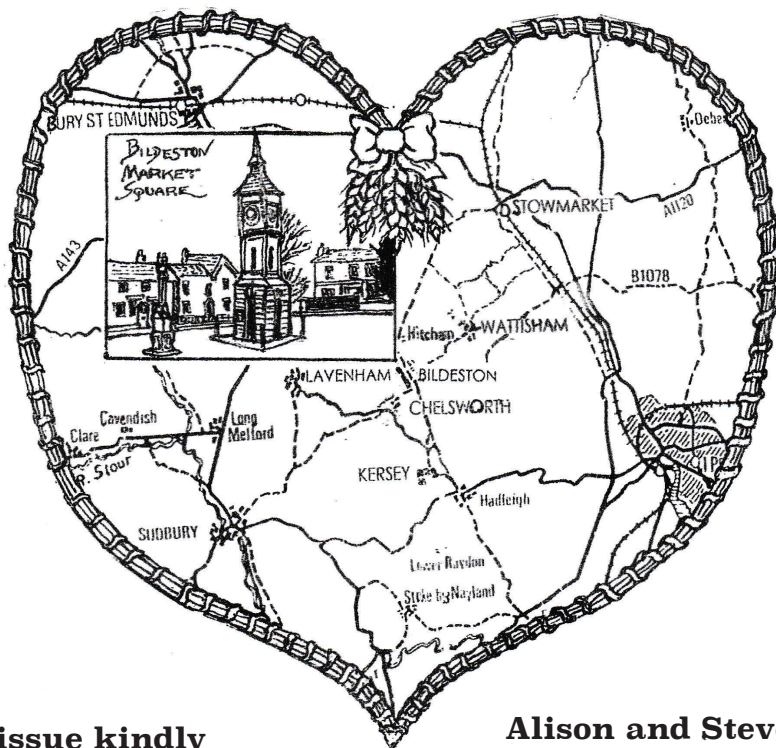


Issue number 361

November 2020

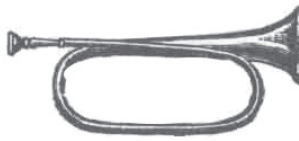


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celebrating 20 years
in Bildeston**

**The village magazine produced for the people of Bildeston
www.bildeston.org**

Bildeston Noticeboard public group | Facebook



BILDESTON BUGLE ADVERTISING AND FREE CONTRIBUTION INFORMATION

Our aim is to provide every resident and organisation in Bildeston with a magazine which provides information of local interest FREE OF CHARGE. To that end we are required to be efficient in the space we use to print free notices. We endeavour to include interesting items, announcements for events open to the general public for free and items of a charitable nature free of charge. Ongoing free announcements need to be reduced to minimum size or make a contribution towards printing costs. Please check with us before submitting your advert and ALWAYS provide us with all of your contact details in order for us to send an invoice and receipt.

email: editor@bildestonbugle.co.uk

Sponsor a 'Bugle' - £15 per issue

and have a brief message of your choice printed on the front of the Bugle

Advertising Rates

	1 issue	12 issues	
1/4 page	£5.00	£35.00	65mm W x 92mm H
1/2 page	£10.00	£60.00	134mm W x 92mm H
Full page	£15.00	£110.00	134mm W x 190mm H

THE SMALL PRINT

All adverts, payments and items are required before the 17th of every month for inclusion in the following month's issue (except December before the 15th).

The earlier free contributions are received the greater the chance of inclusion.

The Editorial Team are not responsible for the accuracy of articles or adverts and reserve the right to alter, shorten or refuse any item submitted for publication.

Ask for BACS details or make cheques payable to Bildeston Bugle and send to:

The Editor, Bildeston Bugle, 14 Squirrells Mill Rd, Bildeston IP7 7DY

If we do not receive payment by the 17th of the month your advertisement may NOT be included

The Bildeston Bugle Management Team is:

Alan Jacobs (Editor) 01449 741645

Tricia Baldwin (Marketing & Advertising Revenue)

Christine Hubbard (Treasurer) 01449 740633

Stuart Law and Alison Sims (Assistant Editors)

Pam Weaver (Distribution)

Lisa Chinery (Printing Assistant)

ED'S COMMENT

The world is full of mysteries. How did this virus really start? What exactly are the structures recently discovered deep under Stonehenge? What did happen in Rendlesham Forest in December 1980? What was it that crashed on Yorkshire's Howden Moor in 1997? What is it that makes the 4000 year old Egyptian statue suddenly spin wildly in the Manchester Museum? What are the big cats roaming parts of England's countryside? There are dozens of the most strange mysteries that could be added. You might have your favourite. Now, to any list, we could have added another mystery, much closer to home. What has happened to the blue plaque commemorating Kate Chamberlin re-opening the newly renovated Market Square Clock Tower in September 1987?

Tony Chamberlin made us aware of the situation in the Bildeston Noticeboard post. Given the in Sidgwick and to improve and and seating facilities Square, it was mystery and find happened to the it and put it back. about to ask if knew something. were amongst Council records records, as they co-councils. We



proposals by Robert the Parish Council enhance the look ties of the Market time to solve the out what happened, retrieve The Bugle was somebody surely Maybe details Babergh District or Parish Council are inscribed as were going to ask

them to organise a way of involving the local community to ask around, seeking any information, no matter how seemingly insignificant, and track down this important piece of our village history and restore it to its rightful place.

