

The village magazine produced for the people of Bildeston online in full colour at htpps://bildeston.org/bugle-village-magazine/



#### BILDESTON BUGLE ADVERTISING AND FREE CONTRIBUTION INFORMATION

Our aim is to provide every resident and organisation in Bildeston with a magazine which provides information of local interest FREE OF CHARGE. To that end we are required to be efficient in the space we use to print free notices. We endeavour to include interesting items, announcements for events open to the general public for free and items of a charitable nature free of charge. Ongoing free announcements need to be reduced to minimum size or make a contribution towards printing costs. Please check with us before submitting your advert and ALWAYS provide us with all of your contact details in order for us to send an invoice and receipt.

email: editor@bildestonbugle.co.uk

Sponsor a 'Bugle' – £15 per issue and have a brief message of your choice printed on the front of the Bugle

### Advertising Rates

	1 issue	12 issues	
1/4 page	£5.00	£35.00	65mm W x 92mm H
1/2 page	£10.00	£60.00	134mm W x 92mm H
Full page	£15.00	£110.00	134mm W x 190mm H

#### THE SMALL PRINT

All adverts, payments and items are required <u>before</u> the 17<sup>th</sup> of every month for inclusion in the following month's issue (except December before the 15th). The earlier free contributions are received the greater the chance of inclusion. The Editorial Team are not responsible for the accuracy of articles or adverts and reserve

the right to alter, shorten or refuse any item submitted for publication.

Ask for BACS details or make cheques payable to Bildeston Bugle and send to:

The Editor, Bildeston Bugle, 14 Squirrells Mill Rd, Bildeston IP7 7DY

If we do not receive payment by the 17<sup>th</sup> of the month your advertisement may NOT be included

#### The Bildeston Bugle Management Team is:

Alan Jacobs (Editor) 01449 741645
Tricia Baldwin (Marketing & Advertising Revenue)
Christine Hubbard (Treasurer) 01449 740633
Stuart Law and Alison Sims (Assistant Editors)
Pam Weaver (Distribution)
Lisa Chinery (Printing Assistant)

### **ED'S COMMENT**

The Bugle is back in print! After 3 months of being only on-line, it's a sign of the slow move towards the next big relaxation of Covid lockdown restrictions since December 2020. Under the roadmap conditions, no earlier than 12th April, we will see the opening of non-essential retail, meaning the range of shops will increase beyond essential items.

What a test that might be? Will we rush out to town High Streets, not just to shop, but to see what shops we have left? It will be nothing less than a miracle if small, independent shops have managed to survive around a year with no footfall, particularly those who didn't have an on-line platform. Or have we got so used to shopping from home, on-line and enjoying the excitement of seeing which delivery van was turning up this time, our shopping habits will change for ever? Personal care premises such as hairdressers will be allowed to open but, given the advance warning, unless you have been very canny, they are probably booked up already through to the summer! Most of us have been waiting for professional help, politely declining offers from nearest and dearest...

"I'll do it for you." "No thanks!" "I've bought special electric clippers and sharp scissors." "That's what I'm afraid of." "I'll just tidy it up, get it off your ears." "I like my ears, they keep my glasses on." A trip to my friend who has been in charge of my barnet for the past 20 years will be the highlight so far of 2021. It really cannot come soon enough. I shall feel light headed for more than one reason! It's an incredibly close run thing for which is more important for my mental state and well-being, getting my hair cut, or having a drink with Nigel and Sue at The Kings Head. (Other village hostelries are available!) Hospitality venues will be allowed to serve people outdoors and there will be no need for customers to order a substantial meal with alcoholic drinks and no curfew, although you must order, eat and drink while seated ('table service'). Wider social contact rules will apply in all these settings to prevent indoor mixing between different households. It's been dubbed Alfresco April, as pubs will open their outdoor facilities first, to help ensure social distancing and safer virus control. The hospitality industry has suffered hugely with retail and travel underlining the enormous change in our lives which, previously, we took for granted. Popping out to the shops, having a social drink and meeting up with friends is a sign of a return to those free days! Public buildings, libraries and community centres will open. Indoor leisure facilities such as gyms will also reopen, only for use by people on their own or in their household groups. Most outdoor attractions and hospitality venues, zoos, theme parks, and drive-in cinemas can open. Campsites and holiday lets, where indoor facilities are not shared with other households, can also reopen. So the first signs of summer's staycation are already here. Funerals can have up to 30 mourners, and the number of people able to attend weddings, receptions and commemorative events will rise to 15.

However, care, caution and vigilance remain vital to stay safe. Covid is still here.

#### LAXFIELD HOUSE NURSING HOME BRENT ELEIGH, Nr LAVENHAM, SUDBURY, SUFFOLK

Situated in a quiet village location with beautiful gardens, offering residential and full nursing care for elderly people.

A highly trained team of nursing sisters and care staff provide excellent nursing care with kindness and compassion, ensuring privacy and dignity at all times.

\* Long or short term respite care available \*

A warm welcome is always extended to all visitors



All rooms are well appointed with en-suite facilities. Nurse Call System, Passenger Lifts, Various Public Rooms

This nursing home was established over 25 years ago by the current proprietor and family with ongoing input and management.

Enquiries to - Mrs J. Carne RGN, RM, (Matron) Mrs E. P. Knight RGN, RM, Mr N. Knight (Proprietors)

Telephone (01787) 247340 / 495

enquiries@laxfieldhouse.co.uk www.laxfieldhouse.co.uk



Member of the Registered Nursing Home Association

Bildeston Primary School



#### Chinese New Year

KS2 children started their week before half term celebrating Chinese New Year. In Science they made fireworks in jars, experimenting to see if water would mix with oil. They also looked at the food Chinese people would eat when celebrating the Luna New Year. They were then set the task of creating their own Chinese meal to celebrate and they definitely embraced the challenge!



#### **Robin Class**

In English Robin class have been reading a story called the Dragon Machine. In the story the boy builds a dragon machine so he can lead the dragon's home. Robin class made their own flying machines – the more imaginative the better! Robin Class also worked so hard on their activity days during remote learning making pancakes, tall towers and boats proved to be extremely popular!

Also some messy science before half term for Robin class who investigated the viscosity of different liquids by seeing how long it took them to drip down a slope. Liquid soap, syrup and honey took a long time, but most children found that ketchup took the longest.



#### KS2 Art

In KS2 art lessons before half term the children made figurative sculptures using tin foil. The different poses represent a different show of feelings. Well done everyone!

In PE, Owls and Kestrels were set the task of designing a walking route in their local area. Dojo points were awarded to those who produced the most interesting routes. Well done Ashton, Mia D and Freya for being so creative.



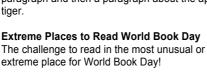
#### Romans

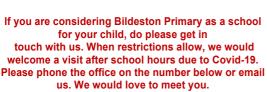
Continuing their work on the Romans, Kingfisher class cooked their own pizzas at home and also produced some Roman board games called Latrunculi or Ludus Latrunculorum -meaning The Game of Mercenaries.



#### **Tiger Reports**

The children in Owl and Kestrel class have also continued their work on chronological reports by writing their opening paragraph and then a paragraph about the appearance of the tiger.









