

This issue kindly sponsored by -

The members of the Bildeston Allotment Group If interested, please contact Robin 741048 or Ashley 740633

The village magazine produced for the people of Bildeston www.bildeston.org

Bildeston Noticeboard Public Group - Facebook



### BILDESTON BUGLE ADVERTISING AND FREE CONTRIBUTION INFORMATION

Our aim is to provide every resident and organisation in Bildeston with a magazine which provides information of local interest FREE OF CHARGE. To that end we are required to be efficient in the space we use to print free notices. We endeavour to include interesting items, announcements for events open to the general public for free and items of a charitable nature free of charge. Ongoing free announcements need to be reduced to minimum size or make a contribution towards printing costs. Please check with us before submitting your advert and ALWAYS provide us with all of your contact details in order for us to send an invoice and receipt.

email: editor@bildestonbugle.co.uk

Sponsor a 'Bugle' – £15 per issue and have a brief message of your choice printed on the front of the Bugle

# Advertising Rates

	1 issue	12 issues	
1/4 page	£5.00	£35.00	65mm W x 92mm H
1/2 page	£10.00	£60.00	134mm W x 92mm H
Full page	£15.00	£110.00	134mm W x 190mm F

#### THE SMALL PRINT

All adverts, payments and items are required <u>before</u> the 17<sup>th</sup> of every month for inclusion in the following month's issue (except December before the 15th). The earlier free contributions are received the greater the chance of inclusion.

The Editorial Team are not responsible for the accuracy of articles or adverts and reserve the right to alter, shorten or refuse any item submitted for publication.

Ask for BACS details or make cheques payable to Bildeston Bugle and send to:

The Editor, Bildeston Bugle, 14 Squirrells Mill Rd, Bildeston IP7 7DY

If we do not receive payment by the  $17^{th}$  of the month your advertisement may NOT be included

### The Bildeston Bugle Management Team is:

Alan Jacobs (Editor) 01449 741645
Tricia Baldwin (Marketing & Advertising Revenue)
Christine Hubbard (Treasurer) 01449 740633
Stuart Law and Alison Sims (Assistant Editors)
Pam Weaver (Distribution)

Angie Biddulph, Lisa Chinery & Tracey Rose (Printing Assistants)

# **ED'S COMMENT**

On the 29th March clocks go forward an hour to British Summer Time. Though the British Summer Time Act was created in 1972, the idea of summer time or daylight saving time was mentioned in 1784 by Benjamin Franklin, the American inventor and scientist. It wasn't until 1907 that a serious proposal for daylight saving time was made in Britain by William Willett. Angry at the waste of daylight during summer mornings, he published a pamphlet called "The Waste of Daylight". In 1916 Germany adopted daylight saving time. The UK followed a few weeks later, along with many other nations involved in the First World War. Within a few years, many countries across the world adopted Daylight Saving Time. However, the benefits and, indeed, risks when the clocks go back, have been an ongoing debate ever since. The 1972 Act started the tradition of changing the clocks in late March (subject to the date of Easter) and late October. Twenty years later, the changing of the clocks in Britain was aligned with other European countries and from 2002 onwards, the EU stipulated that all member states should adjust their clocks on the last Sunday in March and October. Iceland is exempt because of its northerly latitude and extreme variations in daylight and darkness throughout the year. In March 2019 the European Parliament backed a proposal to end the practice of changing the clocks in European Union states. If the proposal is adopted, EU nations could change the clocks for the last time in 2021, but now we are no longer a member of the European Union, if we do change the practice it won't be by directive of the EU. It was very interesting then, that Boris Johnson, as British Prime Minister, chose to make a keynote speech about the future of Great Britain inside the splendour of the Royal Hospital and Naval College at Greenwich, near the Greenwich Observatory the home of Greenwich Mean Time.

From 1884 until 1972, GMT was the international standard of civil time. Though it has now been replaced by Coordinated Universal Time (UTC, a mouthful I wasn't even aware of!), GMT is still the legal time in Britain in the winter, used by the Met Office, Royal Navy and BBC World Service. Greenwich Mean Time is also the name of the time zone used by some countries in Africa and Western Europe, including in Iceland all year round.

It seems there were several messages being sent by choosing Greenwich for such an important speech. It highlighted the history of Britain generally, but in particular its naval and trading tradition going back centuries. It highlighted its historical scientific lead in the world, Greenwich the observatory, the accepted meridien for setting time around the world. Perhaps, most significantly, it highlighted the start of a new autonomous time when Great Britain will be responsible for taking all its own decisions, including if and when we decide to change clocks going forward and back. It highlighted its cultural heritage surrounded by the incredible murals and ceiling paintings by Thornhill, which gave the PM his opening lines; "The Vatican has Michelangelo. Greenwich has Thornhill who spent 20 years flat on his back on top of the scaffolding, so rigid that his arm became permanently wonky, and he's left us this gorgeous and slightly bonkers symbolic scene that captures the spirit of the United Kingdom in the early 18th century. This painting above you was started in 1707, the very year when the union with Scotland was agreed – and does it not speak of supreme national self-confidence?"

Let's all hope such confidence is well placed and we all truly prosper as a Great Britain. Let's hope this really is the dawn of a new age of technical, scientific and economic progress. But we are British, so we carry on and wait and see!



# Kevin Hollings KITCHEN STUDIO



Unit 14 Lodge Works, Stowmarket Road, Old Newton, IP14 4EE 01449 257160 www.kevinhollings.com info@kevinhollingskitchens.co.uk

# Bildeston Primary School

#### **U9 Dodgeball Event**

On 9 January, we sent a team to play in the U9 Dodgeball event at Hadleigh High School. They played against pupils from across the Hadleigh pyramid of schools.

On 17 January 2020 the children from Robin class entered an Under 7 multi skills event held at Hadleigh High School. Pupils were mixed with pupils from other schools to form teams and then competed against each other in small tasks to score as many points as possible. A fun time was had by all.



#### **Roman Wow Day**

On the 23 January Key Stage 2 pupils took part in an enrichment event all about the Romans. Pupils came to school dressed as Romans and took part in a range of activities. The morning began with some background information about the Romans, where they came from, their journey to Britain and life during that time. Pupils then divided into their classes. They either took part in a game called Delta, completed a quiz or listened to a talk about Roman artefacts - actually touching those artefacts to help bring the history to life. During the afternoon pupils looked at and tried on Roman armour and saw the weapons that they used. Pupils then took part in a mock battle. Wow days fire up children's imaginations and fill them full of enthusiasm about the topics they are studying.

#### Suffolk Energy from Waste Trip

On Monday 27 January, we took pupils in Kingfisher class on a science trip to the Suffolk Energy-from-Waste facility, in Great Blakenham. Within a packed two hour tour, they explored the visitor centre and had a tour of the facility. Thanks go to Oliver for his time!



#### **Swimming Panathlon**

Pupils across our federation were taken along to a swimming Panathlon event on Friday 31<sup>st</sup> January where they took part in individual races as well as team events. Each pupil came away with a medal and certificate for taking part.

#### PTFA Cinema Night

Our PTFA ran one of their very successful cinema nights for the children on Friday 7 February. All of the children came and relaxed on bean bags and cushions to watch one of their favourite movies, whilst enjoying popcorn!! Thank you to our PTFA for their continued support!

If you are considering Bildeston Primary as a school for your child, we would welcome a visit. Please phone the office on the number below or email us. We would love to meet you.

BILDESTON

Bildeston Primary School Newberry Road, Bildeston, Ipswich, Suffolk, IP7 7ES Telephone: 01449 740269 Website: www.bildeston.suffolk.sch.uk



### Defibrillator Training Session

Chamberlin hall management committee has recently completed the purchase of a defibrillator to be housed outside the hall for use in any emergency. Funding for this equipment has come from the Henry Morphew Trust Fund, The Bugle, Bildeston Parish Council and Robert Lindsey's localities fund.

