

Issue number 351

January 2020

Happy New Year



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Waytes Carols 2019**

**The village magazine produced for the people of Bildeston
www.bildeston.org
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BILDESTON BUGLE ADVERTISING AND FREE CONTRIBUTION INFORMATION

Our aim is to provide every resident and organisation in Bildeston with a magazine which provides information of local interest FREE OF CHARGE. To that end we are required to be efficient in the space we use to print free notices. We endeavour to include interesting items, announcements for events open to the general public for free and items of a charitable nature free of charge. Ongoing free announcements need to be reduced to minimum size or make a contribution towards printing costs. Please check with us before submitting your advert and ALWAYS provide us with all of your contact details in order for us to send an invoice and receipt.

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1/2 page	£10.00	£60.00	134mm W x 92mm H
Full page	£15.00	£110.00	134mm W x 190mm H

THE SMALL PRINT

All adverts, payments and items are required before the 17th of every month for inclusion in the following month's issue (except December before the 15th).

The earlier free contributions are received the greater the chance of inclusion.

The Editorial Team are not responsible for the accuracy of articles or adverts and reserve the right to alter, shorten or refuse any item submitted for publication.

Ask for BACS details or make cheques payable to Bildeston Bugle and send to:

The Editor, Bildeston Bugle, 14 Squirrells Mill Rd, Bildeston IP7 7DY

If we do not receive payment by the 17th of the month your advertisement may NOT be included

The Bildeston Bugle Management Team is:

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Tricia Baldwin (Marketing & Advertising Revenue)

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Stuart Law (Assistant Editor)

Alison Sims (Assistant Editor)

Angie Biddulph & Pam Weaver (Printing Assistants)

ED'S COMMENT

Happy New Year to you all. Firstly, the Bugle sends its sincere thanks to all our advertisers and helpers over the past year. Without you the Bugle could not function as a free resource for the village.

Welcome to the year 2020! That number sounds so familiar, maybe it's because it has been used by opticians for so many years! 20/20 vision is the phrase used to describe normal visual acuity, which just means the clarity or sharpness of your eye sight. It's measured at a distance of 20 feet, so if you have 20/20 vision, it means you can see clearly at 20 feet things that should normally be seen at that distance. It's a phrase that is well known to mean perfect eye sight, and you can bet this coming year will be full of jokes about 20/20 vision! What might be less well known is that 20/20 is only used in the United States, because since the UK lost some of its imperial measures, the UK changed the numbers from feet to metres. 20 feet is 6 metres, so 20/20 is equal to 6/6. I don't know about you, but that doesn't trip off the tongue in quite the same way. "I have perfect sight, yep, I'm 6/6!" Sounds more like boasting about your height, which in my case, for those of you who know me well, is well wide of the mark. Even though the UK started the metric process legally in 1965 it's only since 1st January 2000, that the mile, yard, foot and inch was given legal permission to continue for road traffic signs, distance and speed measurement; but not for eye tests! But 20/20 vision remains as a phrase. It's also there in the quote: 'Hindsight is 20/20'. Meaning that it's easy to be wise after the event, easy to know the right thing to do after something has happened, but much harder to predict the future. So, as we enter the year 2020, how sharp is our vision? How clear are we about what lies ahead? And, given what we now know about the events last month and the result of the election, how good was our 'hindsight 20/20'? How many people have said to you, "Told you so!" Or, "Knew that would happen!"

Talking about perfect 20/20 vision, you cannot have failed to notice the new pub sign proudly hanging above The King's Head in the High Street and also on the King's Head advert on page 15. It isn't just any king; it's King Edward the Elder, king of the Anglo-Saxons during the first century, so called because he was the first son of King Alfred the Great who spent his life trying to establish a united England from the great kingdoms of Mercia, York, Northumbria, Wessex and East Anglia. Edward himself was King of the Anglo-Saxons from 899 to his death in 924 and laid the foundations for his son, Athelstan, by putting an end to Viking attacks from Northumbria and conquering the last parts of Viking-ruled southern England in the 910's, finally ending Viking rule in Wessex, Mercia and East Anglia. Nigel, landlord of the King's Head, being a history buff and quizmaster, was offered a new sign by a local artist in recognition of his good works. Nigel decided to have a sign that not only went with the pub's name, but had relevance to our place in East Anglia. Edward's son, Athelstan, became the first true King of England when he united the kingdoms of Mercia, Wessex and East Anglia into one kingdom and defeated the Vikings taking over the kingdom of York as well. it was the Angles, who settled in this region, leading to it being known as Angleland and then England. So, Nigel says, the sign has significance and hopes you all like it!

How 20/20 were the election polls? They predicted a Conservative lead of around 10 points, but all had a health warning of a margin of error. This meant they saw outcomes ranging from a hung parliament to a more modest Conservative win. None saw a win as big as Margaret Thatcher's in the 1980s! What a year 2020 could turn out to be, let's see.