Bildeston Primary School, Newberry Road, Bildeston, Ipswich, Suffolk, IP7 7ES Telephone: 01449 740269 Website: www.bildeston.suffolk.sch.uk

#### **OUTDOOR BOWLING STARTS SOON**

According to the roadmap signposting us out of the lockdown restrictions, some outdoor sporting activities could start as early as the middle of April.

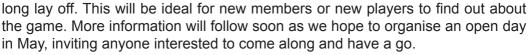
This depends upon two considerations. Firstly that the data shows the infection

rates continuing to decrease and, secondly, that the sports organisations are able to manage the activity in a safe way ensuring anticovid measures are fully in place.

Bildeston Bowls Club is looking into how soon it can resume outdoor bowls on its wonderful green behind Chamberlin Hall.

Bildeston Bowls Club, affiliated to Chamberlin Hall, has significant experience in ensuring a safe environment from the previous lockdown. New and existing members can rest assured that we will only resume bowls based on advice from the national association, Bowls England, the Suffolk County Bowls Association and the Stowmarket League committee.

The intention is to start by organising gentle, fun roll-ups to ease ourselves in after such a



After such a long time being stuck indoors, the prospect of organised sport will be most welcome as part of the need to improve our health, fitness and mental well being. Outdoor Lawn Bowling ticks so many boxes for people of all ages and abilities. Take advantage of one of the best greens in the whole of Suffolk right here on our doorstep!

If you are interested in joining the Bowls Club in 2021 please email the secretary at linjjacobs@gmail.com or phone 01449 741645 for more information.

From the 17th May Chamberlin Hall will be able to return to Adult indoor sports and exercise classes. The committee hopes to organise an Open Day as soon as we are permitted, to welcome people back to the Hall.

Watch out for more information.

Congratulations to CYRIL TAYLOR
Who celebrates his 100th Birthday on April 23rd.
From all his family & friends.



### \* What's on in April

#### For bookings contact: 07716 921514 or chamberlin.bookings@gmail.com

Mondays 10.00am Line Dancing

Monday/Tuesday from 3.45 MLSPA Performing Arts (07957 351941)

Every Tuesday 7.00pm Snooker Club

Every Tuesday 7.00pm Adult-dance-keep fit! (part of MLSPA)

Every Tuesday 7.15pm Carpet Bowls

Wednesday 6.30pm Drama Group (call Debbie: 01449 740375)

Every Thursday 10.30 -11.30am Zumba Gold with Sarah

Thursdays 6.30-7.30pm/7.40-8.40pm Badminton

Every Friday 11am Pilates for Improvers (call Claire: 07900 440141) Every Friday from 12.00 Pilates for Beginners (call Claire: 07900 440141)

\*The hall is currently closed for all activities until next month

#### VILLAGE HALL CLOSED UNTIL 17 MAY

Contrary to the government's announcement on 22nd February, village halls will not be able to reopen after Easter, except for a small number of permitted activities. England's 10,000+ rural community buildings will instead have to wait until 17th May before they can be hired out for many functions including exercise classes, coffee mornings, performances and celebrations such as weddings and birthday parties. Information issued by the charity ACRE is informed by government guidance published 25th February which sits at odds with earlier ministerial statements. Deborah Clarke, ACRE's Rural Evidence and Village Halls Manager explained: "We hope the information we have published will help to clarify the situation for the army of volunteers who manage England's village halls. Many will no doubt be disappointed they cannot reopen after the Easter break, despite what the Prime Minister previously indicated. This may be a blessing in disguise however as they now have more time to prepare for resuming activities in the summer when it is safe to do so."



We are still all working incredibly hard working our way through our patients groups. We would like to thank our staff and Volunteers for all their help booking and working in the recent clinics. Everyone has really gone the extra mile. Also many thanks to all our patients for their support and patience during this busy time.

We have now started sending text messages out to patients to book their own appointments with us here at BILDESTON when we have the Astra Zeneca vaccine. Please be patient as we are still learning the new system! The link sent can only be used once and not shared.

Please adhere to social distancing and wearing masks. Any patients with no mobile phone consent will be telephoned. We have absolutely no control over what vaccine is sent and how many we receive.

We are getting lots of calls from patients asking to book their second vaccination. All patients who had their first vaccination at our PCN hubs will be called. We ask patients not to be concerned about the vaccine for their second doses, we have been assured that the vaccine for the second doses is protected. We are expecting our first delivery of vaccine just before Easter. We will be calling patients in Priority Group 1 & 2 next week (week commencing 22 March). We will move quickly onto the other groups. Patients should expect to have their second dose approximately 11 weeks after the first. Can we politely ask that patients don't keep calling us unless we have left you a message? It clogs the phone lines which are incredibly busy at the moment.

#### PUT THIS DATE IN YOUR DIARY

With Fingers and Toes crossed we have a date for our **Village Produce Show!** 

**Saturday 28th August** 

#### Four conditions for lockdown easing



1 Vaccine programme continues to go to plan



2 Evidence shows vaccines are reducing deaths and numbers requiring hospital treatment



3 Infection rates do not risk surge in hospital admissions



4 New variants do not change the risk of lifting restrictions

## OFFICIAL LOCKDOWN ROADMAP - STEP TWO FROM APRIL 12 AT THE EARLIEST

- At least five weeks after step one and no earlier than April 12, non-essential retail, personal care premises such as hairdressers and nail salons libraries and museums will be permitted to reopen.
- Indoor gyms and leisure facilities, such as swimming pools, will be permitted to reopen, but the requirements for social contact in indoor settings will continue.

This means people will only be permitted to visit a museum or exercise in a gym alone or with their own household.

- Hospitality venues will be permitted to reopen but for outdoor purposes only, meaning restaurants and pubs will only be able to serve customers outside, where the rule of six or two households will apply.
- The requirement for a substantial meal and curfews will both be scrapped, but customers will need to be seated when ordering food or drink.
- Self-contained accommodation, such as campsites and holiday lets, where indoor facilities are not shared with other households, will also be able to reopen for overnight stays by households only.
- Funerals will be able to continue with up to 30 people, while the number of people who can attend wedding receptions and wakes will rise from the current six to 15.

# FIREWOOD

#### **DRY SEASONED LOGS**

Various loads available
Also available is Kiln Dried Hardwood Nets

Call Carol Abbott on 01473 829130 or 07768 795981

Tree, Garden Work and Driveways also Undertaken



## Decorating, Painting & Refurbishments

A locally based company offering an honest and reliable service

Painting - Decorating - Refurbishments - Repairs

All work considered indoors & out! Fully Insured & free quotations provided

Please contact Stuart on Tel: 07711 606464 or 01449 740387

Email: stuma1@hotmail.co.uk

## Sudbury & District Citizens Advice

Coronavirus has made life hard for many people. Citizens Advice is here to help.



We give free, up-to-date advice to everyone, whoever you are, whatever the problem.

If you need help with benefits, work, debt, housing or anything else please get in touch.

