

This issue kindly sponsored by -

Pam and Robin Weaver

The village magazine produced for the people of Bildeston www.bildeston.org



BILDESTON BUGLE ADVERTISING AND FREE CONTRIBUTION INFORMATION

Our aim is to provide every resident and organisation in Bildeston with a magazine which provides information of local interest FREE OF CHARGE. To that end we are required to be efficient in the space we use to print free notices. We endeavour to include interesting items, announcements for events open to the general public for free and items of a charitable nature free of charge. Ongoing free announcements need to be reduced to minimum size or make a contribution towards printing costs. Please check with us before submitting your advert and ALWAYS provide us with all of your contact details in order for us to send an invoice and receipt.

email: editor@bildestonbugle.co.uk

Sponsor a 'Bugle' – £15 per issue and have a brief message of your choice printed on the front of the Bugle

Advertising Rates

	1 issue	12 issues	
1/4 page	£5.00	£35.00	65mm W x 92mm H
1/2 page	£10.00	£60.00	134mm W x 92mm H
Full page	£15.00	£110.00	134mm W x 190mm H

THE SMALL PRINT

All adverts, payments and items are required <u>before</u> the 17th of every month for inclusion in the following month's issue (except December before the 15th).

The earlier free contributions are received the greater the chance of inclusion.

The Editorial Team are not responsible for the accuracy of articles or adverts and reserve the right to alter, shorten or refuse any item submitted for publication.

Ask for BACS details or make cheques payable to Bildeston Bugle and send to:

The Editor, Bildeston Bugle, 14 Squirrells Mill Rd, Bildeston IP7 7DY

If we do not receive payment by the 17th of the month your advertisement may NOT be included

The Bildeston Bugle Management Team is:

Alan Jacobs (Editor) 01449 741645
Tricia Baldwin (Marketing & Advertising Revenue)
Christine Hubbard (Treasurer) 01449 740633
Stuart Law (Assistant Editor)
Alison Sims (Assistant Editor)
Angie Biddulph & Pam Weaver (Printing Assistants)

ED'S COMMENT

There are two events happening in August which have a direct connection. Firstly, here in Bildeston, we have our annual Produce Show on Saturday 17th August at St Mary's Church. Secondly from 12th to the 18th August is National Allotment Week, organised by the National Allotment Society, and we have wonderful allotments tucked away behind the High Street.

There is every possibility that produce grown on a Bildeston allotment could be entered into this year's show. The Bugle certainly hopes so, for allotments have a long and proud history in Britain allowing any person to cultivate their very own little piece of land, have the immense satisfaction of becoming self-sufficient and even have a little bit left over to either sell or share. In fact this year's National Allotment Week's theme is "Shared Harvest" celebrating the fact that plot-holders can share their crops and produce with family, friends, colleagues and worthy causes, including food banks. It is estimated that each plot in the UK can benefit up to 8 people! National Allotments Week started in 2002 as a way of raising awareness of allotments and the role they play in helping people to live healthier lifestyles, grow their own food, develop friendships and bolster local communities.

The campaign week is still thriving 13 years later and interest in growing one's own fruit and vegetables has never been stronger since the WW2 Dig for Victory campaign. After many years of supermarkets dominating our shopping habits, there is a resurgence in more people turning towards farm shops, wanting to know the providence of the food they are buying and eating, keeping the air miles down by buying local produce and returning to eating fruit and vegetables that is in season. All this is down to trying to find that balance between healthy life styles and busy schedules.

Here comes a new word to the Bugle lexicon - "Allotmenteering" is a way of life not a plot of land," the National Allotment Society has said, as it battles long waiting lists. Some 90,000 people are in the queue for an allotment around the country, with some expected to wait as long as 40 years for a plot! That shows great resilience and patience if nothing else! By the time you get to the front of the queue and become an allotment owner, all you want to grow is new hips and knees!

Once again we are so fortunate living here in Bildeston, Suffolk, a county abundant with high quality produce. Local pork, lamb, beef, fruit, honey, milk, cheese and other dairy products, onions, swede, potatoes, carrots and parsnips. In fact there are several websites directing us to a host of local producers, if you haven't got your own allotment.

For example Suffolk Produce Ltd, a co-operative of 11 family farms in East Suffolk. Or East Suffolk Produce, a co-operative of 7 local farms. Then there is the Boxford Suffolk Farms, fruit growers since 1938. Arguably the closest is the dairy farm owned by James Buckle, well known to Bildeston residents. If the thought of 'allotmenteering' has grabbed you, our own allotment group advertise every month in the Bugle on page 8. Contact either Robin Weaver or Ashley Hubbard for more information. Meanwhile maybe the Bildeston group are participating in National Allotment Week, maybe they are joining in the theme of 'Shared Harvest'. The Village Shop already stocks Michael's gorgeous honey and Philip and Helen are creating regular eye catching stands on a different theme, so a local tie-up with the Bildeston Allotments could happen, who knows?

Best of luck to all those who enter the Bildeston Produce Show, a wonderful showcase for produce grown or made by people themselves.



Hitcham Village Hall, Hitcham, IP7 7NE

FOR CHILDREN AGED 2 – 5 YEARS

Open Mon, Wed, Fri 9.15a.m. – 12.15p.m. or 3.15p.m. Tues, Thurs 9.15a.m. – 12.15p.m.

Early Drop Off – 8.15a.m. Lunch Club Daily until 1.15p.m.

2 Indoor Rooms and Outdoor Areas
Ofsted Registered

Early Years Funding accepted for all 3 & 4 year olds and eligible 2 year olds. 30 hrs funding also available.

Contact: Sharon Scarfe 01449 740764 (hall) 01449 740581 (home)
Or visit **honeybeesnursery.co.uk**

WANT TO LEARN TO PLAY GUITAR, BASS, DRUMS?

MANY CONTEMPORARY STYLES COVERED, INCLUDING ROCK, METAL, POP, INDIE, BLUES, FUNK AND MORE.

KEYBOARDS, VOCALS, SONG AND LYRIC COMPOSITION

MOBILE DIGITAL RECORDING SERVICE AVAILABLE



ADAM KEETON

GOOD COMPETITIVE RATES
01449 744530 OR 07914 798374
FULL DBS + LOCAL YOUTH GROUP LEADER



Bildeston Primary School

Sport at Bildeston Primary



We have been very busy with sporting events this month. We entered a year 3/4 and a year 5/6 team in the Elmsett Small Schools Football tournament and also went to the U11 Multi Skills event at Hadleigh High School. Other sporting events included the U11 cricket tournament at Hadleigh Cricket Club and we attended the U9 & U11 Quad kid's festivals. Brazil was our chosen country for the parade as this is featured in our curriculum at the moment.

Our U9 children attended a Dodgeball final this week held at the athletics arena in Bury St Edmunds. Our A team came second and for both teams there were many comments about their sportsmanship and attitude.



Chance to Shine

The Chance2Shine cricket team are visiting us weekly coaching our Year 3 & 4 children to improve their cricketing skills!



