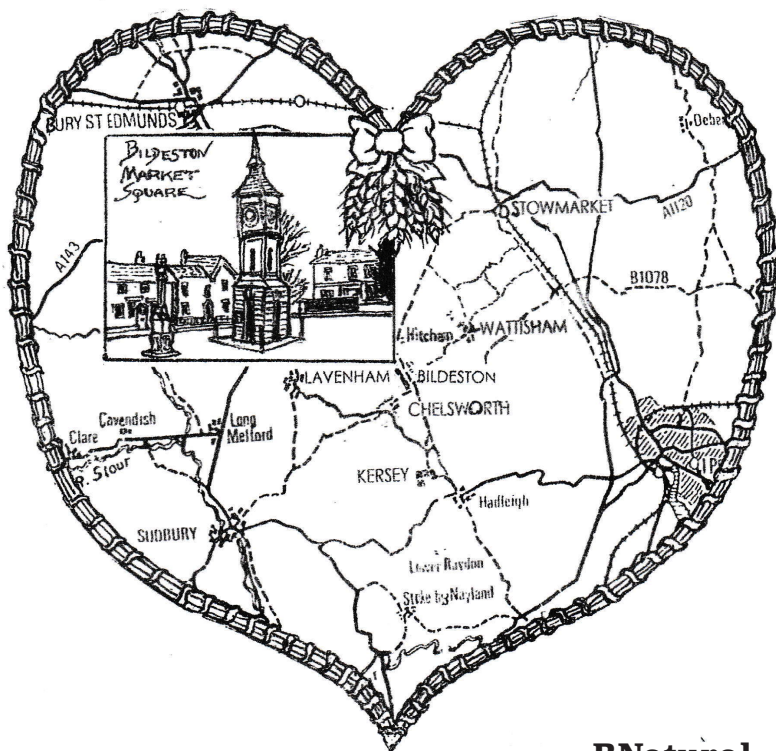


Issue number 347

September 2019

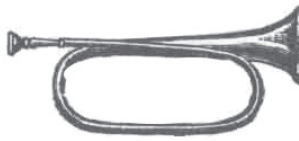


**This issue kindly
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**BNatural
Bildeston's 9th buzzing,
free music festival
6, 7th and 8th September**

The village magazine produced for the people of Bildeston

www.bildeston.org



BILDESTON BUGLE ADVERTISING AND FREE CONTRIBUTION INFORMATION

Our aim is to provide every resident and organisation in Bildeston with a magazine which provides information of local interest FREE OF CHARGE. To that end we are required to be efficient in the space we use to print free notices. We endeavour to include interesting items, announcements for events open to the general public for free and items of a charitable nature free of charge. Ongoing free announcements need to be reduced to minimum size or make a contribution towards printing costs. Please check with us before submitting your advert and ALWAYS provide us with all of your contact details in order for us to send an invoice and receipt.

email: editor@bildestonbugle.co.uk

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	1 issue	12 issues	
1/4 page	£5.00	£35.00	65mm W x 92mm H
1/2 page	£10.00	£60.00	134mm W x 92mm H
Full page	£15.00	£110.00	134mm W x 190mm H

THE SMALL PRINT

All adverts, payments and items are required before the 17th of every month for inclusion in the following month's issue (except December before the 15th).

The earlier free contributions are received the greater the chance of inclusion.

The Editorial Team are not responsible for the accuracy of articles or adverts and reserve the right to alter, shorten or refuse any item submitted for publication.

Ask for BACS details or make cheques payable to Bildeston Bugle and send to:

The Editor, Bildeston Bugle, 14 Squirrells Mill Rd, Bildeston IP7 7DY

If we do not receive payment by the 17th of the month your advertisement may NOT be included

The Bildeston Bugle Management Team is:

Alan Jacobs (Editor) 01449 741645

Tricia Baldwin (Marketing & Advertising Revenue)

Christine Hubbard (Treasurer) 01449 740633

Stuart Law (Assistant Editor)

Alison Sims (Assistant Editor)

Angie Biddulph & Pam Weaver (Printing Assistants)

ED'S COMMENT

The wonderful songwriting duo of Björn Ulvaeus and Benny Andersson of ABBA said it all:

*So I say
Thank you for the music, the songs I'm singing
Thanks for all the joy they're bringing
Who can live without it, I ask in all honesty
What would life be?
Without a song or a dance what are we?
So I say thank you for the music
For giving it to me*

We say thank you to the BNatural committee for the music. Bildeston's ninth free music festival will fill the square and other venues this month running across the 6th, 7th and 8th. Another wonderful line-up of music to enjoy with great food and even greater company! The BNatural organising committee always said it was partly to help put Bildeston on the map. It has certainly done that with style, flair and huge organisational effort and energy.

Thank you also to Nicola, who thanked everybody else, but for whom modesty forbade mentioning herself. Nicola was behind the tremendous result of raising over £729 from the Brocante on the square for the BNatural festival.

