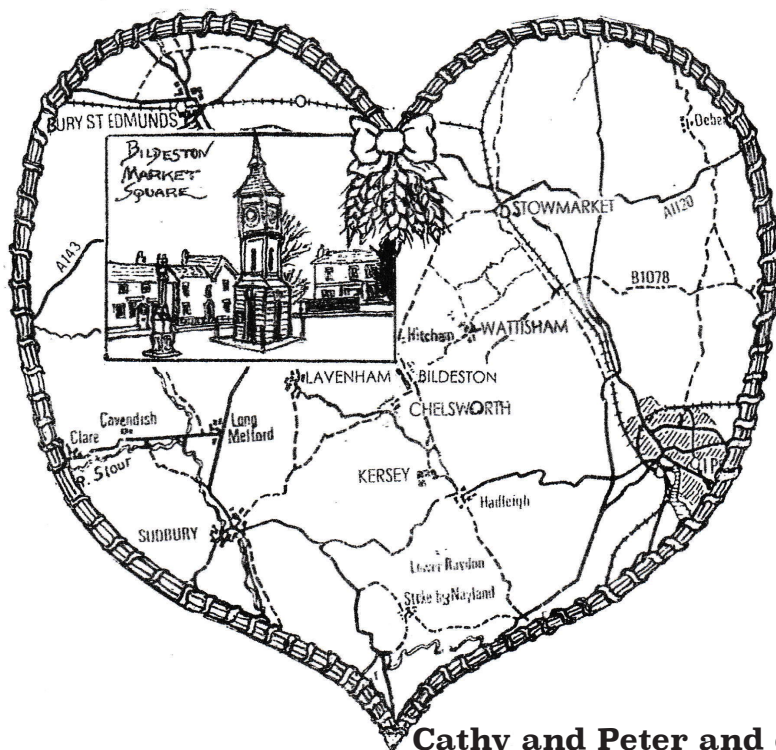


Issue number 349

**November 2019**



**This issue kindly  
sponsored by -**

**Cathy and Peter and everyone  
at the Boule-in wish to thank  
the village for your wonderful  
support over the past year and  
do pop in to see us during our  
Fête de Noël.**

**The village magazine produced for the people of Bildeston  
[www.bildeston.org](http://www.bildeston.org)**

**Bildeston Noticeboard Public Group - Facebook**



## BILDESTON BUGLE ADVERTISING AND FREE CONTRIBUTION INFORMATION

Our aim is to provide every resident and organisation in Bildeston with a magazine which provides information of local interest FREE OF CHARGE. To that end we are required to be efficient in the space we use to print free notices. We endeavour to include interesting items, announcements for events open to the general public for free and items of a charitable nature free of charge. Ongoing free announcements need to be reduced to minimum size or make a contribution towards printing costs. Please check with us before submitting your advert and ALWAYS provide us with all of your contact details in order for us to send an invoice and receipt.

email: [editor@bildestonbugle.co.uk](mailto:editor@bildestonbugle.co.uk)

*Sponsor a 'Bugle' - £15 per issue*

and have a brief message of your choice printed on the front of the Bugle

### *Advertising Rates*

	1 issue	12 issues	
1/4 page	£5.00	£35.00	65mm W x 92mm H
1/2 page	£10.00	£60.00	134mm W x 92mm H
Full page	£15.00	£110.00	134mm W x 190mm H

#### THE SMALL PRINT

All adverts, payments and items are required before the 17<sup>th</sup> of every month for inclusion in the following month's issue (except December before the 15th).

The earlier free contributions are received the greater the chance of inclusion.

The Editorial Team are not responsible for the accuracy of articles or adverts and reserve the right to alter, shorten or refuse any item submitted for publication.

Ask for BACS details or make cheques payable to Bildeston Bugle and send to:

The Editor, Bildeston Bugle, 14 Squirrells Mill Rd, Bildeston IP7 7DY

If we do not receive payment by the 17<sup>th</sup> of the month your advertisement may NOT be included

**The Bildeston Bugle Management Team is:**

Alan Jacobs (Editor) 01449 741645

Tricia Baldwin (Marketing & Advertising Revenue)

Christine Hubbard (Treasurer) 01449 740633

Stuart Law (Assistant Editor)

Alison Sims (Assistant Editor)

Angie Biddulph & Pam Weaver (Printing Assistants)

# ED'S COMMENT

Bildeston village has a celebrity living in our midst. We know there are links with famous people, such as the Kray brothers, who came out from London to live with their aunt here in Bildeston many years ago, but that is more notoriety than celebrity. The celebrity we are talking about is the amazing Bob Gosling. Why is Bob a true celebrity? Because Bob celebrates his one hundredth birthday on the 12th November. 100 years young! Hard to imagine that Bob Gosling was born in the aftermath of the First World War.

A little research will tell you that on the 12th November 1919, the first London to Australia flight took place in a plane that might even make the intrepid Mike Biddulph think twice. Brothers Ross and Keith Smith landed their Vickers Vimy bomber in Port Darwin to claim a £10,000 prize as the first to fly from England to Australia in less than 30 days. The aircraft company Vickers entered the converted Vimy bomber with the registration number G-EAOU, which was said to stand for “**God ‘elp all of us**”!

November 1919 was also the first time Remembrance Day was observed, though in the early days it was known as Armistice Day. The first two minute silence was held on November 11th 1919, just the day before Bob Gosling was born.

Mary Pickford was the most famous film star in 1919 in the ‘silent movies’. The top song on that day was a little ditty with the very catchy title: ‘You don’t need the wine to have a wonderful time’ sung by the American Eddie Cantor. It was a great hit in the Ziegfield Folies of 1919, but with no sound with film or TV, Bob wouldn’t have known. The first film with sound, starring the same singer, Eddie Cantor, didn’t arrive until 1927 when Bob was already 8 years old. Bob had to wait until 1937 for the first broadcast by the BBC, which, strangely for Bob, was an outside broadcast on Armistice Day 1937, when the general public could watch on a tiny television set King George lay a wreath at the Cenotaph. This was the first time the BBC broadcast a live street scene from cameras installed on the roof of nearby buildings. How many people actually had a TV set then is not known! The pictures were shown later in cinemas across the country.