KH

Kevin Hollings KITCHEN STUDIO



Unit 14 Lodge Works, Stowmarket Road,
Old Newton, IP14 4EE
01449 257160 www.kevinhollings.com
info@kevinhollingskitchens.co.uk

Bildeston Primary School

The children and staff at Bildeston Primary School would like to wish all Bugle readers a very Happy New Year. We had a very busy end of term at the end of the year. All of the children had great fun making hats for their Christmas lunch and they also made calendars for the New Year. We performed our Christmas carol service to a packed audience and also shared the usual mince pies and refreshments! We would also like to thank Hollow Trees Farm Shop for donating our wonderful Christmas tree.

Remembrance Sunday

A group of our children represented our school at the service held at the market place on Sunday 11 November. It was an opportunity for pupils to think about and commemorate the sacrifices made by previous generations, as well as the people who work for our security today. They read poems they had written and laid a wreath of poppies that had been made at school.



Enrichment Cookery Event

Two of our Year 5 pupils went along to Elmsett Primary School as part of our pyramid enrichment programme where they enjoyed making festive Christmas puddings to take home to share with their families. This has become an annual favourite with the children!

Christingle Service

On Tuesday 17 December, all of our children attended a Christingle service held at St Mary Magdalen Church. Reverend Elke Cattermole took the service for us. Some of our KS2 children completed readings and recited the Lord's Prayer. The children also gave donations and took them to the church in special "Children's Society" candle holders, and these were placed on the altar.

Christmas Lunch

Congratulations to our kitchen team and her fantastic staff who prepared, cooked and served a total of 120 Christmas lunches. A traditional roast turkey lunch was served piping hot and delicious. Staff took on the waiting role and delivered the plated food to the children at their tables, while festive music played in the background. All of the children wore Christmas hats that they had made for the occasion!



Our Nativity

Pupils performed their Christmas nativity "Shine Star Shine" to their families on the 9th and 10th December. All were superstars with loud clear voices for all to hear and their fantastic singing and acting. Our KS2 pupils sang wonderful Christmas carols at the end of the performance for their families. We also raised funds for our chosen charity, Macmillan Cancer Care by asking for donations for refreshments and tickets. There were some wonderful raffle prizes which also raised funds for our school PTFA. Thank you too for their amazing support over the year! WELL DONE EVERYONE!

PTFA Christmas Fayre

This was a fantastically festive event with something for every member of the family. From edible slime making to cake decorating there was lots of fun to be had by the children. Along with refreshments, lots of cake, stalls and raffle, there was even a visit from a very special person!!! The total raised was over £700 which is fantastic.

Is your child due to start school September 2020 or at any time in the future?

If your child was born between 1 September 2015 and 31 August 2016, then you will need to apply for a school place for academic year which starts in September 2020 before the deadline of 15th January 2020.

Admission forms, information and procedures are available from our school office. Visits by prospective parents are most welcome.

Newberry Road, Bildeston, Ipswich, Suffolk, IP7 7ES,

Telephone: 01449 740269

Or visit our brand new website: www.bildeston.suffolk.sch.uk



Bonzo's Yard

SECURE DOG EXERCISE AREA

VIEWING DAY



Description:

Bonzo's Yard is a secure dog exercise area at Chamberlin Hall enabling your canine companions to enjoy 'off lead' freedom. The area is enclosed by a 2m high fence which will be for the use of Bildeston Residents ONLY and their dogs and will be accessed by Coded Lock.

Membership to Bonzo's Yard:

There will be an Annual Membership Fee per dog which will include an ID Tag for your dog and the Gate Access Code for the owner.

If you would like to view Bonzo's Yard and maybe become a Member - we will be holding a 'viewing day' on:

Saturday 4th January

Between 10.00 and 12.00

Chamberlin Hall Management Committee
chamberlin.bookings@gmail.com

Bonzo's Yard Contact: Ray: 07745 914943

CHMC 1 January 2020

Chamberlin Hall

BILDESTON'S COMMUNITY VILLAGE HALL



To find out more call our bookings
secretary Debbie: 01449 740375
debandkevbailey@gmail.com

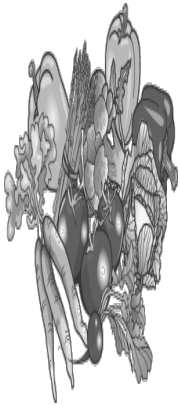
What's on in December

Monday/Tuesday	from 3.45	MLSPA Performing Arts (07957 351941)
Every Tuesday	10.30am	Exercise to Music (call Anne 07747 556565)
Every Tuesday	7.00pm	Snooker Club
Every Tuesday	7.00pm	Adult-dance-keep fit! (part of MLSPA)
Tuesday	7.15pm	Carpet Bowls (practice night & home games)
Wednesday	6.30pm	Drama Group (call Debbie: 01449 740375)
Every Wednesday	3:45-5:45	Children's Mini Tennis (starting Jan 15th - please contact Laura for details: bugg.laura@outlook.com)
Every Thursday	7.30pm	Badminton Club and Table Tennis
Every Thursday	10.30am-11.30	Zumba Gold with Sarah
Every Thursday	6 - 7.15pm	Yoga contact: catherinerolfeyoga@gmail.com
1st Thurs of Month	7.30pm	Ladies Club
Every Friday	13:15-14:15	Tots (3-5yrs) Mini Tennis club (starting Jan 17- contact laura for details: bugg.laura@outlook.com)
Every Friday	7.00pm	Social evening
Every Friday	11am	Pilates for Improvers (call Claire: 07900 440141)
Every Friday	from 12.00	Pilates for Beginners (call Claire: 07900 440141)

For bookings contact: 07716 921514 and chamberlin.bookings@gmail.com

Chamberlin Hall also hosts a variety of other events throughout the year, including pantomimes, theme nights and fundraisers. To keep up to date with the latest events see our

Facebook page: [@chamberlinhallbildeston](https://www.facebook.com/@chamberlinhallbildeston)



BILDESTON

ALLOTMENTS

Have you ever thought
of growing your own
vegetables and flowers?