We will be providing a free training session to learn how to use this machine and potentially save someone's life.

This session is open to all and will be held at Chamberlin Hall SATURDAY 14th MARCH at 10:00 a.m.

If you are interested in attending please could you notify me by text or email, as we will need to have some idea of numbers. It is expected that the session will last about one hour. Refreshments will be available.

Jo Silburn Secretary to CHMC 07553 355652 thelaurels18@gmail.com





### What's on in March

Monday/Tuesday MLSPA Performing Arts (07957 351941) **Every Tuesday** 7.00pm Snooker Club **Every Tuesday** 7.00pm Adult-dance-keep fit! (part of MLSPA) Tuesday 7.15pm Carpet Bowls (practice night & home games) Wednesday 6.30pm Drama Group (call Debbie: 01449 740375) **Badminton Club and Table Tennis Every Thursday** 7.30pm

**Every Thursday** 10.30am-11.30 Zumba Gold with Sarah

**Every Thursday** 6 - 7.15pm Yoga contact: catherinerolfeyoga@gmail.com

1st Thurs of Month 7.30pm Ladies Club

from 3.45

**Every Friday** 7.00pm Social evening (short mat bowls etc.)

**Every Friday** 11am Pilates for Improvers (call Claire: 07900 440141) **Every Friday** from 12.00 Pilates for Beginners (call Claire: 07900 440141)

Last Friday of month 7.00pm BINGO! Cash prizes!

Friday 13th 7.00pm Bildeston Bowls Club signing on meeting

Greyhound Race Night Friday 20th 7.00pm Sat 28th 10.00am to 1.00pm Indoor Market

For bookings contact: 07716 921514 and chamberlin.bookings@gmail.com

# BILDESTON BOWLS CLUB

Bildeston Bowls Club is pleased to announce that the signing on meeting for the 2020 season will be

Friday 13th March 7.00pm at Chamberlin Hall.

We warmly welcome all existing and new members of any age and ability.

Come along and join our friendly local club.

Have a drink and try your hand at short mat bowling afterwards.

All details of the club and the forthcoming season will be available on the night.



# BILDESTON

# ALLOTMENTS

Have you ever thought of growing your own vegetables and flowers?

There are currently vacant plots, both full size and half size. Water is available on site, and the rents are reasonable.

If you are interested, please contact: Robin Weaver, 741048, or Ashley Hubbard, 740633



Garden Maintenance
General garden tidy up
Landscaping
Hedge cutting
Hedge reduction
Fencing
Turfing
Lawn care

For all your gardening needs contact Steve:

01787 583828/07885728973

steve.wilding283@googlemail.com

# **CPH Property Services**

Painting • Decorating • Refurbishments & Repairs Fully Insured with Free No Obligation Quotations

A friendly local company with 30+ years experience

Tel: Chris - 07717059370 or 01787 210536 Tel: Paul - 07880727630 or 01449 740020

Email: chris.harman1990@gmail.com

## **COUNTRYSIDE OBSERVER**

As I type we are ten days into 2020, settling into our next journey around the Sun during which we will travel no less than 584 million miles to end up where we started. Hopefully next time we transit this stage in our annual orbit around the sun common sense will have prevailed and Brexit is but a bitter sweet memory...! Astronomic mathematics were never a strong point but gives me something to do at six in the morning!

Meanwhile back on planet Earth Bildeston's temperatures have 'plunged' to less than five Celcius, doubtless the popular press will be

predicting the new Ice age cometh any minute now? Precipitation continues to plummet from above, but can't complain about the temperature +7C at 05.30 today 17th Jan. Did the long term forecasters predict this was going to be another very cold winter last autumn? I seem to recall they did, if so such inaccurate predictions offer perhaps a little less confidence in the more dire predictions banded about nowadays? A tad warmer this morning, but only a tad, while an 06.00 mist lies across our village. No doubt it will soon clear, but meanwhile January plods along as if it has a drag chute attached. By that I mean something that slows things down. February beckons with the bad thing about February being another birthday. Still, better to have them once a year than the alternative....!

Circumstances and life style change dictate this is my last copy, I am sorry to be leaving. Changes are a part of life, the mirror on the wall testifies to the fact daily. Reflecting over the past 16 years in Bildeston I realise how lucky we were to have chosen this area to live. Traveling extensively its quite apparent this part of the UK is among one of the most beautiful and unpopulated parts of our fair isle. Where else can you leave at 05-30 am of a morning and somedays travel ten miles before seeing another moving vehicle.? The lanes up to the A14 at Bury offer just such an opportunity. Elsewhere developments abound with towns all across the country expanding rapidly. Pleasant farm fields adjoining many towns are rapidly being turned over to housing its happening all around us now. Halstead has a massive new estate on its western edges, Sudbury is following on with its own expansion. How long before a developer gets their way and Bildeston's population grows massively I hope not. We have been lucky with only Tankard farm being the recent main development to date though I note the field opposite Taylor made Joinery is pegged out ready for housing. Time I think for someone to release some great crested Newts…!

I leave Suffolk with great memories, part of the UK that will be forever close to my heart. Its comforting to leave a village that remains largely unspoilt, seemingly untouched by time and too much progress. Within the next decade I will retire to Dorset where I was brought up, another lovely county, rolling countryside, Jurassic coastline and importantly great beer!!!

31st January a date that will go down in the history of our island nation for all of time. Up anchor, the good ship Great Britain (including Scotland) sales off into waters where she can decide on the heading. Brexit gets done, part one. That's it from me, good health, and happiness to every country observer reader, thanks for staying tuned. I hope my page over the past 5 years has been enjoyable reading, maybe somebody will pick up where I leave off?. **Mike Biddulph** 

# **BASE GARAGE LTD**

MONDAY – FRIDAY 7.30 – 6.00 SATURDAY 8.00 – 12.00

- TYRES
- EXHAUSTS
- PUNCTURES
- BATTERIES
- WHEELBALANCING
- AIR CONDITIONING
- LATEST DIAGNOSTIC EQUIPMENT
- WELDING TO MOT STANDARD
- SERVICING & ALL REPAIRS TO ALL MAKES OF CARS
   & LIGHT VANS FLEET DRIVERS WELCOME
- MOT CLASS 4, 5 & 7
- COURTESY CAR AVAILABLE
- COLLECTION & DELIVERY SERVICE 5 MILES RADIUS OF GREAT BRICETT
- WINTER CHECKS
- HOLIDAY CHECKS

LOWER FARM ROAD, GT BRICETT, IPSWICH IP7 7DR

01473 658987 / 01473 657704

£10 OFF!

YOUR MOT WITH THIS

ADVERT



### Bildeston's Annual Litter-pick 2020.

This year we are again conducting the litter pick early, following on from last year's success, as we then have the advantage of not being hampered

by the weeds and nettles.

If you are new to the village and walk our footpaths, I am sure you will notice the build-up of thoughtlessly discarded rubbish which spoils our beautiful surroundings.



We work hard once a year to make a difference with this long standing event. Please consider joining us - it's a great way to meet new folk and give something back to our community.

We will be conducting the Litter-pick from 10:00 a.m. on Saturday March 14<sup>th</sup>

Meet on the Market Square

Bring gloves if you have them

Litter pickers and bags supplied

Children welcome with adult supervision

As usual you can pre-book a particular area of the village that you would like to work on or you will be allocated a group to work with on the day.

Please call one of us if you can so we have an idea of numbers. Thanks.

Jo Silburn 01449 257045 Rob Sidgwick 01449 740404

### THE HENRY MORPHEW LEGACY FUND

The Henry Morphew legacy exists to provide financial assistance for a wide range of group activities and projects which will benefit the Bildeston community.

