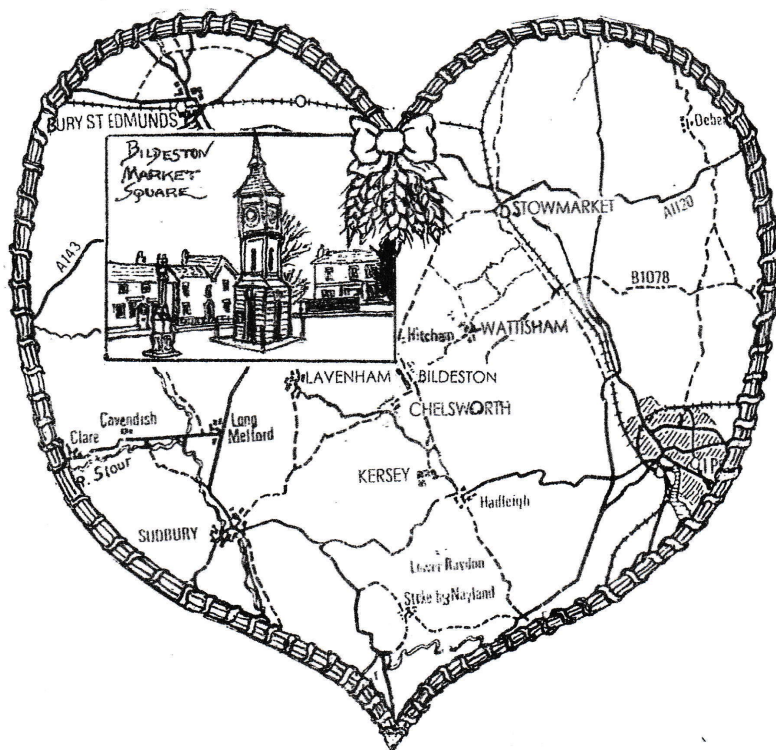


Issue number 348

**October 2019**



**This issue kindly  
sponsored by -**

**Keith and Lisa Chinnery  
celebrating their first year  
in the village.**

**The village magazine produced for the people of Bildeston**

**[www.bildeston.org](http://www.bildeston.org)**



## BILDESTON BUGLE ADVERTISING AND FREE CONTRIBUTION INFORMATION

Our aim is to provide every resident and organisation in Bildeston with a magazine which provides information of local interest FREE OF CHARGE. To that end we are required to be efficient in the space we use to print free notices. We endeavour to include interesting items, announcements for events open to the general public for free and items of a charitable nature free of charge. Ongoing free announcements need to be reduced to minimum size or make a contribution towards printing costs. Please check with us before submitting your advert and ALWAYS provide us with all of your contact details in order for us to send an invoice and receipt.

email: [editor@bildestonbugle.co.uk](mailto:editor@bildestonbugle.co.uk)

*Sponsor a 'Bugle' - £15 per issue*

and have a brief message of your choice printed on the front of the Bugle

### *Advertising Rates*

	1 issue	12 issues	
1/4 page	£5.00	£35.00	65mm W x 92mm H
1/2 page	£10.00	£60.00	134mm W x 92mm H
Full page	£15.00	£110.00	134mm W x 190mm H

#### THE SMALL PRINT

All adverts, payments and items are required before the 17<sup>th</sup> of every month for inclusion in the following month's issue (except December before the 15th).

The earlier free contributions are received the greater the chance of inclusion.

The Editorial Team are not responsible for the accuracy of articles or adverts and reserve the right to alter, shorten or refuse any item submitted for publication.

Ask for BACS details or make cheques payable to Bildeston Bugle and send to:

The Editor, Bildeston Bugle, 14 Squirrells Mill Rd, Bildeston IP7 7DY

If we do not receive payment by the 17<sup>th</sup> of the month your advertisement may NOT be included

**The Bildeston Bugle Management Team is:**

Alan Jacobs (Editor) 01449 741645

Tricia Baldwin (Marketing & Advertising Revenue)

Christine Hubbard (Treasurer) 01449 740633

Stuart Law (Assistant Editor)

Alison Sims (Assistant Editor)

Angie Biddulph & Pam Weaver (Printing Assistants)

# ED'S COMMENT

At the same time last month, as the Bugle was thanking all those who give up their time on behalf of the village and work tirelessly to provide it with a wonderful range of facilities, some mindless miscreants broke into the bowls green behind our village hall intent on serious theft. They managed to rip off the heavy iron gates from their hinges and smash open the doors of the shed in order, presumably, to steal the equipment stored inside.

The Parish Council keep the ride on mower there, with its trailer alongside other bits and pieces such as rakes, hoes and all the equipment for the bowling green. Whoever it was, got the mower out of the shed and, perhaps, were in the process of getting it to the car park to their van and trailer and drive off. For some reason that's as far as they got, thankfully. Even so, it has cost our Chamberlin Hall Management Committee considerable time and some expense to put matters right. By the following day the gates had been mended and soldered on to their hinges, new padlocks purchased, steel bars fixed to strengthen and repair the splintered shed door and the whole matter reported to the police.

A sad sign of our times was the fact that the police were less than interested. As nothing was taken the incident slips down the priority list of an over stretched force and the opportunity to collect any forensic evidence to link to any other criminal damage in the area lost. If, in their frustration, the would-be thieves drove away and found a different place to break into and steal someone's expensive garden equipment, the victims have our sympathies and shared anger. This is because these types of break-ins are rarely isolated. Criminal gangs often target an area seeking specific high end equipment to sell on. One incident may well be a low priority, but several together constitute a pattern which could be investigated and, with evidence gathered, go towards convictions. But no officer visited to investigate.

The latest report from the Office of National Statistics declares a 3% decrease in police recorded theft offences (to 422,870 offences). However, it does make one wonder how accurate those figures are when certain categories of theft, or cases deemed to be low priority, are neither acknowledged nor investigated by the police.