Able Maths

Two of our pupils were fortunate enough to be able to attend an able maths day at Chilton Community Primary School on Wednesday 19 June. During the workshop pupils were encouraged to work as investigators working together to solve interesting and meaningful problems.



Our Father's day lunches were held on Wednesday 20th & 21st June and were once again very successful! Over 180 meals were served across the two days and we would like to say a special thank you to our hardworking kitchen staff, and to our parents, who always help to support them.



James Bond Day

Our Year 5 children attended a James Bond day at Hadleigh High School where they conducted a series of investigations around the school in various departments, including Science Music and English, to determine what happened to James Bond!!

The Goose Who Flew

As part of the Doorstep Arts theatre programme, our KS1 children were lucky to be able to watch a performance of 'The Goose Who Flew' by leading children's theatre company, Half Moon Theatre



If you are considering Bildeston Primary as a school for your child, we would welcome a visit. Please phone the office on the number below or email us. We would love to show you round.

Bildeston Primary School, Newberry Road, Bildeston, Ipswich, Suffolk, IP7 7ES Telephone: 01449 740269,

Website: www.bildeston.suffolk.sch.uk

Saturday 21 September 7.30pm Tickets £10 (call: 01449 741362)

CHAMBERLIN HALL PRESENTS:



CHAMBERLIN HALL, BILDESTON IP7 7EZ



What's on in August

Monday/Tuesday from 3.45 MLSPA Performing Arts (07957 351941) Every Tuesday 7.00pm Snooker Club

Every Tuesday 7.00pm Adult-dance-keep fit! (part of MLSPA)

Tuesday 7.15pm Carpet Bowls (practice night & home games)

Wednesday 6.30pm Drama Group (call Debbie: 01449 740375)

Every Thursday 7.00pm Badminton Club and Table Tennis

Every Thursday 10.30am-11.30 Zumba Gold with Sarah

1st Thurs of Month 7.30pm Ladies Club

Every Friday 6.30pm Bildeston Bowls Club social evenings
Every Friday 11am Pilates for Improvers (call Claire: 07900 440141)

Every Friday from 12.00 Pilates for Beginners (call Claire: 07900 440141)

Saturday 10th 10.30 to 2.30pm Indoor Market

Friday 30th 7.00pm Bingo! Massive Money Prizes!





BILDESTON

ALLOTMENTS

Have you ever thought of growing your own vegetables and flowers?

There are currently vacant plots, both full size and half size. Water is available on site, and the rents are reasonable.

If you are interested, please contact: Robin Weaver, 741048, or Ashley Hubbard, 740633



Garden Maintenance
General garden tidy up
Landscaping
Hedge cutting
Hedge reduction
Fencing
Turfing
Lawn care

For all your gardening needs contact Steve:

01787 583828/07885728973

steve.wilding283@googlemail.com

CPH Property Services

Painting • Decorating • Refurbishments & Repairs Fully Insured with Free No Obligation Quotations

A friendly local company with 30+ years experience

Tel: Chris - 07717059370 or 01787 210536 Tel: Paul - 07880727630 or 01449 740020 Email: chris.harman1990@gmail.com

COUNTRYSIDE OBSERVER

Almost as soon as Summer arrives, so too does the summer solstice, meaning the days shorten as we tumble back towards winter what a thought...! The summer solstice which is also known as midsummer is the moment when the Earth's rotational axis, or the geographical "pole" on which it spins, is most greatly inclined toward the star that it orbits. This happens twice each year (once in each hemisphere), when the Sun reaches its highest position in the sky as seen from either the North or South Pole. The same dates in the opposite hemisphere are

referred to as the winter solstice. The summer solstice always occurs between June 20 and June 22 in the Northern Hemisphere, six months on from the winter solstice, which falls between December 20 and December 23. The summer solstice gives us the 'longest' day of the year, which simply means that the sun will be above the horizon for more time than it is on any other day of the year.

As with the other days of the year, the amount of sunlight you'll be able to experience varies depending upon where you live. The difference can be as much as two hours on the day of the summer solstice, and those living in more northerly areas will have more daylight. For example, if you were to spend your day at Land's End, the difference between sunrise (5.13am) and sunset (9.36pm) gives you 16 hours and 23 minutes of sunlight. Those in John O' Groats, where the sun rises at 4:02am and sets at 10.25pm, will have 18 hours and 23 minutes of sunlight. Residents of Edinburgh for instance (17 h 36 min) get an extra hour of daylight over Londoners (16 h 38 min). The winter solstice is a little way off yet, but it works in much the same way. In fact, the winter solstice occurs at the same time the summer solstice is occurring in the Southern Hemisphere. For us in the Northern Hemisphere, it's essentially the opposite of its summer equivalent, and marks the moment when the top half of the planet is angled at its furthest away from the sun. This year's winter solstice falls on December 21. I always had trouble getting my head around eating a roast turkey Christmas dinner with all the trimmings whilst sitting on a beach somewhere in Oz, just wouldn't be the same as Christmas here.

I've mentioned before how wonderful it would be one day to see colour pictures in the Bugle. Maybe that's something for future generations and readers to look forward to. The reason is it would be fantastic to show readers some of the wonderful sights from above. Now I am seeing fields of Poppies ablaze a red splash across the fields like an impressionist painting by Monet, Renoir or Cezanne. The Remembrance poppy is the common field poppy, one of the first wildflowers to colonise disturbed ground or fallow cornfields. It became identified with the battle zones of the first world war or Flanders Fields, which were originally cornfields. New building developments are often covered in poppies whose seeds can remain active in the soil for 8 years having been disturbed during construction. These lovely summer flowers bloom right through from June until October. Sunday 7th July was a sad day seeing an old and much loved dog put to sleep before my eyes. a scene hard to bear as the salty consequences of unsuppressed emotion trickled downward.. A day just impossible to forget RIP Coco our beloved Springer Spaniel

Mike Biddulph

BASE GARAGE LTD

MONDAY - FRIDAY 7.30 - 6.00 SATURDAY 8.00 - 12.00

- TYRES
- EXHAUSTS
- PUNCTURES
- BATTERIES
- WHEELBALANCING
- AIR CONDITIONING
- LATEST DIAGNOSTIC EQUIPMENT
- WELDING TO MOT STANDARD
- SERVICING & ALL REPAIRS TO ALL MAKES OF CARS
 & LIGHT VANS FLEET DRIVERS WELCOME
- MOT CLASS 4, 5 & 7
- COURTESY CAR AVAILABLE
- COLLECTION & DELIVERY SERVICE 5 MILES RADIUS OF GREAT BRICETT
- WINTER CHECKS
- HOLIDAY CHECKS

LOWER FARM ROAD, GT BRICETT, IPSWICH IP7 7DR

01473 658987 / 01473 657704

£10 OFF!