The fund is administered by the Kings Pightle Nature Reserve trustees, and applications for grants from the fund should be sent (in advance of expenditure)

to: The Secretary, The Kings Pightle Nature Reserve,

5, Church Road, Bildeston,

O..es-ils

Suffolk.

(01449 740778)

# Studio 66

Ladies and Gents Hairdressers



# Bildeston Ladies Club



Who would have thought it would have been so much fun being invaded by Vikings! At our

February meeting we were thoroughly entertained

by Thorrulf who had much to tell about Viking times. His authentic dress displayed his position as a wealthy man with money to spend on metres of fabric for his trousers! We heard about life in the great hall, where mead was drunk from a horn and reputations won or lost amidst the drunkenness! On the battlefield, swords, shields and



axes were used in the shield wall- it must have been a fearsome sight!

Our thanks go to Ian for a really interesting evening. Next month we meet on Thursday 5th to hear about the work of local sculptor Sean Hedges-Quinn Everyone welcome - members £2 and guests £3

Chamberlin Hall - 7:30 for 8:00 p.m. Chairlady -Jo Silburn - 01449 257045

Secretary - Jean Radley - 01449 743650

# VACANCY: SECRETARY FOR CHAMBERLIN HALL COMMITTEE

This voluntary position involves taking minutes, circulating and keeping official records and documents and being part of the active committee.

Anyone interested in joining our friendly committee, please contact: **chamberlin.bookings@gmail.com** 

# Chair-based Exercises

# at Monks Eleigh Village Hall

Free Taster Class\*

**Our NEW Chair-based exercise classes** will be held each week and are suitable for all ages. The classes are a fun and affordable way to improve your mobility, flexibility, strength and confidence as well as being a great opportunity to meet others in a sociable environment. Monks Eleigh Village Hall is a wonderful venue with a large, daylight-filled hall, kitchen facilities, toilets, disabled access and ample car parking on site.

1 HOUR CLASS £6.00 • SPECIAL OFFER: BOOK 4 CLASSES FOR £20.00
\*Please contact the office on 01473 823500 for further details.



### IMPORTANT NOTICE FROM HEALTH CENTRE

Bildeston Health Centre are refurbishing the Dispensary, week commencing March 23rd 2020. We are anticipating that this work will take 5 days so we will only be able to offer a limited service. We would be grateful if patients who have repeat medication due this week would get requests in before 16th March. We apologise in advance for any inconvenience caused but we have outgrown the existing space and it is a necessity. Thank you for your understanding.



# KINGS HEAD & Brewery

Nigel, Susie, Ryan and Freya and the team look forward to welcoming you to the Bildeston Kings Head.

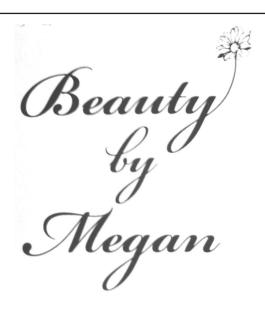
www.bildestonkingshead.co.uk

- Here's our free live music for March: every Wednesday is Open Mic Night from 8:30pm; from 9pm on Saturday 28<sup>th</sup> Clare Free award nominated songwriter, singer/guitarist, Clare's performances are fiery, exciting and heartfelt; and from 1pm on Sunday 29<sup>th</sup> have a relaxing lunch with Kevin Nightingale on contemporary classical acoustic guitar.
- Thursday is bar games night, there's all the usual plus Poker, Skittles and table top football, snooker & tennis. Roy's Open Deck/Vinyl night is the 19<sup>th</sup> Mar. Charity quiz night is 26<sup>th</sup> Mar at 8:30pm, please arrive by 8pm. To book a quiz table telephone Sue/Nigel on 01449 741 434. Thank you to January's teams who raised £133 for Meningitis Now/Trust.
- Our good value homemade food uses quality ingredients that are locally sourced where possible. We are well known for tasty beer-battered fish & chips, delicious boozy beef pie (Suffolk red poll beef) and our freshly prepared traditional Sunday roasts. Meals are cooked to order, available to eat-in or take-away and in child sized portions. To reserve a table please phone Sue or Nigel on 01449 741434.
- We brew our own real ales on-site (tours by arrangement) with at least one other from a local independent brewer.
- Our opening and food/takeaway times are as follows:

Wednesday Open 6pm-12am (open mic/buskin night)

Thursday Open 6pm-11pm (bar games night) Friday Open 4pm-12am (full menu 5-9pm)

Saturday Open 12pm-12am (full menu 12-2pm & 6-9pm) Sunday Open 12pm-10:30pm (roast/Sunday menu 12-3pm)



Megan is a beauty therapist with over 14 years experience.

I work from my log cabin in Hitcham, it is situated in a peaceful, rural location and benefits from off-road parking.

Treatments are by appointment only. Therefore you are guaranteed complete privacy and your treatment time is exclusively for you!

### A variety of treatments include:

Dermalogica Facials/Reflexology/Spray Tanning
Jessica Manicure and Pedicure
Foot Health Maintenance (nail trimming/hard skin removal)
Eye Treatments/Waxing

Please phone for enquiries and price list.

Megan Pryke
VTCT, BABTAC
07876 717 008



Hitcham Village Hall, Hitcham, IP7 7NE

### FOR CHILDREN AGED 2 - 5 YEARS

Open Mon, Wed, Fri 9.15a.m. – 12.15p.m. or 3.15p.m.

Tues, Thurs 9.15a.m. – 12.15p.m.

Early Drop Off – 8.15a.m. Lunch Club Daily until 1.15p.m.

2 Indoor Rooms and Outdoor Areas
Ofsted Registered

Early Years Funding accepted for all 3 & 4 year olds and eligible 2 year olds. 30 hrs funding also available.

Contact: Sharon Scarfe 01449 740764 (hall) 01449 740581 (home)

Or visit honeybeesnursery.co.uk

07534 525 263 01449 258 254 **24 Hour Emergency Cover** 





Bathrooms – Kitchens – Plumbing – Underfloor Heating

Tap Changes, Ball Valves, Shower Pumps, Water Softeners, Hot Water Cylinders, Bathroom, Wet Room & Kitchen Installs, Radiator & Valve Replacements, Underfloor Heating, Heating System Repairs, Renovation and New Builds

gidneyph@outlook.com www.plumbinginsuffolk.com



# <u>Green Farm</u> <u>Vintage China Hire</u>





A large selection of Vintage china, glass and other items to hire for vintage tea parties, weddings and other occasions at very competitive prices.

20% of your china hire cost will be donated to the charity of your choice.

For more information, a price list and photos, please see my Facebook page:

Green Farm Vintage China Hire

Email: carole.homer@btinternet.com

Tel: 01449 741498 Mobile: 07879265756





### **BusyB**

# Quality Dressmaking, Alterations and Ladies Formal Gown Hire

A professional bespoke service from a friendly local dressmaker, now also providing a hire service for ladies formal wear – call for an obligation free quote.

Find me on Facebook as 'Bev Busyb'

or Google Maps – search for 'BusyB'

Tel: 01449 737618 Mob: 07753 177703

email: busybev@btopenworld.com

www.busybev.co.uk

### ALADDIN - THE VIP'S LATEST PANTOMIME

A very Well Done to all VIP's for their latest production of Aladdin. The whole crew and cast had been working together for a number of months to put this pantomime to their audience. They did not fail to please us.