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Robin Weaver, 741048, or Ashley Hubbard, 740633



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Tel: Paul - 07880727630 or 01449 740020

Email: chris.harman1990@gmail.com

COUNTRYSIDE OBSERVER



For a number of years I have had my suspicions about a mystical river dweller that was possibly back in the river Brett. The animal is the Otter and we now have reliable confirmation of Otter sightings close to the village. Otters re-colonised the British Isles after the last Ice Age, and were widespread across the whole landmass during much of the intervening 10,000 years. From the mid-1950s to late 1970s there was a dramatic decline. This mirrored what was happening across much of Europe. By the late 1970s the only healthy populations were in parts of Scotland, although small populations remained in Wales and

northern and south-western England. The decline was closely linked to the introduction of organochlorine pesticides that were used in agricultural seed dressings, and sheep dips. When first used these chemicals were applied in very high doses and caused large-scale mortalities among many animals. Their impact was greatest among top predators, birds of prey and mammals, because of the way these chemicals build up in the food chain. After these chemicals were withdrawn, bird populations recovered quickly. Otters that had survived in areas with low-intensity agriculture also responded, though more slowly because of their relatively low breeding rate and inability to cover large distances. The first national otter survey in 1977-79 found evidence of otters at only 6% of sites examined. Since then, the surviving otter population has expanded from Wales, south-west and northern England; Wales and Scotland are now extensively occupied and England's population is still expanding. Direct counting of otters is impossible due to their mobility, secretive behaviour and largely nocturnal habit. Otter surveys are based on field signs such as spraints (faeces) and footprints. While the distribution and frequency of field signs is used as an indicator of the health of the population locally, any estimate of numbers would be highly speculative. It is likely that there are several thousand otters present in England today. In the early 1980s, the Nature Conservancy Council (now Natural England) worked with the Otter Trust to develop a reintroduction programme to repopulate parts of Eastern England with captive-bred otters. The Otter Trust released 117 captive-bred otters between 1983 and 1999, mostly on East Anglian rivers. The Vincent Wildlife Trust released a further 49 between 1990 and 1996. Now descendants of the released otters form a tiny proportion of the otter population of England, and most wild otters are the result of the natural recovery of the species. Otters breed at any time of year. Females normally breed in their second or third year and select an undisturbed holt close to an abundant food source, giving birth to two or three cubs. The cubs remain in the holt for about three months and stay with the mother for up to a year. Male otters occupy separate holts and play little or no part in the rearing of the young. Otters live for three to four years in the wild. The most common natural causes of death are starvation or injuries sustained from territorial fighting. Non-natural mortalities are road kills and drowning in fish and crustacean traps. In fresh waters, otters are mainly active from dusk to dawn. Activity of coastal otters is linked to the state of the tide, and they can often be seen during the day. Even on rivers activity in daylight is becoming more common. This reflects not only their increasing distribution but may also show that, with the lack of persecution, otters are becoming less wary of people. Habituation to people may result in some individuals being more approachable, but these are not tame. **Mike Biddulph**

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BILDESTON BOUNDERS NEW YEAR'S DAY JOG

Bildeston Bounders invite everyone to meet on the Market Place at 10.30 on New Years morning to blow away the cobwebs, have a chat and compare hangovers. Also to run, jog, walk or crawl one mile. Everyone welcome.



BILDESTON CARPET BOWLS INVITES NEW MEMBERS

Have you ever tried Carpet Bowls? Bildeston has its very own Carpet Bowls Club which meets Tuesday evenings at 7.30pm. This game of skill offers a great way to undertake some gentle exercise while socialising with our friendly group (and also sampling our renowned refreshments which are on offer after all home League Matches)!

We are actively looking to recruit more members of all ages. The great thing about Carpet Bowls is that it is accessible to everyone and caters excellently for those who may be less mobile too.

