

This issue kindly sponsored by -

St. Mary Magdalene Church 'Surely goodness and mercy shall follow me all the days of my life: and I will dwell in the house of the LORD for ever.'

The village magazine produced for the people of Bildeston www.bildeston.org

Bildeston Noticeboard Public Group - Facebook



BILDESTON BUGLE ADVERTISING AND FREE CONTRIBUTION INFORMATION

Our aim is to provide every resident and organisation in Bildeston with a magazine which provides information of local interest FREE OF CHARGE. To that end we are required to be efficient in the space we use to print free notices. We endeavour to include interesting items, announcements for events open to the general public for free and items of a charitable nature free of charge. Ongoing free announcements need to be reduced to minimum size or make a contribution towards printing costs. Please check with us before submitting your advert and ALWAYS provide us with all of your contact details in order for us to send an invoice and receipt.

email: editor@bildestonbugle.co.uk

Sponsor a 'Bugle' – £15 per issue and have a brief message of your choice printed on the front of the Bugle

Advertising Rates

	1 issue	12 issues	
1/4 page	£5.00	£35.00	65mm W x 92mm H
1/2 page	£10.00	£60.00	134mm W x 92mm H
Full page	£15.00	£110.00	134mm W x 190mm H

THE SMALL PRINT

All adverts, payments and items are required <u>before</u> the 17th of every month for inclusion in the following month's issue (except December before the 15th). The earlier free contributions are received the greater the chance of inclusion.

The Editorial Team are not responsible for the accuracy of articles or adverts and reserve the right to alter, shorten or refuse any item submitted for publication.

Ask for BACS details or make cheques payable to Bildeston Bugle and send to:

The Editor, Bildeston Bugle, 14 Squirrells Mill Rd, Bildeston IP7 7DY

If we do not receive payment by the 17th of the month your advertisement may NOT be included

The Bildeston Bugle Management Team is:

Alan Jacobs (Editor) 01449 741645
Tricia Baldwin (Marketing & Advertising Revenue)
Christine Hubbard (Treasurer) 01449 740633
Stuart Law and Alison Sims (Assistant Editors)
Pam Weaver (Distribution)
Lisa Chinery & Tracey Rose (Printing Assistants)

BILDESTON CORONAVIRUS ADVICE

Public Health England has released new guidance. The advice states:

- * If you have symptoms of the virus a cough or a temperature of 37.8C (100F) or more, do not to go to work, school, or public areas, or use public transport or taxis;
- * Those with even mild symptoms of infection should stay at least two metres (6 feet 6 inches or 2 big adult steps) away from other people in their homes, and should sleep alone and stay at home for 14 days;
- * Those with confirmed or suspected cases should use a separate bathroom;
- * People with symptoms should look for information on the NHS website and 111 online. Do not go to a Health Centre, pharmacy or hospital.

Bildeston Health Centre has issued the following statement:

As from 16th March we are no longer able to offer our open access morning surgery until further notice. There will be a triage system in place. This is to protect our vulnerable patients during the COVID – 19 period. We are currently doing urgent blood tests and INR testing. All current booked appointments are being reviewed by a clinician. For future appointments please contact us. The Dispensary is currently open as normal-however please do not crowd the waiting areas. The best way to contact us is through **e-CONSULT**- This is a blue box on the home page of our website https://www.bildestonhealthcentre.co.uk/By using this we will free up our phone lines.

What you can do to help us - Be patient. The telephone lines may well be busy as we too are short staffed and have limited telephone lines. Working in this way is new to us too. Do not stockpile medication – It is not helpful and causes delays to those in genuine need. Do not visit the surgery in person without good reason. Do not enter the surgery if you have a high temperature and/or a new continuous cough. If you have these symptoms contact 111 https://111.nhs.uk/covid-19 or 111 by telephone.

Meanwhile, **Bildeston Coronavirus Support Group** is being established as a group of volunteer Bildestonians who are offering to help by delivering groceries and medical supplies to any villagers that have to stay indoors. Contact Shaun Moffat, in confidence, on 01449 257136 or email shaun_moffat@yahoo.co.uk for further information. Alternatively, you can reach them through the Facebook Bildeston Noticeboard. The Parish Council fully supports this group.

The mark of a caring, supportive community is how it reacts at a time of crisis. Our community has already stepped up to that mark. The very best of Bildeston will be on display as those that can, help those that can't.

Let kindness go viral rather than the insidious COVID-19.



Kevin Hollings KITCHEN STUDIO



Unit 14 Lodge Works, Stowmarket Road, Old Newton, IP14 4EE 01449 257160 www.kevinhollings.com info@kevinhollingskitchens.co.uk

Bildeston Primary School

U9 Dodgeball Event

On 9 January, we sent a team to play in the U9 Dodgeball event at Hadleigh High School. They played against pupils from across the Hadleigh pyramid of schools.

On 17 January 2020 the children from Robin class entered an Under 7 multi skills event held at Hadleigh High School. Pupils were mixed with pupils from other schools to form teams and then competed against each other in small tasks to score as many points as possible. A fun time was had by all.



Roman Wow Day

On the 23 January Key Stage 2 pupils took part in an enrichment event all about the Romans. Pupils came to school dressed as Romans and took part in a range of activities. The morning began with some background information about the Romans, where they came from, their journey to Britain and life during that time. Pupils then divided into their classes. They either took part in a game called Delta, completed a quiz or listened to a talk about Roman artefacts - actually touching those artefacts to help bring the history to life. During the afternoon pupils looked at and tried on Roman armour and saw the weapons that they used. Pupils then took part in a mock battle. Wow days fire up children's imaginations and fill them full of enthusiasm about the topics they are studying.

Suffolk Energy from Waste Trip

On Monday 27 January, we took pupils in Kingfisher class on a science trip to the Suffolk Energy-from-Waste facility, in Great Blakenham. Within a packed two hour tour, they explored the visitor centre and had a tour of the facility. Thanks go to Oliver for his time!