#### Call us

Sudbury: 01787 321400, Mon – Thurs 10am – 1pm

Suffolk: Freephone 0808 278 7868 England: Freephone 0800 144 88 48

#### **Textphone**

England: 18001 0800 144 8884

Email advice@sudburycab.org.uk Visit our website sudburycab.org.uk





MULTI AWARD-WINNING

Frames (III) Conservatories

Your Complete Home Improvement Centre *Y)NeCl* 

Add some kerb appeal to vour home, call us now on:

01284 799470

Unit 3, Barton Road Retail Park, Bury St Edmunds, Suffolk IP32 7BE (Nr Farm Foods) or visit www.fcdhomeimprovements.co.uk

ALUMINIUM PRODUCTS \* CLADDING \* WINDOWS \* DOORS \* CONSERVATORIES \* FASCIAS & SOFFITS

## Seager Sweeps

**Professional Chimney Sweeping Services** 

#### Chimney Sweeping Prices From £50

For 2020/21

(For any standard chimney or lined stove)

#### **Book online**

www.seagersweeps.com

Tel: 01449 741595 / 07958739686 Email: info@seagersweeps.com

Bildeston, Ipswich, Suffolk, IP7





## ANDYS LOGS

Well Seasoned Barn Stored Hardwood Logs

Loads Delivered or Pick Up

Wood cut to size for any Heater

Large bags of wood collection only

CALL ANDY 07881 684687

\*Bags of wheat for Chicken feed also available collection only

## Bildeston Ladies Club

A great big thankyou from the Easter Bunny for all your generous donations towards our Easter appeal for the Bildeston Food Bank. As a result, he was able to hop along to the homes of thirteen families with some Easter goodies.



We were able to give eggs and other treats to twenty adults and ten children and teenagers.



Here is my photo of just some of the collection before being shared out for delivery to those families. We all look forward to a treat at Easter and I'm sure they were thrilled with theirs! Thanks once again from me to all you lovely ladies for your support.

Whilst we wait to hear government guidelines on the reopening of village halls I think it will probably be a while yet before we are able to meet again. Until then - stay safe.



Jo Silburn - 01449 257045

# HONEY BEE'S NURSERY

Hitcham Village Hall, Hitcham, IP7 7NE

#### FOR CHILDREN AGED 2 - 5 YEARS

Open Mon, Wed, Fri 9.15a.m. – 12.15p.m. or 3.15p.m. Tues, Thurs 9.15a.m. – 12.15p.m.

Early Drop Off - 8.00a.m. Lunch Club Daily until 1.15p.m.

2 Indoor Rooms and Outdoor Areas
Ofsted Registered

Early Years Funding for all 3/4 year olds and eligible 2 year olds.

30 hrs funding also available.

Contact: Sharon Scarfe 07947621122 (mobile) 01449 740764 (hall)

Or visit honeybeesnursery.co.uk

WANT TO LEARN TO PLAY GUITAR, BASS, DRUMS?

MANY CONTEMPORARY STYLES COVERED, INCLUDING ROCK, METAL, POP, INDIE, BLUES, FUNK AND MORE.

KEYBOARDS, VOCALS, SONG AND LYRIC COMPOSITION

MOBILE DIGITAL RECORDING SERVICE AVAILABLE



#### **ADAM KEETON**

GOOD COMPETITIVE RATES
01449 744530 OR 07914 798374
FULL DBS + LOCAL YOUTH GROUP LEADER





## KINGS HEAD & Brewery

Nigel, Susie, Ryan, Freya and the Kings Head team wish everyone the best and hope everyone is **keeping safe and well...** www.bildestonkingshead.co.uk

- Yes, the Boris road-map has been announced and depending on..., well, just about everything, we can start getting back to normal soon. So, step one is underway with kids back to school and gag-inducing, biweekly, Rapid Antigen Self-Tests now part of our routine think I preferred the home schooling.
- Anyway, mid-April opening outside is a definite-maybe and the Kings Head will be ready to open Friday 16th at 4pm with food/takeaway (not compulsory!) served 5-9pm, and no 10pm curfew! Surely there must be some crazy rules I'll have the misfortune of trying to enforce! Oh yeah, outside table service only, a maximum mix of 'rule of 6' or 2 households and anything else Boris dreams up in the meantime...
- Our opening hours from April 16th will be: Friday 4-11:30pm (food 5-9pm), Saturday 12-11:30pm (food 12-2pm & 6-9pm) and Sunday 12-10:30pm (food/roast 12-3pm). Our beer garden is well sheltered from the wind & there's plenty of rain cover with two marquees and a part covered pergola.
- On Saturday, 24th April, there will be food for the soul with live music from one of our favourite local musicians Chris Francis. Starting at 8pm, Chris will set us on the road to recovery with his lively rock'n'roll, blues, country, rock and pop tunes. In addition, on Sunday 25th April Kevin Nightingale will accompany your roast dinner with contemporary classical music on solo acoustic guitar, 12:30-2:30pm.
- On Sundays from 3pm, weather permitting, we will have a 'play-where-you-sit' buskin' afternoon. This format made for some very enjoyable and safe Sunday afternoons last Summer/Autumn.
- We will, of course, do everything we can to minimise the risk of transmission to you, our staff and ourselves. And we've learnt a great deal since opening last July. However, we do want you to have fun, relax and socialise in a safe and responsible way without nagging you!







## KEEP SUFFOLK SAFE

Help stop the spread of COVID-19





#### **Keep your distance**

Stay 2 metres apart. When you can't, make sure you wear a face covering.



#### Wear a face covering

Wear a face covering in any indoor public space. Children under 11, people who need to lip read, and people with other disabilities are exempt.



#### Wash your hands

Wash your hands regularly, with soap, for 20 seconds.



#### **Get tested**

Get tested if you have symptoms: a high temperature; a new, continuous cough; a loss of, or change to, your sense of smell or taste.



#### **Isolate**

If you or anyone in your bubble has symptoms, follow the quidance on self-isolation.



## POLICE CONNECT

Keeping you informed, keeping your community safe

Suffolk Police are urging parents and carers to talk to their children about staying safe online. Safer Internet Day, was 9 February, co-ordinated by the UK Safer Internet Centre, highlighted the positive uses of technology and the role everyone plays in helping to create a safer online community for children and young people. It is also an opportunity for adults to check that their own online activity is safe and secure. While we are self-isolating and socially distancing social media platforms, like Twitter, Snapchat and video calls, are a great way to stay in touch with friends and family, share your thoughts and ideas and connect with like-minded people. Unfortunately, whilst rare, there are negative influencers and online groomers who use the internet, social media and online gaming to spread their extreme or inappropriate ideas, which children can be exposed to. During this difficult time, we will all become more reliant communicating online, so read through this advice for parents, guardians and carers to make sure you and your family stay safe online.

SNT Digital Support Supervisor Hayley Batterham said: "We are asking parents and carers across Suffolk to sit down with their children and talk frankly about their online activity as the lockdown continues. The online world is a necessity for many children in accessing schoolwork and it delivers huge benefits, not least in enabling us to stay connected to family and friends during this period. However, many parents may feel concerned about the content their children are accessing. Although rare, there is a risk that increased online activity and feelings of stress and isolation may be exploited by negative influences and online groomers of all kinds to target vulnerable children and young people directly."