But, no need. It has been found! The details, at the moment are as mysterious as to how it got 'lost', but the summary Parish Council Minutes, confirm it has been found. Moreover, it will be refurbished, set on a brand new wooden plinth and restored to its place on the Clock Tower wall. Amongst all the doom and gloom of the constant coronavirus news, this is a good news story; the plaque found, to be renovated and finally restored on the wall of the Clock Tower.

Bildeston Clock Tower nestling in the Market Square, is an iconic feature of the village. It's our Unique Selling Point, with the War Memorial deliberately sited beside it all those years later. Bildeston Noticeboard uses the Market Square as their banner, the Parish Council uses the Clock Tower on their minutes page in the Bugle. For many people who didn't even know of its existence, the blue plaque will be a welcome addition to our iconic structure. Well done, whoever found it!!

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Bildeston Primary School

Learning and Growing Together



Our Grand Opening

Our newly refurbished school was officially opened on 9 October by staff, pupils, governors and contractors who were joined by James Cartlidge MP. We also had press coverage of the opening and so we appeared in the East Anglian Daily Times last week as they were keen to see and hear about the changes and how they will benefit the efficiency of our school building. Two of our school council representatives "cut the ribbon" at the opening!

Year 6 Environmental Letters

Whilst James Cartlidge was with us, two of our year 6 pupils took the opportunity to hand over their letters to the MP explaining how they felt we all could help our environment. They are currently working on the environment in class.



Harvest Assembly

Reverend Elke Cattermole joined the children at Bildeston Primary School for their Harvest assembly today, which was slightly different from their usual Harvest assembly. Due to the COVID pandemic and social distancing rules, pupils had to stay in their classrooms in their bubbles and the assembly was broadcast virtually which included wonderful parent participation!



Children brought donations of non-perishable foods which were displayed in their classroom bubbles. These donations will be collected



together and will be donated to Bildeston Food Bank. Thank you to everyone for their generosity.

Bikeability

Thank you to the Bikeability team who came three times over the last few weeks (due to the rain!!) to ensure that our Year 5 pupils completed the necessary cycle training to ensure that they continue to stay safe on our roads. Every child was handed a certificate and a badge for their participation.

If you are considering Bildeston Primary as a school for your child, we would welcome a visit after school hours due to Covid-19 restrictions. Please phone the office on the number below or email us. We would love to meet you.

Bildeston Primary School, Newberry Road, Bildeston, Ipswich, Suffolk, IP7

7ES

Telephone: 01449 740269 Website: www.bildeston.suffolk.sch.uk



OVER 60S CHRISTMAS LUNCH

Very sadly Chamberlin Hall Management Committee have had to cancel this year's planned Over 60s Christmas lunch.

We realise this will be a huge disappointment to all those who love to come and all those who, this year, could have come for the first time.

We haven't taken the decision lightly and hope everyone appreciates it is done in the spirit of helping to make sure our residents, many of whom are in a higher risk situation from the coronavirus, are kept safe and well and protected from unnecessary risks.

Rest assured we truly hope to make next year's Over 60s Christmas Lunch better than ever to help make up for the disappointment.

Meanwhile we thank all the volunteers and suppliers who were on standby and look forward to a very special event next year.

***Our Over 60's Christmas Lunch,
Unfortunately, Will Not Happen,
In All These Years,
Our Volunteers,
Thanks guys,
What a Lovely Bunch!***

***From Chamberlin Hall, We say With Glee,
to The Crown, Hayley, Chris and Crew,
We Send a Cheer,
See You Next Year,
With Luck,
It'll Be Virus Freeeee!***

Chamberlin Hall Committee



Chamberlin Hall

BILDESTON'S COMMUNITY VILLAGE HALL



To find out more call our bookings
secretary Debbie: 01449 740375
deb@chamberlinhall@gmail.com

What's on in November

For bookings contact: 07716 921514 or chamberlin.bookings@gmail.com

Mondays	10.00am	Line Dancing
Monday/Tuesday	from 3.45	MLSPA Performing Arts (07957 351941)
Every Tuesday	7.00pm	Snooker Club
Every Tuesday	7.00pm	Adult-dance-keep fit! (part of MLSPA)
Every Tuesday	7.15pm	Carpet Bowls
Wednesday	6.30pm	Drama Group (call Debbie: 01449 740375)
Every Thursday	10.30 -11.30am	Zumba Gold with Sarah
Thursdays	6.30-7.30pm/7.40-8.40pm	Badminton
Every Friday	11am	Pilates for Improvers (call Claire: 07900 440141)
Every Friday	from 12.00	Pilates for Beginners (call Claire: 07900 440141)
Sat 28th	10.00am to 2.00pm	Christmas Market

Chamberlin Hall
Bildeston

Christmas Market

November 28th
10am - 2pm
Free Entry
Refreshments Available

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OUR AREA IS CURRENTLY TIER 1