This is worrying because theft is the biggest category of crime recorded by any police force, but with the lowest recorded success rate for convictions. For example in Suffolk the charge rate for 'Other theft offences' was just 2.4% out of 4,846 recorded incidents. Charge rate is the total number of charges and summonses as a proportion of total police-recorded offences for the year ending March 2018. Maybe it is not so surprising that criminals feel almost 'conviction proof' as they drive around the county looking for easy pickings from law abiding citizens and communities. The odds are with them not only to not get caught, but not even charged or eventually convicted! The fact is fewer than one in 100 thefts in some police force areas are being solved. While the number of thefts from people have doubled to 100,000 fuelled by the boom in mobile phones, the proportion where the offender was caught and charged have halved since 2014/15.

This has prompted criticism of police priorities, and now Chamberlin Hall has direct experience of that policy. OK, nothing was taken. We were lucky, but we might not be so lucky next time. We have one of the best village halls in the county in terms of size, construction and facilities. It is the most valuable village asset Bildeston Parish Council entrust to the Board of Trustees to manage. Perhaps the time has come to help fund strengthening security arrangements for our hall. But what a sad indictment of our times, just like stealing lead from Church roofs, that we have to protect our village halls in a more robust way.

# KH

## Kevin Hollings KITCHEN STUDIO



Unit 14 Lodge Works, Stowmarket Road,  
Old Newton, IP14 4EE  
01449 257160 [www.kevinhollings.com](http://www.kevinhollings.com)  
[info@kevinhollingskitchens.co.uk](mailto:info@kevinhollingskitchens.co.uk)



# Bildeston Primary School



## A note from the Head teacher

Thank you to parents for all of your support last academic year. We are incredibly proud of all our pupils who worked so hard at all the different tasks and assessments they were asked to complete. We wish all our leavers well as they embark on a new journey at Hadleigh High School. Some of them have already visited us after their first week back and tell us that they are happy and have settled well. We have also had seventeen new reception children start at Bildeston who have all settled very well in Goldcrest class.

## Event and Activities

We started the new term with two teams enjoying a Dodgeball tournament at Hadleigh High School. They all did incredibly well.

Some of the events taking place in the autumn term include Grandparents Lunch, Gainsborough House Visit, Cross Country, Bikeability, Able Writers Workshop, and many other sporting events as well as our Christmas celebrations.

## School Games Gold Award

We are thrilled to announce that our school were again awarded the Gold award for our participation in sport for the last academic year. Well done to the whole school team for supporting and arranging such a wide range of sporting activities.

## BNatural Festival

Our children once again performed at the festival singing songs that they had been learning at the end of the summer term. Lots of the community turn out for this event and it is always a great privilege to be asked to support this with the children.



## Visits to Our School

We welcome visits by prospective parents interested in viewing our school. We always have opportunities to visit the school prior to pupils starting with us and will have an open afternoon this term. This will be advertised locally and with nursery schools/settings in the area.

## *Is your child due to start school September 2020 or at any time in the future?*

If your child was born between 1 September 2015 and 31 August 2016, then you will need to apply for a school place for academic year which starts in September 2019.

Admission forms, information and procedures will be available during the autumn term from our school office. We also ensure that nursery settings are given admissions packs. Visits by prospective parents are most welcome.

**Bildeston Primary School**  
Newberry Road, Bildeston, Ipswich, Suffolk, IP7 7ES  
Telephone: 01449 740269  
Website: [www.bildeston.suffolk.sch.uk](http://www.bildeston.suffolk.sch.uk)



# ROCKHOUSE

## *50's Rock 'n' Roll Rockabilly Night*



**Saturday 16 November**  
**7.30 start**

**Tickets: Tracey**  
**07507511318**

**| Tickets £10 |**

**Chamberlin Hall**  
**Bildeston**

**FIT VILLAGES**  
Activity on your doorstep

## **NEW Yoga class**

**Chamberlin Hall, Bildeston**

**Thursdays 6 to 7.15pm**

**FREE taster session on October 17<sup>th</sup> 2019**

**Followed by a weekly class**

***First eight weeks supported by Fit Villages at a  
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**Step onto the mat and take time for body and mind.  
Our practice will include postures, breathing exercises and  
relaxation techniques to improve wellbeing.**

- All welcome, including those new to yoga
- Mats will be provided

**For more information or to book your  
place, please contact Catherine**

**T: 01449 771338 M: 07790 842432  
E: catherinerolfeyoga@gmail.com**



# Chamberlin Hall

BILDESTON'S COMMUNITY VILLAGE HALL



To find out more call our bookings

## What's on in October

Monday/Tuesday	from 3.45	MLSPA Performing Arts (07957 351941)
Every Tuesday	7.00pm	Snooker Club
Every Tuesday	7.00pm	Adult-dance-keep fit! (part of MLSPA)
Tuesday	7.15pm	Carpet Bowls (practice night & home games)
Wednesday	6.30pm	Drama Group (call Debbie: 01449 740375)
Every Thursday	7.30pm	Badminton Club and Table Tennis
Every Thursday	10.30am-11.30	Zumba Gold with Sarah
Every Thursday	6 - 7.15pm	Yoga contact: catherinerolfeyoga@gmail.com
1st Thurs of Month	7.30pm	Ladies Club
Every Friday	6.30pm	Bildeston Bowls Club social evenings
Every Friday	11am	Pilates for Improvers (call Claire: 07900 440141)
Every Friday	from 12.00	Pilates for Beginners (call Claire: 07900 440141)
Saturday 12th	10.00 to 1.00pm	Indoor Market
Friday 25th	7.00pm	Bingo! Money Prizes!

**For bookings contact: 07716921514 and [chamberlin.bookings@gmail.com](mailto:chamberlin.bookings@gmail.com)**

**Saturday  
October 12th**

## Chamberlin Hall

BILDESTON'S COMMUNITY VILLAGE HALL

Chamberlin Close, Bildeston, IP7 7EZ

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**&**

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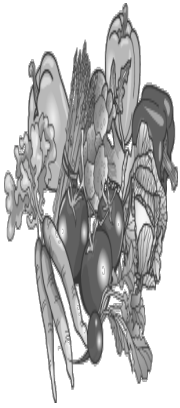
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# BILDESTON

## ALLOTMENTS

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of growing your own  
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Robin Weaver, 741048, or Ashley Hubbard, 740633



