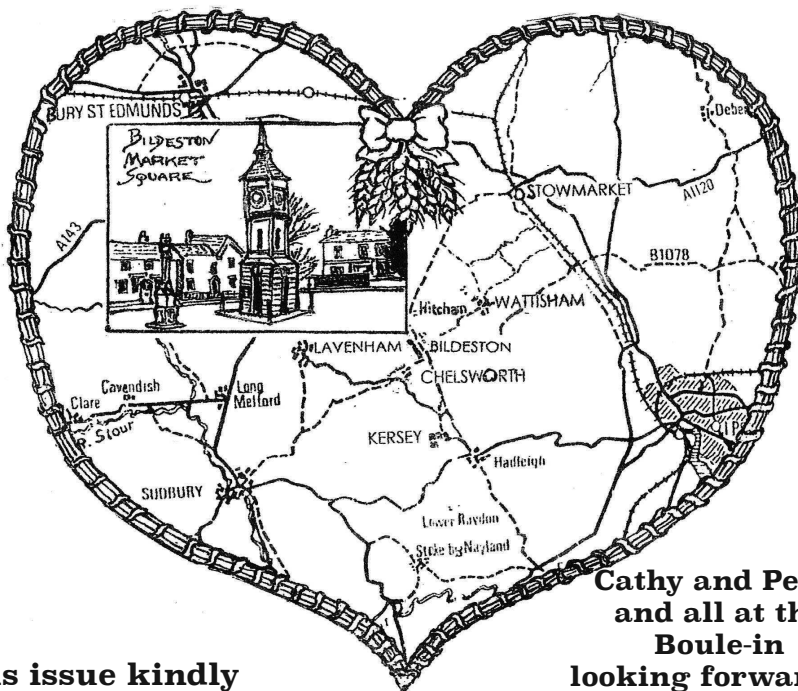


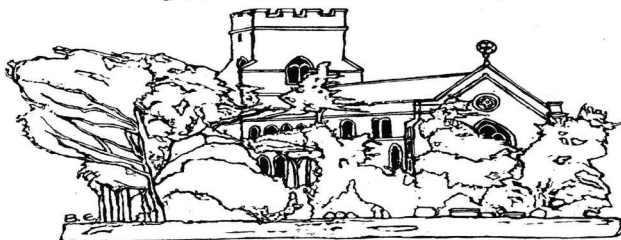
Issue number 293

March 2015



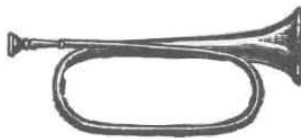
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Saint Mary's Church, Bildeston, Suffolk.

The village magazine produced for the people of Bildeston



BILDESTON BUGLE ADVERTISING AND FREE CONTRIBUTION INFORMATION

Our aim is to provide every resident in Bildeston with a newsletter which provides information of local interest FREE OF CHARGE. To that end we are required to be efficient in the space we use to print free notices. We endeavour to include interesting items, announcements for events open to the general public for free and items of a charitable nature free of charge. Ongoing free announcements need to be reduced to minimum size or make a contribution towards printing costs. Please check with us before submitting your advert and ALWAYS provide us with all of your contact details in order for us to send a receipt.

email: editor@bildestonbugle.co.uk

Sponsor a 'Bugle' – £15 per issue

includes a brief message on the cover of the magazine

Advertising Rates

	1 issue	6 issues (15% disc)	12 issues (30% disc)	
1/4 page	£3.00	£15.00	£26.00	65mm W x 92mm H
1/2 page	£6.00	£30.00	£50.00	134mm W x 92mm H
Full page	£12.00	£60.00	£100.00	134mm W x 190mm H

THE SMALL PRINT

All adverts, payments and items are required by the 17th of the month for inclusion in the following month's issue. The earlier free contributions are received the greater the chance of inclusion. Please make cheques payable to Bildeston Bugle and send to:

The Editor, Bildeston Bugle, 14 Squirrells Mill Rd, Bildeston IP7 7DY

Receipts cannot be issued without your full postal address.