Covid- Tier 1 - Medium Alert: what it means for you

How long will the restrictions be in place?	The restrictions and regulations are reviewed every 28 days.
Meeting with others	You can see people from different households both indoors and outdoors, but only in groups of up to 6 people.
Travel and transport	There are no restrictions on travel or use of transport.
Staying overnight	There are no restrictions on staying overnight somewhere other than your house. But you can only go away with those outside your household or support bubble in a group of up to 6.
Going to work	You should work from home where possible. Where this isn't possible, workplaces should be coronavirus secure.
Shops	These can remain open.
Hospitality	Restaurants, pubs, cafés and other hospitality venues remain open. However, they must close by 10pm and provide table service.
Exercise and sporting activity	Gyms can remain open. Organised sport and licensed physical activity are allowed in indoor and outdoor settings. You can't attend sporting events such as football matches.
Places of worship	They can open subject to the rule of six, but it's best to check with your place of worship. There are exceptions for weddings and funerals.
Weddings and civil partnerships	Up to 15 people can attend a wedding ceremony and a coronavirus secure sit-down reception.
Funerals	Up to 30 people can attend someone's funeral and up to 15 people can attend someone's wake.
Care home visits	The local decisions about care homes visits continue to apply.
Public buildings, such as libraries	These can remain open.

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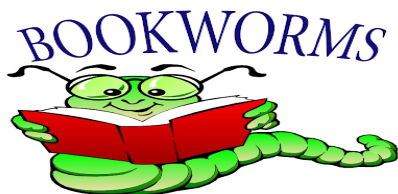
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Email: stuma1@hotmail.co.uk



BILDESTON BOOKWORMS

First I would like to say a BIG welcome to all of our new members!!!
It's nice that we have reached the surrounding villages too!

We are now up to 10 members and have chosen our first book to read.... **Fragile Lives** ... a heart surgeon's stories by **Stephen Westaby**.

Having just picked up the book in the last few weeks most of us are still reading, but the feedback so far has been a bit mixed. One lady has almost finished and couldn't put it down, enjoying it greatly and another tried hard but has struggled to finish reading it. As for myself, I am about 3 chapters in and, whilst it is a difficult read, (having been written by a surgeon, some of the text is very matter of fact when dealing with... well mostly death at the moment) I will keep going.

I am the eternal optimist and always hope for better and infact the last chapter did succeed in cheering my soul ☺. Its certainly a very enlightening book giving great detail and description on early heart operations.

Our first meeting (virtual) will be on Thursday 12th November and I am sure we will have a great many different opinions and perspectives on this particular book, which is what Bookclub is all about. At the meeting it will be time to chose a new book to take us into December.

If you feel you might be interested please do give me call **07900 164566** or send a message via whatsapp or the facebook page and remember.... Keep reading!!

ROYAL BRITISH LEGION REMEMBRANCE 2020

For obvious reasons there will be no door to door collections this year in Bildeston and neighbouring villages. It is hoped that our pubs, shops and the school will again have poppies and collecting tins for your donations.

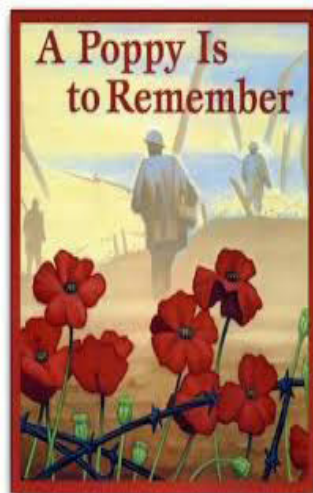
*There will be the usual Service of Remembrance from 10.45 in The Square on **SUNDAY 8th November** where there will also be the opportunity to donate.*

Due to Covid restrictions it will need to follow government guidelines so we can remember our war time heroes safely.

The restrictions will be:-

- 1). There will be no singing*
- 2). 2 metre social distance between household bubbles*
- 3). Poppies will be available from a self service table*

Thank you



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Bildeston Ladies Club

I would like to pass on to you the thanks that I have received from both Audrey and Vicky in response to our donation of £700 to the Suffolk Oxygen Therapy Centre. In her email Vicky describes you ladies as "an inspiring crew"!



Since the last issue of the Bugle was published, we have made the decision to close the club for the foreseeable future. With the regulations changing and the virus on the increase, it seemed to be the most sensible decision.



Having made such a success of our charity fundraising last year, I have been spending time planning how we can do our best for this year in supporting the Bileston Food Bank. I have begun work on a Christmas Quiz which could provide for some entertainment within our "Bubbles" and which we can sell to friends and neighbours. Look out for full details in the December Bugle.

If you are able, please keep saving that spare change and continue to add items to the Food bank boxes around the village - with more businesses struggling and news of more job losses it seems to be a very easy way of supporting those locally who are less fortunate than ourselves.

Most importantly, do keep yourselves safe and please feel free to give me a call if you just need a chat.