#### Some helpful tips:

- Get to know and become familiar with the social networks your children use, such as Twitter, Facebook, Instagram, Snapchat, Vine, YouTube, Tumblr. Internet Matters and Think You Know websites are good sources of information for keeping up with the latest social media networks and advice.
- Check privacy settings on your child's social network. Make sure these are set so that only family/close friends can see their profiles, especially their photographs and location. Stress the need for password protection and the necessity of not sharing with friends or others.
- Teach them about cyberbullying. Encourage them to use appropriate language online, if they wouldn't say it in person, don't text or post it online. Get them to report cyberbullying and talk to a trusted adult if they or someone they know is being cyberbullied.
- Think before you post or engage in sexting. Ensure your child is aware that whatever they put online can be shared with the entire world forever!
- Set a positive example. Lead by example of how to behave online, do not post inappropriately yourself, protect your social media profiles and limit your usage to a reasonable time. For more information and advice

http://www.suffolk.police.uk/advice/personal-safety/online-safety

https://www.thinkuknow.co.uk/

https://www.internetmatters.org

https://www.getsafeonline.org/



### <u>Green Farm</u> <u>Vintage China Hire</u>





A large selection of Vintage china, glass and other items to hire for vintage tea parties, weddings and other occasions at very competitive prices.

20% of your china hire cost will be donated to the charity of your choice.

For more information, a price list and photos, please see my Facebook page:

Green Farm Vintage China Hire

Email: carole.homer@btinternet.com

Tel: 01449 741498 Mobile: 07879265756





#### **BusyB**

## Quality Dressmaking, Alterations and Ladies Formal Gown Hire

A professional bespoke service from a friendly local dressmaker, now also providing a hire service for ladies formal wear – call for an obligation free quote.

Find me on Facebook as 'Bev Busyb'

or Google Maps – search for 'BusyB'

Tel: 01449 737618 Mob: 07753 177703

email: busybev@btopenworld.com

www.busybev.co.uk

#### HISTORIC MARKET EVENT

As some of the local historians may know, 2021 will mark 300 years since the last Livestock Auction Sale took place on Bildeston Market Place. A range of livestock from rabbits, chickens, ducks, geese, goats, sheep, cattle, donkeys and horses were auctioned off to the highest bidder. Our Council has decided to recreate the event, as a one off Market Day on 21<sup>st</sup> June 2021 to coincide with the Summer Solstice, this will maximise the daylight hours for this historic event. As with the original markets, all livestock will be herded or brought in by handcarts on the day of sale. To make this easier in our modern world, livestock transport will be allowed to park at either the old Garage site (Chelsworth Road) or Chamberlin Hall Car Park for unloading, then herded to the Market Place by drovers. Some minor Inconvenience may be experienced due to the High Street being closed for traffic between the hours of 9-00am – 4-00pm on the day.

To make the event more realistic, it would be good if people attending could dress in period costume and it goes without saying all mobile phones and other modern devices will NOT be allowed. Local businesses will be invited to enter into the spirit of the day by selling the same fare (where possible) of that time eg - Pubs; beer or gin - Shops; bread cheese eggs, veg and mutton. A discount will be given for anyone paying with original currency of the time.

As this event will take place just after the Covid 19 restrictions are eased, it is hoped the celebrations will be carried on well into the evening, with a small circus, strolling players and hypnotists etc. Hopefully the whole village will embrace this event and make it a successful day for all. Auctioneers for the event will be: A P & R I List, who will promote it in the usual way by catalogue or on their website.

Final details will be in next month's Bugle



page 19 – issue 366– April 2021



Garden Maintenance
General garden tidy up
Landscaping
Hedge cutting
Hedge reduction
Fencing
Turfing
Lawn care

For all your gardening needs contact Steve:

01787 583828/07885728973

steve.wilding283@googlemail.com



New PCs & Setup
Tuition / Remote support
Repairs & Upgrades
Wi-Fi & Networks

"Due to COVID I am focusing more on remote support, please do contact me with any enquiries." - Olly

Website: xsalt.co.uk

Tel: 07443439508 Email: info@xsalt.co.uk

## **CPH Property Services**

Painting • Decorating • Refurbishments & Repairs Fully Insured with Free No Obligation Quotations

A friendly local company with 30+ years experience

Tel: Chris - 07717059370 or 01787 210536 Tel: Paul - 07880727630 or 01449 740020

Email: chris.harman1990@gmail.com

#### BILDESTON COMMUNITY CYCLING

## HAVE YOU BEEN CYCLING DURING LOCKDOWN? WANT TO CARRY ON?

Community bike rides will recommence on Tuesday 27 April, leaving the Square at 6.45pm for a ride of about an hour and a quarter. Social distancing at the start and on the ride, and riding in groups of up to 6. Ride on quiet lanes, and walk on hills if necessary. Speed to suit the riders, and no one ever left behind!

If you have any queries, please contact
Robin Weaver on 01449 741048.

We regret no children under 12,
no unaccompanied children under 16.



It is widely acknowledged that pets can positively benefit the well-being of elderly owners.

For many elderly people living on their own, their pets are their reason for living.

They are constant companions - on hand 24 hours a day, every day, comforting, loving and protecting their owners - not only from outside threats, but also offering the more subtle form of protection from loneliness and despair.

Via a national network of 15,000 volunteers, the Cinnamon Trust offers the following services all over the UK to elderly and terminally ill pet owners.



#### Dog Walking

- Care Any day to day pet care the owner can't manage.
- Short Term Fostering For pets whose owners face a spell in hospital.
- Long Term Fostering For pets whose owners have died or moved to residential accommodation which will not accept pets (by prior arrangement).
- The Pet Friendly Care Homes Register The Trust's guide to care homes and sheltered housing that will welcome residents and their pets.



If you are interested in learning more about The Trust and how we could help you,



please contact us at:
Tel 01736 757 900
Email: volunteer@cinnamon.org.uk
Website: www.cinnamon.org.uk
10 Market Square, Hayle, Cornwall TR27 4HE

Registered charity number 1134680







ndependent practices with a personal approach



## Paul's Carpentry

- **Decking**
- **Pergolas**
- Window repairs
- **Sheds Built**
- **Doors replaced**
- **Shelving**
- **Bespoke Wardrobes**
- Handrails replaced
- Fascia and Bargeboards Understairs Cupboards

Mobile: 0779 234 0365

Tel: 01449 616888 email:paulhb100@btinternet.com

### Bildeston Sports Field Pavilion



Hall, kitchen & field for children's & adult parties,

meetings, clubs & rehearsals.

For details and hire rates contact 07711 904515 or 07766 527433



#### PHYSIOTHERAPY AND PILATES



Claire is an experienced Physiotherapist and certified Pilates Instructor.

#### Services offered:

- . Physiotherapy
  - Womens Health Physiotherapy inc MummyMOT
- . Running Analysis
- . Sports Massage
- Pilates 1:1
- . Pilates classes (BILDESTON & Hadleigh)
- . Home visits

#### PHYSIOTHERAPY CAN HELP:

- . Muscular aches and pains
- . Low back pain
- . Hip and pelvic pain
- . Neck pain
- . Joint pain or sprains
- . Repetitive strain injuries
- . Nerve pain
- . Ante and post natal pain
- . Pre- surgery

Clinic Address: Kersey Mill Kersey IP7 6DP



www.fitframephysio.com
Tel: 07900440141
E: Claire@fitframephysio.com



#### Bildeston Annual Litter-pick report.

A great big thankyou to all who joined in with the litter pick this year. We had thirty three volunteers clearing pavements and roadsides with

a list of seven people in reserve!