The tallest man made structure in 1919 was the Eiffel Tower, built for the 1899 World’s Fair, at 1,063 feet high. It stayed the tallest building for over 40 years until the Americans completed the Chrysler Building. French pride keeps buildings in Paris below the Eiffel Tower so it remains the tallest building in Paris, indeed France, to this day.

Of all the car marques manufactured in the UK in 1919 only Bentley is still with us, now owned by the German VW group. But it started life in the same year as Bob, 1919! An example of that early car can still be bought today, but you would need £350,000!! The most popular car, in terms of numbers sold in 1919, was the Ford Model T. In 1919 the car’s electric starter was invented. But for many years after, cars still retained their crank handle and the front bumper had the little slot where it fitted to turn the engine over.

Bob was just 20 years old when the Second World War began in 1939/40 and was called up straight away because of his age in 1940 joining the Duke of Yorks Own Loyal Suffolk Hussars. The unit was subsequently converted into a Royal Artillery unit, serving as an anti-tank role in North Africa, Italy and France during World War II.

Arguably our Bob has lived through one of the most dramatically changed times in history, in terms of science and technology if nothing else. What would an adult living in 1919 think of 2019? So, a very happy 100th birthday to Bob. A wonderful milestone, a wonderful man, a wonderful Bildeston celebrity!

# KH

## Kevin Hollings KITCHEN STUDIO



Unit 14 Lodge Works, Stowmarket Road,  
Old Newton, IP14 4EE  
01449 257160 [www.kevinhollings.com](http://www.kevinhollings.com)  
[info@kevinhollingskitchens.co.uk](mailto:info@kevinhollingskitchens.co.uk)



# Bildeston Primary School

## Visit to Gainsborough House Sudbury

Pupils in KS2 visited Gainsborough House in Sudbury where they had an introduction to Gainsborough's landscapes and became portrait artists themselves. They drew close ups and whole pictures in the style of Gainsborough looking at colours and textures. They also completed part of the Talbot Trail around Sudbury which is full of interesting and surprising information about our local town. Once back at school they researched facts about Sudbury and physically produced a chronological timeline!!



## Harvest Assembly

Our children and staff were joined by parents and the newly appointed Reverend Elke Cattermole to celebrate our school Harvest assembly. Children read poems and sang songs that they had been learning. Our Charity this year was the Stowmarket Food Bank. The kind donations were collected as the children came into school and these have been taken to help those in need. Refreshments were also available and donations raised £44.00 which will go to the Macmillan Cancer Care charity. Thank you to everyone for their generous donations.

## Grandparent's Lunch

Over 190 lunches in two days were served when grandparents joined our pupils for lunch! We always receive such a wonderful response from this special occasion and it is a privilege to meet grandparents and show them the school. One of our thank you notes is reproduced below of which we are very proud!

***"To all the staff and Key Stage 2 students..... I would like to say a huge thank you for inviting the grandparents to share a delicious roast dinner today. It is such a lovely idea and is greatly appreciated. A special thank you too to the cooks and 'bottle washers' for all the extra work they must have had to do".***

## U9/U11 Cross Country Event

Pupils were invited to Hadleigh High School to compete in a cross country event held on Friday 20 September. They all completed their event and did exceptionally well!



## PTFA Pumpkin Competition

On Wednesday 16 October, children from the school met up locally to show off their entries at the PTFA Pumpkin carving competition. There was an amazing turnout for this event and the three winners were each given a prize for their efforts, with the winner also receiving a Hollow Trees voucher.

## Is your child due to start school September 2020 or at any time in the future?

If your child was born between 1 September 2015 and 31 August 2016, then you will need to apply for a school place for academic year which starts in September 2020 before the deadline of 15<sup>th</sup> January 2020.

Admission forms, information and procedures are available from our school office. Visits by prospective parents are most welcome.

**Bildeston Primary School**

**Newberry Road, Bildeston, Ipswich, Suffolk, IP7 7ES**

**Telephone: 01449 740269**

**Or visit our brand new website: [www.bildeston.suffolk.sch.uk](http://www.bildeston.suffolk.sch.uk)**



Saturday  
30 November

★  
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10:00-13:00

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[chamberlin.indoormarket@gmail.com](mailto:chamberlin.indoormarket@gmail.com)

**ROCKHOUSE**  
*50's Rock 'n' Roll  
Rockabilly Night*



**Saturday 16 November**  
**7.30 start**

**Tickets: Tracey**  
**07507511318**

**| Tickets £10 |**

**Chamberlin Hall**  
**Bildeston**

# Chamberlin Hall

BILDESTON'S COMMUNITY VILLAGE HALL



To find out more call our bookings

## What's on in November

Monday/Tuesday	from 3.45	MLSPA Performing Arts (07957 351941)
Every Tuesday	7.00pm	Snooker Club
Every Tuesday	7.00pm	Adult-dance-keep fit! (part of MLSPA)
Tuesday	7.15pm	Carpet Bowls (practice night & home games)
Wednesday	6.30pm	Drama Group (call Debbie: 01449 740375)
Every Thursday	7.30pm	Badminton Club and Table Tennis
Every Thursday	10.30am-11.30	Zumba Gold with Sarah
Every Thursday	6 - 7.15pm	Yoga contact: catherinerolfeyoga@gmail.com
1st Thurs of Month	7.30pm	Ladies Club
Every Friday	7.00pm	Social evening
Every Friday	11am	Pilates for Improvers (call Claire: 07900 440141)
Every Friday	from 12.00	Pilates for Beginners (call Claire: 07900 440141)
Saturday 16th	7.30pm	Rockabilly Night
Saturday 30th	10.00 to 1.00pm	Christmas Indoor Market
Friday 25th	7.00pm	Bingo! Money Prizes!

### FRIDAY NIGHT IS SOCIAL NIGHT!

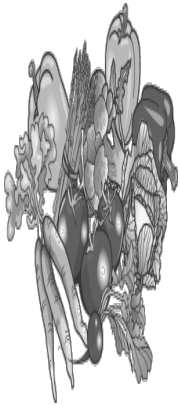
From the 1st November every Friday evening (except the last of the month when there is Bingo) at Chamberlin Hall from 7.00pm will be a new social evening, open to all. Come along and enjoy a game of darts, or table tennis or short mat bowling. The bar will be open and it will be a great opportunity to unwind, kick start the weekend with friends, have a laugh and chat and get a little fit at the same time!