Chris Lawson, Project Officer (Health & Wellbeing) for Active Suffolk says: "Carpet Bowls is a great way to be active as well as be social. It has a host of benefits such as improving balance, co-ordination, strength and mobility. Whether you are picking it up for the first time or playing again, we would highly recommend introducing Bowls as a fun and interactive way to be healthier. "

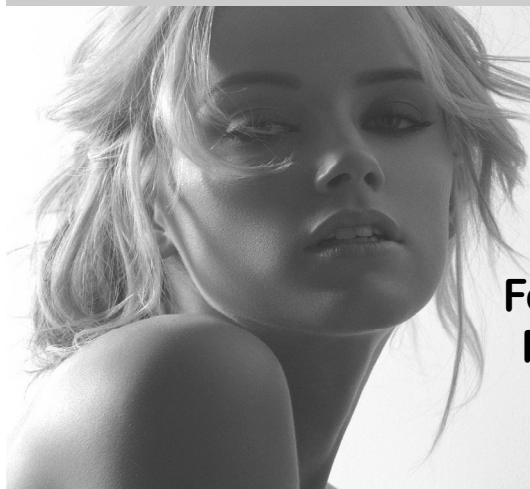


If you would like to find out more, just pop along to Chamberlin Hall on a roll-up night where we can show you the ropes, just before 7.30pm, on the following Tuesday evenings: Roll-ups:- Jan 21st; Feb 4th; Mar 10th, and 24th

You can also speak to Club Captain Mike McIntyre on 01284 827688 if you would like to find out more. The group supplies all equipment and the first two sessions are free of charge (£3 per session thereafter). We look forward to meeting you!

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Bildeston Ladies Club



New Year – fresh start perhaps?

As I write this article the general election is still a few days away and who knows what the result will be ...

I am just sure that 2020 will still be a year of doubts and change for us all. As we all move forward into the year ahead, why not join us at Bildeston Ladies Club to have fun, make friends and support each other.

One fabulously easy way in which you could support our charity this year is to use Amazon Smile to donate a percentage from every purchase – instead of searching for Amazon you just enter Amazon Smile into your search bar and follow the links to register – if you do wish to support our charity you will need to select The Suffolk Multiple Sclerosis Centre. Once you are registered just shop as normal and help the pennies add up to pounds for this very worthwhile cause.

We do not meet in January and our first meeting will be a visit from a VIKING on February 6th



*HAPPY NEW YEAR to all
from the members of
Bildeston Ladies Club*



Chamberlin Hall – 7:30 for 8:00 p.m.

Chairlady - Jo Silburn – 01449 257045

Secretary – Jean Radley – 01449 743650

SPONSOR THE BUGLE THROUGH 2020

- If you would like to reserve a month to celebrate your special occasion and
- have a message printed on the front cover do get in touch with the editor
- asap. Some months are already booked up, so get in touch now. Still only £15.

SESAW NEWS

Let me begin with a thank you to the Editorial team for letting us 'talk' to our local supporters through the Bugle. This month's news was submitted early to help give them a Christmas break so I don't know what the weather is like as you read this, or even the General Election result. Did someone say ignorance is bliss?

Another thank you is due to everyone who helped make our Christmas Fair the best ever. We welcomed three ladies from the Bury St. Edmunds branch of Seasalt who joined our merry band of volunteers. Lots of two and four legged friends called in and £3845 was raised.

Looking ahead, the Nayland 10K takes place on 5th July 2020. This is a family friendly event with a 1k Fun Run, 5k and 10k runs through beautiful Constable country, starting at Nayland Village Hall. Once again the Organisers have chosen several beneficiaries including SESA W.

Amongst our dogs is Oscar, a victim of circumstances through no fault of his own. He is only two years old and misses his family dreadfully. Everyone here loves him, he has an endearing nature and the younger volunteers are often found cuddling him in his bed. Oscar needs lots of training, exercise and company. It won't be easy but if you are strong enough to overcome his exuberance you will end up with a cracking dog. I hope Oscar and our other inmates will find loving new homes soon. Best wishes for 2020 from all of us at SESA W, including me, Kenny (the Boss) Chihuahua.

Suffolk & Essex Small Animal Welfare, Reg.Charity No.1124029, Stoke Road, Leavenheath, CO6 4PP. Tel: 01787 210888, www.sesaw.co.uk.





KINGS HEAD & Brewery

Nigel, Susie, Ryan and Freya and the team wish you all the best for 2019 and look forward to welcoming you to the Bildeston Kings Head. www.bildestonkingshead.co.uk

- Here's our **free live music** for **January**: every **Wednesday** is **Open Mic Night** from **8:30pm**; from **9pm** on **Saturday 25th** **Will Foley** will be entertaining with an eclectic set, Led Zep to The Jam and Jack Johnson to the Foo Fighters; and from **1pm** on **Sunday 26th** have a relaxing lunch with **Kevin Nightingale** on contemporary classical acoustic guitar.
- Thursday is bar games night, there's all the usual plus **Poker, Skittles and table top football, snooker & tennis. Roy's Open Deck/Vinyl night** is the **16th Jan. Charity quiz night** is **30th Jan** at 8:30pm, please arrive by 8pm. To book a quiz table telephone Sue/Nigel on 01449 741 434. Thank you to November's teams who raised **£84** for **Crisis** (homeless).
- Our good value homemade food uses quality ingredients that are locally sourced where possible. We are well known for tasty beer-battered fish & chips, delicious boozy beef pie (Suffolk red poll beef) and our freshly prepared traditional Sunday roasts. Meals are cooked to order, available to eat-in or take-away and in child sized portions. To reserve a table please phone **Sue or Nigel on 01449 741434**.
- We brew our own real ales on-site (tours by arrangement) with at least one other from a local independent brewer.
- Our opening and food/takeaway times are as follows:

Wednesday	Open 6pm-12am (open mic/buskin night)
Thursday	Open 6pm-11pm (bar games night)
Friday	Open 4pm-12am (full menu 5-9pm)
Saturday	Open 12pm-12am (full menu 12-2pm & 6-9pm)
Sunday	Open 12pm-10:30pm (roast/Sunday menu 12-3pm)



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MASSIVE THANKS TO ALL THOSE RESPONSIBLE FOR THE OVER 60s CHRISTMAS LUNCH

The Over 60s Christmas lunch this year was held on Saturday 14th December at Chamberlin Hall. Organised on behalf of Chamberlin Hall it was another stunning success due to the time and effort put in by a wonderful team of volunteers and local groups who deserve to be thanked publicly.