YOUR MOT WITH THIS

ADVERT

Bildeston Village Stores, Post Office and Tea Room

Tel: 01449 740248 Opening Times

Shop Monday – Saturday 7.00am – 8.00pm

Post Office Monday – Saturday 7.00am – 7.30pm

Shop Sundays 9.00am – 3.00pm

Post Office Sundays 9.00am – 12 noon

Village Stores and Tea Room

Monthly Londis promotions

Everyday provisions

Freshly baked bread and croissants

Fresh fruit and veg

Local ham, bacon and sausages

Bildeston Honey

Hot food and drinks to eat in or to-go

Logs, coal, kindling, charcoal and BBQ items

Cards, gift wrapping, stationery supplies

Newsagents and off-licence with a range of wines and spirits

Post Office (Open as above)

Postal services – including Parcel Force

Cash deposits and withdrawals via chip and pin

(All main bank cards)

Postal orders

e top-ups and bill payments

Foreign currency to order

Lottery

Studio 66

Ladics and Gents Hairdressers



Bildeston Ladies Club



Our thanks go to James Buckle for a fantastic evening out seated on straw bales aboard the trailer,

skillfully pulled by the tractor driver. We were given a widespread tour, surprising most of us with the extent of the farm and giving us vistas not normally seen from roadside or

footpath.

James explained his passion for conservation and trees and astounded us with the number he had planted over the years. We were lucky to see several buzzards, a kite, and deer as well as many game birds.



Our meeting on July 4th is a visit to Wattisham Airfield Heritage Museum. All places on this trip need to be pre-booked with Jo by Fri 28th June. We will meet at Chamberlin Hall at 7:00p.m. to organise carshare and arrive at Wattisham for 7:30p.m.

Members -£2 guests -£3

Remember to bring any spare change for our "pennies" pot in aid of our new charity - The Suffolk Oxygen Therapy Room. Chairlady -Jo Silburn - 01449 257045
Secretary - Jean Radley - 01449 743650

THE BILDESTON

PRODUCE SHOW



Saturday 17th August 2019

St Mary Magdalene Church

Entry forms and schedules can be obtained from:-Angela Rodgers, 36 High Street Nancy Dales, 142 High Street

Now available!

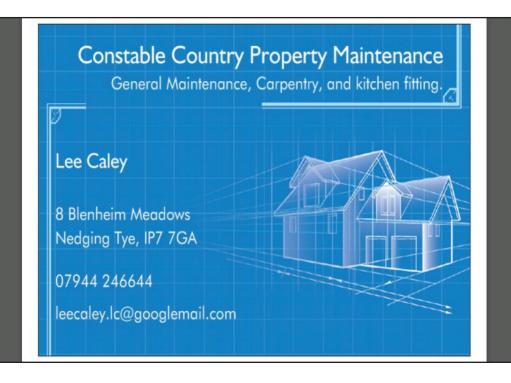
GIDNEY PLUMBING & HEATING

Tap Changes, Ball Valves, Shower Pumps,
Water Softeners, Hot Water Cylinders,
Bathroom, Wet room & Kitchen Installs,
Radiator & Valve Replacements,
Underfloor Heating, Heating System Repairs,
Renovation & New Builds.

24 Hour Emergency Cover Professional & Reliable Service

> 07534525263 01449 258254

gidneyph@outlook.com www.plumbinginsuffolk.com





KINGS HEAD & Brewery

Nigel, Susie, Ryan, Freya and the Kings Head team look forward to welcoming you to the Kings Head, Bildeston, **01449 741 434**. www.bildestonkingshead.co.uk

- Here's our free live music for August: every Wednesday is Open Mic Night from 8:30pm; from 9pm on Saturday 24th the superb Retro Rockers will be rockin' out in the beer garden; from 1pm on Sunday 25th have a relaxing lunch with Kevin Nightingale on contemporary classical acoustic guitar; and from 7pm on Sunday 25th John 'Fanny' Adams entertains with an eclectic mix of Irish, folk, punk & SKA.
- Our ninth village music festival, **B Natural 6th to 8th** of **September**, is nearly upon us. We've got live music, great food and a mini-beer-festival here in the Beer Garden...
- Thursday is bar games night, there's all the usual plus Poker, Skittles and table-top table football, snooker & tennis. Our Open Deck/Vinyl night is on the 15th August and this month's B Natural quiz night is on 29th August at 8:30pm, please arrive by 8pm. Please telephone Sue/Nigel to book a table. A massive thank you to June's quiz teams who raised £108 for the metal health charity Mind.
- Our good value homemade food uses quality ingredients that are locally sourced where possible. Meals are cooked to order, available to eat-in or take-away and in child sized portions. To reserve a table please telephone **Sue or Nigel**.
- Our opening times are as follows:

Wednesday
Thursday
Open 6pm-12am (open mic/buskin night)
Open 6pm-11pm (bar games/open deck/quiz)
Friday
Open 4pm-12am (full menu 5-9pm, T/Away 5pm)
Saturday
Open 12pm-12am (full menu 12-2pm & 6-9pm)
Sunday
Open 12pm-10:30pm (roast/Sunday menu 12-3pm)

SUMMARY OF CHAIRMAN'S REPORT TO THE CHAMBERLIN HALL AGM – JUNE 2019

This is our 2nd year as Management Committee. The level of commitment has been exceptional again, both from committee members and volunteers. Our mission was to make the hall financially viable and the place of choice for the villagers. We are achieving the first and villagers may decide on the second. To continue the Hall's financial success this year we recognised that wedding booking were declining. To offset the loss of income we hosted more musical and comedy events. We have invested in improving the venue's decoration, sound systems and beer chiller. There will be further improvements to the sound system in 2019. Numerous dance nights have included Caribbean Night, 40's night with a 16 piece band and hilarious comedy drama, and the sensational Beavers band at Christmas. We had a well received comedy show with Richard Wymark. All events have been well attended with audiences around 100+ and have driven income through ticket sales, raffles and takings at the bar. In the new year the Hall hosted the village pantomine, Sleeping Beauty. This was an enormous success and raised £4,000 for the Hall. Miss Lesley's Dance school has continued throughout the year, as has Zumba, gardening club, Ladies club and other regular hirers including the Parish Council and Suffolk clergy. In 2018 we continued with the Hall's snooker, Badminton and Bowls clubs which generate income and attract villagers to the hall throughout the week. This year we started a monthly Indoor Craft market. It's worth noting that to keep the Hall open we to need generate a minimum of £800 per month to cover operating costs, electricity, heating, water and licences etc. The Management Committee are all volunteers and take no payment from the income. It is because it's also about giving back to the village. We made contributions to B Natural and hosted the OAP Christmas lunch attended by 70 people. We also hosted the Bildeston School plays at Christmas. Bildeston Bowls club goes from strength to strength with a record number of 31 members, performing well in the leagues and reaching the finals in the Thurlow Cup. A great result, given that half the club have never played bowls before this year. They held their first ever end of season dinner. There is a lot of detail and routine work to run the Hall and we need to comply with all the Health and Safety regulations and Guidance. This year we have had a full H & S review and taken action to address any recommendations. We are currently working on Risk Assessments. Throughout the year there has been a lot of maintenance work internally and externally: a new store room has been created upstairs, floors repaired, door locks repaired etc. The external borders to the hall are now looking much tidier with large shrubs & ground cover to make the grounds easier to manage. We commissioned, and is now on display a portrait of the late Kate Chamberlin and photographs of the building works donated by Christine Clarke. P. Hutchings Chair