While we are in this generous mood of thanks, let us remember the thirteen new members of the Sportsfield Management Committee who put themselves forward at the meeting in July. A new contact number is now on their Bugle advert on page 18.

The Bugle speaks for everyone when it says how grateful we are for local residents who are willing and able to help out on a voluntary basis to keep the venues, events and activities going which enrich all of our lives. We would soon notice, and complain, if they disappeared. To have so many people across so many aspects of our lives in Bildeston willing to give time, effort and energy managing the hall, sportsfield, helping at the surgery, the Churches, produce show, allotments, parish council, local school, Kings Pightle, Bowls Clubs, Bildeston Rangers, Tennis club and all the other cultural and sporting activities that happen, is heartening indeed and says a lot about the pride we have in our little village.

The fact is, all villages and small towns need to look after themselves. It used to be a political priority. There was even a Commission for Rural Communities which was established to promote awareness of rural needs amongst decision makers across and beyond government. Guess what? It was abolished in 2013!

In 2018, largely due to the housing crisis the Institute for Public Policy Research published a paper called 'A New Rural Settlement'. This was an attempt to influence government thinking into putting the needs of rural communities at the heart of central government and designing the support which will replace the Common Agricultural Policy and other issues around rural housing and living and working in the countryside. Just another set of issues to add to the growing list of 'things to do' for the new government!

However, alongside the perceived issues and the differences about living in a rural area and community, who would have it any other way? We are either here because we were born and bred in the area, or we made a conscious decision to come and live here when we could have chosen any number of other places. But we chose Bildeston. All the events and activities that go on here, and all those wonderful people who help to make them happen, confirm that was the best choice ever! *So I say, thank you for the music...' and Bildeston!*

KH

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Bildeston Primary School

Sport at Bildeston Primary



We have been very busy with sporting events this month. We entered a year 3/4 and a year 5/6 team in the Elmsett Small Schools Football tournament and also went to the U11 Multi Skills event at Hadleigh High School. Other sporting events included the U11 cricket tournament at Hadleigh Cricket Club and we attended the U9 & U11 Quad kid's festivals. Brazil was our chosen country for the parade as this is featured in our curriculum at the moment.

Our U9 children attended a Dodgeball final this week held at the athletics arena in Bury St Edmunds. Our A team came second and for both teams there were many comments about their sportsmanship and attitude.



Chance to Shine

The Chance2Shine cricket team are visiting us weekly coaching our Year 3 & 4 children to improve their cricketing skills!



Able Maths

Two of our pupils were fortunate enough to be able to attend an able maths day at Chilton Community Primary School on Wednesday 19 June. During the workshop pupils were encouraged to work as investigators working together to solve interesting and meaningful problems.

Father Day Lunches

Our Father's day lunches were held on Wednesday 20th & 21st June and were once again very successful! Over 180 meals were served across the two days and we would like to say a special thank you to our hardworking kitchen staff, and to our parents, who always help to support them.



James Bond Day

Our Year 5 children attended a James Bond day at Hadleigh High School where they conducted a series of investigations around the school in various departments, including Science Music and English, to determine what happened to James Bond!!

The Goose Who Flew

As part of the Doorstep Arts theatre programme, our KS1 children were lucky to be able to watch a performance of 'The Goose Who Flew' by leading children's theatre company, Half Moon Theatre

For the eagle eyed amongst you, the school article above is the same as last month, as the term starts in early September and the Bugle goes to print at the end of August. Meanwhile we wish all the new, young starters, and new staff at Bildeston and Whatfield, all the best in their first term, and beyond.

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secretary Debbie: 01449 740375
debandkevbailey@gmail.com

What's on in September

Monday/Tuesday	from 3.45	MLSPA Performing Arts (07957 351941)
Every Tuesday	7.00pm	Snooker Club
Every Tuesday	7.00pm	Adult-dance-keep fit! (part of MLSPA)
Tuesday	7.15pm	Carpet Bowls (practice night & home games)
Wednesday	6.30pm	Drama Group (call Debbie: 01449 740375)
Every Thursday	7.30pm	Badminton Club and Table Tennis
Every Thursday	10.30am-11.30	Zumba Gold with Sarah
1st Thurs of Month	7.30pm	Ladies Club
Every Friday	6.30pm	Bildeston Bowls Club social evenings
Every Friday	11am	Pilates for Improvers (call Claire: 07900 440141)
Every Friday	from 12.00	Pilates for Beginners (call Claire: 07900 440141)
Saturday 14th	10.00 to 1.00pm	Indoor Market
Saturday 21st	7.30pm	Comedy and Cabaret
Friday 27th	7.00pm	Bingo! Money Prizes!