A special mention for Isla and Eli who joined in with their parents for the first time and were eagle eyed at spotting tiny bits of rubbish, according to their Mum and thoroughly enjoyed using the litter pickers too! Hopefully they will go on to become the next generation of environmental carers. Also, I would like to mention teenagers Edith and Maddie who were introduced to the litter pick years ago by their nanny Jean and this year were joined by their friend Jodie. They had especially asked if they could clear the Skate-park and children's playground. It is often youngsters who get blamed for problems of littering and it is heart-warming to know that they can also be responsible members of our community and do their bit to help.

The worst litter that we encounter along the roadsides is **CANS & BOTTLES** which must have been thrown from vehicles. I can't understand why a person would be happy to transport a full bottle or can in the car, but seem unable to take their empties home with them.

The worst offender of all seems to be an individual who has been throwing out <u>STELLA ARTOIS CANS</u> all along the roadside to Chelsworth with a load left in the farmer's pull-off at the top of the hill, where our culprit stops for a crafty beer on the way home perhaps? If you know someone with a liking for this tipple, maybe you should just mention it to

them - and not just the offence of littering, but also the fact that they are clearly drinking whilst driving.

As ever, the haul was huge and included a TV, car tyres, bathroom cabinet and a mattress. Stored ready for collection in the Clock Tower it makes a sad spectacle and there was more to add to this pile after I had photographed it.

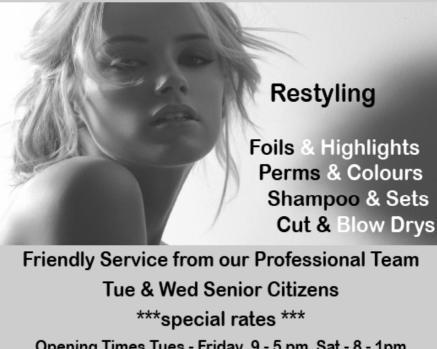


Our message is simple:
PLEASE TAKE YOUR RUBBISH HOME WITH YOU
OR TO THE DUMP!

See you again next year - Jo and Robin

## Studio 66

Ladies and Gents Hairdressers



Opening Times Tues - Friday 9 - 5 pm Sat - 8 - 1pm



#### **BILDESTON'S WHO'S WHO**

This month I spoke with Bildeston's wonderful postie Craig Warner. Craig was born in Ipswich hospital on the 30/10/89 and has lived in Hadleigh ever since. He attended Hadleigh Primary School and then Hadleigh High. Whilst there he participated in almost every sport available. Craig was made Games Captain, which meant organising sports activities and managing the girl's football team alongside Tracey Steer and Sarah Sheridan. What a great combination it proved to be as the team went on to win the league and the County Cup, remaining unbeaten all season. Craig then went to Otley College for a year where he studied a BTec Diploma in sport intending to becoming a P.E teacher but decided after a year that it was no longer for him.

Craig worked at Partridges in Hadleigh as a Saturday boy from the age of 14. He got a job at Royal Mail on the 10/03/08. Craig has now been the postman of our wonderful village of Bildeston for 9 years which he says he thoroughly enjoys and loves seeing you all. The last year was tough due to the Cornovirus pandemic, but one memorable day Craig dressed up as Batman and delivered the mail along with sweets for the children in the village to try and raise their spirits. Craig's friend had dressed up as Spiderman and visited children around his estate, they had a discussion and decided they would team up and visit as many children as possible in Hadleigh, Elmsett, Boxford, Raydon and of course Bildeston, delivering a mixture of chocolate crunch, doughnuts and sweets. This is where Craig met his partner as she stopped him in her car and asked where her sweets were!

Craig always wanted to play football and began playing for Hadleigh United youth teams and worked his way through the years. Eventually they won the league, Craig was also voted the best goalkeeper in the league, at under 14 level and managed to sweep the award ceremony picking up three trophies. Craig moved to their close rivals East Bergholt where he spent two seasons before returning to Hadleigh. Craig also spent a season with Ipswich Elite before moving to men's football playing for numerous teams including Hadleigh, Elmsett and Ransomes where they won the league before back to Bildeston, where he now Captain's the Reserves. Craig said the club is a brilliant set up and this season was going well with the first team doing very well in the Senior division and the reserves chasing down a league title before the lockdown. Craig is looking forward to playing again. Craig loves the B Natural music festival and attends every year, he is also the captain of the darts team at the Red Lion. Craig has made many friends through his job as postman and pre covid has helped out many a customer.



## DISCOVER SOMETHING UNIQUE



## Recipe of the Month

#### Peanut Butter Caramel Slice

with thanks to Alison

#### Ingredients

#### for 16 squares

FOR THE BASE

75g melted butter plus extra to grease 200g Oreo biscuits

FOR THE CARAMEL

25g butter

200g condensed milk

125g peanut butter

2 tbsp golden syrup

FOR THE TOPPING

75g roughly chopped dark chocolate

75g roughly chopped milk chocolate

1 tbsp golden syrup

50g roughly chopped salted peanuts



#### Method

- 1. Preheat oven to 180 C [160C fan] Gas mark 4.
- 2. Grease and line a 20.5cm square tin with baking parchment.
- 3.Make the Base. Whiz the Oreo biscuits in a food processor until finely crushed [ can be bashed in a food bag with a rolling pin]
- 4.Add the melted butter and whiz to combine. Press firmly into the base of the tin. Bake for 10 mins then set aside to cool.
- 5. For the Caramel Heat the butter, condensed milk, peanut butter and golden syrup in a pan over a low heat, stirring until fully combined. Pour over the biscuit base and spread level, then leave to set at room temperature for about an hour.
- 6.Once the caramel has set, melt both chocolates and golden syrup in a heatproof bowl set over a pan of barely simmering water. Once melted, pour over the caramel layer and spread to level.
- 7. Sprinkle over the nuts and chill to set.
- 8. Cut into 16 squares and enjoy!

## BASE GARAGE LTD

MONDAY - FRIDAY 7.30 - 6.00 SATURDAY 8.00 - 12.00

- TYRES
- EXHAUSTS
- PUNCTURES
- RATTERIES.
- WHEFI RAI ANCING
- AIR CONDITIONING
- LATEST DIAGNOSTIC FOLIPMENT
- WFI DING TO MOT STANDARD
- SERVICING & ALL REPAIRS TO ALL MAKES OF CARS
   & LIGHT VANS FLEET DRIVERS WELCOME
- MOT CLASS 4, 5 & 7
- COURTESY CAR AVAILABLE
- COLLECTION & DELIVERY SERVICE 5 MILES RADIUS OF GREAT BRICETT
- WINTER CHECKS
- HOLEDAY CHECKS

LOWER FARM ROAD, GT BRICETT, IPSWICH IP7 7DR

01473 658987 / 01473 657704

£10 OFF!

YOUR MOT WITH THIS

## **DON'T GO HUNGRY**

Are you self-isolating or in quarantine?

Has work dried up or you have very little money?

In these difficult times **nobody** should go hungry.

If you and your family are struggling to put food on the table, we can help.

Bildeston Food Bank is a discreet service for Bildeston residents.