Swimming Panathlon

Pupils across our federation were taken along to a swimming Panathlon event on Friday 31st January where they took part in individual races as well as team events. Each pupil came away with a medal and certificate for taking part.

PTFA Cinema Night

Our PTFA ran one of their very successful cinema nights for the children on Friday 7 February. All of the children came and relaxed on bean bags and cushions to watch one of their favourite movies, whilst enjoying popcorn!! Thank you to our PTFA for their continued support!

If you are considering Bildeston Primary as a school for your child, we would welcome a visit. Please phone the office on the number below or email us. We would love to meet you.

BILDESTON

Bildeston Primary School Newberry Road, Bildeston, Ipswich, Suffolk, IP7 7ES Telephone: 01449 740269 Website: www.bildeston.suffolk.sch.uk

CHAMBERLIN HALL MANAGEMENT COMMITTEE RESPONSE TO THE CORONAVIRUS SITUATION.

In mid- March the decision was taken to cancel events at Chamberlin Hall for the next month or so involving large numbers of people gathering together— these included the Race Night, Cabaret Evening, Bingo and Indoor Market. Regular clubs and fitness groups have each been left to make their own decisions in this regard. The hall will remain open for hire, but we will not be supporting any events in terms of staffing the kitchen or bar. We endeavour to maintain a high standard of cleanliness at the hall and have made these decisions as a measure to help to protect our village population.

Jo Silburn, secretary CHMC

VACANCY: SECRETARY FOR CHAMBERLIN HALL COMMITTEE

This voluntary position involves taking minutes, circulating and keeping official records and documents and being part of the active committee.

Anyone interested in joining our friendly committee,

please contact: **chamberlin.bookings@gmail.com**

THE HENRY MORPHEW LEGACY FUND

The Henry Morphew legacy exists to provide financial assistance for a wide range of group activities and projects which will benefit the Bildeston community.

The fund is administered by the Kings Pightle Nature Reserve trustees, and applications for grants from the fund should be sent (in advance of expenditure)

to: The Secretary, The Kings Pightle Nature Reserve,
5, Church Road,
Bildeston,
Suffolk.

(01449 740778)



What's on in April

from 3.45

monday, racsaay	1101110.10	W12317 (1 e1101111111 g 7 4 t3 (07737 031741)
Every Tuesday	7.00pm	Snooker Club
Every Tuesday	7.00pm	Adult-dance-keep fit! (part of MLSPA)
Tuesday	7.15pm	Carpet Bowls (practice night & home games)
Wednesday	6.30pm	Drama Group (call Debbie: 01449 740375)
Every Thursday	7.30pm	Badminton Club and Table Tennis
Every Thursday	10.30am-11.30	Zumba Gold with Sarah
Every Thursday	6 - 7.15pm	Yoga contact: catherinerolfeyoga@gmail.com
Every Friday	11am	Pilates for Improvers (call Claire: 07900 440141)
Every Friday	from 12.00	Pilates for Beginners (call Claire: 07900 440141)

For bookings contact: 07716 921514 and chamberlin.bookings@gmail.com Some events may not take place due to Coronavirus. Please check

Defibrillator Training Session



Monday/Tuesday

Thanks to all those who attended the Defibrillator training session held at Chamberlin Hall. The general comment was that people now felt that they had the confidence to assist in an emergency. The new machine is housed outside the front door of the hall and can be accessed using a code which will be given to the caller having dialled the emergency services. We would like to express our gratitude to Mary Marshall for running the training

MI SPA Performing Arts (07957 351941)

session. As a local First Responder Mary and the others in this vital team give up so much of their time to support our local community.

Thanks also to Robert Lindsay, the Henry Morphew Trust and the Bildeston Bugle for the funding they provided towards the purchase of this equipment.

Jo Silburn, secretary CHMC



BILDESTON

ALLOTMENTS

Have you ever thought of growing your own vegetables and flowers?

There are currently vacant plots, both full size and half size. Water is available on site, and the rents are reasonable.

If you are interested, please contact:
Robin Weaver, 741048, or Ashley Hubbard, 740633



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ED'S COMMENT

Well, it's April, and I suppose we shouldn't be surprised if the Bugle receives some strange items people would like us to publish. Rarely, if ever, do we receive a letter passing on good wishes to the wonderful team of volunteers who get the Bugle out every month. We do, however, get the odd complaint. Take this one, for instance: "Dear sir,

I wish to complain about the mistake in last month's Bugle. This was the Bugle for March. Yet, on the back page it clearly publicised an Aladdin panto for the 1st. I heard from many villagers how good this year's panto was and so went to the hall to buy tickets for that date. I parked my car, got out and went to the door. It was locked, but outside were some props, including an old lamp, which I assumed was from the Aladdin panto. I picked it up and as it was damp, gave it a quick rub to dry. A sudden shout from behind gave me a real start and I spun round. A start is one thing, a complete shock quite another. Nothing prepared me for what I saw with my own eyes. Laughing to myself I thought I might see a genie all dressed in blue. Imagine my total shock, then, when I saw a tall figure dressed from head to foot in bright, flourescent yellow! I kid you not!

I dropped the lamp, jumped back into my car and drove off. I later discovered there was no panto in March, and the 1st wasn't even a Saturday.

Yours still shaking with shock... etc. Name and address supplied.