Chamberlin Hall Receipts/Payments year ending 31/03/2019

	2017	2018	2019
Receipts			
Hall Hire	11789	12804	11432
Bar Sales	7826	17883	17194
Events	1439	8034	15855
Bowls	3226	3088	4188
Badminton	-	842	1882
Bingo	-	1079	501
Snooker	•	694	534
Donations	876	20392	85
Wayleave	4	17	-
Fixtures	•	-	390
Insurance		-	0.5
Total Receipts	25160	64833	52061
	Visitation W. W.		
Payments			
Bar Purchases	5591	8432	9243
Events Costs	539	3538	7954
Bowls Expenses	701	758	1549
Bowls Green Main	2329	1727	4278
Badminton Exp	-	187	53
Bingo	-	45	17
Snooker Equip/costs	•	261	. 16
Gifts/Donations	•	935	-
Services/Equipment	8365	•	-
Equipment purchases	-	2708	3119
Repairs/Maintenance	1491	2313	2448
Cleaning	•	2378	2305
Insurance	-	3473	2933
Heat / Light	•	2978	4402
Water/Rates	-	1633	3022
Licences	•	562	418
Stationary & Printing	-	420	505
Misc	-	45	25
Wages/Salaries	7470	1278	-
Payments	26486	33671	42287
Insurance Indemnity	-	326	409
Management & Admin	655	-	-
Independent Examination Fees	_	450	720
Total Payments	27141	34447	43416
Net Receipts	-1981	30386	8645
Cash B/F	5374	3393	33779
Funds Carried Forward	3393	33779	42424

PAINTING SERVICES

Rob Harrison

Painting & Property Maintenance

Tel: 01449 741041

Mob: 07852 795469

<u>Green Farm</u> <u>Víntage Chína Híre</u>





A large selection of Vintage china, glass and other items to hire for vintage tea parties, weddings and other occasions at very competitive prices.

20% of your china hire cost will be donated to the charity of your choice.

For more information, a price list and photos, please see my Facebook page:

Green Farm Vintage China Hire

Email: carole.homer@btinternet.com

Tel: 01449 741498 Mobile: 07879265756



Dentist

Paul Rolfe BDS

Veneers & Crowns in a single visit

Dental Implants

Family Dentistry

Lavenham & Long Melford

01787 882722

www.paulrolfedental.co.uk



est.1925

Memorial Stone Masons

Dedicated craftsmen who combine traditional with new techniques

Bespoke memorials Additional inscriptions Restoration and cleaning Home visits by appointment

01473 250932 www.collinsandcurtis.co.uk



Antique Renovations

The Restoration experts



Lavenham Studios, Brent Eleigh Road, Lavenham Tell: 01787 248511 www.antique-renovations.co.uk email - antiquerenovations@live.co.uk



07885 504036

jbboilerservices@hotmail.com

BARGEWELL SKIP HIRE

2 - 8 yard skips 1 ton waste bags We also collect <u>any</u> full waste bags

> Long or short term hire Delivery 7 days a week Fast & friendly service

Stowmarket 01449 615056

Mobile: 07770 452378

High Rd, Gt Finborough, Stowmarket, Suffolk www.bargewellskiphire.com Credit cards accepted

CHIMNEY SWEEP

ECO SWEEP

CHIMNEY SERVICES

NEW POWER SWEEPING METHOD USED FOR A MORE THOROUGH CHIMNEY CLEAN THAN BRUSHES.

NDUSTRIAL HEPA FILTERED VACUUM. FULLY INSURED.



GUILD OF MASTER SWEEPS CERTIFICATED MEMBER.



TEL. 01359 232335

BILDESTON COMMUNITY CYCLING

HAVE YOU GOT A BIKE? JOIN OUR TUESDAY EVENING RIDES

Every Tuesday. They all leave at 6.45pm from the Market Square, back about 8pm. There are two groups of riders.

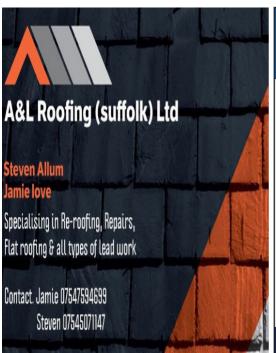
A SLOW RIDE, starting at 6 to 8 miles, specifically for new and returning riders, at a speed to suit the riders. Walking on hills is definitely allowed, and no lycra is necessary!

A REGULAR RIDE of 15 miles for more confident riders.

If you used to cycle, or want to start, why not join us this year? Just turn up at the Market Square. Warm clothing and lights may be needed!

If you have any queries, please contact Robin Weaver on 01449 741048. We regret no children under 12, no unaccompanied children under 16.





Stowe Veterinary Group For a professional caring service



Independent practices with a personal approach

NJC

Clearance and Collections

Single item all the way upto full house and garden clearance, anything you need moved or removed.

Luton van with tail lift and tipper available.

Fully insured and licenced.

07999125413 njc.candc@gmail.com

ECO SYSTEMS

Tree and Grounds Care

Split Hardwood Logs For Sale contact

DAN STANMORE

Bildeston 01449 741255 • Mobile 07980 290781

Woolcombers, Duke Street, Bildeston IP7 7EW

COUSINS & SON BILDESTON LTD

available to carry out all your building requirements from

Renovations / Alterations / Extensions General Repairs

Please contact Paul for a free estimate

01473 658919 or 07876 244461

or email paul.cousins268@btinternet.com



Paul's Carpentry

All Carpentry projects considered large or small Decking, Fascia and Barge Boards, Fences, Pergolas, Garden Rooms, Sheds. and Much More

Mobile: 0779 234 0365

Tel: 01449 616888

email:paulhb100@protonmail.com



BNatural

6тн, 7тн & 8тн SEPTEMBER 2019

LIVE IN THE SQUARE & AROUND THE VILLAGE!

FEATURING

THE BNATURAL BAR
SAM EAGLE AND THE LEMON LIZARDS
NATALIE WILDGOOSE
SOUL KITCHEN
SHOOTY AND THE BANG BANG
PLUS MANY MORE.....

www.bnatural.bildeston.org



BILDESTON'S WHO'S WHO

This month I met up Maddie Bulbeck, a very talented young lady. Maddie is 15 years old and grew up in Burstall and moved to Bildeston in 2010. She currently attends Hadleigh high school and has just finished doing her mock exams.