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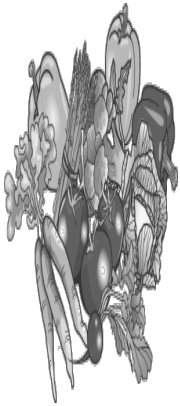
Bildeston Badminton club is a fun and friendly group—if you haven't yet tried our group, why not pop along on a Thursday evening to Chamberlin Hall from 7.30 pm to 10.00 pm to give our club a try?

Whether you are new to the game or a veteran of the game, our badminton club welcomes members of all ages and abilities. We play rounds of Badminton games over a couple of hours and in between badminton games play Table Tennis and enjoy a chat and some refreshments at the end of the game. If you are new to the village, it's the perfect way to get to know some of your new neighbours and a fun way to get fit!

The first session is free, with membership costs of just £2.50p / week thereafter.

If you would like to find out more, please call:

Ray m: 07745 914943 or George m:07508 402370.



BILDESTON

ALLOTMENTS

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COUNTRYSIDE OBSERVER



As an island nation we are blessed with stunning coastlines. Wherever you live the coast is no more than a few hours away. I recently returned by air to the Island of Lundy set in the middle of the Bristol channel about 12 miles from Bideford north Devon. Lundy is owned by the National Trust and managed by the Landmark Trust. The two charities have worked together since 1969 to restore and protect Lundy. It really is a gem of a place far removed from anything you may have experienced before. Lundy lies off the coast of North Devon, where the Atlantic Ocean meets the Bristol Channel with nothing between it

and America, a granite outcrop, three miles long and half a mile wide. In the hubbub of the modern world it is a place apart, peaceful and unspoiled. Lundy is never crowded, even in the height of summer when up to five times a week, MS Oldenburg brings visitors who stay for a few hours. At all other times those who are staying in the 23 holiday properties and the residents have the island to themselves. It's a place of wide spaces and big skies, without roads, cars or pollution, simply walking is a profound pleasure. Lundy has a milder climate than the mainland, with more sunshine and less rain. The particular character of Lundy derives from its varied terrain. On the west side, exposed to the Atlantic, there are high and rugged cliffs, on the east, sheltered from the prevailing wind, the coastline is gentler with grassy slopes, trees and many types of wild flowers. This contrast explains the rich diversity of the island's animal and plant life and its attraction to walkers, climbers and divers. People return time and again to the simple pleasures that Lundy affords; the sea is clear, the landscape spectacular, and at night, without competition from street lights, it is truly dark and the stars shine with unfamiliar brilliance. There are 23 self-catering properties, a campsite, pub, church, working farm, three lighthouses and about one thousand acres of unspoilt nature. The range of buildings in which to stay is extraordinarily diverse. There's a 13th century castle, a late Georgian gentleman's villa, a lighthouse, the isolated coastguard watchhouse of Tibbetts, a simple fisherman's chalet. Most of the buildings are constructed from the island's beautiful light-coloured granite. There are no televisions, radios or telephones and the electric supply is usually turned off between midnight and 6am, Wi Fi almost non-existent. Lundy's position with the Atlantic Ocean to the west and the Bristol Channel to the east creates a unique combination of environmental conditions that have given rise to a considerable selection of habitats that in turn support a variety of rare and spectacular wildlife. The rugged cliffs of the west coast are carpeted with maritime grass species and are home to important seabird colonies including Puffins and Manx Shearwaters. At the turn of the century, the island's breeding seabird colonies were under threat from large black and brown rat populations who were preying on the nesting seabirds, their eggs and their offspring. Puffin numbers were recorded as approx. 5 in 2003 and a rat eradication programme started. In 2006 the island was declared 'rat free' and since then a steady increase in the number of puffins with a formal count of 80 in 2013. In comparison, the relatively sheltered and calm east coast boasts spectacular displays of wildflowers and provides sanctuary to migrating birds in the spring and autumn. The diversity of the wildlife observed above the waves is mirrored below the waves, with many rare and beautiful species protected in both the reef and sandbank habitats. Not been? Go, you will be enchanted. **Mike Biddulph**

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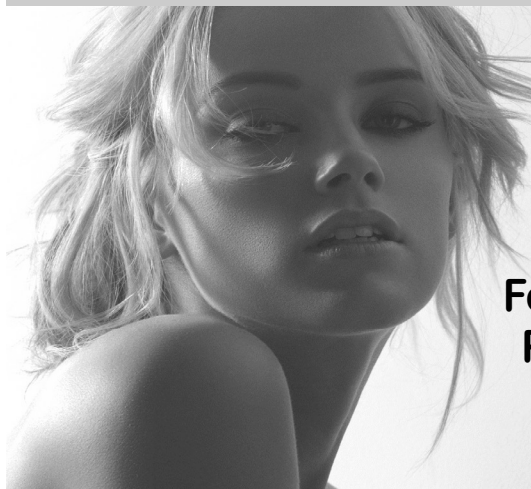
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Our thanks go to volunteers Dave, Alan and Andrea for a great evening at Wattisham Airfield Heritage Museum. Thanks also to Pearl for refreshments and to Margaret for sharing the story of her ancestors, who lost their homes and farms to the development of the airfield. With our guests, we were able to investigate the vintage helicopters and jet fighters. I think we were all fascinated by the tiny cockpits filled with so many controls and the sheer size of the aircraft when up close to them. In the museum building, we were impressed with the huge amount of personal and photographic information. If ever you get a chance to go, a visit is well worthwhile.