Firstly, the Bugle sincerely apologises to that person and, indeed, any others, who went looking for tickets to the amazing Aladdin panto for the 1st March. My responsibility entirely, I missed deleting the 1st Feb date from the back page. However, other reports received at the Press Desk of the Bugle Head Office squirrelled away deep in the village. seemed to suggest there was something true in this frightening experience. Others have also reported seeing a figure dressed entirely in yellow appearing around Chamberlin Hall. So the Bugle sent its finest investigative reporter to get the answers. Was there an old fashioned oil lamp? Did it produce a genie when rubbed? Was it a genie in a yellow outfit? Can you ask for anything you want, and it will be done? Oh please, get real! That's just an old Arabian tale... isn't it? Anyway, the investigative reporter did some digging, for which the Chamberlin Hall Management Committee was immensely grateful, because they too can never get enough volunteers to help. So the digging all round the edges and shrubberies was truly welcome. However, the digging gave rise to the answer. It turns out that a certain member of the hall committee was, that day, working with others tidying up the kerbs and verge areas, making the road to the hall cleaner and neater. Being a person who doesn't like the wet and cold he was wearing several layers, all topped off with the bright yellow coveralls favoured by council workers nowadays, out in all weathers. So there you have it. No magic, no genie, and no wishes made to come true. Just another example of the effort some people who live in our village give to a range of worthy causes. The hall, the sportsfield, Kings Pightle, the Church, the sports clubs, the produce show, the school, and even, yes, The Bugle. Just a few people who care enough to keep these going, and we could all do with a few more people helping. The hall needs some new people and ideas to join their committee. The Bugle needs just a couple more willing to help once a month for around an hour, that's all, with the printing. Give us a call or email to offer any help. Sorry, no special bright yellow uniform!! Meanwhile our very best wishes to all our neighbours to stay calm and well duing this crisis, and our huge thanks to the growing army of volunteers willing to help those stuck indoors. Our village mantra should be: 'Let kindness go viral'

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The Shelley Centre for Therapeutic Riding

Shelley Road, Shelley, Suffolk IP7 5QY: www.shellyrda.com charity no:1113636



If you love walking.....

Please join us for breakfast at 0930 followed by approx. 6 miles morning walk in the beautiful Brett Valley, in aid of this local charity.

Adults pay £10 each to receive a map; all children and dogs go free. Bring the family on the 'Not A Bank Holiday Weekend',

Sunday 3rd May 2020. The walk has a few hills, valleys and scrambles but is mostly off road. Sensible shoes are recommended.

Studio 66

Ladics and Gents Hairdressers



Bildeston Ladies Club



Our evening spent with local sculptor Sean Hedges-Quinn was, in the words of one member "one of our best evenings ever".

Sean's engaging style took us through his life by way of monsters, movies and Captain Mainwaring. The detail of how he creates his bronze figures is fascinating - from setting up



a photographic 'shrine' to the subject, nude models, through 'slapping' the clay, detailing with fine tools used for cleaning out hearing aids and on to the final bronze casting process. All of which can take him up to 9 months. It was clear that Sean has a passion for his subjects and this shows in the sensitivity of his work.

His other claims to fame include a moment of adoration by Newcastle fans who thought he was Sir Bobby's latest signing and his starring role in Skyfall. This was truthfully his own hand sculpted and used on the dummy of Daniel Craig which he made for the first dramatic scene of the film.

In light of the current situation regarding Coronavirus and as most of us are in an "older" age bracket, it has been decided to cancel our Ladies Club meetings for April and May. Please contact me if you find yourself in need of any assistance due to self isolation.

Jo Silburn - 01449 257045

Chair-based Exercises

at Monks Eleigh Village Hall

Free Taster Class*

Our NEW Chair-based exercise classes will be held each week and are suitable for all ages. The classes are a fun and affordable way to improve your mobility, flexibility, strength and confidence as well as being a great opportunity to meet others in a sociable environment. Monks Eleigh Village Hall is a wonderful venue with a large, daylight-filled hall, kitchen facilities, toilets, disabled access and ample car parking on site.

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*Please contact the office on 01473 823500 for further details.



Save the date!



THE BILDESTON

PRODUCE SHOW

Saturday 22nd August 2020

St Mary Magdalene Church

page 14 - issue 354- April 2020



KINGS HEAD & Brewery

Nigel, Susie, Ryan and Freya and the team look forward to welcoming you to the Bildeston Kings Head.

www.bildestonkingshead.co.uk

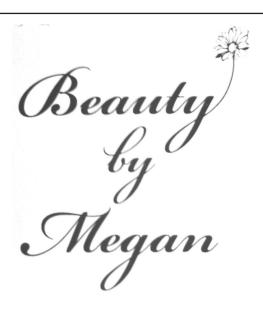
- Here's our free live music for April: every Wednesday is Open Mic Night from 8:30pm; from 9pm on Saturday 25th there's HiPiDi, a real treat, pop/rock-folk with Poppy and Hannah's lovely harmonised vocals and Dave on guitar; and from 1pm on Sunday 26th have a relaxing lunch with Kevin Nightingale on contemporary classical acoustic guitar.
- Thursday is bar games night, there's all the usual plus Poker, Skittles and table top football, snooker & tennis. Roy's Open Deck/Vinyl night is the 21st Apr. Charity quiz night is 28th Apr at 8:30pm, please arrive by 8pm. To book a quiz table telephone Sue/Nigel on 01449 741 434. Thank you to Feb's teams who raised £81 for Alzheimer's Research UK.
- Our good value homemade food uses quality ingredients that are locally sourced where possible. We are well known for tasty beer-battered fish & chips, delicious boozy beef pie (Suffolk red poll beef) and our freshly prepared traditional Sunday roasts. Meals are cooked to order, available to eat-in or take-away and in child sized portions. To reserve a table please phone Sue or Nigel on 01449 741434.
- We brew our own real ales on-site (tours by arrangement) with at least one other from a local independent brewer.