Produced and directed by Debbie Bailey, who also played the part of Nanas, the Monkey friend of Aladdin. Her Director's assistant was Elaine Talbott, who was also the choreographer. Thanks also to the sound and lighting crew up in the gallery; Jane Harrison, Sue Fell and Ryan. Brilliant job! Widow Twankey – Gray Searle – was exceptional, playing the part of the dame, and very comfortable ad-libbing with a gentleman in the audience, using him all the way through the performance. His costumes hit the spot for a Chinese laundry. His son Aladdin played by Will Pratt - set many hearts a flutter, especially the Princess Lotus Blossom - Mollie Coomber, who he did eventually win. Hooray! His bumbling friends Wishee and Washee played by Harry Searle and Rob England were typical clowns and made us giggle throughout. Robin Sidgewick again Prop and Set Master Extraordinaire, also I think the head of the Chinese Dragon that danced up and down and through the audience. The costumes were superb, thanks go to - Caroline Jamieson, Lucy Rolfe and Debbie Bailey - even the Emperor's Wun- Hung- Lo played by Kevin Bailey in his undies! Sorry, no photos allowed! His Empress Karaoke - Christine Hubbard kept the story going through the show with word and song. The Royal Help Soo-Lee – Lorraine Pearce kept them on the straight and narrow. We

hissed and booed as believable. His side kick, Hoo-Flung-Dung played by the naturally irrepressible stalwart of the stage - Linda Underwood. Also, Sum Ting Wong – Hayley Hynard woman of many parts, including Protester and Air Hostess amongst them. If we need a demo, we know who to call! In the second half we did get to see the Genie, and well worth the wait for what

have to mention the Baddie Abanazer, the wonderful Colin Bartram as he was

a beautiful sight in turquoise she was - Caroline Gage. Another excellent stalwart of Pantoland in Bildeston.

The youngsters Yakee Poo and Guards Ryan Fell and Kenzie Loughlin are stars of the future for the company. Also the dancing troupe of Al's Gang, Freya Fell, Ryan Fell, Florence Howieson, Olivia Howieson, Gracey Howieson, Dylan James, Sienna James, Leo Pyke and Phoebe Pyke. I especially loved their Baby Dragons and superb guitar scene! They will no doubt be appearing again on stage sooner than you think. A huge thanks and a very well done to you all.



eyhoundracingreyhou ngreyhoundracingi acingreyhoundra



# Goes to the Dogs

Why don't you join us for

## A NIGHT AT THE DOGS

High Tension, Fun, Frolics and Drama

Friday 20 March - Chamberlin Hall Doors open 7.00pm - Racing 7.30pm

Tickets £8 (Including 'hot dog')
On the 'dog and bone' call **01449 740892** 

Bets £1 - Buy and name your dog for £3
Winning owner receives cash prize

Thank you to all who came and supported my Coffee Morning and Bring and Buy. We raised just over £100 for St. Mary Magdalene church and £50 for Tearfund, for their Rohingya refugee emergency crisis appeal. Please do come and join me again for Lent lunch and Bible study on the 18th March. God bless, Teresa Lester

# Bildeston Sports Field Pavilion



Hall, kitchen & field for children's & adult parties, meetings, clubs & rehearsals.

For details and hire rates contact 07711 904515 or 07766 527433

### **BILDESTON COMMUNITY CYCLING**

Why not join our monthly Saturday morning Winter Warmer series?

# **WINTER WARMER 6**

JOIN US FOR A RIDE OF ABOUT 25 MILES, STARTING FROM THE MARKET PLACE AT 9.30am, ON SATURDAY 7 MARCH. CAFE STOP HALFWAY. BACK ABOUT 12.45pm.

#### **PUT IT IN THE DIARY NOW!**

Warm clothing recommended. The ride will be mainly on quiet lanes, at an acceptable speed (no-one left behind!). Regret no unaccompanied children under 16.

JUST TURN UP; or for more information, contact Robin Weaver 741048



# Stowe Veterinary Group For a professional caring service



Independent practices with a personal approach



# **Paul's Carpentry**

All Carpentry projects considered large or small Decking, Fascia and Barge Boards, Fences, Pergolas, Garden Rooms, Sheds. and Much More

Mobile: 0779 234 0365

Tel: 01449 616888

email:paulhb100@protonmail.com

# **COUSINS & SON BILDESTON LTD**

available to carry out all your building requirements from

# Renovations / Alterations / Extensions General Repairs

Please contact Paul for a free estimate

01473 658919 or 07876 244461

or email paul.cousins268@btinternet.com

# NJC

Clearance and Collections

Single item all the way upto full house and garden clearance, anything you need moved or removed.

Luton van with tail lift and tipper available.

Fully insured and licenced.

07999125413 njc.candc@gmail.com



★ Professional finish at reasonable rates

 $\bigstar$  Clean and tidy lady decorator

★ Honest, reliable service

Tel: 07895 277357

Email: claire.marks@housetohomedecorating.co.uk
Web: www.housetohomedecorating.co.uk

# Blaturai NEEDS YOU!

## **BNATURAL AGM**

Kings Head - 30th March - 7:30pm

ALL WELCOME TO ATTEND – THERE WILL BE AN OPPORTUNITY TO GIVE FEEDBACK TO THE COMMITTEE.

WE WOULD ALSO WELCOME NEW MEMBERS, VOLUNTEERS OR ANY INTERESTED PARTIES.

HAVE YOUR FIRST DRINK ON US! EXPERIENCE THE KINGS HEAD ON A MONDAY COURTESY OF NIGEL.

www.bnatural.bildeston.org



Bildeston Sports Pavilion
Saturday 18th April 7.30pm
Teams of up to 6 players
£5.00 per head (includingTable Snacks)
Licensed Bar
All proceeds to the Sports Pavilion

Entries to Elaine Talbott 07766527433 or elainetalbott@hotmail.co.uk

page 24 - issue 353 - March 2020

### **BILDESTON'S WHO'S WHO**

This month I met up with Jim Talbott, Car Enthusiast. Jim was born in Cheshire but spent his early years in Australia. Jim's father worked for an aircraft company, which moved him to their factory in Sydney. Re-location to the company's UK base resulted in moving to Amersham, Bucks. The family later moved to North Suffolk where Jim went to Sir John Leman High School, Beccles. Leaving school Jim entered the banking industry where he worked for 35 years, latterly for the bank's Group Operations division. Jim's last job was manager of the Cambridge Operational Service Centre.

From an early age Jim was a car enthusiast with a particular interest in Italian cars. For a long time dealers for the more exotic Italian manufacturers were few and far between and spares were very expensive. It was advisable therefore to join an "Owners Club" where enthusiasts could share information and experience. Jim bought his first Alfa Romeo, a Giulia Sprint GT, and joined the Alfa Romeo Owners Club, the local section of which held a monthly meeting at the Bildeston Red Lion. This is how Jim got to know, and like the village, so Jim thought if the opportunity arose in the future, he would like to move to Bildeston. This did happen, and in 1984 Jim and his wife Elaine moved to the village.

Jim became more involved in the Alfa Romeo Owners Club and for a time was the club's Events Co-ordinator organising national club meetings and participation in events at the NEC, Stoneleigh, Alexandra Palace, Donnington, Silverstone etc. After being asked by Autoitalia magazine to judge the concourse for Alfa Romeo Spiders at their Stanford Hall event, Jim was horrified to see at the top of the list supplied, the name "Richard Hammond". Making his way over to look at the car, an incredibly tatty silver spider, Jim was pursued by the camera team and Hammond himself, who went straight in to the filming without any preparation. When Jim returned home and explained what had happened, his daughter Alex exclaimed, "I hope you didn't make me look an idiot"! Jim later discovered he had given Hammond the lowest score ever for a concourse entry in one of the "Top Gear" challenges! Taking early retirement from the bank gave Jim time to complete an Alfa Romeo Spider Buyers Guide for Veloce Publishing and working with Andrew Brown, finally completed a major book on the Alfa Romeo Spider for Crowood Publishing in 2019. I asked Jim what does he like about Bildeston? Jim likes the historic buildings, the church and clock tower, the excellent shop, three pubs, the chapel coffee morning and the visiting fish and chip van. Jim recognises how lucky we are to have an excellent primary school and superb health centre. Most importantly however, are the friendly residents, sprinkled of course with a fair quota of eccentrics, and the genuine sense of community. Jim has served on the Parish Council and for some time helped out at the Primary School as a volunteer for a half day a week. Jim is also a member of "Keep Bildeston Beautiful" and recently coordinated the Mill Lane tidy up.