If we do not receive payment by the 17th of the month
your advertisement may NOT be included

The Bildeston Bugle Editorial Team is:

Alan Jacobs (editor) – 14 Squirrells Mill Rd, Bildeston IP7 7DY email: editor@bildestonbugle.co.uk

Nancy Dales (treasurer) – 142 High St, Bildeston IP7 7EF tel: 01449 741 047

Angie Biddulph – Granary House, High Street, Bildeston

Alison Sims – 1 Squirrells Mill, Bildeston

Vic Ling – 5 Squirrells Mill, Bildeston

ED'S COMMENT

2015 sees the 800th anniversary of Magna Carter, the Great Charter. The four surviving original copies have been brought together on display in the British Library. Much is being made of this pivotal document in the history of England, the development of our constitution and its place at the heart of establishing fairness, justice and the rule of law from the monarch downwards.

One of the aspects made about Magna Carter is that it established rights for all. Historians will remind us, however, that is not entirely right. The original Magna Carter was agreed by King John under sufferance as a group of powerful barons coerced him into it or lose his throne. They were intent on ensuring the monarch could not use powers greater than their own to control them totally, to ignore their wishes and rule doing whatever he liked. The rights described in Magna Carter did not extend to serfs or anyone who was not a 'freeman'.

Our democracy has grown over the past 800 years to the point where we all have rights and an opportunity on a regular basis to have a say in how we are governed. But there still remain aspects where our wishes are ignored and those that rule still sometimes do what they like.

For example us commoners living in Mid Suffolk and Babergh voted in 2011 against the councils merging. Yet it is going ahead and we read about its progress in the Parish Council minutes. Central Government is setting the agenda through its swingeing cuts imposed on councils forcing them to take some very difficult decisions about services, staffing and structure. The councils have saved almost £9m in the past four years after government cuts of around 40%, but they could have to make further savings of £3.4m in 2014/15 with a total cut of £8.2m over three years until 2016/17. In terms of economy of scale and cutting out duplication of working practices perhaps there is little choice but to work together.

Babergh and Mid Suffolk councils have a vision for their linked future. They state:

Citizens and Communities see a Council that:

• listens to their needs • gets it right for citizens • provides affordable access to services • Is open and trustworthy • protects vulnerable people • talks, and listens, to you about key issues • takes action on things you've said to us • checks that things are being done properly • looks after the environment • spends money wisely • is easy to do business with.

The acid test is to apply that vision against a real situation. Take the potential development of houses for example and set each of the eleven aims against what is happening. How far do they stack up? Even though the councils are not yet fully merged and it's a vision for the future, they are aims worthy of any current council and should be applied now in any engagement between a community and its local councillors.

The main difference between our society now and 800 years ago is the right for all on the Electoral Register to vote and elect representatives on our behalf in local, county and general elections. That too is happening in 2015. Magna Carter was made law in June 1215. 800 years later, the month before, May 2015, sees our opportunity to have a say in how Britain is governed for the next 5 years. Your chance to make history!



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BILDESTON PRIMARY SCHOOL

Egyptian Day



Portals to the Past visited our KS2 children on Tuesday 3 February. The workshop was an opportunity to introduce children to the fascinating, enigmatic world of the ancient Egyptians through the eyes of an Egyptologist, but also took them on a journey through the mysteries of mummification

After a short interactive introduction, the children took part in a series of activities for the rest of the day including:

- EGYPTIAN MATHS – Doing basic maths the Egyptian way or measuring in cubits.
- EGYPTIAN QUIZ – Discover fascinating facts.
- HOUNDS AND JACKALS – An easy Egyptian board game.
- EGYPTIAN ARTEFACTS AND WAY OF LIFE

Awesome Arctic Day

On Friday 23 January we had a visit to the school from Active Outdoor Discovery to help the children find out more about the 'Awesome Arctic'. Adrian, who visited us, has taken part in several Arctic expeditions and gave us an insight into this unique environment. He brought his expedition kit and an emergency shelter for us to try out.

The children also took part in some outdoor map and compass work and a 'mini-orienteeing' activity.

Basketball Tournament

On Wednesday 4 February, Years 5 and 6 played in a Basketball Tournament against the schools in the Hadleigh Pyramid. Eight schools took part with fair play and sportsmanship being the theme running through the tournament and in total nine players were nominated for fair play awards by year 9 sports leaders, who excelled in refereeing and organising the matches. Whilst Bildeston had some stiff competition they remained positive and came in seventh position.