• Our opening and food/takeaway times are as follows:

Wednesday Open 6pm-12am (open mic/buskin night)
Thursday Open 6pm-11pm (bar games night)

Friday Open 4pm-12am (full menu 5-9pm) Saturday Open 12pm-12am (full menu 12-2pm

Saturday Open 12pm-12am (full menu 12-2pm & 6-9pm) Sunday Open 12pm-10:30pm (roast/Sunday menu 12-3pm)



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Megan Pryke
VTCT, BABTAC
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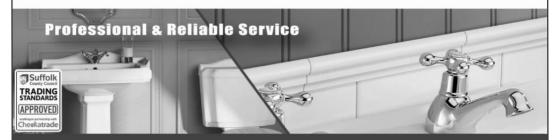
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Pastoral Letter - April 2020

"Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me; your rod and your staff, they comfort me." Psalm 23

We always feel reassured with the familiar, 'Psalm 23 and The Lord's Prayer', is so recognisable to many of us even if we are not regular church goers. This psalm and prayer can give us a feeling of comfort and reassurance.

We are all living in a time of uncertainty, the Coronavirus (Covid19) has changed all our lives. Each day we hear more and more news, initially thinking it was a virus far away, but now it's here. Causing much consternation as we are made aware that our lifestyle is to change.

We may not be great travellers, but our simple visits to the shop, local coffee morning, lunch clubs and afternoon teas has had to be curtailed until further notice. Our church attendance has also for some had to stop as we are in the high-risk group.

There will be many in our community who will have to self-isolate, because they come into the 'vulnerable' category. This is where we as a community who can assist; need to be aware of those who may require our help. The telephone call to chat and ask if everything is okay, can reassure the lonely and isolated.

We are now about to come out of Lent, we arrive at 'Good Friday' with all its horror and devastation of Christs death. The early Christian Church thought this was the end, all their hope for the future gone. But then what we know as 'Easter Day', Jesus Christ was risen from the dead. A new hope was beginning for the disciples and early church and that hope is still for us today.

This is a difficult time for all of us, and it changes daily. We don't know who will become ill and what devastation may happen to our local communities and country.

It will come to an end one day; as a community we go through our 'Good Friday' experience and arrive at our 'Easter Day' when new 'Hope and Birth' will come out of it all.

'For thine is the kingdom, the power, and the glory for ever and ever' Amen'. Amen

Blessings to you all

Please contact me if you require some help and support

Revd Flke

Priest in Charge (Rector)

Tel: 01449 403698 or mobile: 07957 419055



STOWMARKET BOYS' BRIGADE BAND

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SUNDAY!

3rd MAY 2020 12.30 - 3.30pm NEDGING WITH NAUGHTON VILLAGE HALL

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- Barbecue
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- Bouncy Castle
- ® Children's Corner
- White Elephant
- Grand Draw and Raffle
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A GREAT AFTERNOON OUT FOR ALL THE FAMILY! SO PLEASE COME ALONG AND JOIN IN THE FUN!

ALL PROCEEDS GO TO ST. MARYS CHURCH, NAUGHTON

Bildeston History Quarterly

Issue 34 (Spring 2020) is out now but contrary to the advertisement in *Community News: Village Edition*, it is <u>not</u> available at Bank House Stores as the proprietor there does not wish to sell my magazine any more.

As the only retail shop in the village, Philip Altoe's decision not to stock *Bildeston History Quarterly* comes as a blow to this unique magazine. I say unique as I am not aware of any other village in Suffolk with its own independent local-history publication.

I have always been interested in local history and have been researching Bildeston for many years. When I was diagnosed with arthritis, which now severely restricts my mobility, I decided in 2011 to produce *Bildeston History Quarterly* so that I would have something to do on the many days when I am unable to go out.

As my main sales outlet has now gone and as the magazine's sales never quite covered costs, I am going to call it a day. However, I have been offered the opportunity to contribute history pages to Bildeston's new official website, which will be online quite soon.

Bildeston History Quarterly has been a group project and I would like to thank contributors of articles, information and photographs; people who have sent in encouraging comments and readers. Also Keith Avis Printers, who turn my very amateur layouts into a respectable-looking magazine; Sally Bendall at Hollow Trees Farm Shop for giving me space in her busy shop; and especially my husband David Coleman, whose behind-the-scenes work has kept the magazine going for nearly nine years.

Issue 34 is available at my home (see address below), at Avis the Newsagents in Hadleigh High Street and at Hollow Trees Farm Shop in Semer, price £4. Sue Andrews, 17 Manor Road, Bildeston, Ipswich, Suffolk, IP7 7BG.

Telephone: 01449 740673.



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Bildeston Roadside Clearance

I have decided this year that our annual litterpick day possibly needs renaming! Whilst the streets and pathways of the village did relinquish

a fair amount of general litter we were astonished by the amount of rubbish left along the roadsides surrounding the village. We managed to spread our workforce over a greater extent of the roads towards Hadleigh, Chelsworth, Nedging, Wattisham and Hitcham and were confronted with huge amounts of bottles, cans etc. and what can only be described as the mindless dumping of larger items - a mattress, washing machine, bed linen and 5 car tyres to name just some of it!

Pictured is Ray with his trusty van which was one of two vehicles used to transport some of the larger items back to the clock tower.

Our thanks as always to our team of volunteers who turned out on a not particularly pleasant day and special thanks to Nigel and Sue at the Kings Head for their generous supply of



drinks to the weary troops once we had finished.

See you again next year - Jo and Robin







Chamberlin Hall Open Day

Saturday, 4th April, 9:00am - 12:00pm Chamberlin Hall, Bildeston, Ipswich, IP7 7EZ

Come along for a fun and engaging morning, offering the chance to sample the activities and groups available in and around Bildeston.

Book yourself a taster session by contacting the instructors below (spaces limited)

9:00 - 9:20 Otago with Jill Mason - jill.mason@acleisure.com

9:30 - 9:50 Pilates with Claire Jacobs - Claire@fitframephysio.com

10:00 - 10:20 Yoga with Catherine Rolfe - Catherinerolfeyoga@gmail.com

10:30 - 10:50 Zumba Gold with Sarah Laflin - sarahilaflin@gmail.com

11:00 - 11:20 School of Burlesque with Hayley Brett - vivalamourschoolofburlesque@gmail.com

11:30 - 11:50 Chair Exercise with Emma Cook - pilatesworks4u@gmail.com

There will also be Table Tennis, Netball, Carpet Bowls and much more Free tea, coffee and cake provided all morning!