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# COUNTRYSIDE OBSERVER



Are you like me wondering where the year is going? Next Bank holiday will be Christmas! In mid July I flew with another 12 aircraft to Arras in northern France. Climbing out from Elmsett, Canary Wharf in London Docklands was clearly visible off to my right. Route was south to Clacton climbing to 4500 ft as the Thames Estuary at this point is actually wider than the channel crossing and a dunking in its frigid waters was not planned. We spent a most convivial evening in an Arras restaurant eating food as only the French can do, with the large square behind us beautifully illuminated. After a good night's sleep aided by plenty of "vin

rouge" our group explored the town centre and its gothic cathedral. Within its lobby were a number of large floor to ceiling coloured prints depicting soldiers lost in the great war of 1914-18. Incredibly given the numbers who sacrificed their lives, one poster depicted an Ernest Rush from Capel St Mary, he was killed by an exploding shell May the 28th 1916 aged 23 not far from the city. As autumn beckons, the English countryside transforms into a riot of yellow, red and orange. From September to November entire woods change the colour of their leaves, these fiery landscapes can be viewed all around our county. This is one of the nicest times of the year to put on your walking boots, warm jacket and scarf and set forth to explore our beautiful surroundings. Visit a country pub on route, seek out one with an open fireplace and get cosy as you enjoy a pint of local ale and a hearty meal. Autumn is also the time for foraging, there is so much to be had for free just waiting in and around the hedgerows. Starting with Beech nuts, which were once used to feed pigs. They are ready now and still ripening into October. Scrape off the outer brown skin to reveal the triangular seed. They can be used in a similar way to pine nuts, sprinkled on salads and risottos. Roast in the oven then place between two tea towels and rub to remove shells. Beech nuts can be slightly toxic if consumed in large quantities due to the tannins and alkaloids. Look out for pairs of three-sided nuts in bristly cases throughout October. For winter alcoholic beverages try Bullace which is a wild variety of plum. On a good year, bullace fruits can literally weigh down the hedgerow, the fruits are similar to damsons and can be used to make crumbles, jams and preserves, fruit wine and fruit liqueurs (like sloe gin). Small oval fruits varied in colour but usually blue, purple or black. They tend to taste acidic until they're ripe, this is a great late season fruit as it ripens up to six weeks later than many others from October to November. Hazelnuts begin to ripen when the leaves on the trees change colour. It's a common tree in woods, hedgerows and gardens, and bears its crop of nuts also called cobnuts from late August. If you're picking hazelnuts early in the season, when they're still green, the shelled nuts make a tasty nibble to munch on while you're out walking. Collect enough and the shelled nuts can be roasted in the oven or used to make hazelnut butter. Finally look for sweet chestnut trees in woods and by the road. A Christmas classic, sweet chestnut trees were introduced to the UK by the Romans. The nuts can be baked, roasted, boiled or microwaved. Score a cross in them to stop them from exploding when they are cooked. Once cooked and peeled they can be eaten as they are, or used in desserts and stuffings. You can also candy them, puree them or store them in syrup. You'll find the best crop at the foot of large established trees. Trees start dropping nuts from late September early October, into late autumn and early winter. Autumn, the year's last loveliest smile. **Mike Biddulph**

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## **Bildeston Village Stores, Post Office and Tea Room**

**Tel: 01449 740248**

### **Opening Times**

Shop	Monday – Saturday	7.00am – 8.00pm
Post Office	Monday – Saturday	7.00am – 7.30pm
Shop	Sundays	9.00am – 3.00pm
Post Office	Sundays	9.00am – 12 noon

## **Village Stores and Tea Room**

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Everyday provisions

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**Tel 01449 740644**

**52A High St Bildeston IP7 7EA**



# Bildeston Ladies Club



In September we enjoyed a great start to our year as we were made to smile and chuckle by Frances who gave us readings from her collection of poetry written over many years.

We are holding a coffee morning on Sat 19<sup>th</sup> October to raise funds for our charity of the year - The Suffolk Oxygen Therapy Centre. (See poster elsewhere in Bugle).



We need donations of cakes, traybakes, books, CD's & DVD's and produce e.g. jams; pickles etc.

If you can donate any of the above please take them to :

Glenda Collins - 2 Chamberlin Close - books, CD's & DVD's

Sue Perkins - Spring Cottage, High Street - Produce & cakes

Margaret Flint - 1 Tankard Farm Close - Raffle prizes

If you are willing to help out in the kitchen please contact Jo Silburn.



**BUT MOST OF ALL** - please tell your friends and neighbours and come along on the day to support this worthwhile cause

Thirty one ladies have already enrolled in our club this year, so it does look like it's going to be another good year for us.

We have room for more so why not try us out at our next meeting on Oct 3<sup>rd</sup> when we will watch a demonstration of sugarcraft cake decoration by Glenda Price. At the end of the evening we will be raffling off her decoration - so it could be adorning your Christmas cake this year if you come along!



Chamberlin hall - 7:30 for 8:00 p.m

Members -£2 guests -£3

Chairlady: Jo Silburn - 01449 257045

Secretary: Jean Radley - 01449 743650

## BILDESTON HEALTH CENTRE FLU VACCINATIONS 2019

**SATURDAY 19TH OCT 9-12 AM and SATURDAY 2ND NOV 9-12AM**

Vaccinations for patients over 65 also available by appointment.

### **PATIENTS UNDER 65**

There is a national delay on the vaccination for patients under 65. We are anticipating they will arrive for the Saturday Flu Clinics. Please call surgery if you wish to be added to waiting list. Also we are having a canopy installed outside over the waiting area the week commencing 7.10.2109. There may be a bit of disruption in the car park and entrance area but we will try to keep it to a minimum. We thank everyone for their patience in this matter- we hope it will be worth it to keep people nice and dry as winter approaches.



# **HONEY BEE'S NURSERY**

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# KINGS HEAD & Brewery

Nigel, Susie, Ryan and Freya and the Kings Head team look forward to welcoming you to the Bildeston Kings Head.