Chairlady: Jo Silburn - 01449 257045

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Nigel, Susie, Ryan, Freya and the Kings Head team send their very best wishes and **hope everyone is keeping safe and well...**

www.bildestonkingshead.co.uk

- Whilst taking a **cautious interpretation of the government guidelines** and **adhering to the new rules/restrictions**, we are providing a relaxing and enjoyable pub experience. You will be greeted with a warm welcome, there's plenty of cover and blankets to keep you dry and warm outside. Or a safe environment inside with four socially distanced tables and a log burner for winter dining. Please come round to the back of the pub, use the hand sanitiser provided and find a table in the garden or wait to be seated inside...
- On **Sundays at 3pm**, weather permitting, there's a carefully organised **Open Mic** with socially distanced solo acoustic performances in the beer garden. We also have **free live music**, volume controlled, in the beer garden on **Saturday 31st October at 7pm** with **Serena Grant** and on **Saturday 21st November with Graham & Jim** celebrating some local birthdays, namely Clive, Raymond and a big one for Kevin!
- The **Kings Head kitchen is open** with a reduced menu plus six to eight daily specials and on **Sundays a full roast lunch**. Food will be served **5 – 9pm Fridays, 12 - 2pm & 6 - 9pm Saturdays and 12 - 3pm Sundays**.
- Baby steps, but by **maintaining social distancing, with extra cleanliness and by staying alert we will protect the NHS and save lives**. Additionally, **if you are feeling unwell, please stay at home and seek NHS advice**.
- A **detailed risk assessment** has been published on our website and will be reviewed regularly.



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Megan Pryke
VTCT, BABTAC
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DON'T GO HUNGRY

Are you self-isolating or in quarantine?

Has work dried up or you have very little money?

In these difficult times **nobody** should go hungry.

If you and your family are struggling to put food on the table, we can help.

Bildeston Food Bank is a discreet service for Bildeston residents.

Call us on **0333 335 5254** (local call charges)
or email **bildestoncsg@gmail.com**
in strictest confidence

If you can help support Bildeston Food Bank, we would love to hear from you too.

We need tinned and dried food and toiletries.

Donation drop-points:

9-11 Duke Street
150 High Street

2 Brookfield
3 Manor Road

Bildeston Village Stores



Bildeston
CORONAVIRUS
SUPPORT GROUP

PLEASE
TURN OVER

Does anyone have spare carrier bags please. We are running low at the Bildeston Food Bank. If you do, please leave them in the collection bin outside 9-11 Duke Street. Thank you

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SESAW NEWS FOR NOVEMBER

There's no doubt about it, Autumn has well and truly arrived, although I'm a little confused. Mum says her clock has gone back (but to where?) then adds "Winter drawers on" with a sort of smirk. She also says look out for hedgehogs nesting in the bonfire before you set light to it and keep all your pets safe indoors as the firework season approaches. Now that I DO understand.

Our indefatigable fundraisers will be at the Bridge Farm Barns Festive Fair on Saturday 14th November in Monks Eleigh, IP7 7AY. Sheila and Elaine have oodles of "classy stuff" and Jeanette will be running her Terrific Tombola. If you have any last minute items that might suit either stall, please leave them, clearly marked "TOMBOLA" or 'CLASSY', at SESA W or phone 07881 785535 to arrange collection. We can also accept vintage and antique items for next year's sales. By the way, Sharon is now making a Christmas range of masks, please phone Jayne on 07720 079370 to order. Despite restrictions, Joan has secured a place for SESA W at the Christmas Tree Festival in St. Peter's Church in Sudbury next month. She is busy assembling mug shots of the volunteers to decorate the boughs, I wonder who will be the fairy at the top. This annual celebration is a wonderful start to the festive season and a beautiful sight to behold. Perhaps Mum will let one of the SESA W animals visit the Festival, maybe even me, (Kenny the Boss) Chihuahua.

Suffolk & Essex Small Animal Welfare, Reg.Charity No.1124029. Stoke Road, Leavenheath, CO6 4PP. 01787 210888 www.sesaw.co.uk info@sesaw.co.uk





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Bildeston Sports Field Pavilion



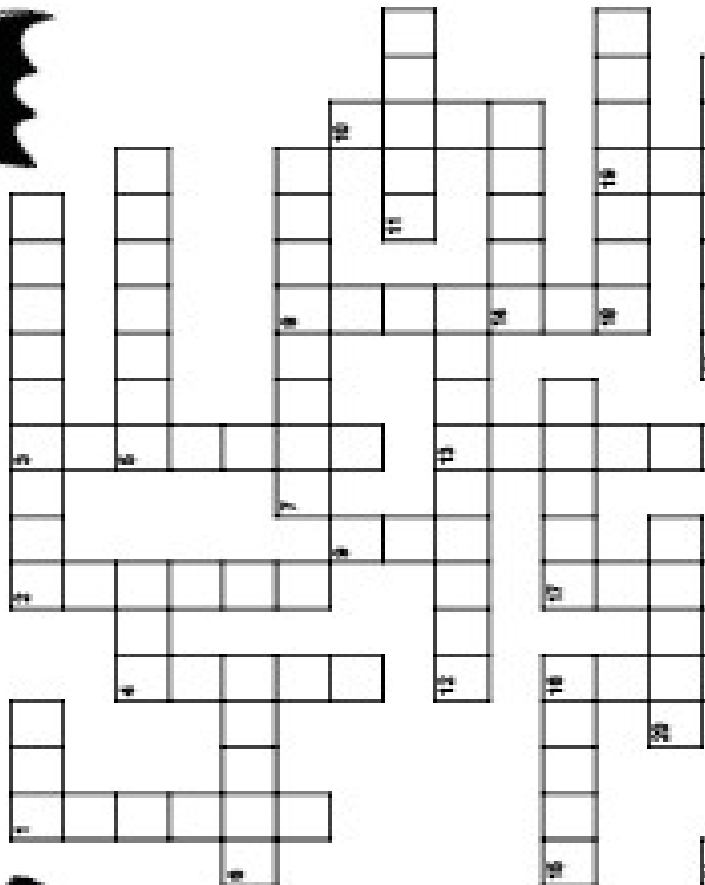
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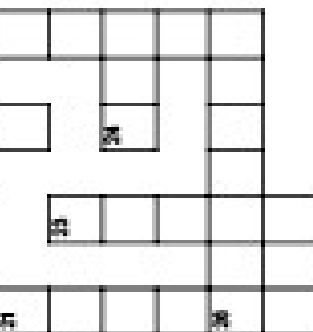
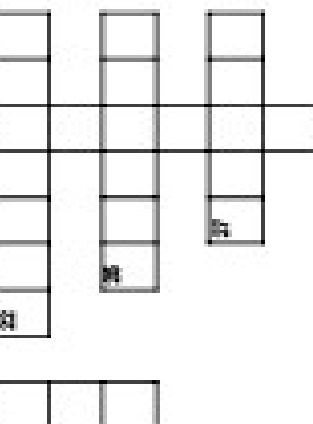