For more information, e-mail chris.lawson@activesuffolk.org



www.activesuffolk.org



BILDESTON'S WHO'S WHO

This month I met up with Robin Weaver, a keen cyclist. Robin was born at the seaside at West Mersea, and went to school there and later in Colchester. After leaving school Robin went to Walthamstow to study architecture at what later became the University of East London, and, after qualifying, worked for a couple of London practices before working at the London borough of Redbridge, where he stayed for 13 years, working among other things on housing, schools, and the new Ilford library.

While at college Robin met Pam, who he later married, and bought a house in Walthamstow, Easst London. They had a family (two boys). Robin and Pam enjoyed being near central London, and Epping Forest, and he had an allotment which he emjoyed very much.

In 1987 Robin became the architect to Babergh District Council, based in Hadleigh, and they moved to Bildeston in 1988. As part of Robin's interview he was given a quick tour of the district, and was very struck by Bildeston, particularly the Square and the clock tower. Robin and Pam's first day of house-hunting was the weekend of the 1987 hurricane! Robin worked at Babergh for 20 years, working on a variety of council owned buildings – housing, sheltered housing including William Wood House in Sudbury, Lavenham Tourist Office, East House, and Kingfisher pool extensions. The last few years there were mainly spent designing housing for local housing associations. Robin retired in 2007, which

Robin started cycling to work in Hadleigh about 1995, and was persuaded by a friend to join Cycle Club Sudbury about twenty years ago, which he is now a committee member and membership secretary, so if anyone's interested, get in touch! Robin rode time trials for 2 or 3 years, then decided timekeeping was less strenuous. Robin also joined AudaxUK, a long distance cycling association, and started doing longer rides from various East Anglian venues, Robin also organises a day of Audax rides from the Sportsfield, this year's event is on Saturday 18th July, with distances of 25 miles, 50k, 100k, 160k and 200k available – refreshments at start and finish, and cafes en route! There's also a shorter 11 mile route suitable for families.

meant more time to spend on leisure activities!

Robin said a Bildeston friend said he'd like to start cycling, so in 2009 Robin decided to start a series of Tuesday evening rides for anyone interested over the summer, with the occasional Saturday morning rides through the winter. These have carried on, and the Tuesday evening rides start again in late April – see the Bugle for details. Robin says you just need a bike – Lycra not essential, and distances and speeds to suit all riders' abilities, on quiet roads. For her part, Pam has been a long standing member of the hard working Bugle team! Robin's other hobbies are the allotment, model making, casual walking, pottery, and occasional dinghy sailing.

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Member of the Registered Nursing Home Association

Recipe of the Month Classic Easter Biscuits

with thanks to Alison

Ingredients

Simple to make, and a pleasure to eat.

Swap the lemon zest for orange zest if you like.

Makes about 24 biscuits. These will store in an airtight container at room temperature for up to 1 week.

300g plain flour
150g unsalted butter, chilled and chopped
75g caster sugar
½ tsp freshly grated nutmeg
Finely grated zest 1 lemon



Method

- 1. Mix flour, butter, sugar and nutmeg in a food processor to fine breadcrumbs
- 2. Tip into a large bowl and stir in lemon zest and currants
- 3. Bring the mixture together with the milk to form a dough
- 4. On a lightly floured surface, shape into a disc, wrap in cling film and chill for 30 mins
- 5. Preheat the oven to 180C, 160C Fan, gas mark 4
- 6. Line 2 baking sheets with parchment, lightly flour a surface and roll the dough to 5mm thick. Cut into 7cm circles to make around 24 biscuits
- 7. Spacing apart a little, place them onto the parchment and bake for 15 mins or until lightly golden and sandy to touch.
- 8. Cool on trays for 5 mins then transfer to wire rack to cool completely.

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Bildeston Bookworms

Hello Bildeston. Christmas seems so very long ago now. With all the build up and festivities, it strikes me as sad, but inevitable that we return to 'normal' so quickly, picking up our everyday lives and moving and looking forward.

As is often the case at this time of year, with dull days and the year stretching ahead, we can become a little down, especially as it seems that the news at the moment is full of doom and gloom. This is where a good book can make all the difference. Well, I can certainly recommend our next book choice, 'The Road' by Cormac McCarthy. It is easy to read, quite a short book and has some beautifully descriptive passages that are almost poetry. It was one that I was not looking forward to picking up, but one by which I was, almost unexpectedly, spellbound.

Sadly, it may not improve your view of the World at the moment as it is set on a postapocalyptic Earth. We follow a father and son on their journey across a desolate, dark, cold and dust covered America as they strive to reach the coast. A grey world. Little remains and the few people they meet are to be avoided as most have given up any moral compass and have turned to murder and cannibalism to survive.

Cleverly, we never know the names of the characters or what has happened. This adds to the general feeling of desolation, but within the darkness, the two carry 'The Fire'. Another ambiguity, as again we don't know what 'The Fire' is, but it defines the two. It separates them from the others! There is a determination to survive, but to live on their own terms. That they are the 'good guys'.

Well all felt that it was a thought-provoking novel. Some thought challenging. All agreed it was dark, maybe depressing at times and even a little scary, but the overall feeling was one of hope and salvation and we all agreed we would recommend this book and that we all enjoyed reading it. An incredibly visual read, pictures came easily to mind and one that caused more in-depth discussion than any previous book our group had encountered.

On a personal note, I found the lack of speech marks off putting, but that is the teacher in me!

I do hope you take the time to consider this book. As I have previously mentioned one of the joys of a book club is reading books from outside of your comfort zone and in so doing finding an author that may inspire you or even just a book that brings people together.

I wonder what the future would be like for the boy? With all the destruction around him, you feel he will survive and more importantly survive well. Maybe he will find a book and it may open him to a better future. As his father advised 'Keep a little fire burning: however small, however hidden' because then there are always possibilities.