[www.bildestonkingshead.co.uk](http://www.bildestonkingshead.co.uk)

- Here's our **free live music for October**: every **Wednesday** is **Open Mic Night** from **8:30pm**; from **9pm** on **Saturday 19<sup>th</sup>** there's **Dan Fraser** on guitar playing a mix of acoustic rock his way, in a lively and energetic style; and from **1pm** on **Sunday 27<sup>th</sup>** have a relaxing Sunday lunch with **Kevin Nightingale** on contemporary classical acoustic guitar.
- Thursday is bar games night, there's all the usual plus **Poker, Skittles** and **table top football, snooker & tennis**. **Open Deck/Vinyl night** is **17<sup>th</sup> Oct**. **Charity quiz night** is **31<sup>st</sup> Oct** at 8:30pm, please arrive by 8pm. To book a quiz table telephone Sue/Nigel on 01449 741 434. Thank you to August's quiz teams who raised **£185** for **BNatural**.
- Our good value homemade food uses quality ingredients that are locally sourced where possible. We are well known for tasty beer-battered fish & chips, delicious boozy beef pie (Suffolk red poll beef) and our freshly prepared traditional Sunday roasts. Meals are cooked to order, available to eat-in or take-away and in child sized portions. To reserve a table please phone **Sue or Nigel on 01449 741434**.
- We brew our own real ales on-site (tours by arrangement) with at least one other from a local independent brewer.
- Our opening and food/takeaway times are as follows:

Wednesday	Open 6pm-12am (open mic/buskin night)
Thursday	Open 6pm-11pm (bar games night)
Friday	Open 4pm-12am (full menu 5-9pm)
Saturday	Open 12pm-12am (full menu 12-2pm & 6-9pm)
Sunday	Open 12pm-10:30pm (roast/Sunday menu 12-3pm)



# Beauty by Megan

Megan is a beauty therapist with over 14 years experience.  
I work from my log cabin in Hitcham, it is situated in a peaceful, rural  
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Please phone for enquiries and price list.

**Megan Pryke**  
VTCT, BABTAC  
**07876 717 008**





*Are you looking to become more physically active? Would you like to improve your physical, mental and social health?*



**Our Physical Activity Advisor is at Bildeston Health Centre to help you!**



**Speak to reception, your GP, Practice Nurse or self-refer:**

**Chris Lawson**

**T: 07783 975363**

**E: [chris.lawson@activesuffolk.org](mailto:chris.lawson@activesuffolk.org)**



## THANKS FOR PROSTATE CANCER DONATIONS

On Saturday 14th September the Landlord and generous patrons of The Red Lion arranged a charity darts evening on behalf of the prostate cancer charity, and during the event raised over £500, which was exceptional in just a short time. It gives great encouragement to those of us who suffer from the disease and I have to say thank you on all our behalves. Well done to all who took part, you are all now my heroes.

**David Dempsey**

# PAINTING SERVICES

## Rob Harrison

Painting & Property Maintenance

Tel: 01449 741041

Mob: 07852 795469



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Mobile: 07879265756



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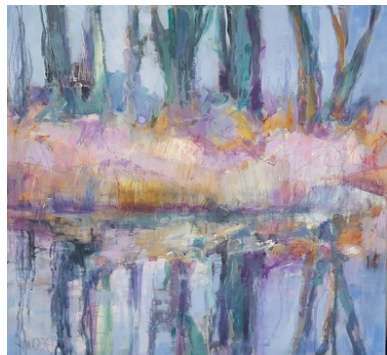
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## **BILDESTON COMMUNITY CYCLING**

Why not join our monthly Saturday morning Winter Warmer series.  
These rides are for riders of all abilities.

# **WINTER WARMER 1**

JOIN US FOR A RIDE OF ABOUT 25 MILES,  
STARTING FROM THE MARKET PLACE  
AT 9.30am, ON SATURDAY 5 OCTOBER.  
CAFE STOP HALFWAY. BACK ABOUT 12.30pm.

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# BILDESTON'S WHO'S WHO

This month I met up with Kate Miles, a very busy mother and a Slimming World Consultant. Kate grew up in Hartest, attended Hartest Primary School, Clare Middle School and Sudbury Upper School. From the age of sixteen Kate worked at the Hartest Crown as a waitress, she then attended West Suffolk College studying beauty therapy and achieved a NVQ level two and three in beauty therapy but chose not to pursue beauty therapy as a career. Instead Kate worked in a care home until she fell pregnant with her first child Layla. Kate moved to Bildeston in 2010 and soon after had her second child Rhys.

I asked Kate how she had become a Slimming World Consultant. Kate explained that after she had her second child she felt that she needed to lose some weight, so in 2014 she joined the Hadleigh group of Slimming World and successfully lost nearly four stone in her first year as a member. Kate's consultant then went on maternity leave and the other members suggested to Kate that she should take on the role of consultant. Kate re-launched the Thursday evening group in the April of 2015 followed on shortly afterwards by taking on the Thursday morning group. Kate loves helping member's dreams come true with their weight loss, it may be a few pounds off just to fit into their wedding dress or a few stone off to help with their confidence or health issues.

Kate and the other members are very welcoming at group and love to share weight loss tips and new recipes, every six weeks there is a taster session where members bring in tasty dishes for all to share and there are competitions run alongside these taster sessions. Kate never pressures anyone into losing weight, she is there to help and encourage you along the way of your weight loss journey. Kate holds her groups at Hadleigh leisure centre on Thursdays, she runs four sessions the first session starts at 9.30 am followed by 11.30, 5.30 and 7.30 sessions, everybody is welcome and you are not committed to join after your consultation on your visit. Kate's other interests are helping out at her children's school, and Kate loves to be active. You may see her walking around the village with her children and their Cockerpoo Cleo, regularly visiting the Kings Pightle or strolling across the fields. Kate said she is so lucky to be living in Bildeston and enjoys village life.

## CRAFT & FOOD FAIR NOVEMBER 2019

This hugely popular Fair organised by **Hadleigh Market Feoffment Charity** will take place in the Town Hall/Guildhall Complex in Hadleigh, Suffolk on **Sunday 3rd November 2019 starting at 10:00am and finishing at 4:00pm**. There will be several stalls selling foods, drinks and various crafts throughout the Complex. Refreshments will be available in the Dining Room. Entry is £1 adults, under 13's free, wheelchair users 50p due to limited access

# OVER 60s CHRISTMAS LUNCH 2019

Chamberlin Hall Management Committee

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**At Chamberlin Hall on Saturday 14th December**

12 noon for 12.30pm



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## Bildeston Bookworms

Hello again Bildeston. Well as summer begins to wane and many of us return to our everyday routines, I bring you another chat about books.