Call us on 0333 335 5254 (local call charges) or email bildestoncsg@gmail.com in strictest confidence

If you can help support Bildeston Food Bank, we would love to hear from you too.

We need tinned and dried food and toiletries.

#### **Donation drop-points:**

9-11 Duke Street 150 High Street 2 Brooksfield 3 Manor Road

**Bildeston Village Stores** 



PLEASE TURN OV

Does anyone have spare carrier bags please. We are running low at the Bildeston Food Bank. If you do, please leave them in the collection bin outside 9-11 Duke Street. Thank you

### Now Frying At Market Square Bildeston Thursdays 4pm - 7.00pm Fridays 11am - 1.30pm



## BILDESTON ELECTRICAL

Rewires, Extensions, Board Changes or New Installations

Any Alterations to Existing Installations

(lights, sockets, etc.)

Contact Ian

01449 743664 or 07754 723685



### Done & Dusted

## Cleaning Service

A professional, reliable business offering:

- Domestic Cleaning regular cleaning or one off spring cleans.
- Commercial Office cleaning.
- Ironing service Collected and delivered back to your door

Please call for a no obligation quotation:

Office 01449 258574/Mobile 07402 045572

## COLLINS & CURTIS MASONRY LTD

est.1925

#### **Memorial Stone Masons**

Dedicated craftsmen who combine traditional with new techniques

Bespoke memorials
Additional inscriptions
Restoration and cleaning
Home visits by appointment

01473 250932 www.collinsandcurtis.co.uk



### N D ROSE Int / Ext Decorating

- · Decorating
- · Wall / Floor Tiling
- Gutters Cleaned / Repaired / Replaced
- General Building Maintenance

Local established tradesman 25 years experience Free estimates good rates References available

> Tel: 01787 211042 Mob: 07518 040465

3 Fen Street Boxford CO10 5HL

#### **BILDESTON PARISH COUNCIL**

Draft Minutes for virtual meeting held Monday 8th March 2021, 7.00pm, via Teams

Present: Cllr Alex Banks, Cllr Andrew Guttridge, Cllr Ashley Hubbard, Cllr Peter Hutchings, Cllr Sarah Leigh-Hunt, Cllr Richard Lester, County Cllr/ District Cllr Robert Lindsay, , Cllr Ray McCann, Cllr Virginia Tuck, Clerk – Angela Chapman



#### C111/20/21 Chairman's Welcome & Apologies

Chairman Peter Hutchings welcomed everyone to the meeting. Apologies received: None.

#### C112/20/21 Declaration of pecuniary and non-pecuniary interests:

Cllr Alex Banks – Bildeston Sports Field, Cllr Ashley Hubbard – Kings Pightle Nature Reserve; Cllr Richard Lester – Kings Pightle Nature Reserve, St Mary's PCC.

C113/20/21 Requests for dispensations in respect of pecuniary interests - None.

C114/20/21 Minutes of the meeting held 8 February 2021, approved and signed as a true record.

#### C115/20/21 Adjournments – meeting adjourned at 1916hrs

County & District Councillor Robert Lindsay sent a written report. Also reported the 20mph speed limit design not yet received, hoping to use Highways Locality budget to help fund this project.

112 bus service – put money into the charity running this service from Babergh DC fund; unfortunately, COVID knocked the user numbers down by half from what was expected. Donated £1,000 to the Bildeston Support Group/Food Bank from Babergh DC budget. Leader of Babergh DC had a vote of no confidence, won by 20/10.

Discussion about the 20mph limit, Cllr advised to keep buffer zones at each end of the village, to be decided what length the 30mph areas need to be.

Reconvene 19.24hrs

#### C116/20/21 Planning Applications

### Planning Appendix A – Items for comment by the Parish Council DC/21/00687

Proposal: Removal and replacement of rear fenestration.

Installation of 2no. conservation roof windows. Erection of rear open porch. Part demolition of outbuilding and alterations to form workshop/store. Reconstruction of part of rear wall following the installation of new fenestration. Lime rendering of dormer window following removal of boarding. Removal and replacement of rotten fascias and bargeboards

Location: 9 - 11 Duke Street, Bildeston, Ipswich, Suffolk IP7 7EW No objection.

#### DC/21/00648

Proposal: Householder Application - Erection of extension to garage to form link to dwelling (amended scheme to approved B/15/01061).

Location: Church Barn, Church Road, Bildeston, Ipswich Suffolk IP7 7EE

No objection.

#### DC/21/01117

Proposal: Householder Application - Erection of single storey side/rear infill extension with rooflights and replace rear door and all windows.

Location: 42 High Street, Bildeston, Ipswich, Suffolk IP7 7EA

No objection.

#### Planning Appendix B – Items determined by Babergh District Council

Proposal & Location of Development:

Application for works to trees in a Conservation Area - Trim and remove dead and damagednbranches (T1) Sycamore; reduce height by 1m (T2) and (T3) Sycamore trees. Remove dead and damaged branches ((T4) and (T5) Ash Trees.

3 Squirrells Mill Road, Bildeston, Ipswich, Suffolk IP7 7DY

Babergh District Council as Local Planning Authority, hereby give notice that it DOES NOT WISH TO OBJECT

#### Proposal & Location of Development:

Application for works to trees in a Conservation Area - Reduce height by 1/3rd and remove dead and damaged branches to (T4) and (T5) Ash Trees.

3 Squirrells Mill Road, Bildeston, Ipswich, Suffolk IP7 7DY

Babergh District Council as Local Planning Authority, hereby give notice that it DOES NOT WISH TO OBJECT

#### C117/20/21 Projects and Progress Reports

a) **20mph speed limit – High Street** - CC Robert Lindsay gave update in his report see C115/20/21.

Cllrs Guttridge and McCann to have an online meeting on order to work out design and costs.

b) **Bildeston Community Support** – Cllr Virginia Tuck reported the group are awaiting money transfer from the Parish Council so it can purchase its own insurance policy, the payment to be approved at this meeting. Cllr Tuck also advised the Bildeston Ladies Club are donating Easter gifts to the group.

#### c) Village amenities:

Village sign – Cllr Ashley Hubbard reported there is no firm date for the sign delivery. However, he is getting quotes for the brick plinth, the suggested design of which might have flint included and a plaque on one side. Cllr Guttridge and Hubbard to meet to finalise details.

Old village sign – it was decided to put the old village sign at the Grove cemetery entrance, the post would also provide a place for a new name sign for the cemetery. Cemetery - Cllr Hubbard advised Clerk is in contact with East of England Co-op funeral services to arrange for payments to be made by BACS instead of cheque. Hedge/ wildflower area – hedge cut now finished apart from the back. Wildflower area to be cut July. Maintenance meeting to be arranged.

Chamberlin Hall play area – a plan of a gazebo to be donated by a resident to the play area was received. Agreed in principle, size of the structure to be obtained, and the scale within the play area. The Parish Council agreed it was happy to maintain

the gazebo once in place. Decide where the 'rocker' equipment to be moved to. Cllr Hutchings agreed to make the CH committee aware of the proposals as it is within the CH curtilage even though the PC now manages the playground.

Suggested the Clerk run the design past the play area inspector for advice.