# SEAGER SWEEPS

Professional Chimney Sweeping Services

# <u>Chimney Sweeping</u> <u>Prices From £50</u>

For 2019/20 (any standard chimney of lined stove)

# **Book online**

www.seagersweeps.com

Tel: 01449 741595 / 07958739686 Email: info@seagersweeps.com

Bildeston, Ipswich, Suffolk, IP7





# **ANDYS LOGS**

Well Seasoned Barn Stored Hardwood Logs

Loads Delivered or Pick Up

Wood cut to size for any Heater

Large bags of wood collection only

CALL ANDY 07881 684687

\*Bags of wheat for Chicken feed also available collection only

Canine Wellbeing At The Pheasantry Wattisham, Suffolk IP7 7LA

# Dog and Puppy Day Creche

We provide a very special service of looking after your dog or puppy. In the comfort of our own home, whilst you are at work, or whilst your dog is recovering from veterinary treatment. Why not allow your puppy to socialise with other canine friends. Daily collection and delivery is available.

## Dogs on Holiday

Whilst you are on holiday, why not let your canine friend have one too. She/he can come and stay in the comfort of our own home, where she/he will be treated as one of the family.

Also available

### Canine Hydrotherapy

For more details phone: 01449 740659 mobile 07956286056 or visit our website:www.caninewellbeing.co.uk



MULTI AWARD-WINNING Frames Conservatories

Your Complete Home Improvement Centre Pirect

For a room you can use all year round, call us now on:

01284 799470

Unit 3, Barton Road Retail Park, Bury St Edmunds, Suffolk IP32 7BE (Nr Farm Foods) or visit www.fcdhomeimprovements.co.uk

ALUMINIUM PRODUCTS ★ CLADDING ★ WINDOWS ★ DOORS ★ CONSERVATORIES ★ FASCIAS & SOFFITS

# **YSTEMS** Tree and Grounds Care

Tree Surgery, Felling, Dismantling, **Hedge Maintenance, Stump Grinding Woodland Creation, Commercial Grass Cutting** 

**Fully Insured NPTC** qualified Council approved contractor FREE no obligation quotations and advice

### **DAN STANMORE**

Bildeston 01449 741255 • Mobile 07980 290781 Woolcombers, Duke Street, Bildeston IP7 7EW

### LAXFIELD HOUSE NURSING HOME BRENT ELEIGH, Nr LAVENHAM, SUDBURY, SUFFOLK

Situated in a quiet village location with beautiful gardens, offering residential and full nursing care for elderly people.

A highly trained team of nursing sisters and care staff provide excellent nursing care with kindness and compassion, ensuring privacy and dignity at all times.

\* Long or short term respite care available \*

A warm welcome is always extended to all visitors



All rooms are well appointed with en-suite facilities. Nurse Call System, Passenger Lifts, Various Public Rooms

This nursing home was established over 25 years ago by the current proprietor and family with ongoing input and management.

Enquiries to - Mrs J. Carne RGN, RM, (Matron) Mrs E. P. Knight RGN, RM, Mr N. Knight (Proprietors)

Telephone (01787) 247340 / 495

enquiries@laxfieldhouse.co.uk www.laxfieldhouse.co.uk



Member of the Registered Nursing Home Association

# Recipe of the Month Apricot Scone Cake

with thanks to Alison

#### Ingredients

Serves 8 and better served warm from the oven

375g Self Raising Flour plus extra to dust

1 tsp baking powder

100g unsalted butter chilled and diced

50g caster sugar plus extra to sprinkle

125g dried apricots finely chopped

100ml milk

2 medium eggs

½ tsp vanilla extract

Clotted cream and jam to serve



#### Method

- 1 Preheat oven to 220C 200c fan gas mark 7. Line a baking tray with parchment
- 2 Mix the flour, baking powder and  $\frac{1}{4}$  tsp fine salt in a large bowl. Add the butter and rub until resembles breadcrumbs. Mix in the sugar and dried apricots
- 3 In a jug, beat together the milk, eggs and vanilla extract setting aside 1 tblsp of this mixture for the glaze
- 4 Make a well in the centre of the flour mixture and pour in the egg mixture stirring until the dough comes together. Pat this dough out to a round of 20cm diameter and 2.5cm thick
- 5 Transfer this to the prepared baking tray. With a sharp knife deeply score into 8 wedges and brush the top with the reserved beaten egg mixture then sprinkle with a little sugar
- 6 Bake for 20 minutes until risen and golden. Cool for a short while on a wire rack.
- 7 Cut into wedges and split in half topping with the jam and cream as preferred.

# PHYSIOTHERAPY AND PILATES



Claire is an experienced Physiotherapist and certified Pilates Instructor.

#### Services offered:

- Physiotherapy
- Womens Health Physiotherapy inc MummyMOT
- Running Analysis
- Sports Massage
- Pilates 1:1
- Pilates classes (BILDESTON & Hadleigh)
- Home visits

#### PHYSIOTHERAPY CAN HELP:

- . Muscular aches and pains
- . Low back pain
- . Hip and pelvic pain
- . Neck pain
- . Joint pain or sprains
- . Repetitive strain injuries
- . Nerve pain
- . Ante and post natal pain
- . Pre- surgery

Clinic Address: Kersey Mill Kersey IP7 6DP



www.fitframephysio.com Tel: 07900440141 E: Claire@fitframephysio.com

# **Castell Carpentry**

Doors Supplied & Fitted Shelves & Storage Cupboards & Cabinets Fitted Furniture

Call Tom 0757 900 8271

tom@castellcarpentry.co.uk

# N D ROSE Int / Ext Decorating

- Decorating
- Wall / Floor Tiling
- · Gutters Cleaned / Repaired / Replaced
- General Building Maintenance

Local established tradesman 25 years experience Free estimates good rates References available

Tel: 01787 211042 Mob: 07518 040465 3 Fen Street Boxford CO10 5HL



#### Bildeston Bookworms

Hello Bildeston. Christmas seems so very long ago now. With all the build up and festivities, it strikes me as sad, but inevitable that we return to 'normal' so quickly, picking up our everyday lives and moving and looking forward.

As is often the case at this time of year, with dull days and the year stretching ahead, we can become a little down, especially as it seems that the news at the moment is full of doom and gloom. This is where a good book can make all the difference. Well, I can certainly recommend our next book choice, 'The Road' by Cormac McCarthy. It is easy to read, quite a short book and has some beautifully descriptive passages that are almost poetry. It was one that I was not looking forward to picking up, but one by which I was, almost unexpectedly, spellbound.

Sadly, it may not improve your view of the World at the moment as it is set on a postapocalyptic Earth. We follow a father and son on their journey across a desolate, dark, cold and dust covered America as they strive to reach the coast. A grey world. Little remains and the few people they meet are to be avoided as most have given up any moral compass and have turned to murder and cannibalism to survive.

Cleverly, we never know the names of the characters or what has happened. This adds to the general feeling of desolation, but within the darkness, the two carry 'The Fire'. Another ambiguity, as again we don't know what 'The Fire' is, but it defines the two. It separates them from the others! There is a determination to survive, but to live on their own terms. That they are the 'good guys'.

Well all felt that it was a thought-provoking novel. Some thought challenging. All agreed it was dark, maybe depressing at times and even a little scary, but the overall feeling was one of hope and salvation and we all agreed we would recommend this book and that we all enjoyed reading it. An incredibly visual read, pictures came easily to mind and one that caused more in-depth discussion than any previous book our group had encountered.