For more information contact Kevin on 01449 740375.

### BILDESTON HEALTH CENTRE FLU VACCINATIONS 2019

**SATURDAY 2ND NOV 9-12AM**

Vaccinations for patients over 65 also available by appointment.



# BILDESTON

## ALLOTMENTS

Have you ever thought  
of growing your own  
vegetables and flowers?

There are currently vacant plots, both full size and half size. Water is available on site, and the rents are reasonable.

If you are interested, please contact:

Robin Weaver, 741048, or Ashley Hubbard, 740633



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# COUNTRYSIDE OBSERVER



Are you like me wondering where the year is going? Next Bank holiday will be Christmas! In mid July I flew with another 12 aircraft to Arras in northern France. Climbing out from Elmsett, Canary Wharf in London Docklands was clearly visible off to my right. Route was south to Clacton climbing to 4500 ft as the Thames Estuary at this point is actually wider than the channel crossing and a dunking in its frigid waters was not planned. We spent a most convivial evening in an Arras restaurant eating food as only the French can do, with the large square behind us beautifully illuminated. After a good night's sleep aided by plenty of "vin

rouge" our group explored the town centre and its gothic cathedral. Within its lobby were a number of large floor to ceiling coloured prints depicting soldiers lost in the great war of 1914-18. Incredibly given the numbers who sacrificed their lives, one poster depicted an Ernest Rush from Capel St Mary, he was killed by an exploding shell May the 28th 1916 aged 23 not far from the city. As autumn beckons, the English countryside transforms into a riot of yellow, red and orange. From September to November entire woods change the colour of their leaves, these fiery landscapes can be viewed all around our county. This is one of the nicest times of the year to put on your walking boots, warm jacket and scarf and set forth to explore our beautiful surroundings. Visit a country pub on route, seek out one with an open fireplace and get cosy as you enjoy a pint of local ale and a hearty meal. Autumn is also the time for foraging, there is so much to be had for free just waiting in and around the hedgerows. Starting with Beech nuts, which were once used to feed pigs. They are ready now and still ripening into October. Scrape off the outer brown skin to reveal the triangular seed. They can be used in a similar way to pine nuts, sprinkled on salads and risottos. Roast in the oven then place between two tea towels and rub to remove shells. Beech nuts can be slightly toxic if consumed in large quantities due to the tannins and alkaloids. Look out for pairs of three-sided nuts in bristly cases throughout October. For winter alcoholic beverages try Bullace which is a wild variety of plum. On a good year, bullace fruits can literally weigh down the hedgerow, the fruits are similar to damsons and can be used to make crumbles, jams and preserves, fruit wine and fruit liqueurs (like sloe gin). Small oval fruits varied in colour but usually blue, purple or black. They tend to taste acidic until they're ripe, this is a great late season fruit as it ripens up to six weeks later than many others from October to November. Hazelnuts begin to ripen when the leaves on the trees change colour. It's a common tree in woods, hedgerows and gardens, and bears its crop of nuts also called cobnuts from late August. If you're picking hazelnuts early in the season, when they're still green, the shelled nuts make a tasty nibble to munch on while you're out walking. Collect enough and the shelled nuts can be roasted in the oven or used to make hazelnut butter. Finally look for sweet chestnut trees in woods and by the road. A Christmas classic, sweet chestnut trees were introduced to the UK by the Romans. The nuts can be baked, roasted, boiled or microwaved. Score a cross in them to stop them from exploding when they are cooked. Once cooked and peeled they can be eaten as they are, or used in desserts and stuffings. You can also candy them, puree them or store them in syrup. You'll find the best crop at the foot of large established trees. Trees start dropping nuts from late September early October, into late autumn and early winter. Autumn, the year's last loveliest smile. **Mike Biddulph**

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**Tel: 01449 740248**

### **Opening Times**

Shop	Monday – Saturday	7.00am – 8.00pm
Post Office	Monday – Saturday	7.00am – 7.30pm
Shop	Sundays	9.00am – 3.00pm
Post Office	Sundays	9.00am – 12 noon

## **Village Stores and Tea Room**

Monthly Londis promotions

Everyday provisions

Freshly baked bread and croissants

Fresh fruit and veg

Local ham, bacon and sausages

Bildeston Honey

Hot food and drinks to eat in or to-go

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Newsagents and off-licence with a range of wines and spirits

## **Post Office (Open as above)**

Postal services – including Parcel Force

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(All main bank cards)

Postal orders

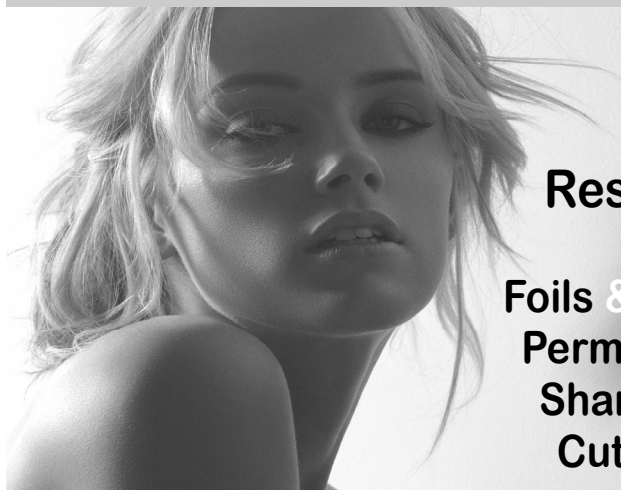
e top-ups and bill payments

Foreign currency to order

Lottery

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**52A High St Bildeston IP7 7EA**



# Bildeston Ladies Club

At our October meeting Glenda Price gave us a fascinating demonstration on how to make sugarcraft cake decorations. We were spellbound by her



skills and the beautiful poinsettia that appeared. This was donated as a raffle prize for which we thank Glenda.



Our next meeting will be on November 7th with a talk about our chosen charity for the year ahead. Audrey Sparling will be explaining to us the valuable work of the Suffolk Oxygen Therapy Rooms.

PLUS we will have the "O" competition.

Bring any object starting with the letter O, be it ordinary, original or obscure! 50p. to enter each item (you can enter more than one if you wish) and some 10p pieces will be needed to 'vote' for your favourite item.

Hope to see you there!