- d) **112 bus service** Cllr Tuck suggested a £500 contribution to allow the continuation of the bus service from Bildeston to Sudbury. Monks Eleigh has also contributed, and possibly Gt. Waldringfield. Bildeston accounts for half the passenger journeys. Approved.
- e) **Grove Cemetery entrance** the current entrance is on the east side, because of the number of graves all equipment must go into the site opposite the church door, which has left the area churned up and muddy. Cllr Lester proposed a new paved entrance be laid. Agreed to obtain 2 quotes for the work Cllrs Lester and Hubbard.
- f) **Quiet Lanes** Cllrs Tuck and Leigh-Hunt proposed Church Rd and Consent Lane, information received from SCC. Cost for posts and signs approx £900, with funds from Suffolk County Council helping to reduce that sum. Formal decision at next meeting with detailed plans.

#### C118/20/21 Administrative, Finance & Governance Reports

- a) payment for approval payments sheet approved Cllrs Guttridge & Lester. List for BSG payment, Clerk to put on SharePoint.
- b) BSG grant donation given previously
- c) Internal Control Statement Chair and RFO signed
- d) appoint Internal auditor SALC approved
- e) Clerk appointed as RFO
- f) Risk Assessment reviewed and approved
- g) Standing Orders reviewed and approved
- h) Financial Regulations reviewed and approved

#### C119/20/21 Matters to be bought to the attention of the Council

**Clir McCann** – footpath along the brook nr Brooks house, has barbed wire along the fence. Clir Guttridge explained that the footpath was fenced some years ago by the property owner. Barbed wire is allowed for fencing provided it is on the far side of the posts from the path, with plain wire on the near side.

**Clir Banks** - flooding in Consent Lane and Silwood Barns – has spoken to landowner and Highways, attempting to get the ditch along Consent Lane dug out.

**Clir Tuck** – virtual meetings to end on 6th May 2021, Clerk advised this is the case unless central Government extend the legislation although no sign of that at present. Therefore, next meeting will be virtual on Wed 5th May 2021. After then face to face meetings may be held, with appropriate social distancing, sanitising and risk assessment, unless legislation changes.

#### C120/20/21 Items for agenda

**Quiet Lanes** 

Operation London Bridge – invite church warden to next meeting.

Grounds maintenance

Meeting closed 21.04hrs. Next meeting: Mon 12 April 2021 7.00pm via Teams

#### **EASTER FLOWERS**

Easter flowers at St Mary Magdalene Church Every year we buy lilies and other special flowers to decorate the Church for Easter Day, this year on Sunday 4th April. Because of the high price of flowers at Easter we have a special Resurrection Book where people might like to name those they have loved and lost as they donate towards the Easter flowers. We open this book on Easter Day as we celebrate the



resurrection at our service and leave it by the font for you to see. If you would like the name of someone you wish to be remembered in this way to be written in the book, please print their names on the list in the Church anytime before Wed 31st March and place donations for flowers in one of the envelopes provided on the table next to the list at the back of the church. Place envelope in donations 'hole in the wall' next to the bell tower or deliver to:

Angela Rodgers at 36 High Street. Thank you.

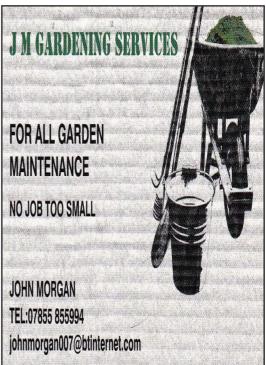
## Plant Sale

#### FUND RAISING PLANT SALE & COFFEE MORNING (HOPEFULLY!)

At Malham, 36 High St, Bildeston On Tuesday 18th May from 10am until 12.30 In Aid of St Mary Magdalene Church, Bildeston All Welcome. Donations of Potted Plants

would be much appreciated.







### **KGT Fencing**

For All types of fencing and fencing repairs
Also grass and hedge cutting
Gardens cleared
Guttering repairs and clearing.
Phone 07813 571820
email kgt417@gmail.com.

# **(1)**

#### CAN YOU MAKE A CUP OF TEA?

Can you make 80 cups of tea?

Or even 150 cups of tea?

If so Liz Law, secretary of the *East Anglian Garden Group*, would love to hear from you. The group meets about 7 times a year on a Saturday afternoon from October to April and is hoping to resume the meetings at Chamberlin Hall this autumn if circumstances allow.

When we do, we would really like to have someone to help in the kitchen. The job would involve arriving in good time to set up before the meeting starts, working with a committee member. Then as the talk ends, serve tea and clear up, leaving the kitchen tidy and crockery etc put away. You would be instructed in the use of the industrial style dishwasher and water heater and asked to keep receipts for tea, coffee, sugar and milk so that you can be reimbursed for providing them. The committee and members usually bring cakes and biscuits etc. which need to be laid out on a table at the back of the hall.

We are happy to pay £10 per hour and estimate it would take from 1.45pm to 4.45pm.

Our usual attendance to listen to a speaker about gardening and plants is about 70-80 but once a year we have a celebrity from the gardening world for a full house event of up to 150 people.

Please get in touch if you are interested: Liz Law on 01449 740085 or email lizz.a.law@gmail.com

#### **COUSINS & SON BILDESTON LTD**

available to carry out all your building requirements from

## Renovations / Alterations / Extensions General Repairs

Please contact Paul for a free estimate

01473 658919 or 07876 244461

or email paul.cousins268@btinternet.com



### NJC

Clearance and Collections

Single item all the way upto full house and garden clearance, anything you need moved or removed.

Luton van with tail lift and tipper available.

Fully insured and licenced.

07999125413 njc.candc@gmail.com

#### **SESAW NEWS**

Hopefully it's dry and sunny as you read this, at the time of writing the rain is lashing and the wind is howling but Easter approaches. As our thoughts turn to chocolate, spring flowers, cute lambs and baby rabbits, SESAW volunteer, Karen, who specialises in looking after our rabbits offers some seasonal advice.

"Watching rabbits running, jumping, playing and grooming each other is a lovely sight but Easter is not the time to get them as pets for your children. Sadly rabbits are the most neglected pet because people assume they are easy to look after and don't live very long. They need a spacious exercise area attached to a roomy hutch which should be seen as a place to rest in, NOT A PRISON. Rabbits should be neutered and live in pairs or groups; a single outdoor rabbit living alone would have an extremely miserable life.

Unlike Bugs Bunny, rabbits do not just eat carrots! The diet should consist of 80% good quality hay, small amounts of commercial feed and leafy greens. They DO NOT like being picked up and carried around so children should play with them at ground level. Rabbits can live up to 10 years and require yearly vaccinations, regular worming and health checks. If you understand that having a rabbit is NOT an easy or short term commitment, then please offer a home to a rescue rabbit after Easter."

That just leaves me enough space for our contact details for Karen when you have finished your chocolate eggs - but make sure to keep them away from all the dogs including me, Kenny (the Boss) Chihuahua. Suffolk & Essex Small Animal Welfare, Registered Charity No.1124029,



page 41 - issue 366- April 2021

### SPONSOR A BUGLE IN 2021

If you have an event or celebration coming up this year, why not sponsor a Bugle for that month?

It is still just £15, and you have a message of your choice printed on the front cover to make it a personal and memorable issue for you.

