
9. 3 of the top 15 best-selling albums of the 2000s belong to which 4-piece band?
10. Which artist won The X Factor in 2006 and remains the best-selling act from the show?
11. Which band refused a 2001 Mercury Prize nomination, saying the award is "like carrying a dead albatross around your neck for eternity"?
12. After being named Puffy, Puff Daddy, P Diddy, Diddy and P Diddy (again), the artist who cannot be named settled on which name in 2008?
13. Maroon 5 released their solo album in 2002 titled *Songs About...who?*
14. British garage legends So Solid Crew had how many members when they released their first album in 2001?
15. Who released their first debut album *Love. Angel. Music. Baby* in 2004?
16. Florian Cloud de Bouneville O'Malley Armstrong is the real name of which 00s icon?
17. Which album from Snow Patrol won an Ivor Novello award in 2007?
18. Which duo released the 2003 album *Speakerboxxxx/The Love Below*?
19. Vanessa Carlton became a one-hit wonder for which 2001 song?
20. Katy Perry's first big hit 'I Kissed a Girl' came out in what year?



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Recipe of the Month

Herbed Burgers

with thanks to Alison

Ingredients

**THESE CAN BE TURKEY, PORK, CHICKEN
OR VEGGIE ALTERNATIVE MINCE**

makes 8 medium burgers

500g Mince of choice

1 red onion, coarsely grated

1 small courgette, coarsely grated

1 red pepper, deseeded and diced

2-3 tbsp finely chopped mixed herbs,
[eg. parsley, oregano and thyme or coriander]

1 tsp finely grated lemon zest

Freshly ground black pepper to taste

1tbsp sunflower oil for brushing



Method

1. Place all ingredients. Except the sunflower oil, in a large bowl and mix together. Using hands, shape mixture into 8 round flat burgers, each about 1.5cm thick. Place burgers on a plate and cover with cling film and chill for 30 mins
2. Preheat the grill to high or light the BBQ about 30-45 minutes before cooking to heat coals., gas BBQ about 10 mins before.
3. Lightly brush the burgers all over with the sunflower oil. Place on rack and grill for 15-20 mins until they are thoroughly cooked, turning once or twice. Grill about 8cm from heat source.
4. Serve the burgers in rolls or burger buns and secure them with cocktail sticks. This is particularly useful if loaded with a lot of salad!

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2 Brookfield

150 High Street

3 Manor Road

Bildeston Village Stores



Bildeston

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Does anyone have spare carrier bags please. We are running low
at the Bildeston Food Bank. If you do, please leave them in the
collection bin outside 9-11 Duke Street. Thank you

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BILDESTON PARISH COUNCIL

No meeting in August



BILDESTON PARISH COUNCIL VACANCY

The Parish Council is made up of nine elected or co-opted members who volunteer their time for the good of the community without receiving payment for their services. Their diverse backgrounds, skills and experience are a great asset to the parish.

The role of the Parish Council is to represent the interests of the whole community, engaging with local residents, discovering the needs of different groups in the community, such as the young and elderly, and lobbying on behalf of Bildeston. The Parish Council is the tier of local government that is closest to local people. Babergh District Council and Suffolk County Council form the other two tiers of local government that cover Bildeston. Details of their respective roles and responsibilities can be found in the Council services section of the website www.bildeston.org.uk Parish Councillors are subject to re-election every four years unless there are the same number (or less) of Councillors to vacancies in which case those nominees will be co-opted on to the Council. All Members of the Parish Council are required to comply with a Code of Conduct in the performance of their duties. If you have any questions, or think you would like to join the Parish Council please contact the Clerk on clerk@bildeston.suffolk.org.uk or 07593 584209. Angela Chapman Clerk to Bildeston Parish Council

I've heard that Universal Credit is going to be cut from September. I struggle to get by as it is and I'm really worried that if I lose £20 a week, I'll get into serious debt. I'm already behind on some of my bills. What can I do to avoid things getting worse?

You're not alone in this - there is support available.

Firstly, depending on your situation, you might be able to ask to have your Universal Credit paid differently - these are called 'alternative payment arrangements'. This might be an option if you're in debt or rent arrears, among other reasons. To apply for an alternative payment arrangement, call the Universal Credit helpline on: 0800 328 5644

If you're behind on some of your bills, the first step is to make a list of how much you owe and add up how much you need to pay each month.

You now need to prioritise your debts. We have [advice on our website](#) to help you do this. Some bills can cause you more problems than others if you don't pay them. Rent or mortgage arrears, energy bills and council tax are your priority debts as there can be serious consequences if you don't pay them.

Be sure to get in touch with the organisations you owe money to. Not everyone feels confident to do this, but they might be able to help by letting you pay smaller amounts or taking a break from payments. Many organisations have put in place protections for people who've struggled to pay their bills during the pandemic.