New members always welcome.

Chamberlin hall - 7:30 for 8:00 p.m

Members -£2 guests -£3

Chairlady: Jo Silburn - 01449 257045

Secretary: Jean Radley - 01449 743650

## Monks Eleigh Whist Drives

We hold a social evening of Whist once a month in the winter. We play 12 hands of progressive whist with an interval where tea or coffee and homemade refreshments are served.

The cost of the evening is £3.00. You do not need to have played whist before so please come and join the group.

We start at 7.30 on the third Monday of the Month and meet in the Village Hall. Dates for the 2019/20 Whist Drives are

Monday October 21<sup>nd</sup>

Monday November 18<sup>th</sup>

Monday December 16<sup>th</sup>

Monday January 20<sup>th</sup>

Monday February 17<sup>th</sup>

Monday March 16<sup>th</sup>



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# KINGS HEAD & Brewery

Nigel, Susie, Ryan and Freya and the Kings Head team look forward to welcoming you to the Bildeston Kings Head.

[www.bildestonkingshead.co.uk](http://www.bildestonkingshead.co.uk)

- Here's our **free live music** for **November** every **Wednesday** is **Open Mic Night** from **8:30pm**; from **9pm** on **Saturday 23<sup>rd</sup>** the excellent **Brothers Grim** will be entertaining us with a mix of country, rock, blues and pop; and from **1pm** on **Sunday 24<sup>th</sup>** have a relaxing Sunday lunch with **Kevin Nightingale** on contemporary classical acoustic guitar.
- Thursday is bar games night, there's all the usual plus **Poker, Skittles** and **table top football, snooker & tennis**. **Open Deck/Vinyl night** is **21<sup>st</sup> Nov**. **Charity quiz night** is **28<sup>th</sup> Nov** at 8:30pm, please arrive by 8pm. To book a quiz table telephone Sue/Nigel on 01449 741 434. Thank you to Septembers's quiz teams who raised £72.60 added to our **Coffee Brunch** proceeds totalled **£506.56** for **Macmillan**.
- Our good value homemade food uses quality ingredients that are locally sourced where possible. For example tasty beer-battered fish & chips, delicious boozy beef pie (Suffolk red poll beef) and our freshly prepared traditional Sunday roasts are cooked to order and available to eat-in or take-away. To reserve a table please phone **Sue or Nigel on 01449 741434**.
- We brew our own real ales on-site (tours by arrangement) with at least one other from a local independent brewer.
- Our opening and food/takeaway times are as follows:

Wednesday	Open 6pm-12am (open mic/buskin night)
Thursday	Open 6pm-11pm (bar games night)
Friday	Open 4pm-12am (full menu 5-9pm)
Saturday	Open 12pm-12am (full menu 12-2pm & 6-9pm)
Sunday	Open 12pm-10:30pm (roast/Sunday menu 12-3pm)



# Beauty by Megan

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Please phone for enquiries and price list.

**Megan Pryke**  
VTCT, BABTAC  
**07876 717 008**



# Save our Bus Service

**Background:** Suffolk County Council has decided to withdraw the subsidy it provides to our local bus service, the 112. It currently runs only twice a week from our village to Sudbury, on Tuesday and Thursday, returning from the bus station at 13.10. Some people depend on it. The effect of this decision would be to withdraw the service altogether and increase hardship and isolation, when the County could be looking at increasing its attractiveness, frequency and usage.

**The current situation:** Suffolk County Council plans to withdraw the subsidy from the end of the financial year, so the service is only 'safe' until the end of March. The Cabinet member for Highways, Transport and Rural Affairs says if all those who objected used the service, it would be safe.

Here is the current timetable:



<i>Locations</i>	<i>Times</i>
Hadleigh Bus Station	09.30
Kersey, the Bell	09.40
Semer Bridge	09.45
Bildeston, Clock Tower	09.50
Chelsworth, Peacock	09.57
Monks Eleigh, Swan	10.00
Brent Eleigh, Mildred Rd	10.03
Little Waldingfield, Swan	10.10
Great Waldingfield, PO	10.15
Sudbury Bus Station (A)	10.25

## Can you help us save our bus service?

### What you could do:

- We need to try to be imaginative. Can you find ways of occasionally using the service? For people in full time work, this would be difficult. Otherwise, for young and old and all in between, there are reasons for which you consider using the service. Could you sometimes use it to do errands in Sudbury, go to appointments, meet friends, visit the Kingfisher leisure pool and centre, visit the heritage centre at the Town Hall, visit the library, visit Belle Vue Park, younger folk maybe use its skateboard park. Could you use it in one direction and find other means for the return journey if the times aren't ideal?
- write to or email our MP, James Cartlidge MP, House of Commons, London SW1A 0AA, or [james.cartlidge.mp@parliament.uk](mailto:james.cartlidge.mp@parliament.uk)
- write to or email Mary Evans, Suffolk County Council Cabinet Member Highways, Transport and Rural Affairs, Endeavour House, 8 Russell Road, Ipswich IP1 2BX or [mary.evans@suffolk.gov.uk](mailto:mary.evans@suffolk.gov.uk)
- write to the East Anglian Daily Times or the Suffolk Free Press

Please help

# Save Our Bus Service

# PAINTING SERVICES

## Rob Harrison

Painting & Property Maintenance

Tel: 01449 741041

Mob: 07852 795469



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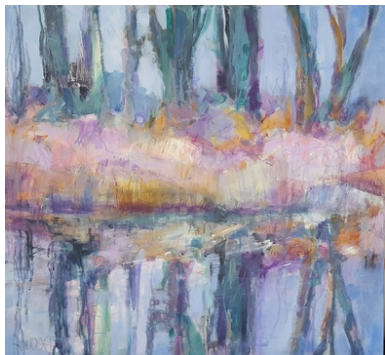
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# **Bildeston Waytes Carols** **2019**

**Monday 23rd December at 7.30pm**

## **CALLING ALL SINGERS AND MUSICIANS!**

The "Waytes Carols" evening is an extremely popular Christmas event in Bildeston. An enthusiastic audience joins talented local musicians and singers at Chamberlin Hall for an evening of festive singing.

If you sing or play an instrument, please consider joining us for this ever-popular evening – it is where Christmas begins! We will rehearse from 6pm, with the festivities starting at 7.30pm. Details of the music will be available in advance.