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BILDESTON COMMUNITY CYCLING CORONAVIRUS ADVICE

Because of coronavirus, both the Winter Warmer ride planned for 11 April and the Tuesday evening rides that would have started towards the end of April will not now take place.

Hopefully the Tuesday rides will be able to start later in the year.

For more information, contact Robin Weaver 741048.

NEWS FROM BILDESTON SPORTS FIELD

MANAGEMENT COMMITTEE

Thank you to all those of you who have shown an interest in the progress of the sports field and pavilion. To bring you up to date so far:

There have been working groups scrubbing and cleaning.

The Community Pay Back Team have been busy throughout January, February and March for one day a week redecorating the hall and corridor and cleaning the floors and kitchen as well as tidying up the car park, cutting back the hedges and weeding and edging the patio. New outside lighting has been fitted (so you will no longer need head torches to negotiate the outside of the pavilion).

The committee is applying for an alcohol license, which will soon be submitted but there will be further notices regarding this.

In view of the current Corona Virus advice we are postponing our April quiz night as those of you have attended earlier quizzes will know how cozy the hall gets.

Bildeston Rangers have been playing when the wet winter and consequently water logged pitch has allowed matches to go ahead and those of you supporting them will have been able to enjoy watching some excellent football.

The planned dog show and family fun day is likely to be rearranged but more news of that will follow. If you would like to volunteer or have more information on what's going on please contact the numbers below.

The Pavilion and field is still available for bookings on 07711904515 or 07766527433

BILDESTON PARISH COUNCIL

DRAFT minutes of the meeting of Bildeston Parish Council held on Monday 11th March, 2020 at Baptist Church Hall at 7.30pm In attendance:

Councillors:

Peter Hutchings (In the Chair)

Angela Chapman, Ashley Hubbard, Sarah Leigh-Hunt, Richard Lester,

Richard Powell and Virginia Tuck

Also Present: David Blackburn (Clerk) One parishioner

C138/19/20 APOLOGIES FOR ABSENCE

Apologies for absence were submitted by Councillor Guttridge and County Councillor Lindsay.

C139/19/20 DECLARATIONS OF PECUNIARY AND NON-PECUNIARY INTERESTS

The following declarations of non-pecuniary interest were made:

Kings Pightle Management Committee – Councillors Hubbard

Parochial Church Council - Councillor Lester

Sportsfield Management Committee - Councillor Chapman and Hutchings

C140/19/20 DISPENSATIONS IN RESPECT OF PECUNIARY INTERESTS

There were none.

C141/19/20 MATTERS RAISED BY PARISHIONERS/PERSONS ATTENDING THE MEETING

Elaine Talbott attended the meeting on behalf of the Sportsfield Management Committee and gave notice of the Committee's intention to apply for a licence for the sale and consumption of alcohol at the Pavilion and adjacent area of the Sportsfield. Liaison was taking place with Babergh District Council's Licensing Team over the extent of the application but it was likely to be up to 11.45pm, Monday to Sunday, with the site to be vacated by midnight and could be longer for special occasions. The role of Designated Premises Supervisor would be taken on by the Committee as a whole. The existence of a licence would avoid the requirement for a Temporary Event Notice for every event at the Pavilion where alcohol was sold to the public.

It was AGREED: That the Parish Council has no objection, in principle, to the application as presented at the meeting.

Mrs Talbott continued by referring to the improvements that were being made at the Sportsfield. The Community Payback Team had been decorating the Pavilion on Mondays and had made significant progress in improving its décor. Councillor Chapman added that a Smart meter had been installed.

C142/19/20 PARISH COUNCIL PROJECTS AND COMMUNITY ENGAGEMENT EVENT

a. Village Sign

Councillor Tuck reported on the feedback that had been received from parishioners at the Community Engagement Event on Saturday, 7th March, 2020. The main purpose of the meeting was to seek views on the proposal to erect a new Village Sign and protect and enhance the surrounding green space on which it was to be situated at the junction of High Street and Ipswich Road.

The main themes which parishioners felt could be incorporated within the sign included:

- a. Physical Features: the Clocktower, the Parish Church and HMS Bildeston;
- b. Craft and Trade References: the Weavers Cottages, wool weaving, builders and sheep (agriculture)

The main sites proposed for re-locating the existing sign were close to the Parish Church and next



to Wattisham Road.

It was AGREED:

- a. That the views of parishioners be welcomed; and
- b. That a follow-up meeting be held on Wednesday, 25th March, 2020 at 7.00pm involving a subgroup of Members of the Parish Council.

Other matters were raised at the event including the need for a dropped kerb near the Old Post Office. This would be pursued further with County Councillor Lindsay.

b. Local Bus Services

Councillor Tuck provided an update on the steps that the Parish Council was taking in response to Suffolk County Council's proposals to remove funding for local bus services. County Councillor Lindsay had submitted a written update to the Parish Council on this matter. Councillor Tuck had engaged with Hadleigh Community Transport about what services they could offer and what avenues they were pursuing to seek long term funding for such services.

It was AGREED: That the Parish Council is prepared to offer £500 each towards the retention of the Stowmarket and Sudbury bus routes as a short term measure subject to a sustainable funding plan being presented to the Parish Council for future services.

C143/19/20 REQUESTS FOR FINANCIAL SUPPORT

The Clerk reported that the Carpet Bowls Club had received a contribution of £750, from an anonymous donor from within the local community, for the Club to spend on equipment and an order had been placed for a Mat Handling Frame which would be of considerable benefit for Club members. Financial support from the Parish Council was, therefore, no longer required. Further to Minute C130/19/20, the Clerk reported on an update provided by Jo Silburn of Chamberlin Hall Management Committee on the funds raised so far to provide a defibrillator at Chamberlin Hall. County Councillor Lindsay had offered £500 from his locality funding budget and £100 had been offered by The Bugle. An approach had also been made to the Henry Morphew Trust.