The government-backed [Breathing Space](#) scheme could also give you extra time. If you're eligible, you could get 60 days where your creditors can't contact you, take action to make you pay, or add interest and charges to your debt. You'll need to get advice from a debt adviser first - they'll check all your debts to see if they're covered by the scheme.

Finally, it's always a good idea to have a budget - take a look at the [budgeting tool](#) on our website www.citizensadvice.org.uk and make sure you're getting all the [income](#) you're entitled to.

Everyone's circumstances are different, particularly when it comes to managing personal finances. If you need more specific support or don't feel able to manage your situation alone, call our debt helpline: 0800 240 4420

If you need advice or information, contact Sudbury & District Citizens Advice. We are providing advice by telephone and email, Monday – Thursday, 10am – 1pm. Please phone 01787 321400 and leave a message and someone will call you back when available. We will attempt three times to call you back, so please expect a call from a withheld number. You can also telephone our advice line on Freephone 0808 278 7868 or 0800 144 88 48.

Alternatively, contact us via email at advice@sudburycab.org.uk or by using the contact facility on our website www.sudburycab.org.uk

IS YOUR HOME SAFE FROM FIRE?



Suffolk Fire and Rescue Service

Please contact us if you:

- Have concerns over fire safety in your home
- Do not have working smoke alarms
- You cannot hear your alarms at home

Safer Home Visit

A **free** visit by a specialist Prevention Practitioner, Community Fire Volunteer or Operational crew

SFRS Prevention team and Firefighters are dedicated to saving lives by working with the community, discussing fire safety and offering advice to eliminate or reduce the risk of a fire occurring in the home. **Free** smoke alarms will be

fitted if you do not have any.



Customer feedback,

Mrs B has phoned in to pass her thanks on to your practitioner for a very helpful Safer Home Visit. Mrs B said the service was excellent, efficient, and feels far more safe after the visit.

Call Fire Business Support 01473 260588

REDUCE THE RISK OF FIRE IN YOUR HOME IN

SIX SIMPLE STEPS



1

Protect your home with working smoke alarms

Install smoke alarms on every floor and test them every week



2

Take extra care in the kitchen

Over 50% of accidental house fires start in the kitchen



3

Check your electrics

Check and maintain your electrical appliances



4

Smoke safe (if you must smoke at all)

Put them put, right out



5

Make sure you sleep safe

A bedtime safety routine can reduce the risk of fire whilst you're asleep



6

Plan a safe escape

Make sure you know how to get out of your home in an emergency

Take Extra Care

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elainetalbott@hotmail.co.uk**

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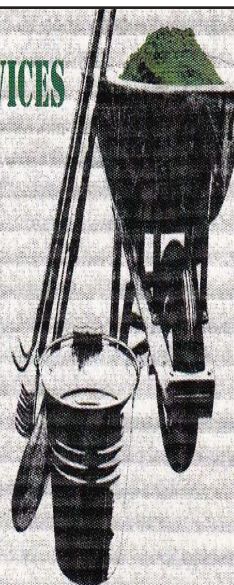
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Brett Valley Benefice

(Bildeston w Wattisham, Lindsey, Whatfield, Semer, Nedging and Naughton)

From Revd Elke Cattermole, Rector

Benefice Administrator Required

Are you interested and able to facilitate to set up a **Benefice website** and fulfil the benefice administration in helping the coordination of the six parishes? To work alongside the incumbent to enhance communication to churchwardens, PCC's, and the ministry team and the alleviation of appropriate administration.

Initially this will be for 4 – 6 hours per week.

Can you help and are you interested?

For an informal chat please contact me on:

Email: revdelkecattermole@gmail.com

Tel: 01449 403698

Mobile: 07957 419055

BILDESTON BAPTIST CHURCH

Duke Street, Bildeston

Email: bildestonbc@gmail.com

Service every Sunday morning at 10:45

Lunch Club 12:30 Wednesday 8th September 2021

Please ring 07584 189356 to reserve a place

Community Coffee Centre re-opens 3rd September 2021

Fridays 9:15 to 11:30am

Strollers & Striders Mondays 9:45am

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SESAW NEWS

My canine pals and I detect an air of fresh optimism amongst the humans with talk of evenings out, day trips, going away and plans to attend two events on 5th September - the Plough Day at Badley Road, Great Waldingfield, CO10 9RY and a Dog Show at Leavenheath Village Green. Also a Fun Dog Show on the 11th at the Shelley Centre for Therapeutic Riding, IP7 5QY.

Meanwhile, we have a delightful pair of elderly Border Collies, sadly their owner died. Eleven and ten year old Ruby and Renee are fit and well, adore their walks and cuddles. If you are the special person with the loving home they deserve, please leave your name and number on the answerphone or email. Everyone has a book in them, including one of our supporters. Frank Payne has written about his early life, from a wartime childhood in London to a promising career in sports journalism which was rudely interrupted by two years National Service. Frank's return to Civvy Street was peppered with disappointment and disaster, whetting the reader's appetite for the next instalment later this year. "Here Today, Goon Tomorrow" is available for £5, all proceeds to SESA, please phone or text 07881 785535 to order a copy. Mum says I'm not to get any big ideas, the world is not ready for the memoirs of me, Kenny (the Boss) Chihuahua.