Maddie has a big interest in dance and drama and attends Miss Lesley's School of Performing Arts at Chamberlin Hall. As a young child she attended ballet classes at Birch Farm, Hintlesham and joined a gymnastics club in Ipswich, she has performed at Sudbury's gifted and talented while at Bildeston School at the age of 7. Maddie joined MLSPA when she was 8 years old and enjoys attending MLSPA every week and has performed dance routines at local events and three large shows performing at Sudbury Ormiston Academy with a variety of singing, dancing and acting and also various shows at Chamberlin Hall. Maddie's dad found out that the Regent Theatre were looking for performers for their next big show, this was the musical Oliver, and thought Maddie would like to audition for it. Maddie went for the audition in March at the Town Hall in Ipswich along with around 280 other young adults. At first Maddie was feeling nervous but as the audition progressed she felt more relaxed and really enjoyed the experience. Maddie auditioned for the part of Nancy which involved acting and singing in front of three judges, the audition lasted around one hour, and once finished, Maddie was told she would hear in two weeks time. She did! A very excited Maddie eagerly opened her letter to find out she had been offered the part of a principal dancer. Rehearsals started in April and every Thursday after school her parents would take her to Northgate Arts Centre for four hours of rehearsals. Maddie and her family are very excited that she has been chosen to perform and are looking forward to watching her in July. Maddie will be doing four shows and could be performing to audiences of around 1500 people. Maddie's other interests are trampolining and net ball which she does after school.

Maddie has a younger sister Immi who also has an interest in dance and also attends MLSPA and has appeared in a show with Maddie; SA Million Dreams. Immi looks up to her big sister hoping one day she will be as good as Maddie.

Although Maddie would love to perform in the West end, her long term aim is to have a

career in paediatrics.

Maddie's mum said "she has always been a performer and often we will hear her singing around the house"!

Maddie has settled into village life well, has made lots of friends young and old and loves living in Bildeston.

Good luck Maddie we all wish you well in the show. If any Bildeston residents go to the Regent, Ipswich and see her perform in the company, do please let us know!

SEAGER SWEEPS

Professional Chimney Sweeping Services

<u>Chimney Sweeping</u> <u>Prices From £50</u>

For 2019/20 (any standard chimney of lined stove)

Book online

www.seagersweeps.com

Tel: 01449 741595 / 07958739686 Email: info@seagersweeps.com

Bildeston, Ipswich, Suffolk, IP7





ANDYS LOGS

Well Seasoned Barn Stored Hardwood Logs

Loads Delivered or Pick Up

Wood cut to size for any Heater

Large bags of wood collection only

CALL ANDY 07881 684687

*Bags of wheat for Chicken feed also available collection only

Canine Wellbeing At The Pheasantry Wattisham, Suffolk IP7 7LA

Dog and Puppy Day Creche

We provide a very special service of looking after your dog or puppy. In the comfort of our own home, whilst you are at work, or whilst your dog is recovering from veterinary treatment. Why not allow your puppy to socialise with other canine friends. Daily collection and delivery is available.

Dogs on Holiday

Whilst you are on holiday, why not let your canine friend have one too. She/he can come and stay in the comfort of our own home, where she/he will be treated as one of the family.

Also available

Canine Hydrotherapy

For more details phone: 01449 740659 mobile 07956286056 or visit our website:www.caninewellbeing.co.uk

Bildeston Bookworms

Hello Bildeston. It's that time again and another set of musings about our latest read. I wonder how many of you have dashed out and started reading 'Into The Water'? Some I hope.

Reading the next book, 'A Long Way Home' by Saroo Brierley made me think about the differences between Saroo's life and that of my own children and those of the many thousands of children I taught throughout my career. As well as the obvious due to geography and culture, some of the things that to me are essential, like reading, would have been impossible for the small lad until his life changing adoption.

I loved reading aloud to my own two daughters and cherish the special bond at those times. The enthusiasm when you reached a tense moment in a book and slowly close it had my classes waiting with bated breath for the next instalment. But it is more than just the bond, it is essential to a child's development to be read to and not to stop once they are able to read themselves. By its very nature reading aloud is interactive and multi-sensory. It introduces vocabulary, provides a model of fluent, expressive reading, and helps children recognize what reading for pleasure is all about. And it's fun

Many of you may be familiar with the book as it was made into a film recently called 'Lion', the meaning of Saroo's name. The story of the lone 5 year old lost on a train that travels the width of India, to then be adopted by a couple from Australia is one of inspiration and above all hope. His journey is dangerous and as his brother's experience later shows, had the potential to be highly damaging and violent.

It demonstrates some of the positives in our World of the internet and social media, when he discovers 'Google Earth' and begins a search to find his roots. Whilst highlighting life in India for the many thousands who live a life without the basic modern convivences we take for granted in our lives.

It's an easy to read book, but we did find it emotionally lacking at times. When Saroo travels across India, you do feel his fear and confusion and his joy at the end of his search. Perseverance is the by word. For those of us that have seen the film, we honestly felt it was better than the book, but don't take our word for it, see for yourselves and make up your own mind.

And remember what Dr Suess said, "You're never too old, too wacky, too wild, to pick up a book and read to a child"



LAXFIELD HOUSE NURSING HOME BRENT ELEIGH, Nr LAVENHAM, SUDBURY, SUFFOLK

Situated in a quiet village location with beautiful gardens, offering residential and full nursing care for elderly people.

A highly trained team of nursing sisters and care staff provide excellent nursing care with kindness and compassion, ensuring privacy and dignity at all times.

* Long or short term respite care available *

A warm welcome is always extended to all visitors



All rooms are well appointed with en-suite facilities. Nurse Call System, Passenger Lifts, Various Public Rooms

This nursing home was established over 25 years ago by the current proprietor and family with ongoing input and management.

Enquiries to - Mrs J. Carne RGN, RM, (Matron) Mrs E. P. Knight RGN, RM, Mr N. Knight (Proprietors)

Telephone (01787) 247340 / 495

enquiries@laxfieldhouse.co.uk www.laxfieldhouse.co.uk



Member of the Registered Nursing Home Association

Recipe of the Month Sweet and Sour Stuffed Peppers

with thanks to Alison

Ingredients Serves 6

150g fresh white breadcrumbs – good flavoured country bread
60g currants soaked in boiling water for 15 mins and then drained
75g pine nuts toasted
45g capers rinsed of salt
45g black olives pitted and chopped
15g parsley and mint leaves chopped
60ml olive oil plus extra for drizzle
6 large peppers halved and seeded

Method

- 1 preheat oven to 180C/fan 160C gas mark 4.
- 2 mix all ingredients except the peppers together.
- 3 taste and season although raw! Salt may be needed
- 4 place the pepper halves into an oven proof dish and spoon the stuffing into them.
- 5 drizzle with a little drop of olive oil and bake for 45 minutes to 1 hour.
- 6 the peppers should be completely tender.
- 7 serve with a green salad and enjoy



page 29 - issue 346 - August 2019

PHYSIOTHERAPY AND PILATES



Claire is an experienced Physiotherapist and certified Pilates Instructor.