It was AGREED: That the Parish Council offers to provide £600 towards the cost of a defibrillator at Chamberlin Hall.

C144/19/20 PARISH COUNCIL AND VILLAGE AMENITIES

Regarding the cemetery, the Clerk reported that a letter had been dispatched to Abbey Memorials, as requested by the Parish Council, and that a response was awaited to this.

Councillor Hubbard reported upon notification received from Sue Andrews that, with regret, the current edition of "Bildeston History Quarterly" would be the last one. The reasons for this decision were explained.

It was AGREED: That the Parish Council places on record its sincere appreciation for the contribution made by Sue Andrews in producing Bildeston History Quarterly, that back copies of the magazine be retained for future reference by people interested in the history of Bildeston and that she be encouraged to continue as Bildeston's Village Historian.

There was a discussion about works required to the railings outside The Crown and how this might best be achieved.

C145/19/20 ANNUAL REVIEW OF MAINTENANCE ARRANGEMENTS

The Clerk reported that a meeting had been held between Councillors Lester, Chapman and Hubbard, Adrian Chinery and Keith Taylor (Maintenance Operatives), and himself to review the allocation and performance of maintenance duties in respect of open spaces in the village.

The main locations maintained were:

Cemetery & Church Hill Churchyard (ad hoc trimming/strimming)

Chamberlin Hall

Coronation Playground

Kings Pightle

Sportsfield

Coronation Playground

Additional responsibilities fulfilled included:

Bin Condition Survey

Grit Bin Filling Survey

Replenishment of Dog Bin Bag Dispenser

Maintaining Stock of Bin Bags/Dog Bin Bags

Repair and Replacement of Bins

Clocktower Sweep Up

Market Square Tidy Up (Pre-Remembrance)

Village Event Signs & Bollards

Services for Ride-On Mower and Handmower

Fuel Supplies for Mower

Equipment from Buildbase

Weekly Skate Park Inspections

Repairs to Play Equipment (Following the Annual Safety Inspection)

Adrian Chinery had tended his resignation following five years in the role and he was thanked for his work for the Parish Council. He indicated his willingness to continue in post until the Parish Council found a successor and said that he would be prepared to continue to refill the dog bin bag dispenser in a voluntary capacity.

A draft advertisement for the post had been circulated by the Clerk.

It was AGREED: That the post of Maintenance Operative be advertised by the Clerk in "The Bugle" and interviews be held on Monday, 20th April, 2020 by a Panel comprising up to three Members of the Parish Council.

C146/19/20 REVIEW OF INTERNAL CONTROL ARRANGEMENTS

The Clerk submitted the External Auditor's Report in respect of the 2018/19 Annual Governance and Accountability Return. There were no comments, qualifications or recommendations arising from the audit.

It was AGREED: That the External Auditor's Report for 2018/18 be received and noted. Members of the Parish Council received the Clerk's report on internal control, governance, administrative matters and risk management arrangements.

It was AGREED:

- a. That the Overview of Internal Control Arrangements be approved and adopted;
- b. That the General Risk Assessment be approved an adopted:
- c. That Standing Orders be approved;
- d. That Financial Regulations be approved;
- e. That, subject to no further expenditure being incurred before the end of the current financial year, the Community Infrastructure Report be approved;
- f. That Suffolk Association of Local Councils be appointed for the purposes of conducting the internal audit of the Parish Council's Accounts and Governance arrangements;
- g. That the new schedule of Cemetery fees and charges be approved and adopted and introduced with effect from 1st April, 2020;
- h. That it be noted that there were no policies that required review in 2019/20; and
- i. That the Clerk produces an application form for Tree Planting at the Cemetery.

147/19/20 PAYMENTS

It was AGREED: That the following payments be authorised:

Payee	Description	Budget Category	Amount (inc. VAT)
David Blackburn	Clerk's Pay	Salaries & Expenses	£170.64
David Blackburn	Expenses Salaries & Expenses		£31.11
Fiona Lemon	Community Development Salaries & Expenses Worker		£104.81
SALC	Councillor Training	Administrative & Legal	£132.00
HMRC	PAYE owing Salaries & Expenses		£2.22
CFB IT Solutions	Laptop Maintenance work	ICT & Website	£60.00
Babergh Mid Suffolk	Bin Emptying 2019/20	Playgrounds & Open Spaces	£567.60
Parish Council Websites	Website First Instalment	ICT & Website	£194.70
Rougham Estates	Christmas Tree (Balance) Community Events		£31.25
Suffolk County Council *	Street Lighting Maintenance Charges 2019/20	Street Lighting	Invoice anticipated

Note: All items to be paid for from the General Fund).

C148/19/20 CLERK'S REPORT

A report from County Councillor Lindsay had been circulated on: removal of subsidy for local bus routes, Children's Services (rated outstanding by Ofsted), no progress made in introducing a 20mph speed limit in Bildeston and local plan consultation starting shortly which included a proposal for approximately 75 houses north-east of Brooksfield.

C149/19/20 PLANNING MATTERS

There were no items to report.

C150/19/20 MATTERS BROUGHT TO THE ATTENTION OF THE COUNCIL

Councillor Leigh-Hunt reported that the streetlighting appeared to still be on until 2am in the morning following the extension of operating hours over Christmas and New Year. The Clerk undertook to raise this matter with Suffolk County Council and ask that it be addressed.

Councillor Tuck referred to the upcoming defibrillator training that was being held in the village.

Councillor Chapman reported that part of the road near number 20, Brooksfield, appeared to have sunk and she had reported the matter to Suffolk County Council.

C151/19/20 STAFFING REPORT

Further to Minute C76/19/20, the Chair reported that Suffolk Association of Local Councils had produced a report on the Clerk's role.

It was AGREED: That the Chair and Vice-Chair be delegated to review the matter and decide on the actions that should be taken in response to the recommendations within the report.