We begin a new year of events on Sep 5th, when we will be invited to "Laugh Our Heads off" with local Poetess, Frances.

We are a very friendly club and always looking for new members. Meetings are held in Chamberlin hall - 7:30 for 8:00 p.m.

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- We are proud to be participating in **Bildeston's Ninth village music festival, B Natural, Friday 6th to Sunday 8th September**. Our village event has a **main stage** in the village square, **musical open gardens** and here at the **Kings Head**, great food, a **beer festival** and a weekend of **free live music in the beer garden**.
- On **Friday 6th from 7pm** we start with **Boudicca Border Morris** then at **9pm** the superb Irish/punk of **Waxies Dargle**. From 1pm on **Saturday 7th** there's an afternoon session featuring **local young and up & coming musicians**. Then some pop/folk/indie from **Meddle** with **Buzz's** rock'n'roll at 9pm. On **Sunday 8th** from 1pm an **Open Mic** session (drink vouchers for participating buskers) then rock out to excellent **Don't Tell The Wife** at 6pm.
- And there's more music later in September; **every Wednesday is Open Mic Night** from 8:30pm; from 11am on **Friday 27th Kevin Nightingale** will be playing at our **Macmillan Coffee Brunch**; from 9pm **Saturday 28th Reflections** with Sarah & Ed playing everything from the 60s to present day; and from 1pm on **Sunday 29th Kevin Nightingale's** contemporary classical acoustic guitar.
- Thursday is bar games night, **Open Deck/Vinyl night** is **19th Sep** and **charity quiz night** is **26th Sep** starting at 8:30pm, please reserve a table. Thanks July's teams raising **£84** for **Macmillan**.
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- Our opening times are as follows:

Wednesday	Open 6pm-12am (open mic/buskin night)
Thursday	Open 6pm-11pm (bar games night)
Friday	Open 4pm-12am (full menu 6-9pm, T/Away 5pm)
Saturday	Open 12pm-12am (full menu 12-2pm & 6-9pm)
Sunday	Open 12pm-10:30pm (roast/Sunday menu 12-3pm)



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www.bnatural.bildeston.org

BILDESTON'S WHO'S WHO

This month I met up with Lynne Edwards MBE, who has a passion for needle craft. Lynne is an internationally known and respected Quilter, Author and Teacher who has lived in Bildeston for 52 years but grew up in Gravesend Kent. Lynne first had an interest in needlecraft when funds were short, so she started making her own dresses and items of clothing to keep costs down, and really enjoyed making things; Lynne even made her own wedding dress and her husband, Brian's jacket for their wedding in 1965. Lynne went on to teacher training college and started working in a school in London. She started a dress making class for her students after school, teaching her students, some as young as 10 years old, to make their own dresses, and Lynne is still in touch with some of those students today. When Lynne and Brian moved to Bildeston, she started teaching patchwork locally and also travelled to Camden to teach. Lynne has also taught at Bildeston primary school for a short while, until she started a family. Lynne would make toys for her children as money was tight and new toys were very expensive and her boys loved their homemade toys and appreciated all the hard work their mum put into them.

By chance, Lynne met a lady from Chelsworth, who suggested she should start teaching needlecraft at Chelsworth village hall to earn some extra money, and to share her knowledge with other ladies. Lynne advertised in shop windows for her course on a Saturday morning and had a good bunch of ladies enrolled on the course. This was 30 years ago and still going strong! Lynne has students who come as far as Huntingdon for her weekly course; many of these ladies have become great friends with Lynne.

Lynne got a scholarship for 'Quilt teacher', and has travelled to Holland, Australia, Singapore and New Zealand to teach students. In 2008 Lynne's students proposed Lynne for a 'MBE' for services in arts and crafts, and was awarded this by Prince Charles who also has an interest in quilts, and he chatted about his collection of Welsh quilts. Prince Charles also asked Lynne if she had made the outfit she was wearing that day!

Lynne has had around 7 quilting books published, one of the well known ones being Cathedral Windows Quilts. Lynne has also written columns for 'Today's Quilter' magazine for 3 years and various other magazines. These are not the only books Lynne has had published, as in 1973 Lynne and her husband wrote the children's 'DoDo' books while Lynne was teaching at primary school.

Lynne gets her fabric from various local shops including the fabric shop in Hadleigh. Lynne seldom sells her work, using it all as part of her teaching before passing quilts on to family and friends. Lynne is still teaching, and is off to Nottingham followed by Cornwall and on to Bristol this month.

Now we all know why all the cars are parked outside Chelsworth Village Hall on a Saturday morning!