Services offered:

- Physiotherapy
- Womens Health Physiotherapy inc MummyMOT
- **Running Analysis**
- Sports Massage
- Pilates 1:1
- Pilates classes (BILDESTON & Hadleigh)
- Home visits

PHYSIOTHERAPY CAN HELP:

- . Muscular aches and pains
- . Low back pain
- . Hip and pelvic pain
- . Neck pain
- . Joint pain or sprains
- . Repetitive strain injuries
- . Nerve pain
- . Ante and post natal pain
- . Pre- surgery

Clinic Address: Kersey Mill Kersey IP7 6DP



www.fitframephysio.com Tel: 07900440141 E: Claire@fitframephysio.com

Castell Carpentry

Doors Supplied & Fitted Shelves & Storage Cupboards & Cabinets Fitted Furniture

Call Tom 0757 900 8271

tom@castellcarpentry.co.uk

N D ROSE Int / Ext Decorating

- Decorating
- Wall / Floor Tiling
- · Gutters Cleaned / Repaired / Replaced
- General Building Maintenance

Local established tradesman 25 years experience Free estimates good rates References available

Tel: 01787 211042 Mob: 07518 040465 3 Fen Street Boxford CO10 5HL



Take the first step towards better hearing and book a hearing test with The Hearing Care Centre!

Find us locally at:

The Health Centre, **Hadleigh**The Country Practice, **Needham Market**StowHealth, **Stowmarket**

- Hearing tests Latest digital hearing aids Outstanding aftercare
 - Earwax removal Custom made ear protection Home visits

To book your appointment call 01473 230330

■ Award Winning ■ Family Run ■ Private ■ Independent ■ Local

hearingcarecentre.co.uk

Now Frying At Market Square Bildeston Thursdays 4pm – 7.30pm Fridays 11am – 1:30pm



BILDESTON ELECTRICAL

Rewires, Extensions, Board Changes or New Installations

Any Alterations to Existing Installations

(lights, sockets, etc.)

Contact Ian
01449 743664 or 07754 723685

Dunstone Optometry

3 Queen Street, Hadleigh

For your entire eye care needs,

including spectacles, contact lenses,

latest Swept Source OCT scanner and home visits

Frames include: Tiffany, Ray-Ban, Elle & Esprit



To find out more please call in, telephone 01473 823755 or see dunstoneinsight.com

ECO SYSTEMS Tree and Grounds Care

Tree Surgery, Felling, Dismantling, Hedge Maintenance, Stump Grinding, Woodland Creation, Commercial Grass Cutting

Fully Insured
NPTC qualified Council approved contractor
FREE no obligation quotations and advice

DAN STANMORE

Bildeston 01449 741255 • Mobile 07980 290781 Woolcombers, Duke Street, Bildeston IP7 7EW

BILDESTON PARISH COUNCIL

DRAFT minutes of the meeting of Bildeston Parish Council held on Monday 8th July, 2019 at Chamberlin Hall at 7.30pm In attendance:

Councillors:

In attendance: Peter Hutchings (Chairman) Angela Chapman, Ashley Hub-

bard, Richard Lester, Richard Powell and Virginia Tuck Also Present: David Blackburn (Clerk)

County Councillor Lindsay Two local parishioners



C34/19/20 APOLOGIES FOR ABSENCE

Apologies for absence were submitted by Councillors Andrew Guttridge and Sarah Leigh-Hunt.

C35/19/20 DECLARATIONS OF PECUNIARY AND NON-PECUNIARY INTERESTS

The following declarations of non-pecuniary interest were made:

Chamberlin Hall Management Committee - Councillor Hutchings

Kings Pightle Management Committee - Councillors Hubbard and Lester

Parochial Church Council - Councillor Lester

Sportsfield Management Committee - Councillors Hutchings and Lester

C36/17/18 DISPENSATIONS IN RESPECT OF PECUNIARY INTERESTS

There were none.

C37/19/20 MINUTES OF PREVIOUS MEETING

It was AGREED: That the minutes of the Annual Meeting held on 10th June, 2019 be signed by the Chairman as a correct record.

C38/19/20 PUBLIC SESSION

There was a discussion about the desirability of providing extra bollards to manage traffic and pedestrian movements during village events. Councillor Hutchings undertook to look into this.

C39/19/20 BNATURAL

Nick English and Tim Hooper presented proposals for the ninth BNatural event which would be held on 6th, 7th and 8th September, 2019. All permissions were in place, including a Road Closure Order and Temporary Events Notice. It was indicated that the estimated cost of holding BNatural was £10,000.

It was AGREED: That financial support of £850 be awarded to the event and that Mr Hooper liaises with the Clerk over the items of expenditure which will be met by the Parish Council.

C40/19/20 SPORTSFIELD MANAGEMENT COMMITTEE

A community meeting had been held on 20th June 2019, concerning the future of the Sportsfield. There had been a good attendance and 13 people had indicated their willingness to become trustees. A meeting of the new Management Committee would be held on 18th July, 2019 and it was anticipated that an action plan with associated costs would be prepared. Members of the Parish Council welcomed the steps taken to convene the community meeting and the willingness of local volunteers had come forward.

An approach had been received from the Tennis Club seeking information about the Parish Council's

grants scheme. The Clerk indicated that he would liaise with the Tennis Club over the submission of a grant application.

C41/19/20 COMMUNITY DEVELOPMENT WORKER

The post of Community Development Worker had been advertised and a selection process had been undertaken.

It was AGREED: That Fiona Lemon be appointed to the post of Community Development Worker for a period of one-year subject to a standard probationary period of six months and the Clerk administers the appointment.

C42/19/20 CEMETERY

Councillor Hubbard reported upon a breach of the Cemetery Regulations and the Parish Council considered what steps to take to address the matter.

It was AGREED: That the Clerk liaises with relevant parties in seeking to ensure that an application is made, fee paid and Cemetery Regulations complied with.

C43/19/20 COUNTY & DISTRICT COUNCILLOR'S REPORT

Councillor Lindsay reported upon the following matters:

- Removal of subsidies by the County Council for 23 bus routes to save £340,000.
- The review pending by the County Council of the use of speed limits across the county and hence, the proposals for a 20mph limit in Bildeston had not been pursued for the time being.
- The publication of the Draft Joint Local Plan for Babergh and Mid Suffolk.

The bus routes where the subsidies would be withdrawn included the 112 service (whose future appeared to have been guaranteed by the renewal of the contract for this service recently), and the 461 and 462 services operated by Hadleigh Community Transport (HCT). It was reported that HCT was seeking a financial contribution of £500 from the villages along its routes to keep them going until March 2019 so that new funding and/or customers could be found. A letter from Monks Eleigh Parish Council had been circulated about the possibility of forming a Working Group to consider the implications of the withdrawal of the subsidies.

It was AGREED:

- a. That the Parish Council commits to providing $\mathfrak{L}500$ towards the cost of operating the 461 and 462 bus services until March 2020; and
- b. That Councillor Tuck be appointed to represent the Parish Council on the Working Group with other Parish Councils.

C44/19/20 CLERK'S REPORT

The Clerk had submitted the Annual Governance and Accountability Return to the External Auditor.