Halloween



Across

1. He swallowed the canary.
2. Playground for ghosts.
4. What a spider spins.
5. Frankenstein has one.
6. When ghosts come out to play.
7. Score.
11. What the pot might call the kettle.

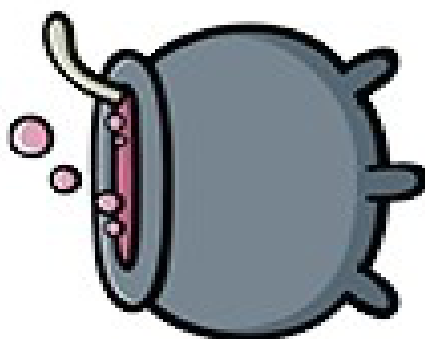


12. October 31st,
14. _____ or treat.
15. Witch transportation.
17. Frightening.
18. The Count.
20. A skeleton is just a bunch of these.
22. Disguise.
24. Lives in the belfry.
25. Incey wincey is one of these.
26. Main ingredient in a popular pie.
27. _____ stories.

Down

1. Where a vampire sleeps.
2. Evil or mischievous creature.
3. He hates garlic.
4. Samantha for example.
8. _____ house.

9. Whoo? Whoo?
10. Mr. O'Lantern.
13. Comes out on full moon nights.
16. Might be full, half, or new.
17. A boney sort of fellow.
19. Fire burn, and _____ bubble.
21. When something makes our skin crawl, it's this.
23. Found in Egypt.



ANNOUNCEMENT FROM STUDIO 66

I trust you and your families are well and staying safe in these very uncertain times.

I would firstly like to thank you all for supporting Studio 66 since reopening in July. But since the first rush the initial footfall has fallen off, therefore I've had to take the decision to **close on Tuesdays** and remain open as usual on Wednesday, Thursday Friday and Saturday until further notice.

Hopefully this won't be for long and Studio 66 can return back to normal trading very soon. Once again thank you for your continued support.

Darlene Studio 66

Safety Tips for Fireworks and Bonfire Night 2020

For better or worse, bonfire night celebrations will be a bit different this year.

Remember for all gatherings you must adhere to the Rule of Six and Hands – Face – Space.

If you are holding your own bonfire night celebrations during the period around bonfire night then please discuss your plans with your neighbours (especially if they have pets or livestock) and follow these guidelines:

Bonfires

- Please make sure your bonfire is hedgehog safe
- Make sure your bonfire wood is dry as burning damp materials will cause excess smoke
- Make sure you are not burning pollutants such as plastics
- Follow guidance from Suffolk Fire Service regarding taking precautions so your bonfire doesn't get out of control and put excess pressure on emergency services

Fireworks

- Follow the law about who can buy fireworks and when they can be set off.
- Every year despite annual safety warnings, firework celebrations still end in painful injuries for too many people, including very young children. Follow the Firework safety guidelines
- Buy fireworks labelled 'low noise/silent' to avoid stressing local pets and animals.
- Do not let off fireworks in public places such as a park or your street
- If you are setting off fireworks in your garden make sure your fireworks are appropriate for the size of your garden and follow the safety instructions and firework code.