Please contact Nansi to find out more.

**I look forward to seeing you there!**

**Nansi Browne**

01449 741003 / [bildestonwaytes@gmail.com](mailto:bildestonwaytes@gmail.com)

[www.bildestonwaytes.com](http://www.bildestonwaytes.com)

St Mary Magdalene Church, Bildeston

## **Grand Christmas Fayre**

**Saturday 16 November 10-4pm**

**St Mary Magdalene Church, Bildeston**

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'Surprise Boxes', Christmas gifts, decorations & stationery  
Well-being items, candles etc

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**The Grand Christmas Draw**

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CAFE STOP HALFWAY. BACK ABOUT 12.45pm.

### PUT IT IN THE DIARY NOW!

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# BILDESTON'S WHO'S WHO

This month I met up with Judy Emery who used to run a "Youth Hostel" in Nedging.

Judy grew up in Walsall and worked as a "Fancy leather Preparer" at the Greautrex factory which has now become a leather museum in Walsall. Judy used to prepare wallets, note cases and brief cases ready for the machinist to stitch. Judy and her husband Fred came to Suffolk for a wedding, the reception was held in the common room of a Youth Hostel in Nedging. Later that year, Judy heard that the Hostel had become vacant, and she and Fred thought they would like to have a go at running the Hostel themselves. Within three weeks Judy had sold her home in Walsall and moved to Suffolk with Fred, and their two daughters, this was in 1972.

The Youth Hostel Association was originally for walkers and cyclists, people were only supposed to stay no more than three days. Judy had school groups stay, as well as individuals. One night Judy said she had ten people staying, all of different nationalities. Originally, there were just two dormitories which housed beds for eighteen females and twenty males, back then you were not allowed to have mixed accommodation, so Judy and Fred, with the help of various cycling clubs, converted the attic into another dormitory especially for families which housed around eight bunk beds so families could stay together. Judy had to cook the hostellers (this is the name that the guests are called) a three course breakfast each morning, then provide a packed lunch for them which had to contain five items of food, then cook a three course evening meal. In-between cooking, with the help from her two oldest girls she had to change the beds, clean and serve in the little on site shop, which stocked the basics. On one occasion Judy remembers having to ask a group of twenty five Italians to leave, as they had broken the rules by entering into each other's dormitories, they had already been warned twice. Judy used to charge £2.50 per night for a stay in her Hostel. Before the guests left the Hostel for their onward journey they had to do small chores, this is called "Hostel Duties", these may include sweeping out the common room or cleaning the tables down etc. The Hostel only closed on a Wednesday and Christmas day so this became a full time job for the Emery family. Alongside running the Hostel, Judy's husband Fred was a builder and worked locally around the area, some of you may of even had work done by him. The Hostel closed down in 1982 and Judy moved just up the road to Crowcroft road and worked for the RAF for ten years followed by two years with the Army.

Her husband sadly passed away in 2009 and Judy then moved to Bildeston in 2011. Judy has become involved with the Baptist Church and has made lots of new friends, she attends the Friday morning coffee mornings at the church and enjoys spending time with her friends and family. Judy loves the friendly atmosphere of our village and is glad that she had chosen to move to Suffolk.



# OVER 60s CHRISTMAS LUNCH 2019

Chamberlin Hall Management Committee

Invite you to the over 60s Christmas Lunch

**At Chamberlin Hall on**

**Saturday 14th December**

**12 noon for 12.30pm**

Please fill in the form to reserve  
your place and return to

Jayne Harrison 130 High Street

Or the Village Stores by 30th November

Name:.....

Address:.....

If you need a lift tick here.

☐

## CRAFT & FOOD FAIR NOVEMBER 2019

This hugely popular Fair organised by **Hadleigh Market Feoffment Charity** will take place in the Town Hall/Guildhall Complex in Hadleigh, Suffolk on **Sunday 3rd November 2019 starting at 10:00am and finishing at 4:00pm**. There will be several stalls selling foods, drinks and various crafts throughout the Complex. Refreshments will be available in the Dining Room. Entry is £1 adults, under 13's free, wheelchair users 50p due to limited access

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## Bildeston Bookworms

Hello Bildeston. Gosh is it that time of year again when the nights are drawing in and thoughts turn to Christmas? Where has the year gone?

As we look forward and back at the past year, we may be thinking about holidays. For those of us lucky enough to have travelled a bit, there may be some exotic places that come to mind, but we should also celebrate our own stunning and special country. I know that I feel very lucky to live surrounded by such beauty and still get excited when a deer walks across a field or we spot a badger late at night. Even my simple bird feeder brings the countryside closer.

Our next choice is very different from anything else we've read so far. A travelogue and one that is written about Britain. 'Notes From a Small Island' by Bill Bryson may be a familiar book to you, being written in 1995, but for quite a few of our group it was a first time read.

It begins with a humorous description of 1970s Dover that Bryson saw when he first arrived on our shores. Although run down, it didn't seem to put him off he has lived here for most of his life.

This book was written as he and his family were about to leave for a brief return to the US. Bryson sets out on a grand farewell tour using public transport as much as possible. It is irreverent, but honest, looking at our idiosyncrasies as a nation, but at the same time celebrating so much that is British: Marmite, crumpets, cricket that goes on for three days, Shakespeare, and places with names like Farleigh Wallop and Titsey.

He is obviously an Anglophile and that is evident throughout the book. His humour can at times be rather adolescent, but the book is easy to read and his descriptions are both heartfelt as well as amusing.

This is a highly personal journey, which is an informative and warm portrait of this island and its inhabitants. Bryson shows the British how lovable we really are and how quirkily interesting, beautiful and worth knowing their land is.

As a group we found it a bit 'ranty' at times and some felt it didn't age well, but it did make us reflect on how Britain has changed, both for the good and bad. Not just physically, but also changes in our language and our everyday lives. Closely following 'The Invention of Wings' we also touched on the 'PC' issues raised in both books.

On a personal note, I would like to read 'The Road to Little Dribbling: More Notes from a Small Island' written in 2015 to see how he views the Britain we live in today. A good holiday read no doubt.

Maybe, at times, we all feel a bit like Bryson when he says "Suddenly, in the space of a moment, I realized what it was that I loved about Britain-which is to say, all of it." We are lucky to live here!