On a personal note, I found the lack of speech marks off putting, but that is the teacher in me!

I do hope you take the time to consider this book. As I have previously mentioned one of the joys of a book club is reading books from outside of your comfort zone and in so doing finding an author that may inspire you or even just a book that brings people together.

I wonder what the future would be like for the boy? With all the destruction around him, you feel he will survive and more importantly survive well. Maybe he will find a book and it may open him to a better future. As his father advised 'Keep a little fire burning: however small, however hidden' because then there are always possibilities.

### Now Frying At Market Square Bildeston Thursdays 4pm – 7.30pm Fridays 11am – 1:30pm



# BILDESTON ELECTRICAL

Rewires, Extensions, Board Changes or New Installations

Any Alterations to Existing Installations

(lights, sockets, etc.)

Contact Ian
01449 743664 or 07754 723685

# **MOVING SALE**

SATURDAY 28TH MARCH
GRANARY HOUSE
HIGH STREET BILDESTON

EVERYTHING MUST GO!

ALL MANNER OF ITEMS,

NO SENSIBLE OFFERS REFUSED.

COME AND GRAB A BARGAIN

ENTRANCE OPPOSITE HOPE COTTAGE

SEE SIGN ON THE TELEGRAPH POLE



# Bildeston goes to the 'dogs'



PUT THE DATE IN YOUR DIARY &

MORE INFORMATION COMING SOON (OR TEXT/CALL: NICOLA ON 07766 393379)

### **BILDESTON PARISH COUNCIL**

DRAFT minutes of the meeting of Bildeston Parish Council held on Monday 10th February, 2020 at Baptist Church Hall at 7.30pm In attendance:

#### Councillors:

Richard Lester (In the Chair) Angela Chapman, Andrew Guttridge, Ashley Hubbard and Virginia Tuck

Also Present: David Blackburn (Clerk) Fiona Lemon (Community Development Worker)



#### C122/19/20 APOLOGIES FOR ABSENCE

Apologies for absence were submitted by Councillors Hutchings, Leigh-Hunt and Powell and by County Councillor Lindsay.

#### C123/19/20 DECLARATIONS OF PECUNIARY AND NON-PECUNIARY INTERESTS

The following declarations of non-pecuniary interest were made:

Kings Pightle Management Committee - Councillors Hubbard and Lester

Parochial Church Council - Councillor Lester

Sportsfield Management Committee - Councillor Chapman

#### C124/19/20 DISPENSATIONS IN RESPECT OF PECUNIARY INTERESTS

There were none.

#### C125/19/20 MINUTES OF PREVIOUS MEETINGS

It was AGREED: That the minutes of the meeting of 13th January 2020 be signed by the Chair as a correct record.

#### C126/19/20 PUBLIC QUESTION TIME

There were no questions on this occasion.

#### C127/19/20 MEMBERSHIP OF THE PARISH COUNCIL

There were no proposed changes to report on.

#### C128/19/20 COUNTY & DISTRICT COUNCILLOR'S REPORT

Councillor Lindsay had submitted a report on local bus services (Minute 131/19/20 below refers).

#### C129/19/20 PARISH COUNCIL PLANNING AND PROJECTS

a. Mill Lane

Councillor Guttridge reported that an order had been placed by the Clerk for the works along the Mill Lane footpath.

b. Village Website

The Community Development Worker reported on the evaluation of the two preferred submissions following which, "Parish Council Websites" were recommended for appointment as the provider of the new village website.

Set up, training and support arrangements were discussed along with the functionality and quality of the website. It was noted that the underlying technology (content management system) used was

"WordPress". This was a standard application which could be used if the Parish Council needed to change provider in the future for any reason. The cost of the website was £877. It was anticipated that the website would be up and running before the end of April 2020.

The Community Development Worker would provide training to local groups. The Clerk would retain on file the six submissions received from interested parties.

Councillor Hubbard indicated that Sue Andrews had offered to assist in providing a full and accurate history of the village for use on the site.

It was AGREED: That Parish Council Websites be appointed to supply the new village website.

#### c. Village Sign and Green

Councillor Hubbard reported on the design and composition of the village sign. There had been a positive response to the article in The Bugle about the proposals to improve the "Village Green" and it was felt that local parishioners should be consulted about the sign to seek their views and ideas.

#### It was AGREED:

- i. That the sign be manufactured from cast aluminium; and
- ii. That a Community Engagement Event be held at the Tea Room on Saturday, 7th March, 2020 from 10am to 12 Noon to seek community views on the Village Sign and surrounding area.

#### d. Water Courses

Councillors Chapman, Hubbard and Tuck had mapped the water courses within the parish. It was noted that the survey had been a significant piece of work with mapping undertaken of the courses, gulleys, culverts, drains, open ditches etc. The information collated, including photographs, would be passed to Councillor Leigh-Hunt for uploading. The information would be used to update the records held by Suffolk County Council's Flood Management Team who would, in turn, be able to provide details of all the landowners along the water courses. It was felt that the Parish Council should request a copy of the updated register from the County Council.

#### C130/19/20 DEFIBRILLATOR

A request had been submitted to the Parish Council for it to fund a defibrillator that Chamberlin Hall Management Committee was obtaining. It was noted that this would provide a second defibrillator in the village, in addition to that located at Bildeston Health Centre.

Members of the Parish Council considered the best way of funding the defibrillator. It was understood that County Councillor Lindsay was prepared to allocate locality funding to the project and that an application might be made for support from the Henry Morphew Fund.

It was AGREED: That the Parish Council is supportive of the initiative of Chamberlin Hall Management Committee and would be prepared to provide funding towards the purchase of the defibrillator once it understands what other sources of funding have been investigated.

#### C131/19/20 LOCAL BUS SERVICES

Councillor Tuck reported upon the efforts made by the Parish Council to seek the reconsideration by Suffolk County Council of tis decision to remove its subsidy for local buses across the County including services connecting Bildeston to local towns and villages.

The steps included:

- Engagement with other Parish Councils over the matter and attendance at meetings of the Local Bus Services Action Group.
- Lobbying of the local County Councillor to support a review of the decision.
- Submission of a letter of objection to the Cabinet Member for Highways, Transport and Rural Affairs.
- · Meeting with the above at the offices of Suffolk County Council to express in person the views of

the Parish Council and local community.

It seemed however, that the County Council was determined to implement its proposals as they did not consider that the services were financially sustainable given that a large proportion of the passengers qualified for concessionary travel.

It was noted that there was a minibus owned from Cockfield Community Council which could be used for local travel if a group of volunteers wished to explore this option.

It was AGREED: That the Parish Council had lobbied extensively in seeking to retain local bus services but it didn't appear that Suffolk County Council was prepared to respond positively to local communities on this matter and it was not considered appropriate for the Parish Council to take on the role of organising and operating local bus services.

#### C132/19/20 PARISH COUNCIL AND VILLAGE AMENITIES

Councillor Chapman reported that there had been a positive meeting of the Sportsfield Committee. As a result of a Fire Risk Assessment, it had been identified that the Alarm system required upgrading. It was felt that an application Kings Pightle Trust was appropriate as funding for the Sportsfield from the Henry Morphew bequest remained available. There was also a discussion about the metal shed on the Sportsfield which could be removed from site. It was suggested that this could be advertised on eBay (or similar).

There was an update on communications exchanged regarding a memorial stone at the Cemetery. The Clerk was asked to write to Abbey Memorials inviting an application and fee, along with the removal of the memorial stone, it being cut down to size and then replaced on site (subject to consent being granted). If this approach was unsuccessful, then legal advice should be sought on the matter.

#### C133/19/20 CLERK'S REPORT

The Clerk reported that there would be a Maintenance Review meeting at Chamberlin Hall on Saturday, 22nd February, 2020 at 10.00am. The Clerk gave an update on changes that were likely to maintenance arrangements in the coming weeks. It was noted that the bins at Coronation Playground would be replaced shortly.