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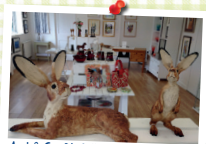
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Recipe of the Month

Sausage Casserole with Giant Mashed Potato Dumplings

with thanks to Alison

Ingredients

Serves 4

6 sausages

Olive oil

800g potatoes

2 heaped tsp wholegrain mustard

2 large carrots

2 leeks

3 tbsp HP (brown) sauce

2 x 400g tins mixed beans

1 x 400g tin plum tomatoes



Method

- 1 Place sausages in a large non stick casserole pan on a medium heat with 1 tbsp olive oil and brown for 10 minutes, turning regularly. Remove to a plate leaving the pan on the heat
- 2 Peel and chop the potatoes into even sized chunks and cook in a large pan of boiling salted water for 15 minutes. Drain and leave to steam dry. Mash well with half of the mustard, then season.
- 3 Trim and chop carrots and leeks into 2cm chunks. Stir these into the fat in the pan and cook for 15 minutes. Stir the HP sauce and remaining mustard into the veg and pour in the beans juice and all. Add the tomatoes breaking them up with a spoon then stir in 1 tins worth of water. Bring to the boil and cook for a further 10 minutes and season to taste.
- 4 Preheat the grill to High. Score the sausages and sit them cut side up in the stew. When the mash is cool divide this into 4 compact balls, push these into the stew and brush with 2 tbsp of oil.
- 5 Grill on the top shelf for 15 minutes or until golden and bubbling.

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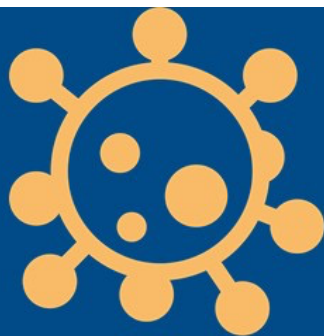
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Visit our website [sudburycab.org.uk](https://www.sudburycab.org.uk)

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BILDESTON PARISH COUNCIL



DRAFT Summary Minutes of a Virtual Council meeting (using Audio-Conferencing) held on Wednesday 14th October at 7.00pm

Bildeston Parish Council

The Parish Council have been meeting virtually since COVID came along and turned our lives upside down.

Together with County & District Councillor Robert Lindsay the Parish Council have been lobbying Suffolk County Council and the Police for a 20mph limit on the main road through the village.

Remembrance Day will be commemorated on Sunday 8 November in the Market Place, with COVID social distancing restrictions in place. The Royal British Legion will not be carrying out their usual door to door collection and sale of poppies, however, there will be tables in the Market Place for donations.

The new village sign is underway, the design has been agreed and we await delivery next year.

The Bildeston food bank continues to help families in the village and surrounding areas.

There will be a public consultation for the proposed alterations to the Market Place to allow for more seating.

The plaque that was once on the Clock Tower has been found! It will be refurbished, mounted on a new wooden back board and reinstated.

The Christmas tree has been ordered and will be put up in the Market Place at the beginning of December to start the festive season in Bildeston.

There are 2 Casual Vacancies on the Parish Council, if you would like to help your community and join your Parish Council, please email clerk@bildeston.suffolk.gov.uk

**Angela Chapman
Clerk to Bildeston Parish Council
clerk@bildeston.suffolk.gov.uk**

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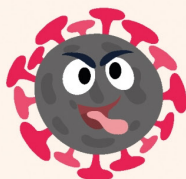
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CORONAVIRUS

Facts for Kids



WHAT IS CORONAVIRUS?

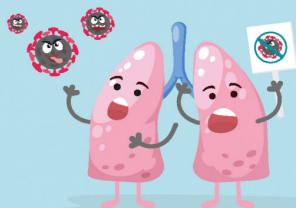
A coronavirus is a type of virus. Coronavirus (COVID-19) is a new strain of coronavirus, which means no-one has caught it before and our bodies are not immune (protected) from it yet. It spreads very quickly and is making a lot of people poorly at the moment.

HOW DOES A VIRUS WORK?

1. Your body is made up of millions of tiny cells.
2. Viruses can't survive outside the body for long, so they try to get into our cells.
3. When viruses get inside our cells, we get infected.
4. Once a cell is 'infected', the virus multiplies and can spread around the body.
5. Our body produces antibodies that fight the virus and help us get better.

WHY IS CORONAVIRUS DANGEROUS?

If the virus gets into the cells in our lungs, it can stop the cells from doing their job, which is to help us breathe.



WHO CAN CATCH IT?



Children can catch the virus just as easily as adults, but it doesn't make them as poorly.

Adults who are already poorly and elderly people are the most affected, but most people can get better from it.

HOW CAN WE PROTECT OURSELVES?

The virus can spread very easily and we carry it and pass it onto others even if we don't feel poorly ourselves. There are 2 important things we can do to protect ourselves, our friends and our family.



WASH YOUR HANDS

Washing your hands with soap and water helps get rid of the virus. This will prevent the virus from getting into our bodies and spreading to other people. Let's all remind one another to wash our hands!



AVOID OTHER PEOPLE

To stop the virus spreading, we need to keep away from other people and stay at home for a time. But don't worry - life will go back to normal!

HOW ARE SCIENTISTS TRYING TO KEEP US SAFE?

Scientists are working hard to find a Coronavirus vaccine. A vaccine can help protect the body from being infected.



REMEMBER

IT ISN'T YOUR FAULT IF SOMEONE YOU KNOW CATCHES CORONAVIRUS.