C45/19/20 FINANCIAL REPORT

It was AGREED:

a. That the following payments be authorised:

Payee	Description	Budget Category	Amount (inc. VAT)
David Blackburn	Clerk's Pay	Salaries & Expenses	£170.52
David Blackburn	Expenses	Salaries & Expenses	£18.00
David Blackburn	Reimbursement of ICO Fee	ICT & Website	£45.00

Adrian Chinery	Grounds Maintenance	Salaries & Expenses	£280.08
Adrian Chinery	Expenses	Salaries & Expenses	£93.39
Keith Taylor	Grounds Maintenance	Salaries & Expenses	£267.07
HMRC	PAYE (to end Jun)	Salaries & Expenses	£628.80
Tomlinson Ground- care	Mower Service	Playgrounds & Open Spaces	£535.38
W J Green Ltd	Grounds Maintenance	Playgrounds & Open Spaces	£22.39
J R B Enterprises	Dog Dispenser Bags	Playgrounds & Open Spaces	£195.90
Herts Fullstop	Dog Bins	Playgrounds & Open Spaces	£382.50
Robin Taylor	Reimbursement of SMS Email Fee	ICT & Website	£190.08

(Note: All items to be paid for from the General Fund).

C46/19/20 PLANNING APPLICATIONS Planning Appendix A: Planning Applications Consultation

Reference	DC/19/02849
Proposal	Woodland Barn Church Road Bildeston Ipswich Suffolk IP7 7EE
Location	Householder Planning Application - Erection of garden shed and greenhouse
Representation	The application had been received between meetings and following consultation with Parish Councillors, the Clerk had responded that the Parish Council had no representations to make.

Planning Appendix B: Planning Applications Decisions by Babergh District Council There were none

Planning Policy

Notification had been received of the publication of the Draft Joint Babergh and Mid Suffolk Local Plan. The Clerk would make enquiries of Babergh District Council and Suffolk County Council about the contents of the document and share the responses received with Members of the Parish Council.

C47/19/20 COMMUNITY ENGAGEMENT AND FUTURE PRIORITY SETTING

Further to Minute 25/19/20, the consensus was that the community engagement undertaken by Parish Councillors at the Bildeston Brocante had been very useful and Councillor Chapman provided details of upon the community issues raised by parishioners.

It was AGREED:

a. That the issues raised by parishioners be examined in more detail by the Community Engage-

ment Working Group; and b. That the Clerk liaises with Members of the Parish Council over their suggested priorities for the four-year term of the Parish Council.

C48/19/20 MATTERS BROUGHT TO THE ATTENTION OF THE COUNCIL

There were none.

The meeting closed at 9.15pm.

Forthcoming Parish Council Meetings

August Recess	A Planning & General Purposes Committee meeting will be convened if required.
Monday, 9 th September, 2019 at 7.30pm	Parish Council including Community Debate
Wednesday, 9 th October, 2019 at 7.30pm	Planning & General Purposes Committee
Monday, 11 th November, 2019 at 7.30pm	Parish Council
Wednesday, 11th December, 2019 at 7.30pm	Planning & General Purposes Committee

The Bildeston Brocante - A THANK YOU Note

An enormous thank you to everyone who helped make this year's Brocante happen,

and to all of you who came along - you have helped us raise £,729,83 for the BNatural Music Festival 2019!

THANK you!

Nicola (on behalf of KBB)

THE BILDESTON CROWN

Chris and Hayley invite you to join them

MONDAY 16th September 7.30pm for a



GR∑∑K NIGHT

Kebabs and Greek Salad

£15 to include glass of wine or beer

Tel: 01449 740510
Email: reception@thebildestoncrown.co.uk



Kettle Fest Free Blues and Rock

ree Blues and Rock Music Festival

> 3rd August 19 2.30 to 11.00

> > IP7 7JH

Retiring collection for church funds Bring your own drinks Jacket potatoes available 5-7 or bring a picnic

Performers:

Markus Koehorst Nigel Ashcroft Serena Grant

Blue Mean Eyes

Reflexions Don't Tell the Wife (Band) Buskers



Luxury Cat Hotel Exclusively for Cats

Telephone: 01449 744966

Web site: www.clayhillcattery.co.uk

www.facebook.com/clayhillcattery
Email: info@clayhillcattery.co.uk

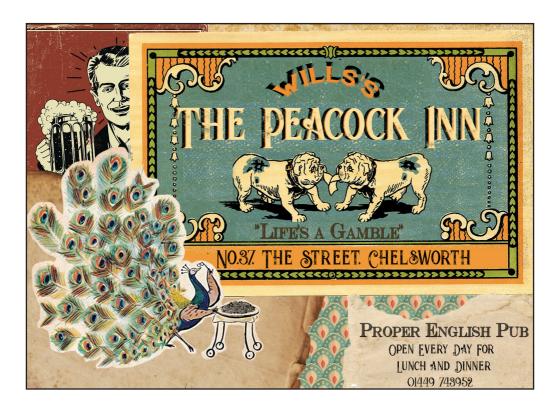
Fully licensed and inspected by Babergh & Mid Suffolk District Council – highest Five Star rating awarded

Family run cattery where your cat is treated like a member of our own cat family

Secure, hygienic all year-round boarding
Diets tailored to cat's needs and preferences
Indoor purpose-built luxury suites

Temperature controlled environment designed to be warm & cosy in Winter, and cool & ventilated in Summer

Personal care & attention, a home-from-home for your cat
Free grooming, nail clipping & administration of medication
Ample parking, or try our collection and drop off service
Idyllic countryside setting surrounded by wildlife
24/7 on-site supervision and CCTV surveillance





WINDOW CLEANERS.

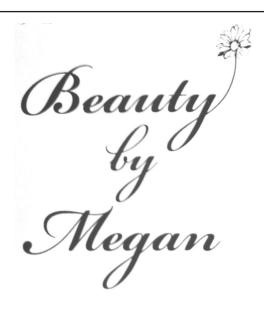
Providing a friendly, reliable and efficient service since 1995.

Andy: 01449 722680. Paul: 01473 604714.

Mobile: 07711 381919.

FULLY INSURED.

With over 50 years of Traditional Window Cleaning experience, we're at the top of our Profession!



Megan is a beauty therapist with over 14 years experience.

I work from my log cabin in Hitcham, it is situated in a peaceful, rural location and benefits from off-road parking.

Treatments are by appointment only. Therefore you are guaranteed complete privacy and your treatment time is exclusively for you!

A variety of treatments include:

Dermalogica Facials/Reflexology/Spray Tanning
Jessica Manicure and Pedicure
Foot Health Maintenance (nail trimming/hard skin removal)
Eye Treatments/Waxing

Please phone for enquiries and price list.