#### C134/19/20 PAYMENTS

It was AGREED: That the following payments be authorised:

Payee	Description	Budget Category	Amount (inc. VAT)
David Blackburn	Clerk's Pay	Salaries & Expenses	£170.40
David Blackburn	Expenses	Salaries & Expenses	£18.00
Adrian Chinery	Grounds Maintenance	Salaries & Expenses	£293.29
Fiona Lemon	Community Development Worker	Salaries & Expenses	£90.55
Stowmarket Concert Band	Remembrance	Community Events	£50.00
Monks Eleigh Parish Council	Speedar Gun	Traffic Calming	£21.80
Robin Taylor	SMS Expenses (Supplier)	ICT & Website	£57.86
Robin Taylor	SMS Expenses (Supplier)	ICT & Website	£9.12

(Note: All items to be paid for from the General Fund).

#### C135/19/20 PLANNING APPLICATIONS

#### Planning Appendix A: Planning Applications Consultation

Reference	DC/20/00177
Proposal	Notification of Works to Trees in a Conservation Area - T1 Acer - Fell. T2 Holly - Remove and Replace. T3 Horse Chestnut - Fell. T4 Willow Tree - Remove and Replace. T5 Fir - Remove and Replace. T6 Conifer - Remove and Replace. T7 Sapling - Remove and Replace. T8 Acer - Fell. T9 Fir - Remove and Replace.
Location	The Red House 126 High Street Bildeston Ipswich Suffolk IP7 7ED
Decision	No objection

#### Planning Appendix B: Planning Applications Decisions by Babergh District Council

Reference	DC/19/05547	
Proposal	Householder Planning Application - Erection of 2no. Pergolas and a Gazebo (Retention of).	
Location	Woodland Barn Church Road Bildeston Ipswich Suffolk IP7 7EE	
Decision	Refused	

#### C136/19/20 ICT UPDATE

Councillor Lester reported on the migration to Outlook 365 and the Sharepoint upgrade. The feedback was that this was a considerable improvement upon the previous arrangements although some further support of users would be helpful. The Clerk indicated that the upgrade of the Parish Council's laptop was being assessed and an update would be provided at the next meeting.

#### C137/19/20 MATTERS BROUGHT TO THE ATTENTION OF THE COUNCIL

Councillor Hubbard reported that the Christmas Tree holder had been returned to storage at Chamberlin Hall.

It was noted that the Clerk would write to the proprietor of Bank House stores to ask if they could open and close the gate at the base of the Clock Tower at either end of the day.

Councillor Tuck reported that a Dog Show would be held at the Sportsfield on Sunday, 14th June, 2020. The consensus was that it would be useful for the Parish Council to have a stall at the event. Councillor Tuck reported that the waymarker from Church Farm to Kettlebaston required replacing. This would be reported to Suffolk County Council.

Following an item in "The Bugle" by the Parish Council on the replacement of the Village Sign, it was noted that some local parishioners had expressed an interest in where the existing sign would be relocated. The consensus was that this should form part of the proposed community consultation event (Minute C129a/19/20 refers).

Councillor Lester reported that the railing outside The Crown was loose and required some minor work. Councillor Hubbard undertook to affect repairs to the railing.

The meeting closed at 9.50pm.

#### **CLERK'S COLUMN**

#### **VILLAGE SIGN AND GREEN**

Since the article in last month's edition of The Bugle, the Parish Council has been delighted with the amount of positive feedback it has received about the replacement of the Village Sign and improvement of the green on which it is situated. There have also been suggestions received about where the existing sign might be re-located.

In view of the level of interest, we are holding a Community Engagement Event at **the Tea Room on Saturday**, **7**<sup>th</sup> **March**, **2020 from 10am to 12 noon**. Please come along and share with us your design ideas for the sign, the green and what should happen to the existing village sign. We are also happy to discuss with you any other matter affecting the village.

David Blackburn
Parish Clerk
clerk@bildeston.suffolk.gov.uk;
01449 721369

Every year we buy lilies and other special flowers to decorate the Church for Easter Day, this year on Sunday 12th April.

Because of the high price of flowers at Easter we have a special Resurrection Book where people might like name those they have loved and lost as they donate towards the Easter flowers. We open this book on Easter Day as we celebrate the resurrection at our service and

Easter flowers at St Mary Magdalene Church

to

leave it by the font for you to see. If you would like the name of someone you wish to be remembered in this way to be written in the book, please print their names on the list in the Church anytime before Wed 8th April and place donations for flowers in one of the envelopes provided on the table next to the list at the back of the church. Place envelope in donations 'hole in the wall' next to the bell tower or deliver to:

Angela Rodgers at 36 High Street. Thank you.



## Done & Dusted

## Cleaning Service

A professional, reliable business offering:

- Domestic Cleaning regular cleaning or one off spring cleans.
- Commercial Office cleaning.
- Ironing service Collected and delivered back to your door

Please call for a no obligation quotation:

Office 01449 258574/Mobile 07402 045572

# COLLINS & CURTIS MASONRY LTD

est.1925

#### **Memorial Stone Masons**

Dedicated craftsmen who combine traditional with new techniques

Bespoke memorials
Additional inscriptions
Restoration and cleaning
Home visits by appointment

01473 250932 www.collinsandcurtis.co.uk





9" Pizzas £5 each

Bildeston Village Square 4.00 pm - 6.30

8th Feb, 14th March,11th April. 9th May (2nd Sat of the Month)

#### Margherita

Veggie (Peppers, Onions, Mushrooms, Sweetcorn, Olives)

Ham & Pineapple

Meat feast

Pepperoni

Hot Pepperoni (Chilli flakes, Jalapenos, Onions)

Garlic Bread with cheese

**Ham Mushroom Olives** 

BBQ base Chicken and Ham

Cajun Chicken (Chicken, Cajun spice, Peppers)

Meatball Special (Meatballs, Onions and Herbs)

Pre order on

Tel 07856 070123

Available for Events , Party, wedddings....



Dolly's pizza van



#### WINDOW CLEANERS.

Providing a friendly, reliable and efficient service since 1995.

Andy: 01449 722680. Paul: 01473 604714. Mobile: 07711 381919.

#### **FULLY INSURED.**

With over 50 years of Traditional Window Cleaning experience, we're at the top of our Profession!



#### **BILDESTON CHAMPION WANTED!**

The Suffolk Community Foundation is forming an exciting team of volunteer Community Champions and are seeking someone to join our team and help spread the word about the grants we award to charities and community groups, with funding raised locally by the Foundation, to address need and change local lives? We aren't asking the Community Champions to fundraise. This is an education and communication role supporting the awareness of events and campaigns like Surviving Winter, but also works two-way with the Bildeston community. We can help to publicise events in your area, and the Community Champion could be amongst the first to know about any appropriate grant opportunities. Once we have some basic information from the Champion about their community, we promise that the role won't be too time-consuming – just an occasional poster to put up, or an article to pass to the Bugle magazine. A Community Champion needs to be:

Interested and passionate about Bildeston and Suffolk as a whole;

Established in their community, where they are respected and listened to; Aware of local needs and those of other Suffolk people; Have good connections to networks in their community and beyond; Realistic, practical – a 'do-er'.

Get in touch with me via the contact details below. I email you a questionnaire which, when completed, will help us to know what is available in Bildeston, and then I will keep in touch and we can swap news and stories via email.