BILDESTON'S WHO'S WHO

This month I spoke with Debbie Bailey. Debbie grew up in Ipswich and left home at 15 bound for Cambridgeshire and a tumbledown riding school. The hours were long and she worked four days from 6am till 5pm and two days from 6am till 10pm and slept for most of the seventh day! The house was a wooden construction, cold and draughty. In winter the bedroom window had ice on the inside, which is why she slept in a woolly hat; and in the night cute little mice would rummage through her knicker drawer in search of chocolate her mother had sent! Debbie had full board which included sour milk on her cornflakes and baked beans with everything and earned £8 per week! She stuck it for a year before moving to a riding school in Clacton where she had a warm bedroom and learnt to drive 'The Muck Truck'. Debbie also had her first experience of performing arts. The BBC asked the school to provide horses for the TV series Hi-De-Hi being filmed in nearby Dovercourt. Debbie moved to Newton Hall Equitation Centre where she qualified to be a riding instructor and stayed on as staff until she married Kevin in 1983.

Three children and fourteen years later Debbie and Kevin moved to Bildeston. Firstly to Wattisham Rd, then Wheatear (by the church) then in 1999 to The Post Office (now The Old Post Office) ... their front windows are the ones that light up the whole street at Christmas! Debbie loved her little Post Office with her original rubber hand stamp and set of traditional scales with brass weights! She got to know all of their customers, and she is happy to say many of them have remained friends, One of Debbie's best memories was when Tim Yeo, the conservative MP, came in to the shop on a campaign tour. As he left he said if there was anything he could do for the village just let him know, so Debbie told him of their unsuccessful campaign to have a zebra crossing in the High Street. A few months later the crossing was installed. It always pays to ask!

Debbie's Hi-De-Hi experience had sparked her creativity and she loves writing scripts and sketches as well as performing on stage and playing drums, so it wasn't long before she joined the drama group and had roles such as Cinderella, Jack (beanstalk), Robin hood, Fairy Aubergine, King Rat, and Nanas the monkey...twice! Debbie recently wrote a panto, for Sleeping Beauty. She directed, played the Fairy Godmother and played drums with the band. Debbie said it was exhausting but great fun!

Debbie still teaches riding and spends as much time as she can with her lovely horse Bee. She is currently on the management committee at Chamberlin Hall and runs the drama group. Debbie recently organised the Scarecrow Competition which she said was great fun and she is working on something for Christmas, so watch this space! Debbie says Bildeston is the perfect place to live, set in the middle of amazing countryside and a hive of activity! Before Covid there was always something fun happening. Let's hope it's not too long before we can start enjoying each others company again.

Help us keep our communities safe

Police advice on a variety of subjects can be accessed
via <https://www.suffolk.police.uk/advice>

To report something, or to otherwise contact Police, use
the link <http://www.suffolk.police.uk/contact-us>

To report something anonymously call Crimestoppers on 0800 555 111 or
visit www.crimestoppers-uk.org

Alternatively call **101** for non-urgent matters.

Always call 999 in emergencies, or if an immediate police response is required.

Police Connect Team



STOWMARKET CHORALE NEWS

Get in the Christmassy Mood! Zoom Singing 7.30 p.m. Wednesdays – 25th November to 16th December 2020. We're inviting you to join with our long-established choir Stowmarket Chorale, in singing Christmas carols on Zoom, led by our musical director Benedict Collins Rice and our assistant musical director Will Baldry.



Benedict read music at Cambridge University where he founded the Façade Ensemble specialising in 20th Century chamber music. Amongst his many current musical involvements, he runs the choral conducting programme at Morley College and teaches at the London Youth Conservatoire. He has recorded for BBC television and has broadcasted live on Radio 3.



Will studied music and held an organ scholarship at Royal Holloway, University of London. As well as being accompanist to Stowmarket Chorale, Will is also organist and assistant director of music at Ipswich School. As an organist he has performed live on BBC Radio Suffolk and on BBC 1's Songs of Praise.

There is no charge for membership of the choir this term so feel free to try us out without obligation. We are a friendly bunch of people who will make you feel very welcome. The wearing of Christmassy hats, earrings and jumpers is optional – some bright sparks will certainly be wearing them!

If you are interested, please get in touch with Adrienne at

membership@stowmarketchorale.org. and we'll send you a link to join. We would love to hear from you.

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SUFFOLK GOOD NEIGHBOUR NETWORK

The Suffolk Good Neighbour Network is growing. Volunteering, neighbourliness, and living in a supportive community has never been more important than this year. Our Suffolk Good Neighbour Network is always growing and welcoming new schemes & groups from far and wide across our wonderful county; with those who join committing to creating safe & sustainable voluntary initiatives run by groups of local residents, who want to help their community members to enjoy a better quality of life by offering them support with everyday tasks. In turn this helps to build stronger and more resilient communities where people know each other and help out where needed, and where loneliness & isolation are alleviated as there are Good Neighbours to connect with.

Over recent months we've supported and welcomed IP3 Good Neighbour Scheme, the Holbrook Helpers, Ipswich Community Support, Theberton & Eastbridge Good Neighbours, Rushmere Good Neighbour Scheme, Haverhill Good Neighbour Scheme, and Maidenhall Together to our network, with many other schemes and groups in the pipeline yet to come.

One thing that all of these community groups have in common was that they have blossomed and grown out of temporary emergency mutual aid, or coronavirus support groups. They also recognised the value and positive impact that their voluntary activity had had within their communities, that there were ongoing and pre-existing needs within their communities that their volunteers could support with, and that there would be clear benefits to maintaining or developing their activities, and transforming their groups into permanent, safe & sustainable members of the Suffolk Good Neighbour Network.