The meeting closed at 9.50pm.

^{*}Suffolk County Council had encountered problems in sending an invoice to the Bildeston Parish Council email account for the Street Lighting Charges 2019/20. It was expected that this would be received within a week and that because of the expected amount, it should be settled immediately so that the financial outturn position for the current financial year was not distorted.

BILDESTON PARISH COUNCIL

Recruitment of Maintenance Operative



The Parish Council is seeking to recruit an additional Maintenance Operative to carry out grounds and general maintenance duties in the village.

We are looking for someone with strong practical skills who is both flexible and resourceful.

There will be no fixed pattern of work but the postholder should expect to work longer hours during the summer months in mowing grass, strimming etc.

If you are interested please contact the Parish Clerk or one of our Parish Councillors **by Wednesday**, **15**th **April**, **2020**.

(Please note that interviews will take place on Monday, 20th April, 2020).

David Blackburn Parish Clerk <u>clerk@bildeston.suffolk.gov.uk</u>; 01449 721369



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Every year we buy lilies and other special flowers to decorate the Church for Easter Day, this year on Sunday 12th April.

Because of the high price of flowers at Easter we have a special Resurrection Book where people might like to name those they have loved and lost as they donate towards the Easter flowers. We open this book on Easter Day as we celebrate the resurrection at our service and leave



it by the font for you to see. If you would like the name of someone you wish to be remembered in this way to be written in the book, please print their names on the list in the Church anytime before Wed 8th April and place donations for flowers in one of the envelopes provided on the table next to the list at the back of the church. Place envelope in donations 'hole in the wall' next to the bell tower or deliver to: Angela Rodgers at 36 High Street. Thank you.

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The PCC are very grateful for the time and efforts of all who keep the church clean and tidy on a weekly basis. It is a few years since the village church had a thorough "Spring Clean" and we have chosen a 3 day period over **2nd**, **3rd and 4th April** to do just that. There will be a list at the back of the church from early March giving details of all the different tasks. If you are able to volunteer for a couple of hours on one of the days please add your name to the list. All cleaning materials provided plus tea, coffee etc. Thank you.

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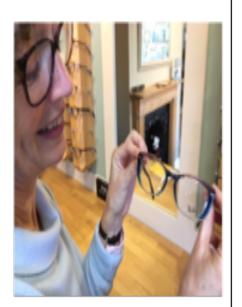
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Family run cattery where your cat is treated like a member of our own cat family

Secure, hygienic all year-round boarding
Diets tailored to cat's needs and preferences
Indoor purpose-built luxury suites

Temperature controlled environment designed to be warm & cosy in Winter, and cool & ventilated in Summer

Personal care & attention, a home-from-home for your cat
Free grooming, nail clipping & administration of medication
Ample parking, or try our collection and drop off service
Idyllic countryside setting surrounded by wildlife
24/7 on-site supervision and CCTV surveillance





BILDESTON w WATTISHAM, LINDSEY WHATFIELD w SEMER, NEDGING & NAUGHTON

Church Services - April 2020

5 th April Palm Sunday	9.30 am 11.00 am 11.00 am 11.00 am	Holy Communion Family Service Morning Prayer Family at Church	Semer Whatfield Nedging Bildeston
HOLY WEEK			
6 th April	10.30 am	Morning Prayer	Semer
7 th April	5.00 pm	Compline	Bildeston
8 th April	5.00 pm	Compline	Naughton
9 th April Maundy Thursday	11.00 am 6.00 pm	Maundy Thursday Service Last Supper & Holy Communion	Cathedral Bildeston
10th April Good Friday	10.30 am 2.00 pm	Family At Church Time of Reflection Service	Whatfield Nedging
12th April Easter Day	11.00 am 11.00 am 11.00 am 11.00 am 11.00 am 3.00 pm	Holy Communion Morning Prayer Family Service Holy Communion Family Service Holy Communion	Semer Bildeston Naughton Nedging Whatfield Lindsey
19th April Easter 2	11.00 am	Benefice Holy Communion	Bildeston
26th April Easter 3	11.00 am 2.00 pm	Benefice Holy Communion Baptism	Whatfield Semer

Baptist Church, Duke Street, Bildeston

Jim Haley tel: 01449 740716 email: bildestonbc@gmail.com

Service every Sunday morning at 10:45

Lunch Club: at 12:30 on the first Wednesday of each month -

All are most welcome

Community Coffee Centre: Every Friday from 09:15 to 11:30am

Enjoy meeting old and new friends at these events!

'Craft it Together' - First Monday of each month at 7:00pm.

Bring along your craft activities and join us for an informal, relaxed evening share ideas, gain new skills or just enjoy doing your own thing. Drinks provided.

Contact Christine on **01449 741772 or 07708 566519** for more information

Strollers and Striders

Every Monday 10.00am from the car park

'Men's Breakfast' - last Saturday of each month at 8am



	Bildeston Community Coffee Centre
Every Friday	Baptist Church 9:15-11:30
	Lunch club
1st Wed every month	Baptist Church 12.15 for 12.30pm start
	Craft it Together
1st Monday every month	01449 740716/741606 for details
	Strollers & Striders
Every Monday	Baptist Church Car Park 10.00
	Baby and Toddler Group
Every Tuesday	Baptist Church 9.15 to 11.30am
	Church Bell Ringing Practice
Every Tuesday	St. Mary Magdalene church bell tower 8.00 to 9.15pm
	Mens Breakfast
Last Saturday every month	Baptist Church 8.00am

Several of the usual activities and events that were planned for April have now been cancelled due to the Coronavirus. Advice is changing almost by the day, so regular activities listed could also be cancelled. Any such meetings, clubs etc. still published, the Bugle would strongly encourage participants to check with the organisers if they are still running, before turning up.

Please tell us about your forthcoming events in **May** email: **editor@bildestonbugle.co.uk**