Swimming Gala

We took 8 of our year 5/6 pupils to Hadleigh Pool to take part in a swimming gala on Monday 9 February. Lots of schools from two different pyramids entered and the standard of swimming was excellent. Bildeston had a fantastic gala and came away with three overall wins in Girls Breast Stroke, Girls Freestyle and Girls Relay – **all being awarded with medals to bring back to school for their achievements – well done to all of our competitors!**

If you would like to arrange a visit to our school, please contact the school office on the number below. We would love to meet you.

"Learning and Growing Together"

Newberry Road, Bildeston, Ipswich, Suffolk, IP7 7EU

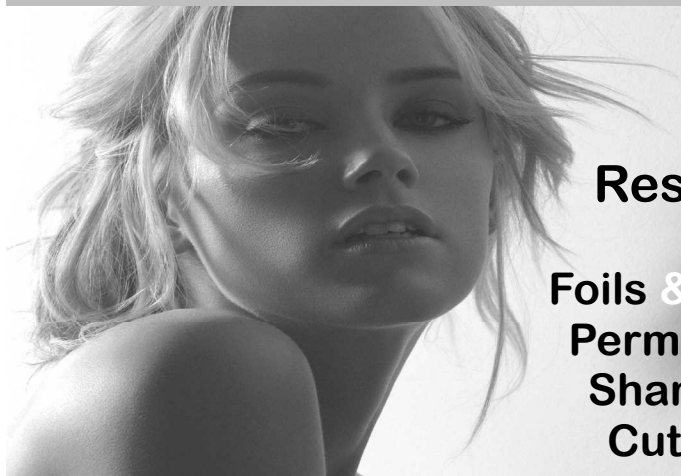
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COUNTRYSIDE OBSERVER

Out walking I have encountered a number of the cruellest methods of catching wild animals, namely wire snares. On one such foray in woodland Smudge our Springer was nowhere to be seen. Calling did nothing so I back tracked. A few minutes later I found him off the path whimpering with his lower jaw caught fast in a tight steel snare. Springers run with their noses just above ground level catching and investigating scents. The poor dog was held tight, the more he moved the tighter the snare became. First job was to reassure him with quiet talk. I was then able to hold his head in my lap pulling the tension off the snare and his jaw before carefully loosening it to release him. He was none the worse for the experience other than cuts in the corner of his mouth. Not so any poor Fox that gets caught that would have to wait maybe days in agony before his tormentor arrived to finish him off.

I recently found another snare set on a well trod animal path leading into a copse. I pulled its noose rendering it harmless. I or removed all together horrified to see it exactly later. That tells me the What hope then for a other then an agonising fear and injury? Some chew through their own themselves.



I recently found another snare set on a well trod animal path leading into a copse. I pulled its noose rendering it harmless. I or removed all together horrified to see it exactly later. That tells me the What hope then for a other then an agonising fear and injury? Some chew through their own themselves.

Hedge laying is now a long last art with few land owners practising it due to the vastly reduced amount of hedges and plentiful farm labour we now have compared to pre war farming. The theory behind laying a hedge is easy, but the practice is much harder requiring skill and experience. The aim is to reduce the thickness of the upright stems of the hedgerow trees by cutting away the wood on one side of the stem and in line with the course of the hedge. Each remaining stem is then laid down towards the horizontal, along the length of the hedge. This stem is known as a “pleacher”. A section of bark and some sapwood must be left connecting a pleacher to its roots in order to keep it alive. It is also essential that pleachers are not laid down completely horizontal to ensure the sap will still rise properly through the plant. Judging and achieving the required degree of upward slant is a matter of skill. Smaller shoots branching off the pleachers and upright stems too small to be used are known as “brash” or “brush” and in most styles of laying the brash will be partly removed and partly woven between the pleachers.

At regular intervals upright stakes are placed along the line of the hedge. These stakes give the finished hedge its final strength. A fancy effect is achieved by binding the uprights with such things as hazel whips woven around the tops of the stakes. The woven whips are known as “binders” or “heatherings” and can also be of birch, ash, willow etc. In fact, these can be of any green wood which will hold the stakes and tops of the pleachers down securely. I had experience in Scotland during 1970’s in building a twenty foot long section, I will write more on this at a later date. **Mike**

Show off your village and
invite heaps of friends!