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Bildeston Bookworms

Good day Bildeston. I hope I find you enjoying the summer and maybe the chance to read a little more as this is traditionally a time for holidays, which inevitably poses the question, 'What should I take to read?'

I am never without a book, whether the Bookworms choice, or my own and often feel bereft when a book ends. How many of you, I wonder, race through a book you are completely engrossed in and then try to put off getting to the end as you don't want the book to finish?

I know we can re-read, but sometimes the 'I wonder where this is going?' has gone and let's be honest here, there are just so many books to read, that do any of us have time to re visit those we would like?

Our next choice is the story of a young girl in 1939. A time of change, fear, violence and struggle, yet the novel, 'The Book Thief' by Markus Zusak, is often an inspiring story. It looks at this horrific period in our history from the German viewpoint, a real change as we are so accustomed to the British or American stance.

After the death of her young brother and as she moves into a foster home, Liesel begins to not only steal, but to learn to read books and to discover the joy that brings. To develop a love for words and to realise their power, both positive and negative.

This is a time of great danger for all in Germany and when Liesel's foster parents hide a Jew in the basement it brings life changing events to them all and their neighbours.

One of the strangest twists in this book is that it is narrated by Death! A very busy entity and one with a surprising view of humans.

The book is at times dark and sad, but at the same time light and with a view to the future. A surprisingly easy read, that most of us really enjoyed. It certainly led to some interesting conversations as the themes of the Holocaust, love, hate and many other were heatedly discussed.

Initially I had thought this a book for older teenagers, not a reason to avoid it but to wonder at the maturity of the writing, however, this is certainly a book for everyone as we look at humanity in all its guises and it does make you think that maybe history will/is repeating itself.

Try it for yourselves and as Liesel says, "I have hated words and I have loved them, and I hope I have made them right."



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Member of the Registered Nursing Home Association

Recipe of the Month

Chilli and Tomato Jam

with thanks to Alison

Ingredients

This sweet and spicy preserve is a great way of using up the glut of ripe tomatoes, and is perfect with strong, hard cheeses.

- 900g Jam sugar
- 300ml Red Wine Vinegar
- 1.5kg Ripe Tomatoes, peeled and chopped roughly
- 4-6 Red Chillies, halved, seeds removed and finely sliced
- 6 Garlic cloves
- 1tsp Salt
- Pinch of Ground Cloves



Method

- 1 Put the sugar and vinegar in a large preserving pan and stir over a medium-low heat until sugar is dissolved.
- 2 Stir in all the ingredients and bring to a vigorous boil.
- 3 Cook for 15 minutes until setting point is reached and not sticking to the bottom of the pan.
- 4 Remove from heat and leave to stand for 5 minutes. Remove any scum.
- 5 Pour into hot sterilised jars and seal with vinegar proof lids.

The Jam will keep for around six months unopened in a cool dark place. Once opened, store in the fridge and use within 10 days.

PRESERVING KNOW HOW

Sterilise Jars in the dishwasher on its hottest cycle or wash in hot soapy water and put them in the oven for 20 minutes at 150C 130 fan gas mark 2

To test for setting point, pop a few saucers in the freezer to chill before you start. Once you think it is ready to test, drop a teaspoon of the mixture onto the saucer and leave for a minute. Push with your finger, if it wrinkles it's set. If it doesn't, keep on boiling and retesting every couple of minutes.

To seal preserves, put a waxed disc, wax side down on top while the jam is hot. Cover with a cellophane disc and secure with an elastic band or seal with a sterilised screw on lid.

(Acidic preserves such as pickles and chutneys require a vinegar proof lid)



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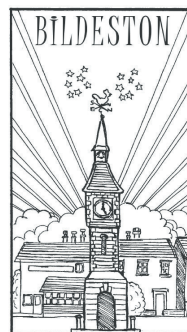
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BILDESTON PARISH COUNCIL

There are no DRAFT minutes for August as there was no meeting of the Bildeston Parish Council.
Draft Minutes for the September meeting will be published, as usual, in the Bugle for October.



PARISH COUNCIL MEETINGS

August Recess	A Planning & General Purposes Committee meeting will be convened if required.
Monday, 9th September, 2019 at 7.30pm	Parish Council including Community Debate
Wednesday, 9th October, 2019 at 7.30pm	Planning and General Purposes Committee
Monday, 11th November, 2019 at 7.30pm	Parish Council
Wednesday, 11th December, 2019 at 7.30pm	Planning and General Purposes Committee

Revd John Cohen Memorial fund

The Revd J Cohen memorial fund is available to make grants to students of Higher Education to help in the purchase of reference books to assist learning. The fund is managed by the Bildeston Parochial Church Council (PCC).

This fund was set up in 1998 to help support those who live in the Parish of Bildeston attending Degree Courses or equivalent.

Each year successful applicants may be given support in the form of a Book token.