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**Member of the Registered Nursing Home Association**

# Recipe of the Month

## Slow Cooker Chicken, Ham and Leek Pie filling

*with thanks to Alison*

---

### Ingredients

1 tsp vegetable oil  
6 skinless boned chicken thighs -approx  
500g, cut into bite sized pieces  
Salt and freshly ground black pepper  
3 trimmed medium leeks  
1 chopped onion  
Few sprigs fresh thyme  
1 tbsp butter  
2 tbsp plain flour  
350ml chicken stock  
100g ham torn into bite sized pieces  
100g crème fraîche  
Short crust or puff pastry for the top



*TIP - All fillings for pastry topped pies need to be cooled before covering with pastry*

### Method

1. Heat the oil in a large non stick fry pan. Season chicken with salt and pepper and fry over a high heat for 10 mins until golden brown all over
2. Slice the leeks into 1cm rounds. Place leeks and onion with thyme leaves in slow cooker topping with the chicken
3. Add the butter to the empty fry pan, melt, then stir in the flour and cook for one minute until pale gold and bubbling. Take pan from heat and gradually whisk in the stock to make a smooth sauce. Pour sauce over the chicken and vegetables then cover and cook on low for 4 hours. Season again and then allow to cool.
4. Stir in the ham and crème fraîche into the chilled chicken mixture and it's ready to top with short crust or puff pastry.
5. Bake in a hot oven for 40 minutes until golden brown and piping hot.



## PHYSIOTHERAPY AND PILATES



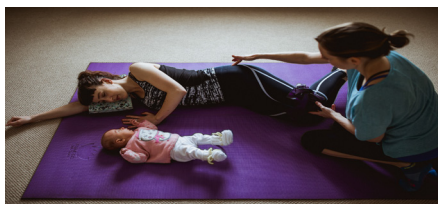
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# BILDESTON PARISH COUNCIL



**DRAFT minutes of the meeting of Bildeston Parish Council held on Monday 9th September, 2019 at Chamberlin Hall at 7.30pm**

**In attendance:**

**Councillors:** Peter Hutchings (Chairman)

Angela Chapman, Andrew Guttridge, Ashley Hubbard, Richard Lester and Virginia Tuck

**Also Present:** David Blackburn (Clerk)

## **C71/19/20 APOLOGIES FOR ABSENCE**

Apologies for absence were received from Councillor Leigh-Hunt and Powell.

## **C72/19/20 DECLARATIONS OF PECUNIARY AND NON-PECUNIARY INTERESTS**

The following declarations of non-pecuniary interest were made:

Chamberlin Hall Management Committee – Councillor Hutchings

Kings Pightle Management Committee – Councillor Lester

Parochial Church Council – Councillor Lester

Sportsfield Management Committee – Councillors Chapman, Hutchings and Lester

## **C73/17/18 DISPENSATIONS IN RESPECT OF PECUNIARY INTERESTS**

There were none.

## **C74/19/20 PARISH COUNCIL PLANNING AND PRIORITY SETTING**

Councillor Leigh-Hunt had circulated a draft version of the forward plan priorities suggested by Members of the Parish Council at the workshop held on Monday, 30th September, 2019.

The consensus was the workshop had been useful in identifying some early “wins” along with potentially, some longer term projects.

**It was AGREED:** That a follow-up workshop session be held (subsequently confirmed as being at the Sportsfield on Monday, 21st October, 2019 at 7.00pm) to appoint leads for the projects which would commence within the initial period of 6 months.

## **C75/19/20 CLERK’S REPORT**

There were no specific items of report.

## **C76/19/20 HR MATTERS**

The Clerk reported upon the piece of work that had been undertaken by Jenny Dines, HR Consultant in respect of the Parish Council’s HR arrangements and contractual relationships with its employees.

**It was AGREED:**

a. That the new contract of employment be approved and issued to staff in accordance with the recommendations of the HR adviser;

b. That the following policies and procedures be approved and adopted:

- Employee Handbook
- Health and Safety Policy
- Equality Policy
- Disciplinary Policy and Procedure
- Capability Policy and Procedure
- Grievance Policy and Procedure (including harassment and bullying)

c. That an external adviser be appointed to review the post of Clerk.

## **C77/19/20 FINANCIAL REPORT**

**It was AGREED:**

a. That the following payments be authorised:

Payee	Description	Budget Category	Amount (inc. VAT)
David Blackburn	Clerk's Pay	Salaries & Expenses	£170.52
David Blackburn	Expenses	Salaries & Expenses	£18.00
Adrian Chinery	Grounds Maintenance	Salaries & Expenses	£398.37
Adrian Chinery	Expenses	Salaries & Expenses	£108.20
Keith Taylor	Grounds Maintenance	Salaries & Expenses	£393.90
Keith Taylor	Expenses	Salaries & Expenses	£102.52
HMRC	PAYE (to end Sept)	Salaries & Expenses	£755.00
JD HR Consulting	HR Review	Administrative & Legal	£800.00
PKF Littlejohn	External Audit	Audit	£240.00
TBF Traffic	Road Closure	Community Grants	£240.00
Andrew Guttridge	Reimbursement for Christmas Decorations	Community Events	£85.97
Ipswich PA Sound Solutions	PA System	Community Grants	£1944.00

(Note: All items to be paid for from the General Fund except grants from designated reserves).

b. That the Unity Trust Bank bank mandate be updated to include the existing signatories, Councillors Andrew Guttridge and Richard Lester, and new signatories, Councillors Angela Chapman, Sarah Leigh-Hunt, Richard Powell and Virginia Tuck.

## **C78 PLANNING APPLICATIONS**

### **Planning Appendix A: Planning Applications Consultation**

Reference	DC/19/04331
Proposal	Notification of Works to Trees in a Conservation Area - 1no Silver Birch – reduce crown by 35% to 40%
Location	87 High Street, Bildeston, Ipswich, Suffolk IP7 7ER
Representation	No objection

Reference	DC/19/04200
Proposal	Notification of Works to Trees Protected by a Preservation Order and in a Conservation Area - BT78/T2 (Large Ash) - Fell
Location	6 Chapel Street, Bildeston, Ipswich, Suffolk IP7 7EP
Representation	Having looked at the site, the Parish Council would like to see the precise position of the tree and its proximity to the house clarified, as a basis for deciding whether or not it would be feasible to reduce the height of the tree rather than removing the tree which is protected by a Tree Preservation Order.