The traditional two course Christmas food was as delicious as ever. The turkey, stuffing, pigs in blankets, gravy and very special custard to accompany the Christmas pudding were all cooked and donated by the wonderful staff of The Crown.

Thank you so much Chris and Hayley and The Crown staff. Traditional tea, coffee and mince pies came afterwards. Working non-stop all day in the kitchen were Jane, Tracey, Anne, Julie and Lewis. In fact, Jane and Tracey worked the day before too, preparing the vegetables. Thanks also to the Friday evening Social Club who got all the tables and chairs out at the end of their evening.

Donna, Jean, Lin and Tricia waited on tables, taking orders, delivering the food and clearing the tables. While Ray, Roy and Alan made sure the wine, beer and soft drinks flowed! Kevin and Peter ran the raffle, which this year, had 34 brilliant prizes. Huge thanks to Chris Smith for donating a barrel of lovely ale and thank you so much to all those who donated prizes for the raffle.

In all 61 people enjoyed a marvellous afternoon. Hew entertained the diners with lovely music and when offered money to cover his expenses, he declined and asked for it to be donated to the Parkinson's Charity. After the meal diners enjoyed a fabulous display by the 'Swing Jive Foxy Rock' group. This amazing ensemble transported everyone back to the 1950s with Rock and Roll music, authentic dancing in authentic clothes. Thank you Chamberlin Hall committee for a fabulous Christmas event for the village over 60s!!



BILDESTON COMMUNITY CYCLING

Why not join our monthly Saturday morning Winter Warmer series?

WINTER WARMER 4

JOIN US FOR A RIDE OF ABOUT 25 MILES,
STARTING FROM THE MARKET PLACE
AT 9.30am, ON SATURDAY 25 JANUARY.
CAFE STOP HALFWAY. BACK ABOUT 12.45pm.

PUT IT IN THE DIARY NOW!

Warm clothing recommended. The ride will be mainly on quiet lanes,
at an acceptable speed (no-one left behind!). Regret no
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BILDESTON'S WHO'S WHO

This month I met up with Mel Gemmell, whose hobby is making Mohair bears.

Mel grew up in Nedging, attended Bildeston primary school and moved on to Hadleigh High school. One of Mel's first jobs was working with horses earning £25 a week on a youth training scheme (YTS). Then Mel worked for Skar plastics in Hadleigh before moving to Arberfield in 1998 with her husband who was stationed there with his job in the army.

Mel moved back to Suffolk, and moved to Bildeston in 2012. I asked Mel how did her hobby begin, Mel said she had given up smoking and needed a hobby to take her mind off things, so she started making little tiny mohair bears.

Each bear takes around three days to make. Mel uses different colour mohair, with Cotterpin joints and glass eyes, these bears are weighted down with steel shot in their stomach to make them more solid and able to sit upright. Mel sells her smaller bears for £25 each and you can request a certain colour and design of bear. Each bear comes in its own craft bag and has its own little gift tag and are very unique.

Mel buys her materials on line and at local craft shops. At the moment Mel is making a large fluffy bear, and is busy designing more bear designs. Mel has a face book and instagram page if anyone would like to take look at what she does, it is called "Mels-teds" Mel says she finds her hobby very relaxing.

STOWMARKET CHORALE UPDATE

Some eagle-eyed readers may have spotted that November's Stowmarket Chorale bulletin commented on the Christmas concert before it took place! Apologies for the confusion! Well now we can genuinely report that the concert, highlights from Bach's Christmas Oratorio, was a huge success. There was almost a full house, including our honoured patron, Terry Waite, who often supports our concerts. Concert goers commented "you don't need to go to London to see a great choir" and "it was great to hear some proper singing!" Our Musical Director Tom Appleton demonstrated great skill and passion with leading the choir and orchestra and sang the first aria himself, a surprise he had kept up his sleeve!

We are excited to be preparing for our Spring concert on 21st March, when we will sing the beautiful Faure's Requiem. We'll also be inviting guests and friends to join us for a Singing Day in Woolpit village hall on 8th February to sing Verdi's

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Bildeston Bookworms

Happy New Year Bildeston. I do hope you have had a wonderful Christmas and are looking forward to a happy and healthy new year.

There have been periods in our recent history when that wish would have been difficult to imagine. Our next book is set after one of those horrific times. It is 1922. The World is very different, not only from today, but for many from the lives they led before WW1. Returning ex-servicemen are disenchanted. Many are out of work and felt let down by the government of the day. After the restoration of Pre-war practices, women found themselves pushed back into the home and caring roles.