Our next choice is a book set in another time and country and it struck us all that we were looking at this from a very different perspective, now and in the world in which we live. I am sure we have all read books written a long time ago, my favourite all time book is 'Jane Eyre' by the wonderful Charlotte Brontë. A novel of darkness, mystery and of course, love. Jane's choices may seem strange to a modern woman, but she still comes across as strong and a woman that many can relate to today.

Set in C19th Charleston, South Carolina, 'The Invention of Wings' by Sue Monk Kidd is a book about women's emancipation and slavery. Using historical figures at it's heart, it traces the lives, over 35 years, of two women. One, Sarah, the daughter of a slave owner and the other the slave, Hetty, 'given' to her as a birthday present when she was 11.

Another book written in alternating chapters, one for each character. In this way, Kidd compares and contrasts the lifestyles, struggles and accomplishment of the two main characters.

It brings to light the way that many women of the time were hemmed in by convention and as Sarah breaks away, the consequences this had for her and her family. Running parallel is the life of Hetty held back by the colour of her skin. Both strive for lives of their own forming a very complex relationship, both trying to fly on their newly found wings.

Inspired by the real Sarah Grimke and her sister, both early pioneers in the abolition of slavery and women's rights movements, the book portrays life in an easy to read way. The author does not make them close friends, but this adds to the 'real' feel of the novel.

Most of our group found it a real page turner, even though there were times when we lacked sympathy for the characters. It gives a clear insight into the life of slaves, as well as the struggles going on regarding the liberation and empowerment of both women in general and slaves. The historical content was fascinating, even dealing with some issues we were unaware of.

Why not read it for yourselves? A book that as Oprah Winfrey says, 'will resonate with anyone who has ever struggled to find her power and her voice'.



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**Member of the Registered Nursing Home Association**

# *Recipe of the Month*

## *Courgette and Pesto Tart*

*with thanks to Alison*

---

### **Ingredients**

This recipe could be Vegan friendly  
if you used parmesan free pesto

Flour for dusting

300g ready- made short crust pastry

2 medium eggs and 1 egg yolk

150 ml double cream

3 tbsp ready-made basil pesto

3 medium courgettes

Fresh basil leaves to serve.



### **Method**

1. Preheat oven to 200C, 180C fan, or gas mark 6
2. On a lightly floured surface, roll out the pastry to line a base and sides of a 33cm x 10 cm rectangular loose bottomed tart tin
3. Leave pastry overhanging but prick the base with a fork then chill for 20 minutes
4. Line the pastry with baking parchment and fill with baking beans. Bake for 25 minutes until the sides are crisp. Remove the baking beans and parchment and return to the oven for 5 minutes until lightly golden
5. Trim off excess pastry and reduce oven temp to 180C 160C fan gas mark 4
6. In a large jug whisk the eggs, extra yolk, cream and 1 tbsp pesto and season
7. Peel the courgettes into ribbons, stopping when you reach the seedy middle [discard this] then toss in a bowl with the remaining pesto to coat well.
8. With 5 ribbons on top of each other, roll the bundle in to a spiral shape. Repeat with the rest.
9. Pour the egg mixture into the base of the tart tin and gently set the spirals in it slightly apart.
10. Bake for about 40 minutes until set, serve warm garnished with the basil leaves.



## PHYSIOTHERAPY AND PILATES



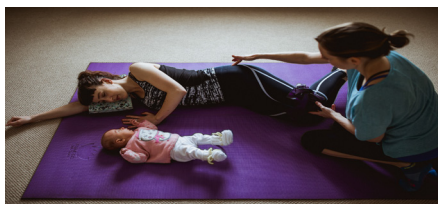
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# BILDESTON PARISH COUNCIL



**DRAFT minutes of the meeting of Bildeston Parish Council held on  
Wednesday 9th September, 2019 at Chamberlin Hall at 7.30pm**  
**In attendance:**

**Councillors:** Peter Hutchings (Chairman)  
Angela Chapman, Andrew Guttridge, Richard Lester, Sarah Leigh-Hunt and  
Virginia Tuck

**Also Present:** David Blackburn (Clerk) County Councillor Robert Lindsay

## **C54/19/20 APOLOGIES FOR ABSENCE**

Apologies for absence were received from Councillors Hubbard and Powell.

## **C55/19/20 DECLARATIONS OF PECUNIARY AND NON-PECUNIARY INTERESTS**

The following declarations of non-pecuniary interest were made:

Chamberlin Hall Management Committee – Councillor Hutchings

Kings Pightle Management Committee – Councillor Lester

Parochial Church Council – Councillor Lester

Sportsfield Management Committee – Councillors Chapman, Hutchings and Lester

## **C56/17/18 DISPENSATIONS IN RESPECT OF PECUNIARY INTERESTS**

There were none.

## **C57/19/20**

### **MINUTES OF PREVIOUS MEETING**

**It was AGREED:** That the minutes of the Annual Meeting held on 10th June, 2019 be signed by the Chairman as a correct record.

## **C58/19/20 PUBLIC SESSION**

There were no items raised.

## **C59/19/20 SPORTSFIELD MANAGEMENT COMMITTEE**

Councillor Hutchings reported that it was pleasing to see that the Sportsfield Management Committee now comprised thirteen people. Councillor Chapman reported that a range of works were required to the Sportsfield Pavilion which the Committee wished to see undertaken as soon as possible. She enquired about what funds were available to support the Committee. Councillor Guttridge suggested that Community Infrastructure Levy Funding could be used. The Clerk also confirmed that the Parish Council held £5,000 from the Henry Morpew bequest for the Sportsfield.

### **It was AGREED:**

- a. That the sum of £5,000 be released from the Sportsfield Reserve and transferred to the Sportsfield Management Committee;
- b. That £1,450 be allocated from the Community Infrastructure Levy Reserve to fund the installation of security shutters and hand dryers at the Sportsfield pavilion; and
- c. That further funding be approved in principle for the replacement of the boiler, subject to the cost of supply and installation being submitted to the next meeting.

## **C60/19/20 BABERGH & MID SUFFOLK JOINT LOCAL PLAN**

Councillor Guttridge had circulated a draft response to the consultation on the draft Babergh & Mid Suffolk Joint Local Plan which was considered by Members of the Parish Council. There was a discussion about various aspects of the Plan and its implications for the village. In particular, concerns were expressed about the land allocation for housing off Wattisham Road.