## Planning Appendix B: Planning Applications Decisions by Babergh District Council

Reference	DC/19/02333
Proposal	Householder Planning Application - Erection of single storey rear and two storey side extension
Location	26 Rotheram Road, Bildeston, Ipswich, Suffolk IP7 7TQ
Decision	Granted

### **C79/19/20            MATTERS BROUGHT TO THE ATTENTION OF THE COUNCIL**

Councillor Hubbard reported on access arrangements to the Clock Tower and undertook to purchase three new keys.

Councillor Lester indicated that the hedge at the top of the churchyard required trimming and the Clerk indicated that he would arrange this.

Councillor Hubbard reported on the possibility that Brook Stream could overflow. The action taken by a local resident to cut back there stretch of the riverbank was welcomed. Councillor Chapman referred to the booklet entitled “Our Water” which she had circulated and commented upon its registration process in respect of watercourses. Measures were required which required further investigation.

Councillor Hutchings would liaise with Wattisham over arrangements for Remembrance.

Arrangements for the Christmas tree in the Market Place were discussed and Councillor Hutchings would order the tree from the Rougham Estates and arrange delivery for the week before Christmas Carols in the Market Place.

The meeting closed at 8.40pm.

## **SUPPORTING BILDESTON’S VOLUNTEERS AND COMMUNITY GROUPS**

This month, Bildeston’s newly-appointed Community Development Worker, Fiona Lemon, gives an overview of some of the projects that she is working on to help support community events and to boost community participation in village activities. Fiona says:

“I was delighted to be appointed as Bildeston’s Community Development Worker and I look forward to speaking with local community groups to find out more about what they do and learn about their ideas for the future. Being a volunteer myself—previously for the Baby & Toddler group, and currently serving as a trustee for Chamberlin Hall and being part of the Parents Teachers Friends Association for Bildeston Primary School—I have seen first-hand the benefits of getting the community involved in local events, groups and societies. There’s a real buzz generated when running an event and seeing people taking part and having fun.

Bildeston has an active community that is very dependent on volunteer effort. This role will enable me to work with the various community groups and bodies to create a more joined-up approach to organising events across the village and help them promote these on a single platform. The Bugle is a fantastic resource and we have a Noticeboard for the village on social media, but the Parish Council has identified a need for a single online source of up-to-date information. The village website has been developed and maintained by volunteers over the years, but keeping this up-to-date can take up a lot of time.

The first project that has been assigned to me by the Parish Council, will be to develop a new website that advertises all village events on a single online events calendar, is easier to maintain, meets new government accessibility requirements, and which has increased functionality. The website will aim to display when venues are available for hire, provide links to online booking forms and contacts details for village groups and societies, which should simplify the bookings process for both the users and the volunteers who run the groups. It will also help avoid event clashes. I’m

also keen to engage with local groups and residents to learn more about the community's needs and help them source grants and other funding (once approved by the Parish Council).

So if you are involved in a local group or society and I haven't spoken to you yet, please feel free to contact me on: **bildestoncomms@gmail.com** to let me know about any events or activities that you would like to promote on the website and potential grants and funding that you would like me to bring to the attention of the Parish Council. I look forward to hearing from you!"

## PASTORAL LETTER – NOVEMBER 2019 FROM REVD ELKE CATTERMOLE

Dear Parishioners,

While writing this letter, I am two weeks into my role as your Parish Priest for Bildeston w Wattisham, Lindsey, Whatfield w Semer, Nedging and Naughton. The wonderful welcome my family and I were given at my licensing service attended by the different communities was an evening we will always remember. Already in this short time I have felt such a kindness and warmth from everyone I have met both at the churches as well as in the local community.

As I have driven from parish to parish and viewed the beautiful countryside surrounding your villages, I realise the privilege of becoming part of your community. So far, I have conducted two Harvest services and will be taking a third in a few days. As I have prepared for those services and seen the farming community. I think of the importance of all who work in the farming industry and how they are totally reliant on each other. The fruits of the harvest are as important today as in the past to be both prosperous and sustainable.

I am also beginning to be aware of other parts of the community, including the biggest centralised operational Army Airfield as part of the Benefice, with some of the families living in our villages and their children attending one of the two local schools. I have met some young couples who commute to London for work and I am sure others commute to our nearby surrounding towns. There is much for me to learn about the people in the coming weeks and years. I want our churches to be there for our local communities and help build upon our love for each other. I have visited Whatfield School and look forward to meeting Bildeston School at their Harvest Service and feel really excited about becoming involved with both schools. There are lots of plans and ideas which I will share with you in future letters. As I read these words from the book of Jeremiah, it resonated with me and for us all.

"For I know the plans I have for you," declares the Lord, "Plans to prosper you and not to harm you, plans to give you hope and a future." Jeremiah 29 v 11

Please feel free to contact me, at present I am still waiting to move into the Rectory, but I can be contacted either by my mobile or email. Prayers and Blessings to you all.

**Revd Elke Mobile: 07957 419055 Email: revdelkecattermole@gmail.com**





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Email: [info@clayhillcattery.co.uk](mailto:info@clayhillcattery.co.uk)

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### ECO SWEEP

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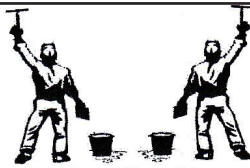
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**Email: stuma1@hotmail.co.uk**



## ***BILDESTON BOUNDERS RUNNING CLUB AGM***

**Monday 25<sup>th</sup> November 7.30pm**

**Bildeston Sports Field Pavilion**

Open to all interested in meeting like-minded walkers, joggers and runners

*#“Your Club needs You”*

### ***FRIENDS OF BILDESTON SURGERY ANNUAL GENERAL MEETING***

***TO BE HELD ON 13TH NOVEMBER 2019 AT 6.30PM***

***AT THE HEALTH CENTRE BILDESTON***

***ALL ARE WELCOME***

If anyone would like to find out more about what Fobs do and would like to consider joining the Committee please contact Muriel Waspe on 01473 827432.