With thanks, Rachel Sloane /Community and Volunteer Communications Coordinator Suffolk Community Foundation D 01473 786919 T 01473 602602 M 07940 187886 E. rachel.sloane@suffolkcf.org.uk W www.suffolkcf.org.uk

#### **VOLUNTEERS NEEDED FOR OUR CHURCH**

The PCC are very grateful for the time and efforts of all who keep the church clean and tidy on a weekly basis. It is a few years since the village church had a thorough "Spring Clean" and we have chosen a 3 day period over **2nd**, **3rd and 4th April** to do just that. There will be a list at the back of the church from early March giving details of all the different tasks.

If you are able to volunteer for a couple of hours on one of the days please add your name to the list.

All cleaning materials provided plus tea, coffee etc. Thank you.

## Friendly Experienced Teacher offers Individual

#### **MATHS Tuition**

Speciality
Confidence Building
KS1 - KS3

Call Colin Plummer on 01449 736918 for details and availability or email: colinp52@gmail.com

# Natalie Mottram Physiotherapist HPC & CSP Registered



- · Muscle and joint problems
- · Neurological conditions
- Stroke rehabilitation
- Fall prevention & balance rehabilitation
- · Pre and post-surgery treatment

For more information and rates please contact:

T: 01787 248061

M: 07758255583

E: nataliejmottram@gmail.com

Physiotherapy Clinic: The Beauty Gallery, 3 High Street, Lavenham, CO10 9PX

### **CHIMNEY SWEEP**

## ECO SWEEP

CHIMNEY SERVICES

NEW POWER SWEEPING METHOD USED FOR A MORE THOROUGH CHIMNEY CLEAN THAN BRUSHES.

NDUSTRIAL HEPA FILTERED VACUUM.

FULLY INSURED.

NSURANCE RECOGNIZED CERTIFICATES ISSUED.
SPOTLESS, RELIABLE AND FRIENDLY SERVICE.
ALL CHIMNEYS, WOOD BURNERS, AGA, BOILER
FLUES SWEPT.

Before During After



TEL. 01359 232335

## **Dunstone Optometry**

## 3 Queen Street, Hadleigh

For your entire eye care needs

including contact lenses, latest Swept Source OCT eye scanner, examination of children and home visits

Frames include: Tom Davies, Tiffany, Ray-Ban & Esprit

To find out more please call in, telephone

01473 823755 or see dunstoneinsight.com



## **Stuart Walker**



## **Decorating, Painting & Refurbishments**

A locally based company offering an honest and reliable service

Painting - Decorating - Refurbishments - Repairs

All work considered indoors & out! Fully Insured & free quotations provided

Please contact Stuart on Tel: 07711 606464 or 01449 740387

Email: stuma1@hotmail.co.uk



## \*\*Pilates and Yoga classes now at Kersey Mill\*\*

If you want to exercise both your body and mind as well as improving your sense of well-being, strength, flexibility and mobility then Pilates is for you! We are passionate about bringing the benefits of Pilates/Yoga to everyone and with a highly qualified team of instructors we can certainly help you improve muscle tone and core stability, building strength from the inside out, rebalancing the body and bringing it into correct alignment.

## BEGINNERS CLASSES AND FREE TASTER SESSIONS\* ARE NOW AVAILABLE AS WELL AS PRIVATE 1:1's

\* on selected classes

We now offer small Yoga classes too to add to your well-being experience at Kersey Mill. Please get in touch if you would like any more information.

Whether you are new to Pilates/Yoga or have been enjoying the benefits for years, we feel confident that we can accommodate your needs to achieve results.





Body Control Pilates is a registered trademark used under licence Pilates Works, The Studio, Kersey Mill, Kersey, 1.com | pilatesworks4u@gmail.com Tel: 01473 823 500 or 07855 394703



## Luxury Cat Hotel Exclusively for Cats

Telephone: 01449 744966

Web site: www.clayhillcattery.co.uk

www.facebook.com/clayhillcattery
Email: info@clayhillcattery.co.uk

Fully licensed and inspected by Babergh & Mid Suffolk District Council – highest Five Star rating awarded

Family run cattery where your cat is treated like a member of our own cat family

Secure, hygienic all year-round boarding
Diets tailored to cat's needs and preferences
Indoor purpose-built luxury suites

Temperature controlled environment designed to be warm & cosy in Winter, and cool & ventilated in Summer

Personal care & attention, a home-from-home for your cat
Free grooming, nail clipping & administration of medication
Ample parking, or try our collection and drop off service
Idyllic countryside setting surrounded by wildlife
24/7 on-site supervision and CCTV surveillance





## BILDESTON w WATTISHAM, LINDSEY WHATFIELD w SEMER, NEDGING & NAUGHTON

#### **Church Services – March 2020**

1 <sup>st</sup> March Lent 1	9.30 am 11.00 am 11.00 am	Holy Communion Holy Communion Morning Prayer	Semer Whatfield Nedging
8 <sup>th</sup> March Lent 2	11.00 am 11.00 am	Holy Communion Morning Prayer	Bildeston Naughton
15 <sup>th</sup> March Lent 3	9.30 am 11.00 am	Holy Communion Morning Prayer	Nedging Bildeston
22nd March Mothering Sunday	11.00 am 11.00 am 11.00 am 11.00 am	Mothering Sunday & HC Mothering Sunday Mothering Sunday Mothering Sunday	Bildeston Semer Whatfield Naughton
29 <sup>th</sup> March Lent 5	11.00 am	Benefice Holy Communion	Nedging

To arrange baptisms, weddings etc. please contact the Revd. Elke Cattermole Email revdelkecattermole@gmail.com or phone 01449 403 698 or 07957 419055.

## Baptist Church, Duke Street, Bildeston

Jim Haley tel: 01449 740716 email: bildestonbc@gmail.com

Service every Sunday morning at 10:45

Lunch Club: at 12:30 on the first Wednesday of each month -

All are most welcome

Community Coffee Centre: Every Friday from 09:15 to 11:30am

Enjoy meeting old and new friends at these events!

'Craft it Together' - First Monday of each month at 7:00pm.

Bring along your craft activities and join us for an informal, relaxed evening share ideas, gain new skills or just enjoy doing your own thing. Drinks provided.

Contact Christine on 01449 741772 or 07708 566519 for more information

#### Strollers and Striders

Every Monday 10.00am from the car park

'Men's Breakfast' - last Saturday of each month at 8am



Bildeston Community Coffee Centre			
Baptist Church 9:15-11:30	very Friday		
Lunch club			
Baptist Church 12.15 for 12.30pm start1st Wed ev	very month		
Craft it Together			
01449 740716/741606 for details <b>1st Monday e</b>	very month		
Strollers & Striders			
Baptist Church Car Park 10.00Eve	ry Monday		
Baby and Toddler Group			
Baptist Church 9.15 to 11.30amEve	ry Tuesday		
Church Bell Ringing Practice			
St. Mary Magdalene church bell tower 8.00 to 9.15pm <b>Eve</b>	ry Tuesday		
Mens Breakfast			
Baptist Church 8.00amLast Saturday ev	very month		
Panto Aladdin.			
Chamberlin Hall 7.00pm	Sat 1st		
Ladies Club			
7.30 for 8.00pm local sculptor	Thurs 5th		
Cycling Winter Warmer 6			
Market Square 9.30am	Sat 7th		
Parish Council Meeting			
Chamberlin Hall 7.30pm	Mon 9th		
Bildeston Bowls Club Signing on Meeting			
Chamberlin Hall 7.00pm	Fri 13th		
Defribillator Training			
Chamberlin Hall 10.00 - 11.00am	Sat 14th		
Village Litter Pick			
Market Square 10.00am	Sat 14th		
Greyhound Race Night			
Chamberlin Hall 7.00pm	Fri 20th		
BNatural AGM			
Kings Head 7.30pm.	Mon 30th		
Please tell us about your forthcoming events in <b>April</b> email: editor@bildestonbugle.co.uk			

email: editor@bildestonbugle.co.uk
When you're finished with this Bugle please pass it on or recycle it.