**It was AGREED:** That Councillor Guttridge finalises the response, reflecting the views expressed at the meeting, and the Clerk submits it to Babergh District Council.

## **C61/19/20 FORTHCOMING EVENTS**

The Chair confirmed that he had ordered wreaths on behalf of the Parish Council. The Clerk would ask the Maintenance Operative to sweep up and weed the Market Square a week before the event. Councillor Lester reported that it was customary for the local vicar to meet with a small committee of interested parties to make arrangements for Remembrance. Councillor Hutchings offered his assistance in the run up to Remembrance Sunday.

**It was AGREED:** That £100 be donated to the Royal British Legion, to be actioned by the Clerk in accordance with normal practice.

The action plan for Christmas Carols in the Market Square was presented by the Clerk and roles and responsibilities assigned.

**It was AGREED:** That Christmas Carols in the Market Square be held on Sunday, 8th December, 2019 at 4.00pm and that the updated action plan be circulated by the Clerk.

Councillor Chapman offered to set up a WhatsApp group for the Parish Council to assist with communications for events and other activities.

## **C62/19/20 COUNTY & DISTRICT COUNCILLOR'S REPORT**

Councillor Lindsay reported upon the following matters:

- Bus subsidy cuts: The 112 Hadleigh to Sudbury service via Bildeston and 461/462 service between Hadleigh and Stowmarket had been reprieved until March 2020. Monks Eleigh Parish Council were organising a working party to examine funding solutions for the 112 service and Elmsett Parish Council were organising a meeting with regard to the 461/462 route. It was noted that Councillor Tuck was representing the Parish Council in respect of local liaison.

- 20mph speed limit: The Cabinet Member for Highways and a Senior Highways Officer would assess applications. The local County Councillor could appeal any refusal.

Councillor Guttridge would update the map to show the proposed location for the 20mph sign on Wattisham Road. The County Council would identify the buffer zones between the 60mph and 20mph zones. Councillor Lindsay would then liaise with the Highways Officer confirming his support for the proposal copying in Councillors Powell and Guttridge.

- There was a discussion about the apparent lack of concern shown by County Highways about the impact of the proposed 75 residential dwellings on land to the north east of Brookfield off Wattisham Road. Councillor Guttridge referred to the responses received from Babergh District Council and Suffolk County Council to the Freedom of Information requests submitted by the Parish Council. It was noted that further information had been requested seeking to clarify the extent of the liaison between the two bodies before the site was allocated within the Joint Local Plan.

County Councillor Lindsay was asked to invite County Council officers to carry out a site visit of the Wattisham Road/High Street, as it appeared that it was desktop research only that had been used to determine the site allocation within the Local Plan.

## **C63/19/20 PARISH PRIORITY SETTING**

Further to Minute C47/19/20, the feedback received by the Community Engagement Working Group was discussed and some suggestions for community projects raised.

**It was AGREED:** That a workshop be held on Monday, 30th September, 2019 at 7.00pm (venue to be confirmed) to be facilitated by Councillor Sarah Leigh-Hunt to consider priority setting for the Parish Council for the next four years and that the Community Development Worker be invited to attend.

## **C64/19/20 VILLAGE AMENITIES**

**Further to Minute C42/19/20, an update was given on steps being taken to address a breach of the cemetery regulations.**

Councillor Lester reported that the Parish Church was applying to close the churchyard to new burials.

Councillor Lester said that the hedges at the cemetery required trimming at the end of the growing season and the Clerk was asked to arrange this with the Maintenance Coordinator. He added that the wildflower area also required attention.

Councillor Hutchings indicated that a new pedestrian mower was required for the bowls green. An upgrade to the sound system was also required, a proposal for which, would be presented to the next meeting.

**It was AGREED:** That £3000 be drawn from the Margaret Bishop Chamberlin Hall Fund for the pedestrian mower on the supply of an invoice to the Clerk.

#### **C65/19/20 CLERK'S REPORT**

There were no specific items of report.

#### **C66/19/20 HR MATTERS**

The Clerk proposed that the Parish Council should have its HR policies, procedures and contracts of employment for staff and training and health and safety records reviewed by an external HR adviser to safeguard the position of Councillors in their position as employer. The Clerk confirmed that the insurance policy included Employer's Liability cover but this would not cover the Parish Council in every set of circumstances.

**It was AGREED:** That the Clerk engages the services of an HR adviser to review and update the Parish Council's policies and procedures.

#### **C67/19/20 VILLAGE WEBSITE AND ICT MATTERS**

The Clerk reported upon the requirements of the Public Sector Bodies (Websites and Mobile Applications) (No.2) Accessibility Regulations 2018 and the need to ensure that the website was accessible. There was a discussion about the provision of a new Village website.

**It was AGREED:** That the Community Development Worker be requested to research clear, accessible, interesting and informative village websites incorporating the functionality required by the Parish Council to fulfil its statutory/regulatory requirements in making information available to the local community.

#### **C68/19/20 FINANCIAL REPORT**

**It was AGREED:**

a) That the following payments be authorised:

<b>Payee</b>	<b>Description</b>	<b>Budget Category</b>	<b>Amount (inc. VAT)</b>
David Blackburn	Clerk's Pay	Salaries & Expenses	£170.52
David Blackburn	Expenses	Salaries & Expenses	£18.00
Adrian Chinery	Grounds Maintenance	Salaries & Expenses	£420.12
Adrian Chinery	Expenses	Salaries & Expenses	£98.57
MSDC	Uncontested Election	Administrative & Legal	£107.78
David Blackburn	Clerk's Pay	Salaries & Expenses	£170.52
David Blackburn	Expenses	Salaries & Expenses	£18.00
Adrian Chinery	Grounds Maintenance	Salaries & Expenses	£446.54
Adrian Chinery	Expenses	Salaries & Expenses	£162.30



Avis Newsprint Ltd	Signage	Community Projects	£154.80
Robin Taylor	Web Hosting	ICT & Website	£39.47
DHE Productions Ltd	BNatural Festival Staging	Community Grants	£720.00
Rivendell	Lawn Mower	Community Grants (Designated Reserves)	£3,000.00
Sportsfield Management Committee	Release of Bequest Funds	Community Grants (Designated Reserves)	£5,000.00

(Note: All items to be paid for from the General Fund except grants from designated reserves).

b. That it be noted that the second instalment of the Precept for 2019/20 in the sum of £11,750 had been received.