## **\*\*Pilates and Yoga classes now at Kersey Mill\*\***

If you want to exercise both your body and mind as well as improving your sense of well-being, strength, flexibility and mobility then Pilates is for you! We are passionate about bringing the benefits of Pilates/Yoga to everyone and with a highly qualified team of instructors we can certainly help you improve muscle tone and core stability, building strength from the inside out, re-balancing the body and bringing it into correct alignment.

### **BEGINNERS CLASSES AND FREE TASTER SESSIONS\* ARE NOW AVAILABLE AS WELL AS PRIVATE 1:1's**

*\* on selected classes*

We now offer small Yoga classes too to add to your well-being experience at Kersey Mill. Please get in touch if you would like any more information.

Whether you are new to Pilates/Yoga or have been enjoying the benefits for years, we feel confident that we can accommodate your needs to achieve results.



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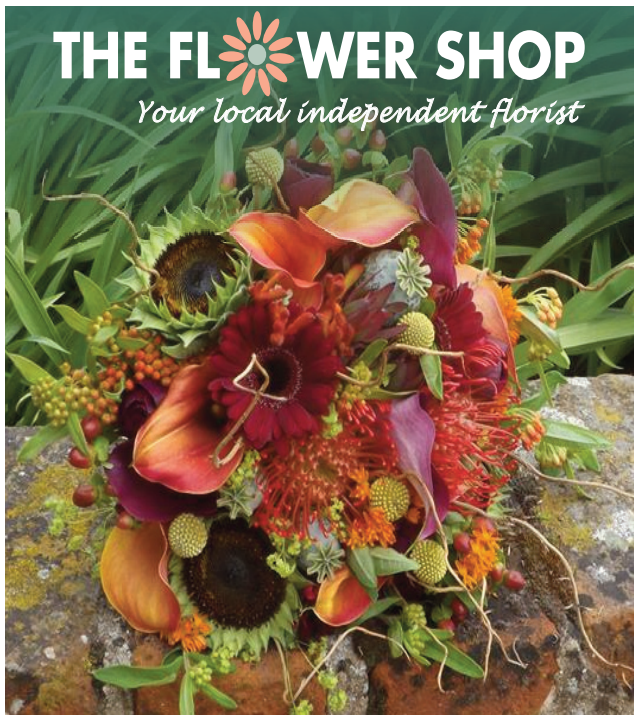
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## Baptist Church, Duke Street, Bildeston

Jim Haley tel: 01449 740716 email: bildestonbc@gmail.com

**Service every Sunday morning at 10:45**

**Lunch Club: at 12:30 on the first Wednesday of each month –**

All are most welcome

**Community Coffee Centre: Every Friday from 09:15 to 11:30am**

Enjoy meeting old and new friends at these events!

**'Craft it Together' - First Monday of each month at 7:00pm.**

Bring along your craft activities and join us for an informal, relaxed evening share ideas, gain new skills or just enjoy doing your own thing. Drinks provided.

Contact Christine on **01449 741772 or 07708 566519** for more information

**Strollers and Striders**

Every Monday 10.00am from the car park

**'Men's Breakfast' - last Saturday of each month at 8am**

**BILDESTON w WATTISHAM, LINDSEY  
WHATFIELD w SEMER, NEDGING & NAUGHTON**

**Church Services – November 2019**

3 <sup>rd</sup> November All Saints & All Souls	11.00 am 11.00 am	All Saints Patronal Festival All Souls Service	Semer Bildeston
10 <sup>th</sup> November Remembrance Sunday	9.15 am 10.50 am 10.50 am 10.50 am 10.50 am	Holy Communion Remembrance Service Remembrance Service Remembrance Service Remembrance Service	Bildeston Bildeston Square Semer Naughton Whatfield
17 <sup>th</sup> November 2 <sup>nd</sup> Sunday before Advent	9.30 am 11.00 am 11.00 am	Holy Communion Morning Prayer & Baptism Morning Prayer	Naughton Semer Whatfield
<b>24<sup>th</sup> November Christ The King</b>	<b>11.00 am</b>	<b>Benefice Holy Communion</b>	<b>Bildeston</b>

To arrange baptisms, weddings etc. please contact the Revd. Elke Cattermole  
Email [revdelkecattermole@gmail.com](mailto:revdelkecattermole@gmail.com)  
or phone 07957 419055.

**CHURCHWARDENS**

Bildeston	Neil Ashwell	01449 741 370	Martin Rodgers	01449 743 120
Lindsey	Frank Taylor	01787 828 204		
Whatfield	Chris Armour	01473 822 000		
Semer	Granville Bendall	01449 740 309	Keith Horn	01449 741 407
Nedging	Jill Taylor	01449 740 258	Gill Buckle	01449 740 972
Naughton	Carole Homer	01449 741 498		



**Bildeston Community Coffee Centre**

Baptist Church 9:15-11:30 ..... **Every Friday**

**Lunch club**

Baptist Church 12.15 for 12.30pm start.....**1st Wed every month**

**Craft it Together**

01449 740716/741606 for details.....**1st Monday every month**

**Strollers & Striders**

Baptist Church Car Park 10.00.....**Every Monday**

**Baby and Toddler Group**

Baptist Church 9.15 to 11.30am.....**Every Tuesday**

**Church Bell Ringing Practice**

St. Mary Magdalene church bell tower 8.00 to 9.15pm.....**Every Tuesday**

**Mens Breakfast**

Baptist Church 8.00am.....**Last Saturday every month**

**Ladies Club**

Chamberlin Hall 7.30 for 8.00pm.....**Thurs 7th**

**FOBS AGM**

Health Centre 6.30pm.....**Wed 13th**

**Cycling Winter Warmer 2**

Market Square 9.30am.....**Sat 16th**

**Parish Council Meeting**

Chamberlin Hall 7.30pm.....**Wed 11th**

**Grand Xmas Fair**

St Mary Church 10.00 to 4.00pm.....**Sat 16th**

**Bildeston Bounders Running Club AGM**

Sports Pavilion 7.30pm.....**Mon 25th**

**Bingo Evening**

Chamberlin Hall 7.00pm.....**Fri 29th**

**Christmas Indoor Market**

Chamberlin Hall 10.00 to 1.00pm.....**Sat 30th**



Please tell us about your forthcoming events in **December**

email: [editor@bildestonbugle.co.uk](mailto:editor@bildestonbugle.co.uk)

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