Community Action Suffolk's Good Neighbour Network Development Officer and The Suffolk Good Neighbour Network is here to support you and your community to develop its own safe & sustainable Good Neighbour Scheme or community support group, and we offer free tailored support, specially designed resources, and learning & networking opportunities to help you on your Good Neighbour journey...so why not get in touch and find out more about how you could join the Network!

Email: jane.arkley-crouch@communityactionsuffolk.org.uk

Or call Jane our Good Neighbour Network Development Officer on 07884 563370

**Benefice of Bildeston w Wattisham, Lindsey, Whatfield and Semer,
Nedging and Naughton.**

Pastoral Letter – November 2020 from Revd Elke Cattermole

"I thank my God in all my remembrance of you"

Philippians 1:3



It is a lovely feature when remembrance and gratitude are bound up together. In our past personal relationships, it is a great thing to have nothing but happy memories.

We have been through a difficult year as a country because of the Coronavirus pandemic. Many may have lost loved ones either through the pandemic or other illnesses.

This year of 2020 we see how our armed forces were not just involved in helping countries who are embroiled in conflicts across the world. But how they have supported the NHS in this country during this worldwide pandemic

November always brings us back to remembering all those who died for this country in the two world wars and subsequent conflicts.

Many celebrations to commemorate VE day & VJ day had to be curbed and we do not quite know how much Remembrance and Armistice Day services will have to be scaled down.

Yet the wearing of the red poppy the symbol made by war veterans and organised by the Royal British Legion since 1921 has always been a very personal and emotional outward sign of remembrance. This remembrance also incorporates those who sought to be healed from the trauma of war and the community voicing this commemoration. I said at the beginning it is a great thing to have nothing but happy memories. Men and women serving on the front line have a comradeship that will lead to fond memories, but the destructive nature of war invokes dark emotions.

There must be a new hope for the future to overcome the difficulties that may occur in our everyday lives.

Jesus gives us a new Hope. Jesus said *'Come to me, all who labour and are heavy laden, and I will give you rest'* Matthew chapter 11:28.

God through Jesus Christ is our Hope of an eternal future. Knowing His presence through all of life's joys and sorrows gives us the confidence and courage to go on.

Blessings to you all this month as we commemorate all those who sacrificed their lives for us.

**Revd Elke
Rector**

**Benefice of Bildeston w Wattisham, Lindsey, Whatfield w Semer
Nedging and Naughton**

CHURCH SERVICE ROTA for NOVEMBER 2020

Date	Church	Service	Time
Sunday 1 st November 2020	All Saint's, Semer	Holy Communion	11am
	St Mary's Naughton	Morning Prayer	11am
Sunday 8 th November 2020	St Mary's Nedging	Remembrance Sunday Service	10.45am
	Bildeston Square	Remembrance Service	10.45am
	All Saint's Church, Semer	Remembrance Sunday Service	10.45am
Wednesday 11 th November 2020	St Margaret's Church, Whatfield	Remembrance Service Armistice Day	10.45am
Sunday 15 th November 2020	St Mary Magdalene Church, Bildeston	Holy Communion	11am
	St Mary Church, Nedging	Morning Prayer	11am
Sunday 22 nd November 2020	All Saint's Church, Semer	Holy Communion & Baptism	11am
	St Mary's Church, Naughton	Morning Prayer	11am
Sunday 29 th November 2020	St Mary Magdalene Church, Bildeston	Holy Communion	11am
	St Margaret's Church, Whatfield	Morning Prayer	11am

Face Masks must be worn in church. There will be no singing.

To arrange baptisms, weddings etc. please contact the Revd. Elke Cattermole
email revdelkecattermole@gmail.com or phone 01449 403698

**BILDESTON BAPTIST
CHURCH**

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Email: bildestonbc@gmail.com

Service every Sunday morning at 10:45

**We are following government guidelines during
covid-19, therefore we regret to say that we are unable
to hold the Community Coffee Centre at the present
time and, although we have recommenced Lunch Club,
we have to restrict it to those who have previously
attended and by invitation only.**



Lunch club (By invitation only for previous attendees)

Baptist Church 12.15 for 12.30pm start.....1st Wed every month

Craft it Together

01449 740716/741606 for details.....Not yet restarted

Strollers & Striders

Baptist Church Car Park 10.00.....Not yet restarted

Baby and Toddler Group

Baptist Church 9.15 to 11.30am.....Not yet restarted

Mens Breakfast

Baptist Church 8.00am.....Not yet restarted

Church Bell Ringing Practice

St. Mary Magdalene church bell tower 8.00 to 9.15pm.....Every Tuesday

Remembrance Day Service

10.45am Market Square.....Sun 8th

Christmas Market

Chamberlin Hall 10.00am to 2.00pm.....Sat 28th

**The Bugle strongly advises checking with organisers
to make sure any events in which you are interested
are still on and what Covid-19 actions you might have to take.**

Please tell us about your forthcoming events in **December**

email: editor@bildestonbugle.co.uk



When you're finished with this Bugle please pass it on or recycle it.