If you wish to apply please send your application to: PCC secretary, Silwood Barns, Consent Lane, Bildeston, IP7 7SB.

Please include in your application details of your University offers and send us your exam results when received. All applications will be considered and should be sent by the end of September 2019 for those starting their courses this year.

We look forward to hearing from you and hope we can help.

From the PCC of St. Mary Magdalene Church, Bildeston





About five years ago my father-in-law was the victim of a scam artist who fleeced him out of £5,000. Once he realised, he was devastated and we were able to work with his bank to get some of the money back. We thought it was all in the past but in the last six months he's received numerous calls, letters and texts from what look like other scammers. We want to try and keep him safe as his memory isn't the best, what can we do?

Unfortunately, falling victim to a scam once can increase exposure to further scams. Citizens Advice has found that, once someone has responded to a scam, their personal details can sometimes be sold onto other criminals. This then opens the door to more scam mail, emails, phone calls or home visits.

If you recognise a pattern of unsolicited calls, talk to your father-in-law's telephone provider and see if you can get these numbers blocked or if you can get something called a 'standalone call blocker.' If not, register your father-in-law's number with the Telephone Preference Service who can help you to handle unwanted marketing calls.

If your father-in-law is receiving texts it's important that he never replies, as sometimes there can be costly hidden charges. He can report the texts to his mobile phone provider who will be able to block the number. If he's already been stung and call cost information wasn't given, he should report it to Phone-pay Plus.

Mail scammers can often impersonate banks, the local council, or other established and legitimate organisations. You should advise your father-in-law against responding unless he's sure it's legitimate and was expecting a letter. If in doubt he should contact the organisation directly to check the letter's legitimacy. He should be careful to not just ring up the number on the letter as it could be a bogus call centre.

In addition, to safeguard your father-on-law from unwanted marketing material or junk mail, register his name and address for free with the Mailing Preference Service which will take his name off some mailing lists.

Doorstep scammers can often be intimidating, and unfortunately they commonly target older and more vulnerable people. Your father shouldn't be embarrassed turning people away and shouldn't let them in unless he's expecting them. If someone comes to the door saying they are from one of his utility companies for example, he should ask to check their credentials. If in doubt, he should phone the company they represent or check online, but once again make sure to not just use the contact details they provide.

Citizens Advice Mid Suffolk can provide advice on this or any other issue, including debt, housing, benefits and family law. You can contact them on 01449 676060 or go to the Advice Centre on 5 Milton Road South, Stowmarket. For more information and our opening hours go to midsuffolkcab.org.uk.

JOIN THE CHAMBERLIN HALL VOLUNTEERING TEAM, IT COULD EVEN IMPROVE YOUR HEALTH!

Did you know that volunteering has proven health benefits? Studies have suggested that helping others by volunteering your time can improve a person's health. Regular volunteers in the over-50's have a reduced risk of high blood pressure. It's not only people of this age group who reap the benefits: the National Council for Voluntary Organisations (NCVO) noted that three-quarters of those who volunteer in the 18-24 age group were more likely to feel less socially isolated. The NCVO also reported in 2019 that two-thirds of volunteers said that they had improved mental health from volunteering and more than half reported better physical health. It also improves confidence, particularly in the younger age groups, and helps people gain new skills and experience. Not only that, volunteering can be a good way to meet new people. So, given how rewarding volunteering can be, would you like to help out your village hall and see the benefits for yourself?

There's no obligation to commit to more than an hour or two here and there. Bildeston has a thriving village community and Chamberlin Hall is very lucky that our trusty volunteers pitch in to bring so many activities for us all to enjoy. We just wouldn't have been able to run most of our regular activities and special events without our volunteers who help out in so many ways—be it catering, creative input for events, grounds maintenance, pitching ideas and planning to name but a few.

But in order to continue with our current range of activities and to expand the events on offer at the hall this year, we **MUST** get some more volunteers.

We all appreciate how busy life can be, but if you could spare any time, no matter how little, to help out at your village hall then please join our list of volunteers. There's no need to make it a regular commitment; you could even request to be called on for specific events only (such as the popular pantomime).

It doesn't matter what age you are or the skills that you can offer. We have some great ideas for new community events and activities so please pitch in and help us make these happen. We are a friendly bunch to work with and it's a good way to get involved and help with suggestions of what the hall could run in the future.

To add your name to our list of volunteers, or to simply find out more, please contact
p.hutchings@icloud.com.

Meanwhile, another way to keep healthy is to practice your dance moves from the 1950s in preparation for Chamberlin Hall's Rock 'n' Roll Rockabilly Night in November!

ROCKHOUSE

50's Rock 'n' Roll Rockabilly Night



Saturday 16 November
7.30 start

Tickets: Tracey
07507511318

| Tickets £10 |

Chamberlin Hall
Bildeston

BRAVE THE SHAVE CANCER SUPPORT

I'd like to thank Smudge of the Red Lion, Bildeston and everyone who turned out for Brave the Shave for Cancer Support.