Homes and lives have been shattered by the deaths of thousands of men. Husbands, brothers, sons! In one such home we discover Mrs Wray and her spinster daughter, Frances who find themselves obliged to take in lodgers, Lilian and Leonard Barber, to make ends meet.

Frances and her mother would have been described as 'genteel', not so the Barbers and as Frances tries to take care of the domestic duties, as they can no longer afford staff, she begins an affair with her tenant. It is not her first illicit love affair and as a woman of the 1920's she is frustrated by the expectations and constraints put upon her.

The following events change all their lives for ever and lead to a murder, an intriguing court case and revelations and self-discovery. The book explores many issues such as class, gender and social mobility as well as forbidden love.

Did we enjoy the book? Well, we all felt rather disappointed with the choice. It begins well with good descriptions, but we sadly didn't like any of the characters. Connecting with the protagonists proved very difficult.

It did however lead to some very interesting discussions about how women's roles have changed and what a more open World we, at least in the West, now live in. The story is one of it's setting, although written today, it holds true to the restraints and limitations of the time.

As we begin 2020, like the characters in 'The Paying Guests' by Sarah Waters, we will look back at what was and move towards what will be. I hope you enjoy whatever you read and discover new friends and worlds between the pages.

And remember, "Life is like a book. Some chapters are sad, some happy, and some exciting. But if you never turn the page, you will never know what the next chapter holds." — Unknown Author

Wishing you the best chapter yet in this coming New Year.



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Member of the Registered Nursing Home Association

Recipe of the Month

LEMON AND BASIL ROASTED COD WITH GREEN PEA MASH

with thanks to Alison

Ingredients

serves 2 people

250-300g Cod Loin

1tsp olive oil

2 tbsp torn fresh basil

1 garlic clove peeled and crushed

Finely grated zest of ½ lemon plus 1 tbsp

freshly squeezed lemon juice

Freshly ground black pepper

150g cherry tomatoes

200g peeled potatoes

250g frozen peas

50g low fat soft cheese

1 tbsp low fat mayonnaise

To garnish optional fresh basil leaves



Method

1. Preheat oven to 200C/180C fan Gas mark 6.
2. Place the two pieces of fish into a non stick roasting tray. Mix together the olive oil, torn basil, garlic, lemon zest and juice and season with the black pepper.
3. Spread equal amounts onto each piece of fish and roast for 12-15 minutes until fish is cooked through. ** After 5 minutes of cooking, arrange the cherry tomatoes around the fish.
4. While the fish is cooking, dice the potatoes and add to a pan of boiling water. Cook for 5 minutes then add the peas and cook for a further 3 minutes. Drain then add the soft cheese and mayonnaise and blend to a mash consistency. Warm this mix through in the microwave for a minute.
5. Divide between two serving plates and top with the cod and roasted tomatoes.
6. Garnish with the basil leaves and an extra grinding of black pepper.



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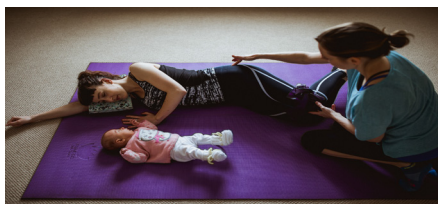
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BILDESTON PARISH COUNCIL

**DRAFT minutes of the meeting of Bildeston Parish Council held on
Monday 11th December, 2019 at Chamberlin Hall at 7.30pm**
In attendance:

Councillors:

Richard Lester (Vice-Chair in the Chair)
Angela Chapman, Ashley Hubbard and Virginia Tuck

Also Present: David Blackburn (Clerk)
Five local parishioners



C97/19/20 APOLOGIES FOR ABSENCE

Apologies for absence were received from Councillors Guttridge, Hutchings and Leigh-Hunt and the apology submitted by Councillor Powell was approved.

C98/19/20 DECLARATIONS OF PECUNIARY AND NON-PECUNIARY INTERESTS

The following declarations of non-pecuniary interest were made:

Kings Pightle Management Committee – Councillors Hubbard and Lester
Parochial Church Council – Councillor Lester
Sportsfield Management Committee – Councillor Chapman

Councillor Tuck declared a non-pecuniary interest in planning application DC/19/05547 by reason of being a neighbour of the applicant.

C99/19/20 DISPENSATIONS IN RESPECT OF PECUNIARY INTERESTS

There were none.

C100/19/20 CLERK'S REPORT

The Clerk reported upon representations that had been received by the Parish Council concerning works that were being undertaken at Dukes Hall. Local parishioners present at the meeting and spoke of their concerns about the removal of parts of the internal fabric of the building.

There was a general discussion about the following points:

- The history of the building and the affection with which it was held within the village.
- The location of the building within the Conservation Area.
- The listed status of the cottage to the rear but the lack of clarity over listing with regard to the Hall itself.
- An acceptance that there were some internal parts of the building that required replacement and renovation but concern about the potential removal of some characterful features.

The Clerk reported that Dr Jonathan Duck, the District Council's Heritage and Conservation Officer, had responded to the representations received from local parishioners, the Parish

Council and District Councillor Robert Lindsay by contacting the architect working on the project. Assurances had been received from the architect about the extent of the works that were being undertaken. It had been confirmed that the architect had been put on notice that if, during a site meeting the following week by the Heritage and Conservation Officer, it became apparent that something had been removed that was of significance, then this would be regarded as a criminal offence.