### **C69/19/20 PLANNING APPLICATIONS**

#### **Planning Appendix A: Planning Applications Consultation**

There were none.

#### **Planning Appendix B: Planning Applications Decisions by Babergh District Council**

Reference	DC/19/03268
Proposal	Application for Listed Building Consent - Erection of conservatory to rear elevation. (Retention of)
Location	Levells Hall, 31 Chapel Street, Bildeston, Ipswich Suffolk IP7 7EP
Decision	Granted

Reference	DC/19/03338
Proposal	Planning Application - Erection of canopy system
Location	Bildeston Health Centre, High Street, Bildeston, Ipswich Suffolk IP7 7EX
Decision	Granted

Reference	DC/19/03215
Proposal	Planning Application - Erection of a single storey office building
Location	Manor Wood, Ipswich Road, Bildeston, Ipswich Suffolk IP7 7BH
Decision	Granted

### **C70/19/20 MATTERS BROUGHT TO THE ATTENTION OF THE COUNCIL**

Members of the Parish Council paid tribute to the work undertaken by the organisers of BNatural for arranging such a successful event in the village.

Councillor Tuck enquired about training for new Councillors and the Clerk undertook to make arrangements with the Suffolk Association of Local Councils.

The meeting closed at 9.35pm.

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## Village Coffee Morning

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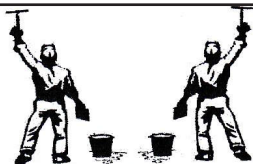
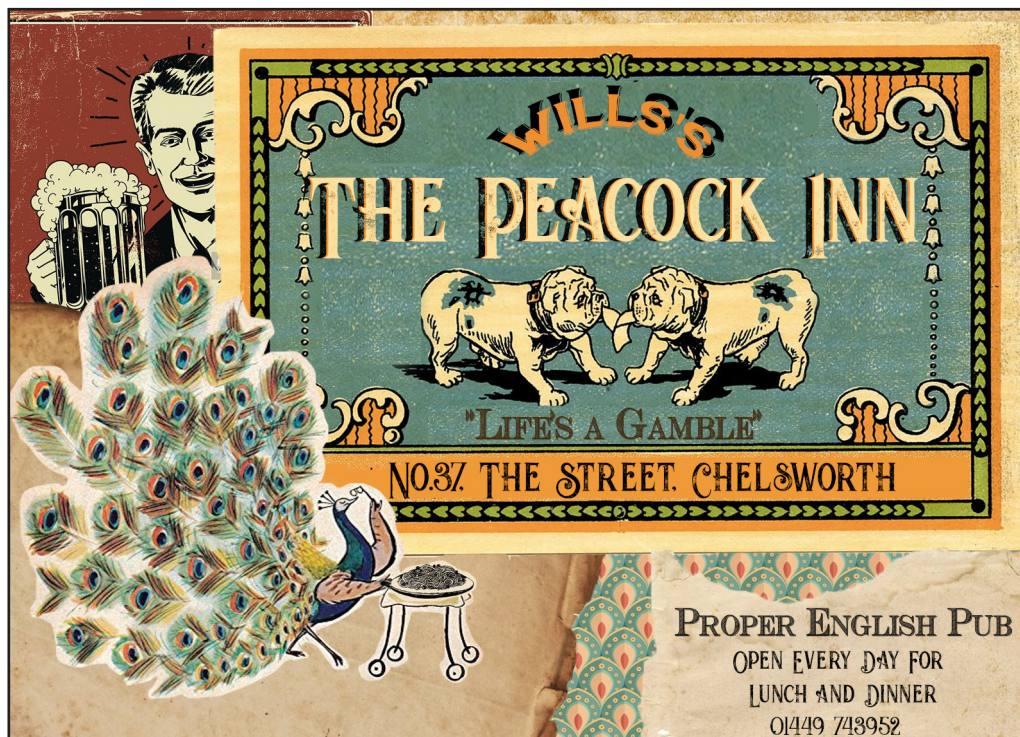
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**A & P**

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T: 01787 248061

M: 07758255583

E: [nataliejmottram@gmail.com](mailto:nataliejmottram@gmail.com)

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**Please contact Stuart on Tel: 07711 606464 or 01449 740387**

**Email: [stuma1@hotmail.co.uk](mailto:stuma1@hotmail.co.uk)**

# **KINGS PIGHTLE NATURE RESERVE**

## **ANNUAL GENERAL MEETING**

7.30 pm on Monday 21<sup>st</sup> October 2019

Bildeston Sportsfield Pavilion.



Bildeston residents are invited to attend the  
Kings Pightle Nature Reserve Trust AGM,  
to hear what we have been doing during the past year.

We will also present a report on the  
Henry Morphew Legacy Fund,  
which is administered by the Kings Pightle trustees to  
provide grants for the benefit of the residents of Bildeston.

**ALL WELCOME**

Light refreshments available.

## **GRAND QUIZ NIGHT**

FOR THE 'BRAIN OF BILDESTON' TROPHY

SATURDAY, 5<sup>TH</sup> OCTOBER at 7.30pm

THE SPORTS PAVILION,  
CONSENT LANE, BILDESTON.

Teams of six (maximum)

£5 per person.

Licensed Bar

Book your place by phoning 01449 744367

or 07745 603485

*All proceeds to the Kings Pightle Nature Reserve Trust.*

## **\*\*Pilates and Yoga classes now at Kersey Mill\*\***

If you want to exercise both your body and mind as well as improving your sense of well-being, strength, flexibility and mobility then Pilates is for you! We are passionate about bringing the benefits of Pilates/Yoga to everyone and with a highly qualified team of instructors we can certainly help you improve muscle tone and core stability, building strength from the inside out, re-balancing the body and bringing it into correct alignment.

### **BEGINNERS CLASSES AND FREE TASTER SESSIONS\* ARE NOW AVAILABLE AS WELL AS PRIVATE 1:1's**

*\* on selected classes*

We now offer small Yoga classes too to add to your well-being experience at Kersey Mill. Please get in touch if you would like any more information.