B NATURAL

Bildeston's fifth and best-ever
homemade music festival is on

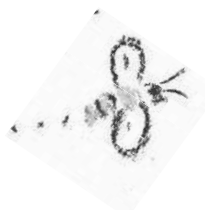
**11th, 12th and 13th
September**

Meanwhile, our AGM is at the King's Head at 7.30pm on Monday

9th March

All welcome: come and join the fun!

www.bnatural.bildeston.org



Mothering Sunday - 15th March 11.00am



There will be a special service at Bildeston for Mothering Sunday - a Family Communion with posies for all of the ladies, a children's activity table and refreshments afterwards.

All welcome!



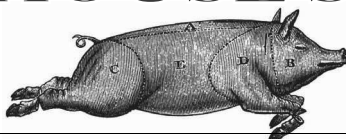
Easter Workshop Morning

for 4-11's at Bildeston Church on Good Friday April 3rd, starting at 10.30am with story, crafts and singing, followed by a mini service and then some Hot Cross Buns.

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Heinz Soups 400g		2 for £1.50
Dolmio Sauces 500g		Only £1.25
Utterly Butterly 500g		Only £1
Kellogg's Frosties		Only £1.75
Quaker Oat So Simple		Only £2
Muller Corners/Light	Half Price	Only 37p
Al Forno Chilled Pizzas		2 for £5.50
Teacher's Whisky		Only £13
Gran Tierra Chilean Wines		Only £5.19
Hardy's Crest Australian Wines		Only £5.59

.....plus many, many more, including Daffs in time for Mother's Day.

We are open from 7am to 7pm (6.30 for the Post Office - 6 o'clock on Wednesdays) Monday to Saturday and 8.00 to 12.00 every Sunday and Bank Holidays.

CHURCHWARDEN NEEDED

Next month will see the usual round of Annual Parish meetings and Parochial Church Council AGMs in Churches.

The Annual Parish meeting is held for each church to elect its Churchwardens. Every church should have two Churchwardens whose duties are varied but include overseeing the fabric (i.e. building) of the church. Other duties are connected with ensuring there are services held at the church and that the church is available for Baptisms, Weddings and Funerals.

Everyone who lives within the Parish boundaries or is on the Church electoral roll can attend this short meeting and is eligible to stand for election as a Churchwarden and also vote. This meeting is followed by the AGM of the Parochial Church Council at which annual reports and accounts are presented.

For the past year I have served as the only Churchwarden for Bildeston and this has been a huge responsibility for one person, particularly given that Revd Stanton left us in mid September to move to Somerset. Not having a rector has added even more work to the task of being Churchwarden.

I have made the decision that if we fail as a village to appoint a second Churchwarden at the Annual parish meeting on April 15th then I will not stand for re-election. If a church is not able to appoint any Churchwardens then the Bishop can decide to close the church. This would clearly be very sad for the village.

Although being a Churchwarden is a task which involves commitment and time it is nevertheless very rewarding and a great service to the local community and ensures that there is a church here in Bildeston for future generations, as there has been for the past 1000 years.

Please consider whether YOU could take on this role. If you would like further information please contact me. Thank you **Ros Cohen**

The Children's Society boxes from Bildeston raised £104.16 this year.

Thank you very much to all who contributed. If anyone would like a box and collect over the coming year for this worthy cause please contact :

Joey Honeybone on 01449741944

Two Christingle services were held in the Bildeston benefice during January this year. The Bildeston service raised £73. The children of Whatfield School collected just over £50 by filling cardboard tube candles. Well done! All money raised will be used by the Children's Society to help children in the United Kingdom who are living in poverty.

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- Here's our **free live music for March**: every **Wednesday** is **Open Mic Night** from **8:30pm**; from **9pm on Saturday 28th** the superb **Brothers Grim** will be entertaining us with a mix of interesting cover tunes; and from **1pm on Sunday 29th** **Kevin Nightingale** will accompany your roast lunch on contemporary classical acoustic guitar.
- Our monthly **charity quiz night** is on **Thursday 26th March** at 8:30pm, please arrive by 8pm. To book a table telephone Sue or Nigel on 01449 741 434. Thanks to January's teams who raised **£90** for the **Atlantic Drifters** (OAKS & DDMT).
- Our good value homemade food uses quality ingredients that are locally sourced where possible. We are well known for tasty beer-battered fish & chips, delicious boozy beef pie (Suffolk red poll beef) and our freshly prepared traditional Sunday roasts. Meals are cooked to order and available to eat-in or take-away. To reserve a table please phone **Sue or Nigel on 01449 741434**.
- We brew our own real ales on-site (tours by arrangement) with at least one other from a local independent brewer.
- Our opening times are as follows:

Wednesday	Open 6pm-12am (open mic/buskin night)
Thursday	Open 6pm-11pm (bar games night)
Friday	Open 4pm-12am (full menu 6-9pm, T/Away 5pm)
Saturday	Open 12pm-12am (full menu 12-2pm & 6-9pm)
Sunday	Open 12pm-10:30pm (roast/Sunday menu 12-3pm)
Monday/Tuesday	Closed



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GARDEN GUBBINS

I recently selected a gardening magazine, with Lilies on the cover, from a charity 'bring and buy' stall at a D.I.Y. store. My interest this year will be growing Lilies and Dahlias, and as yet I am quite a novice with both. I was very impressed with the magazine, a glossy 122 pages of varied articles on a variety of subjects. I decided that I would buy it regularly in future. I was so pleased that there were no full page pictures of 'celebrity' gardeners, taking up so much space. I then got down to the 4 pages about Lilies, and noted all the do's and don't etc. At the end of the article was a note of caution.

In the south of England, red Lily beetles were being spotted, and there were some grave words about it and how devastating it could be. I then looked at the date...March 1992! I was reading a 22yr old copy, in pristine condition!

Nothing about Lily growing has changed, except that the Lily beetle is rampant all over the U.K. and is apparently the biggest deterrent to amateur and professional growers.

Comparing it with the March 2015 edition of a sister magazine, it still takes 4 pages of advice on how to care for the average front lawn! I am still going ahead with the Lilies.

Happy Gardening

That's Entertainment...

What a joy to see **Dick Whittington** at Chamberlin Hall. Every year the standard gets better.

All the regular cast were great as always; the younger members are a delight. Lesley's guidance shines throughout.

We would like to say well done to Will Pratt who's confidence and obvious enjoyment grows each year.

The entire cast and production team should be proud of a first class show...

That's entertainment! **Maggie**

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A RESPONSIBLE DOG OWNER

Hello Bildeston residents, my name is Della and I live in Brookfield. I own a little dog. His name is George. He is a Jack Russell/Norfolk Terrier cross. He is walked twice a day rain or shine... he doesn't seem to mind. We have had him for 7 months and I have lost half a stone! He was pre-owned by a family who realised they no longer had the time to devote to him. As much as it broke their hearts to see him go they did the best thing for George. I researched his breeds and deliberated whether to welcome him into our family. Did I want to take on all that comes with a dog....walking/feeding/loving etc. ? A big responsibility. We are so happy we did. Now to the point of me writing this letter. When you see me out with my little dog please feel free to ask me where my poo bags are. I won't be offended and hope you won't feel embarrassed. There's no getting away from it... dogs eat, so therefore dogs poo. Perhaps if all of Bildeston felt this way we could discover who likes to leave their dog's poo all the way along the High St... the Brooks footpath... Wattisham Rd... and just lately the strip of land behind the new houses in Brookview. I'm not prepared to be tarred with the same brush as the lazy and irresponsible dog owners so PLEASE DO ASK WHERE MY POO BAGS ARE and I will happily present full or empty ones! I have nothing to hide.

Best wishes to all Bildeston residents...let's keep it beautiful. Della and George.

BILDESTON COMMUNITY CYCLING

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●

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BUGLE'S 25TH ANNIVERSARY YEAR

So who was the elusive 'Tower Correspondent' in the excerpt from February 2000? We still have no clue. For this month we turn the clock back to March 1996 when the official opening of Chamberlin Hall took place. What memories do these excerpts bring back?

ISSUE No 65

March 1996

To celebrate the official opening of Chamberlin Hall this copy of the Bugle has been kindly sponsored by :

CHAMBERLIN HALL MANAGEMENT COMMITTEE

Many thanks

6.

CHAMBERLIN HALL MANAGEMENT COMMITTEE

From the 9th March 1996 a secretary will be required on the above committee to replace Pam Nelson who has decided to take a well earned retirement. Pam has served the Dukes Hall committee for many years and her decision to stand down at the time of the opening of the Chamberlin Hall is much respected by the committee. Anyone interested in replacing Pam as secretary on this committee should contact John Artiss chairman on 741004.

Husband Ron Nelson has indicated that he intends to retire as treasurer of the above committee at the AGM in April, again anyone interested in taking on this position please contact John Artiss as above.