My grandson, Tommie Nogra, had his head shaved in support of his mum Sally who has breast cancer. They raised £110 on the night selling cakes and donations.

Tom has also raised more money on-line and at Otley College where he works.

My daughter, Diana, Sally's sister, did the shave supported by Kim, his girlfriend, friends from the village and college, his cousins and regulars from the Red Lion.

I would also like to thank Ellie and Gíng for all the support they have given to Sally and the children.

Thanks to everyone.

Sally's mum. Harold Cottage, Bildeston

INVITATION TO VISIT ORCHARD BARN

Heritage Open Afternoon and FREE Greenwood working courses. We're making good progress with reinstating the Long House. Thanks to the Heritage Lottery Fund we have provided medieval style timber framing training at no cost to a broad range of trainees. They have learnt how to use chisels, planes, side axes and two person saws. As part of their course they have hewn braces and cut cranked tie beams from curved oak logs. Come and see how we are using these local trees in our big project As part of the national Heritage Open Days there will be a range of heritage building demonstrations and talks at Orchard Barn on Saturday 7th September. Timing is 2.30-4.30. Please walk, cycle or share lifts. We are just south of Mill Road, Battisford. Post code IP14 2LY. Admission is free but donations are welcome towards repairing some of the 500 year old timbers from the Long House. FREE GREENWOOD WORKING courses Thanks to the Pargiter Trust we can now offer 7 free workshops in how to use traditional hand tools and locally sourced wood to make items such as tool handles, dibbers, bowls, benches and chairs. Courses will be held weekly on Thursdays and start at the end of September. Priority will be given to retired people living within a 10 mile radius of Orchard Barn. Please email sarah@orchardbarn.org.uk if you would like to apply for a place.

Sunday 1st September

**Service of Celebration for our
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**Praying about our environment and the
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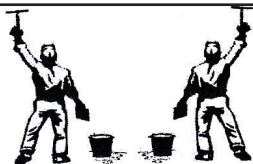
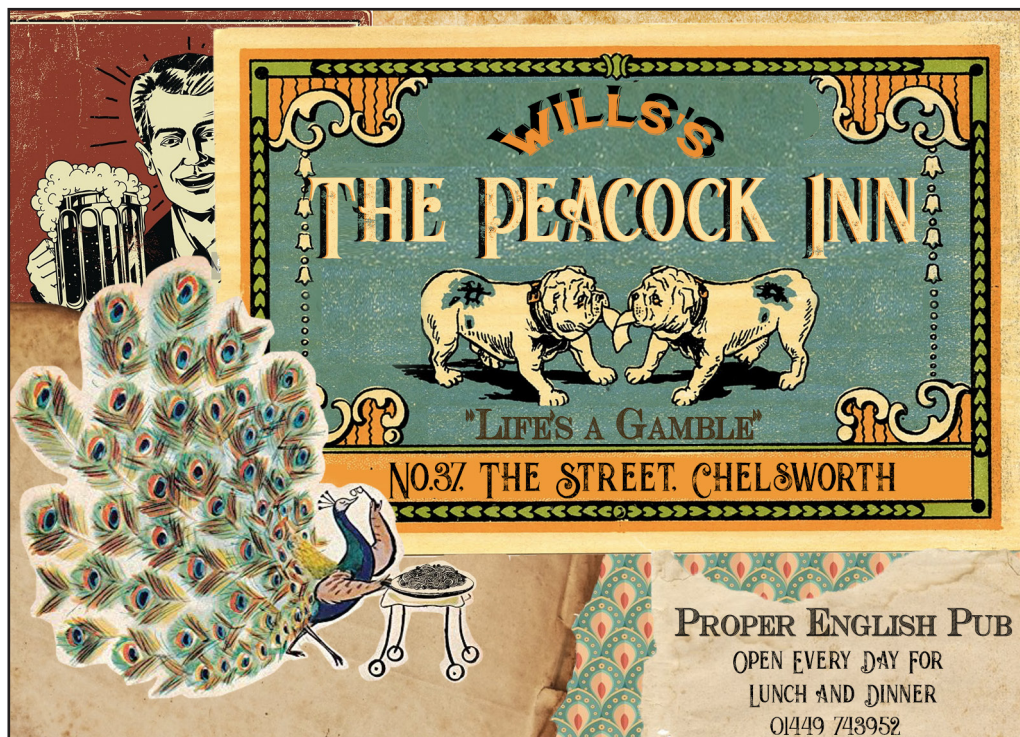
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BILDESTON GOLF DAY 2019



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Monday 16th SEPTEMBER.

Brief plan for the day is 1000 for 1015
Arrival, Coffee/Tea & Bacon Roll; Tee
Off between 1100 and 1200 for an 18
hole team event with a one course
meal at the end of play. Cost per head
is £35. There will also be a Raffle with
proceeds to be donated to St Mary
Magdalene Church Funds. We welcome
your support for a very friendly social
day of golf.