Whether you are new to Pilates/Yoga or have been enjoying the benefits for years, we feel confident that we can accommodate your needs to achieve results.



## BILDESTON RANGERS 2019 SEASON FIXTURES

**Home: Come and support your team!**

12.10.19 Bildeston vs Achillies 2.30pm  
16.11.19 Bildeston vs Bourne Vale UTD 2.00pm  
21.12.19 Bildeston vs Leiston 2.00pm  
04.01.20 Bildeston vs Henley Athletic 2.00pm  
18.01.20 Bildeston vs Coplestonians 2.00pm  
08.02.20 Bildeston vs Westerfield UTD 2.00pm  
22.02.20 Bildeston vs Bramford 2.00pm  
07.03.20 Bildeston vs Trimley Red Devils 2.00pm  
21.03.20 Bildeston vs Old Newton 2.00pm  
25.04.20 Bildeston vs Claydon 2.30pm

**Away:**

05.10.19 Coplestonians vs Bildeston 2.30pm  
19.10.19. Westerfield vs Bildeston 2.30pm  
07.12.19 Trimley Red Devils vs Bildeston 2.00pm  
28.12.19 Old Newton vs Bildeston 2.00pm  
11.01.20 Claydon vs Bildeston 2.00pm  
25.01.20 Benhall St Mary vs Bildeston 2.00pm  
01.02.20 Achilles vs Bildeston 2.00pm  
15.02.20 Capel Plough vs Bildeston 2.00pm  
29.02.20 Crane Sports vs Bildeston 2.00pm  
14.03.20 East Bergholt vs Bildeston 2.00pm  
28.03.20 Bourne Vale UTD vs Bildeston 2.00pm  
11.04.20 Haughley UTD vs Bildeston 2.30pm  
18.04.19 Leiston vs Bildeston 2.30pm

*Away addresses can be found on the SIL website*

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## Baptist Church, Duke Street, Bildeston

Jim Haley tel: 01449 740716 email: [bildestonbc@gmail.com](mailto:bildestonbc@gmail.com)

**Service every Sunday morning at 10:45**

**Lunch Club: at 12:30 on the first Wednesday of each month –**

All are most welcome

**Community Coffee Centre: Every Friday from 09:15 to 11:30am**

Enjoy meeting old and new friends at these events!

**‘Craft it Together’ - First Monday of each month at 7:00pm.**

Bring along your craft activities and join us for an informal, relaxed evening share ideas, gain new skills or just enjoy doing your own thing. Drinks provided.

Contact Christine on **01449 741772 or 07708 566519** for more information

**Strollers and Striders**

Every Monday 10.00am from the car park

**‘Men’s Breakfast’ - last Saturday of each month at 8am**

**BILDESTON w WATTISHAM, LINDSEY  
WHATFIELD w SEMER, NEDGING & NAUGHTON**

**Church Services – October 2019**

6th October Trinity 16	9.30 am 11.00 am 11.00 am 11.00 am	Holy Communion Morning Prayer Harvest Festival Harvest Festival	Semer Bildeston Naughton Lindsey
13th October Trinity 17	11.00 am 11.00 am	Harvest Festival & Holy Communion Harvest Festival	Bildeston Nedging
20th October Trinity 18	9.30 am 11.00 am 11.00 am	Holy Communion Morning Prayer Holy Communion	Nedging Semer Whatfield
<b>27th October Last Sunday after Trinity</b>	<b>11.00 am</b>	<b>Benefice Holy Communion</b>	<b>Nedging</b>

To arrange baptisms, weddings etc. please contact the Revd. Elke Cattermole  
email [ecattermole@hotmail.com](mailto:ecattermole@hotmail.com)  
or phone 07957 419055.

**CHURCHWARDENS**

Bildeston	Neil Ashwell	01449 741 370	Martin Rodgers	01449 743 120
Lindsey	Frank Taylor	01787 828 204		
Whatfield	Chris Armour	01473 822 000		
Semer	Granville Bendall	01449 740 309	Keith Horn	01449 741 407
Nedging	Jill Taylor	01449 740 258	Gill Buckle	01449 740 972
Naughton	Carole Homer	01449 741 498		

## CHURCH OPENING?

Would you be interested in joining our band of Church Openers? The duty is not at all onerous, only comes round twice a year, and is a very easy way of supporting the village. Volunteers do not need to be Church goers. Please give it some thought and if you are interested and would like to know more, get in touch with Sam on 740884.





**Bildeston Community Coffee Centre**

Baptist Church 9:15-11:30 ..... **Every Friday**

**Lunch club**

Baptist Church 12.15 for 12.30pm start.....**1st Wed every month**

**Craft it Together**

01449 740716/741606 for details.....**1st Monday every month**

**Strollers & Striders**

Baptist Church Car Park 10.00.....**Every Monday**

**Baby and Toddler Group**

Baptist Church 9.15 to 11.30am.....**Every Tuesday**

**Church Bell Ringing Practice**

St. Mary Magdalene church bell tower 8.00 to 9.15pm.....**Every Tuesday**

**Bildeston Community Cycling**

Market Square .....**None this month. Autumn/Winter Warmers start October**

**Mens Breakfast**

Baptist Church 8.00am.....**Last Saturday every month**

**Ladies Club**

Chamberlin Hall 7.30 for 8.00pm.....**Thurs 3rd**

**Cycling Winter Warmer 1**

Market Square 9.30am.....**Sat 5th**

**Parish Council Meeting**

Chamberlin Hall 7.30pm.....**Wed 9th**

**Ceilidh Night in aid of BNatural**

Bildeston Primary School 7.00pm.....**Fri 12th**

**Coffee Morning in aid of Suffolk Oxygen Therapy Centre**

Chamberlin Hall 10.00 to 12.00.....**Sat 19th**

**Flu Vaccinations**

Health Centre 9.00 to 12.00 am.....**Sat 19th**

**Bingo Evening**

Chamberlin Hall 7.00pm.....**Fri 27th**

Please tell us about your forthcoming events in **November**

email: [editor@bildestonbugle.co.uk](mailto:editor@bildestonbugle.co.uk)



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