To reserve a month in 2021 please contact the editor at editor@bildestonbugle.co.uk

## Natalie Mottram Physiotherapist HPC & CSP Registered



- · Muscle and joint problems
- Neurological conditions
- Stroke rehabilitation
- Fall prevention & balance rehabilitation
- · Pre and post-surgery treatment

For more information and rates please contact:

T: 01787 248061

M: 07758255583

E: nataliejmottram@gmail.com

HOME & CLINIC VISITS AVAILABLE

Physiotherapy Clinic: The Beauty Gallery, 3 High Street, Lavenham, CO10 9PX

#### **CHIMNEY SWEEP**

#### ECO SWEEP

CHIMNEY SERVICES

NEW POWER SWEEPING METHOD USED OR A MORE THOROUGH CHIMNEY CLEAN THAN BRUSHES.

NDUSTRIAL HEPA FILTERED VACUUM.

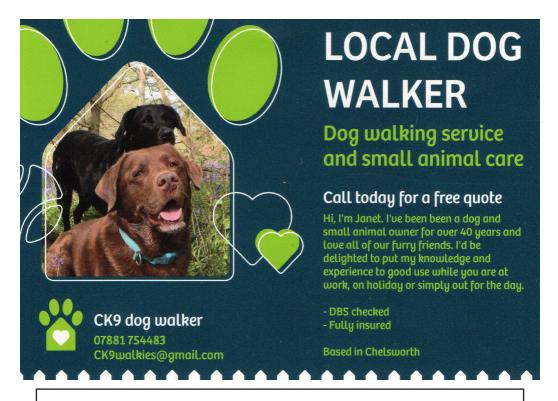
FULLY INSURED.

NSURANCE RECOGNIZED CERTIFICATES ISSUED.
SPOTLESS, RELIABLE AND FRIENDLY SERVICE.
ALL CHIMNEYS, WOOD BURNERS, AGA, BOILER
FLUES SWEPT.

Before During After



TEL. 01359 232335



#### **Dunstone Optometry**

#### 3 Queen Street, Hadleigh

For your entire eye care needs

including contact lenses, latest Swept Source OCT eye scanner, examination of children and home visits

Frames include: Tom Davies, Tiffany, Ray-Ban & Esprit

To find out more please call in, telephone

01473 823755 or see dunstoneinsight.com





O7534 525 263
O1449 258 254

Professional & Reliable Service

Plumbing & Heating Ltd

Plumbing, Bathrooms, Heating, Boilers, Servicing, Underfloor Heating, Tiling, New builds & Renovations

gidneyph@outlook.com www.plumbinginsuffolk.com

## ECO SYSTEMS

**Tree and Grounds Care** 

Tree Surgery, Felling, Dismantling, **Hedge Maintenance, Stump Grinding Woodland Creation, Commercial Grass Cutting** 

**Fully Insured NPTC qualified Council approved contractor** FREE no obligation quotations and advice

#### **DAN STANMORE**

**Bildeston** 01449 741255 • **Mobile** 07980 290781 Woolcombers, Duke Street, Bildeston IP7 7EW

#### BILDESTON BAPTIST CHURCH

**Duke Street, Bildeston** 

Email: bildestonbc@gmail.com

Service every Sunday morning at 10:45

We are following government guidelines during covid-19, therefore we regret to say that we are unable to hold the Community Coffee Centre at the present time and, although we have recommenced Lunch Club, we have to restrict it to those who have previously attended and by invitation only.



### Benefice of Bildeston w Wattisham, Lindsey, Whatfield and Semer, Nedging and Naughton.



#### Pastoral Letter - April 2021 from Revd Elke Cattermole

As we enter the month of April our first Sunday is Easter Day and we begin these Easter celebrations by hopefully opening St Mary Magdalene Church for our Benefice Service at 11am. This is the most important Christian celebration of the year and especially this year because of the pandemic and all the restrictions we have had to endure.

Two vital words in the Christian Faith should perhaps be at the forefront of all our minds at this time, as we are leaving the season of Lent, that of Sorry and Forgiveness. We may say the word 'Sorry' so casually, but we all must be aware of the importance and opportunity to seek 'Forgiveness'. Those two words can help us change our ways not just for our benefit but for the advantage of all who are members of our different communities.

In this Easter season, a time of renewal and new life, I am reminded that a year ago I had begun a process to discern what God was calling us as a benefice to be and to do altogether. Our moving forward and the different parish relationship with each of their villages became difficult because of the pandemic. Yet even though we felt restricted in what we did or wanted to start up we did not forget each other. The support often silent, the stories I heard have been amazing how the simple phone call, message or practical support has meant so much.

This Easter we pray that we begin a new era in taking things forward, we can begin to think again how we can grow a community partnership between the church and local community. Building together a strategy and plan as individuals and as a community as we respond to the awesome Easter Story.

The events of that first Easter are, potentially, so life-changing that we would do well to refresh our memories of them and think them through thoroughly. If you have travelled through Passiontide, Holy Week online with us, and at Easter in church you will have re-heard the story once more.

The crucial hinge-point for Christians is the Resurrection. I would encourage you to review for yourselves what could have happened in that tomb - body-snatchers? grave-robbers? disciples determined to prove their Master right? authorities bent on making sure that this was really the end? or the awesome power of God raising a man to a new form of life? As we have been reflecting during the season of Lent to the cross only the Resurrection gives the cross meaning.

We are all God's creation as we see new birth around us at Easter and see the joy of the children's faces let us remember it is a time for us to go forward in joy and peace.

Нарру	Easter	to	you	all
-------	--------	----	-----	-----

God Bless

Revd Elke

#### Services in the Benefice for April 2021

'Jesus said to her, "I am the resurrection and the life. The one who believes in me will live, even though they die.' John 11:25

#### Please join us at our services this Easter time.

Services from Palm Sunday to Easter Sunday will be online the link will be on the Benefice Newsletter and Church Near You.

Date 2021	Time	Service	Church
Sunday 4 <sup>th</sup> April			
Easter Day	11.00 am	Holy Communion	Bildeston
Me wia			
Sunday 11 <sup>th</sup> April Easter 2	11.00 am	Holy Communion	Semer
Sunday 18 <sup>th</sup> April Easter 3	11.00 am	Holy Communion	Whatfield
Sunday 25 <sup>th</sup> April Easter 4	11.00 am	Holy Communion	Nedging



Lunch club (By invitation only for previous attendees)	
Baptist Church 12.15 for 12.30pm start	1st Wed every month
Craft it Together	
01449 740716/741606 for details	Not yet restarted
Strollers & Striders	
Baptist Church Car Park 10.00	Not yet restarted
Baby and Toddler Group	
Baptist Church 9.15 to 11.30am	Not yet restarted
Mens Breakfast	
Baptist Church 8.00am	Not yet restarted
Church Bell Ringing Practice	
St. Mary Magdalene church bell tower 8.00 to 9.15pm	Every Tuesday
Bildeston Community Cycling	
Market Square 6.45pm	Tues 27th

The Bugle strongly advises checking with organisers to make sure any events in which you are interested are still on and what Covid-19 actions you might have to take.

Please tell us about your forthcoming events in **May** email: editor@bildestonbugle.co.uk