It was AGREED: That the Clerk be requested to liaise further with Babergh District Council stressing the concerns of the local community about the extent of works being undertaken at Dukes Hall.

C101/19/20 CHRISTMAS CAROLS IN THE MARKET SQUARE

Councillor Lester reflected upon the success of the Christmas event which had been held in the Market Square on Sunday, 8th December, 2019 and thanked the local community for supporting it with almost 70 people present. There was a short discussion about changes to various aspects of the arrangements that could be put in place for the 2020 event.

C102/19/20 NEW VILLAGE WEBSITE

Councillor Lester reported that he, Councillor Leigh-Hunt and the Community Development Worker had liaised over the scoping of the new village website and responses for proposals had been sought from various website suppliers. It was anticipated that the proposals received would be presented to the January meeting of the Parish Council.

C103/19/20 FINANCIAL REPORT

It was AGREED: That the following payments be authorised:

Payee	Description	Budget Category	Amount (inc. VAT)
David Blackburn	Clerk's Pay	Salaries & Expenses	£170.52
David Blackburn	Expenses	Salaries & Expenses	£23.00
Adrian Chinery	Grounds Maintenance	Salaries & Expenses	£299.90
Adrian Chinery	Expenses	Salaries & Expenses	£55.31
Jayne Harrison	Clockwinder's Fee	Salaries & Expenses	£236.31
Fiona Lemon	Community Development Worker	Salaries & Expenses	£119.10
Command Pest Control	Mole Treatment	Playgrounds & Open Spaces	£216.00
Frontrow Furniture	Chairs	Community Grants	£1,822.78

(Note: All items to be paid for from the Chairs from designated reserves.)

Planning Appendix A: Planning Applications Consultation

Reference	DC/19/05547
Proposal	Householder Planning Application - Erection of 2no. Pergolas and a Gazebo (Retention of)
Location	Woodland Barn Church Road Bildeston Ipswich Suffolk IP7 7EE
Representations	<p>The Parish Council opposes the application for retrospective planning consent.</p> <p>It considers that the erection of this large structure is incongruous within the context of the local environment and represents inappropriate development. It will have a significant and detrimental effect upon the local landscape being on a prominent and visible location occupying the skyline when approached from different directions (local footpaths and Church Road). It is noted that it is also close to a heritage asset in the form of the Grade 1 listed Parish Church and detracts from this when viewed from some angles.</p> <p>The Parish Council has been sympathetic to previous proposals that have been submitted in respect of this site which it considers have been reasonable. However, the degree of separation of the structure from the main property and its impact upon the landscape mean that the Parish Council is unable to support the present proposal.</p> <p>The Parish Council has received representations from local people expressing concern about the application with references being made to the adjacent meadow and overlooking from the Pergola towards a window of an adjacent barn such that it might be considered intrusive in terms of the residential amenity of at least one neighbour.</p>

(Councillor Tuck left the meeting during the discussion and voting in respect of the above application)

Reference	DC/19/05510
Proposal	Notification of Works to Trees in a Conservation Area and Protected by Preservation Order BT78 - T1 (Ash) - Reduce to previous points by approximately 35% and Remove Oak
Location	6 Chapel Street Bildeston Ipswich Suffolk IP7 7EP
Representations	<p>The Parish Council has no objection to the reduction of the Ash Tree. However the application form provides no compelling reason for the removal of the Oak tree and hence the Parish Council opposes its felling and asks that it is retained with appropriate management arrangements applied.</p>

Reference	DC/19/05552 & DC/19/05554 (LBC)
Proposal	Full Planning Permission - Erection of glazed rear extension and double glazed door opening; Insertion of double glazed doors to Coach House; Erection of garden shed, entrance gate, and greenhouse. Repairs and alterations as per schedule of works.
Location	The Coach House And Christmas Hall Market Place Bildeston Ipswich Suffolk IP7 7EN
Representations	The Parish Council regrets that the application includes proposals to fell trees within the curtilage of the property to enable the proposed development to take place but recognises that some, but not necessarily all, may not be of particular value or significance. It supports the management measures that are proposed to the high profile trees located at the front and side of the property as it is important that they are preserved because they add to the character of the Conservation Area.

Reference	DC/19/05533
Proposal	Householder Planning Application - Erection of two storey side extension and front porch (following demolition of existing porch); alterations to roof
Location	64 Brookfield, Bildeston, Ipswich, Suffolk IP7 7EJ
Representations	No objection

Planning Appendix B: Planning Applications Decisions by Babergh District Council

There were none

C105/19/20 M A T T E R S BROUGHT TO THE ATTENTION OF THE COUNCIL

Further to Minute C96/19/20, the Clerk had written to the relevant party over the unauthorised erection of a headstone at the Grove Cemetery.

The Clerk reported that he had liaised with Suffolk County Council and requested that the streetlights owned by Bildeston Parish Council would be left on until 2am each morning over the period from 21st December 2019 to 2nd January 2019 inclusive. This arrangement would not apply to those streetlights owned by Suffolk County Council which followed the periods of lighting agreed for the whole of the County.