**Enquiries to Martin Rodgers on 743120
or mam.rodgers@btinternet.com .**

SESAW NEWS

SESAW would like to send a huge thank you to everyone who attended, helped or donated items for our Open Day and Fun Dog Show in July. A massive £4000 was raised which will help us look after the rescued animals at SESA W. Our next Suffolk event is the Christmas Fair at the Old School, Long Melford on Sunday 17th November. Tables are available for outside stallholders, to book please visit www.sesaw.co.uk or call 07912 007617. Much hard work goes into preparing for a sale and we are in need of people who could spare a few hours occasionally. If you could distribute posters, set up tables, unload the van, put up banners or just make the tea when we hold an event close to you, please call/text 07881 785535 or email info@sesaw.co.uk

We also need volunteers to help generally around the Sanctuary and care for the animals including Bella, an 18 month old lurcher. This lovable girl is as mad as a March hare, loves tummy tickles and cuddles, needs a couple of walks to let off steam before crashing and watching the world go by. Interacts well with similar sized dogs due to her boisterous nature, not particularly interested in cats. Please get in touch if Bella is the dog for you, or if you would like to look after the cats, rabbits, chickens, sheep and dogs including me, Kenny (the Boss) Chihuahua. Tables available to hire at the SESA W CHRISTMAS FAIR, 17th November, The Old School, Long Melford, CO10 9DX. Call 07912 007617 or visit www.sesaw.co.uk to download a booking form. Suffolk and Essex Small Animal Welfare, Reg.Charity No.1124029.

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MONDAY 16th September 7.30pm
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Community Coffee Centre: Every Friday from 09:15 to 11:30am

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Please contact Elaine on **01449 740716 or 01449 741606** for more information

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**BILDESTON w WATTISHAM, LINDSEY
WHATFIELD w SEMER, NEDGING & NAUGHTON**

Church Services – September 2019

1st September Trinity 11	9.30 am 11.00 am 11.00 am 11.00 am	Holy Communion Morning Prayer Holy Communion Morning Prayer	Semer Bildeston Whatfield Naughton
8th September Trinity 12	11.00 am 11.00 am	Holy Communion Morning Prayer	Bildeston Nedging
15th September Trinity 13	9.30 am 11.00 am 11.00 am	Holy Communion Morning Prayer Harvest Festival	Naughton Bildeston Semer
22nd September Trinity 14	3.30 pm	Teresa Lester's Licensing as a Reader	Bury Cathedral
29th September Trinity 15	11.00 am	Benefice Harvest Festival with Holy Communion	Whatfield

To arrange baptisms, weddings etc. please contact
the Churchwardens or the church office at Hadleigh
email office@stmaryshadleigh.co.uk
or phone 07704 778 325.

CHURCHWARDENS

Bildeston	Neil Ashwell	01449 741 370	Martin Rodgers	01449 743 120
Lindsey	Frank Taylor	01787 828 204		
Whatfield	Chris Armour	01473 822 000		
Semer	Granville Bendall	01449 740 309	Keith Horn	01449 741 407
Nedging	Jill Taylor	01449 740 258	Gill Buckle	01449 740 972
Naughton	Carole Homer	01449 741 498		

CHURCH OPENING?

Would you be interested in joining our band of Church Openers? The duty is not at all onerous, only comes round twice a year, and is a very easy way of supporting the village. Volunteers do not need to be Church goers. Please give it some thought and if you are interested and would like to know more, get in touch with Sam on 740884.



Bildeston Community Coffee Centre

Baptist Church 9:15-11:30 **Every Friday**

Lunch club

Baptist Church 12.15 for 12.30pm start.....**1st Wed every month**

Craft it Together

01449 740716/741606 for details.....**1st Monday every month**

Strollers & Striders

Baptist Church Car Park 10.00.....**Every Monday**

Baby and Toddler Group

Baptist Church 9.15 to 11.30am.....**Every Tuesday**

Church Bell Ringing Practice

St. Mary Magdalene church bell tower 8.00 to 9.15pm.....**Every Tuesday**

Bildeston Community Cycling

Market Square**None this month. Autumn/Winter Warmers start October**

Mens Breakfast

Baptist Church 8.00am.....**Last Saturday every month**

Ladies Club

Chamberlin Hall 7.30 for 8.00pm.....**Thurs 5th**

BNatural Free Music Festival

Square and elsewhere.....**6th, 7th and 8th**

Parish Council Meeting

Chamberlin Hall 7.30pm.....**Mon 9th**

Bildeston Golf Day

Brett Vale GC from 10.00am.....**Mon 16th**

Comedy and Cabaret

Chamberlin Hall 7.30pm.....**Sat 21st**

Bingo Evening

Chamberlin Hall 7.00pm.....**Fri 27th**

Please tell us about your forthcoming events in **October**

email: editor@bildestonbugle.co.uk



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