Suffolk & Essex Small Animal Welfare, Registered Charity No.1124029, Stoke Road, Leavenheath, CO6 4PP. Tel: 01787 210888 www.sesaw.co.uk



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FUND RAISING QUIZ NIGHT

What: Fun Social Evening with Quiz,
Supper and Raffle

Where: St Mary Magdalene Church

When: Friday 24th September at 6.30pm

Entry: £10 per head to include Chilli Supper

Donations for Glass Wine/Beer/Soft Drinks

Contact Martin Rodgers:

mam.rodgers@btinternet.com for details



**GRAB A
TEAM
ITS
QUIZ
NIGHT**

CHRISTMAS FAYRE

The Bildeston Christmas Fayre will take place on Saturday 13th November in St Mary Magdalene Church. The traditional stalls of raffle, tombola, jams and preserves, cakes, Christmas 'surprise boxes' will be there, plus opportunities to book a table will be made

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Brett Valley Benefice



(Bildeston w Wattisham, Lindsey, Whatfield and Semer,



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Pastoral Letter – September 2021 from Revd Elke Cattermole

“Always in my prayers, asking that somehow by God's will. I may now at last succeed in coming to you.” Romans 1:10

September is here again and many of us have had our annual breaks albeit a bit different from years past. The schools and educational establishments are resuming, and the children are either starting in reception class, returning to their current school, or beginning at a new school. Colleges and Universities are getting ready for new and current pupils. Everyone hoping to begin their educational journey without the restrictions that they had to comply with for the last twenty- two months.

Many of us who were able to take a break and travelled to different areas may have had the opportunity to visit churches or cathedrals. We have enjoyed and possibly been fascinated by what we saw. Many of you will be participating again or for the first time on the **Suffolk Churches “Ride and Stride” on September 11th, 2021**. Seeing the different churches around Suffolk as well as recording the distance of your journey can be exciting.

As a benefice of six churches we all have our own parish church with their own individual uniqueness. Yet there are times when we get together and we enjoy and share so much as a benefice. I want to welcome everyone who reads this to come and join us at our different Sunday Services around the benefice. It is sad when I hear someone say in one of the villages, we don't have a Sunday Service, there is always a service somewhere in the benefice, if not two.

We are happy to visit churches at a special time and yet we have so much to offer to each other on the normal Sundays as well.

Let us learn to **“Ride and Stride” around our benefice** and attend a Sunday Service, even if it is not in the village we live.

You will all be welcomed.

God Bless you all.

Revd Elke

Services in the Brett Valley Benefice

September 2021

Date 2021	Time	Service	Church
Sunday 5 th September	11.00 am	Holy Communion	Bildeston
	11.00 am	Morning Prayer	Semer
Sunday 12 th September	11.00 am	Holy Communion	Whatfield
	11.00 am	Morning Prayer	Naughton
Sunday 19 th September Benefice Evening Prayer	11.00 am	Holy Communion	Nedging
	3.00 pm	Evening Prayer	Bildeston
Sunday 26 th September	11.00 am	Holy Communion	Semer
	11.00 am	Morning Prayer	Nedging

BILDESTON BELL RINGING

HOORAY! Bell ringing has again resumed at St. Mary Magdalene! How about joining our small group of bell-ringers? We meet every Tuesday evening at 8.00pm, and everyone (from complete beginners to more expert ringers) is very welcome. Spend an enjoyable hour meeting friends, getting a moderate exercise workout and mentally stretching your mind with some mathematical combinations? Campanology rules OK?



For more details contact:
Neil Ashwell 01449 741370 or



Lunch club

Baptist Church 12.15 for 12.30pm start.....**Wed every month**

Craft it Together

01449 740716/741606 for details.....**Not yet restarted**

Strollers & Striders

9.45am 07584 189359 or 07901 563281 for details.....**Every Monday**

Family Group - 10am-12pm

07542 785649 to book a space.....**Every Tuesday**

Church Bell Ringing Practice

St. Mary Magdalene church bell tower 8.00 to 9.15pm.....**Every Tuesday**

Bildeston Community Cycling

Market Square.....new Winter Warmer programme to start soon

Ladies Club Social Evening with Mini AGM

Chamberlin Hall 7.30pm.....**Thurs 2nd**

BNatural Music Festival

Market Square.....**4th and 5th**

Quiz Night Supper

St Mary Magdalene Church 6.30pm.....**Fri 24th**

**The Bugle advises checking with organisers
to make sure events in which you are interested
are still on and what Covid-19 actions you might have to take.**

Please tell us about your forthcoming events in **October**
email: editor@bildestonbugle.co.uk



When you're finished with this Bugle please pass it on or recycle it.