The Clerk had liaised with the Maintenance Operative and it had been confirmed that the grit bins in the village had been replenished by Suffolk County Council.

Councillor Hubbard questioned the insurance position regarding the Clock Tower. Traditionally, the owner of Bank House Stores had opened and closed the tower at the beginning and end of their opening hours. This was done during the summer months but was not done throughout the year. It was noted that the tower was used for storage and as a bus shelter. The Clerk was asked to write to the owner of the stores asking the proprietor if he would be prepared to uphold this traditional

arrangement of opening and closing the Clock Tower throughout the year.

Councillor Hubbard had circulated some information about the design of a new Village sign. The Clerk was asked to ensure that it was included on the agenda for the next Parish Council meeting.

There was a discussion about the frustrations that existed with regard to the Parish Council's email system and Councillor Lester indicated that he would arrange for it to be upgraded, which could be done at minimal cost.

Councillors referred to the accumulation of leaves in various parts of the village and the Clerk was asked to report this to Babergh District Council with a view to seeking the deployment of a roadsweeper.

The meeting closed at 9.22pm.

CLERK'S COLUMN

REMEMBRANCE

The Parish Council would like to record its thanks to everyone who attended Remembrance Sunday in the village. We have learnt from Tina Leamon, the Poppy Appeal Organiser for Bildeston, that a total of £565.75 was raised from this year's Poppy Appeal. We feel that this represents a tremendous effort.

CHRISTMAS CAROLS

Also our thanks go to everyone who came along to Christmas Carols in the Market Place on Sunday, 8th December, 2019. An estimated 70 people attended - who turned out to be a thirsty lot, with every last drop of the mulled wine being drunk! Thanks to everyone who helped plan, support, set up and play along at the event. The music makers in the gazebo deserve a special mention in making us sound almost tuneful.

FORTHCOMING MEETINGS

All meetings are due to start at 7.30pm.

Please note that we are using different venues in the village for various meetings including the Baptist Church Hall, Sportsfield Pavilion and Chamberlin Hall.

Monday, 13th January, 2020	Parish Council	Baptist Church Hall
Monday, 10th February, 2020	Parish Council	Baptist Church Hall
Wednesday, 11th March, 2020	Planning & General Purposes meeting	Baptist Church Hall
Monday, 13th April, 2020	Annual Parish Meeting of Electors & Parish Council	To be confirmed



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I look forward to meeting many of you as I start my first year as your Parish Priest.

I would like to take this opportunity to '***Wish You All a Joyful Christmas and Happy New Year***' and invite you to join us at our Christmas Services.

Thank You again.

Every Blessing

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Enjoy meeting old and new friends at these events!

'Craft it Together' - First Monday of each month at 7:00pm.

Bring along your craft activities and join us for an informal, relaxed evening share ideas, gain new skills or just enjoy doing your own thing. Drinks provided.

Contact Christine on **01449 741772 or 07708 566519** for more information

Strollers and Striders

Every Monday 10.00am from the car park

'Men's Breakfast' - last Saturday of each month at 8am

**BILDESTON w WATTISHAM, LINDSEY
WHATFIELD w SEMER, NEDGING & NAUGHTON**

Church Services – January 2020

5 th Jan Epiphany 1	9.30 am 11.00 am 11.00 am 11.00 am	Holy Communion Church Family Service Holy Communion Morning Prayer	Semer Bildeston Whatfield Nedging
12 th Jan Epiphany 2	11.00 am 11.00 am 2.00 pm	Holy Communion Morning Prayer Baptism	Bildeston Naughton Semer
19 th Jan Epiphany 3	9.30 am 11.00 am 11.00 am	Holy Communion Church Family Service Morning Prayer	Nedging Whatfield Bildeston
26 th Jan Epiphany 4	11.00 am	Benefice Holy Communion	Semer

To arrange baptisms, weddings etc. please contact the Revd. Elke Cattermole
Email revdelkecattermole@gmail.com
or phone 07957 419055.



Bildeston Community Coffee Centre

Baptist Church 9:15-11:30 **Every Friday**

Lunch club

Baptist Church 12.15 for 12.30pm start.....**1st Wed every month**

Craft it Together

01449 740716/741606 for details.....**1st Monday every month**

Strollers & Striders

Baptist Church Car Park 10.00.....**Every Monday**

Baby and Toddler Group

Baptist Church 9.15 to 11.30am.....**Every Tuesday**

Church Bell Ringing Practice

St. Mary Magdalene church bell tower 8.00 to 9.15pm.....**Every Tuesday**

Mens Breakfast

Baptist Church 8.00am.....**Last Saturday every month**

Ladies Club

No meeting this month, but watch out for the Vikings next month!

Parish Council Meeting

Chamberlin Hall 7.30pm.....**Mon 13th**

Cycling Winter Warmer 4

Market Square 9.30am.....**Sat 25th**

Panto Aladdin

Chamberlin Hall 7.00pm**Sat 25th**

Chamberlin Hall 2.00pm**Sun 26th**

Chamberlin Hall 7.00pm**Fri 31st**

Please tell us about your forthcoming events in **February**

email: editor@bildestonbugle.co.uk



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