Megan Pryke

VTCT, BABTAC

07876 717 008

Friendly Experienced Teacher offers Individual

MATHS Tuition

Speciality
Confidence Building
KS1 - KS3

Call Colin Plummer on 01449 736918 for details and availability or email: colinp52@gmail.com

Natalie Mottram Physiotherapist HPC & CSP Registered

- · Muscle and joint problems
- · Neurological conditions
- · Stroke rehabilitation
- Fall prevention & balance rehabilitation
- · Pre and post-surgery treatment

For more information and rates please contact:

T: 01787 248061

M: 07758255583

E: nataliejmottram@gmail.com

Physiotherapy Clinic: The Beauty Gallery, 3 High Street, Lavenham, CO10 9PX

Stuart Walker



Decorating, Painting & Refurbishments

A locally based company offering an honest and reliable service

Painting - Decorating - Refurbishments - Repairs

All work considered indoors & out! Fully Insured & free quotations provided

Please contact Stuart on Tel: 07711 606464 or 01449 740387
Email: stuma1@hotmail.co.uk

Revd John Cohen Memorial fund

The Revd J Cohen memorial fund is available to make grants to students of Higher Education to help in the purchase of reference books to assist learning. The fund is managed by the Bildeston Parochial Church Council (PCC).

This fund was set up in 1998 to help support those who live in the Parish of Bildeston attending Degree Courses or equivalent.



Each year successful applicants may be given support in the form of a Book token.

If you wish to apply please send your application to: PCC secretary, Silwood Barns, Consent Lane, Bildeston, IP7 7SB.

Please include in your application details of your University offers and send us your exam results when received. All applications will be considered and should be sent by the end of September 2019 for those starting their courses this year.

We look forward to hearing from you and hope we can help.

From the PCC of St. Mary Magdalene Church, Bildeston

BILDESTON GOLF DAY 2019

This year's village Golf Day will be held at Brett Vale GC on Monday 16th SEPTEMBER. Brief plan for the day is 1000 for 1015 Arrival, Coffee/Tea & Bacon Roll; Tee Off between 1100 and 1200 for an 18 hole team event with a one course meal at the end of play. Cost per head is £35. There will also be a Raffle with proceeds to be donated to St Mary Magdalene Church Funds. We welcome your support for a very friendly social day of golf.

Enquiries to Martin Rodgers on 743120 or mam.rodgers@btinternet.com .

Deadline for entries is Thursday 12th September.



Pilates and Yoga classes now at Kersey Mill

If you want to exercise both your body and mind as well as improving your sense of well-being, strength, flexibility and mobility then Pilates is for you! We are passionate about bringing the benefits of Pilates/Yoga to everyone and with a highly qualified team of instructors we can certainly help you improve muscle tone and core stability, building strength from the inside out, rebalancing the body and bringing it into correct alignment.

BEGINNERS CLASSES AND FREE TASTER SESSIONS* ARE NOW AVAILABLE AS WELL AS PRIVATE 1:1's

* on selected classes

We now offer small Yoga classes too to add to your well-being experience at Kersey Mill. Please get in touch if you would like any more information.

Whether you are new to Pilates/Yoga or have been enjoying the benefits for years, we feel confident that we can accommodate your needs to achieve results.





Body Control Pilates is a registered trademark used under licence Pilates Works, The Studio, Kersey Mill, Kersey, <u>i.com</u> | pilatesworks4u@gmail.com Tel: 01473 823 500 or 07855 394703

Kings Pightle Nature Reserve





ITS TIME TO GET SNAPPING!

The Kings Pightle committee is sponsoring a photo competition for the best image of any nature subject or landscape view taken in the nature reserve over the past 12 months, i.e. since 1st September, 2018. The entries will be judged at the annual Bildeston Produce Show, and should be entered using the produce show entry form which will be available from Nancy Dales, 142, High Street.

LATEST DATE FOR SUBMITTING ENTRY FORMS IS 13th AUGUST.

There will be a prize for photographers aged 15yrs and below, and one for 16 years and above. Maximum size of the photographs is 21cm x 15cm, mounted on card.

The maximum size of the mounting card should be 29cm x 21cm.





Baptist Church, Duke Street, Bildeston

Jim Haley tel: 01449 740716 email: bildestonbc@gmail.com

Service every Sunday morning at 10:45

Lunch Club: at 12:30 on the first Wednesday of each month -

All are most welcome

Community Coffee Centre: Every Friday from 09:15 to 11:30am

Enjoy meeting old and new friends at these events!

'Craft it Together' - First Monday of each month at 7:00pm.

Bring along your craft activities and join us for an informal, relaxed evening share ideas, gain new skills or just enjoy doing your own thing

Drinks provided.

Please contact Elaine on 01449 740716 or 01449 741606 for more information

Strollers and Striders

Every Monday 10.00am from the car park

'Men's Breakfast' - last Saturday of each month at 8am

BILDESTON w WATTISHAM, LINDSEY WHATFIELD w SEMER, NEDGING & NAUGHTON

Church Services – August 2019

4 th August Trinity 7	9.30 am 11.00 am 11.00 am 11.00 am	Holy Communion Morning Prayer Holy Communion Morning Prayer	Semer Bildeston Whatfield Nedging
11 th August Trinity 8	11.00 am 11.00 am	Holy Communion Morning Prayer	Bildeston Naughton
18 th August Trinity 9	9.30 am 11.00 am 11.00 am	Holy Communion Morning Prayer Morning Prayer	Nedging Whatfield Semer
23 rd August Trinity 10	11.00 am	Benefice Holy Communion	Semer

To arrange baptisms, weddings etc. please contact the Churchwardens or the church office at Hadleigh email office@stmaryshadleigh.co.uk or phone 07704 778 325.

CHURCHWARDENS

Bildeston	Neil Ashwell	01449 741 370	Martin Rodgers	01449 743 120
Lindsey	Frank Taylor	01787 828 204	_	
Whatfield	Chris Armour	01473 822 000		
Semer	Granville Bendall	01449 740 309	Keith Horn	01449 741 407
Nedging	Jill Taylor	01449 740 258	Gill Buckle	01449 740 972
Naughton	Carole Homer	01449 741 498		

CHURCH OPENING?

Would you be interested in joining our band of Church Openers? The duty is not at all onerous, only comes round twice a year, and is a very easy way of supporting the village. Volunteers do not need to be Church goers.

Please give it some thought and if you are interested and would like to know more, get in touch with Sam on 740884.



Bildeston Community Coffee Centre
Baptist Church 9:15-11:30 Every Friday
unch club
Baptist Church 12.15 for 12.30pm start1st Wed every month
Craft it Together
01449 740716/741606 for details
Strollers & Striders
Baptist Church Car Park 10.00Every Monday
Baby and Toddler Group
Baptist Church 9.15 to 11.30amEvery Tuesday
Church Bell Ringing Practice
St. Mary Magdalene church bell tower 8.00 to 9.15pmEvery Tuesday
Bildeston Community Cycling
Market Square 6.45pmEvery Tuesday evening
llens Breakfast
Baptist Church 8.00amLast Saturday every month
adies Club
Neet at Chamberlin Hall 7.00pm
Parish Council Meeting
Chamberlin Hall 7.30pmcommittee meeting convened if required
Bildeston Produce Show
St Mary's ChurchSat 17th

Please tell us about your forthcoming events in **September** email: **editor@bildestonbugle.co.uk**