OFFICIAL OPENING OF THE BILDESTON CHAMBERLIN HALL ON SATURDAY 9th MARCH 1996 at 11.00am

The Management Committee invite the residents of Bildeston to join with them for the official opening of the New Village Hall on the above date. After the opening ceremony, the Hall and all it's facilities will be available for inspection and light refreshments will be available.

Please join with us to mark this special occasion wherever possible by the generosity of the late Kate Chamberlin.

BILDESTON CHAMBERLIN HALL GRAND OPENING DANCE

on

**Saturday 9th March 1996 at 8.00pm
Dancing to the music of Harlequin**

**Admission price £5.00 including buffet
Tickets available from:-**

**Any Chamberlin Hall Committee Member or ask
at any shop or public house outlet in the village.**

******* Licensed Bar *******

Book the date and don't be late in getting your ticket's.

MEMORIES OF BILDESTON

The Bugle received this from Kate Stapel with an interesting memory of another amenity Bildeston used to have:

Dear Bugle,

Did you know Bildeston had a library in the 1980's approximately?

It was held in a small room behind Dukes Hall and was run by two very elderly ladies who lived in White Lodge on the square which was then a home for genteel ladies of a certain age!

One I remember lived to be 100 and was a miniature portrait painter. I guess when the mobile library came about it closed. I am enjoying all the extra articles you have added. I now live in Toton, Nottingham and a very kind friend posts it to me. My husband and I ran Bankhouse stores for many years.

Best Wishes Kate Stapel

If you have similar memories do please share them as we all amble down memory lane during this anniversary year of the Bildeston Bugle.

IDEAS FOR CHAMBERLIN HALL

Following Ed's Comment in the last issue, this is an example of what the Bugle has received about how we might be able to make more use of our village hall:

Dear Editor,

Having just read your comments in the latest copy of the Bugle I would like to suggest that the Hall be marked out for a couple of Badminton courts. We currently go to Sudbury to play, clearly it would be much better for us, and I suspect a few others in the village, to play more locally. Incidentally we are charged £8/hr for the courts in Sudbury.

Regards,

Mr & Mrs Heath.

It seems we have a potential for another sports club anxious to use the facilities of Chamberlin Hall. Keep those ideas coming! Let the Chamberlin Hall Management Committee members know so they can discuss your ideas at the next AGM for the village hall.

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Bildeston Ladies Club



I think all the ladies who attended would agree with me that the Pudding Parade held at the February meeting of Bildeston Ladies Club was a delicious success!

We started the evening with a quiz based on food and drink – you would have been amazed to see how knowledgeable some of our ladies are about subjects such as Eastern cuisine, hop production and naked or galloping chefs! The quiz was won by Glenda Ion and Sue Perkins who were rewarded for their efforts with new bake-ware.

After exercising our brains we felt justified in indulging our taste-buds. The Pudding Parade consisted of nine varied desserts to delight us and each lady cast votes for her own favourites. Most of us found that we had to restrict our tasting to maybe four or five of the puddings on offer, but some brave ladies felt they had to be fair in their assessment and tasted them all !!

At the end of the evening we awarded another prize and crowned Anne Shirley our Queen Of Puddings for her absolutely gorgeous, sticky, moreish Lemon Bakewell Tart.

At next month's meeting we will have a speaker from Suffolk Breast Cancer Care – a meeting which I feel will prove to be informative and will give us an opportunity to support this worthwhile charity.

Please note that this meeting will be on the second Thursday of the month – March 12th Why not come along and join us?

Jo Silburn 740504 (Bookings Secretary)



LITTER PICK REMINDER

This year we will be conducting our annual clean up of the village on

Saturday March 21st

10a.m. on the Market Square

Bring your own gloves

(bags and litter-pickers provided)

Children welcome with adult supervision.

Come along and do your bit!

Phone us to add your name to the list of volunteers or just turn up on the day.

Thanks,

Jo Silburn 740504

Robin Sidgwick 747404

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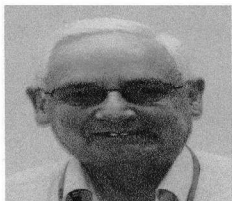
Chamberlin Hall Management Committee

CRAFT FAIR & FOOD HALL At Chamberlin Hall, Bildeston

**Saturday 4th
& Sunday 5th April
10am to 4pm
Lots of Stalls of various
local crafts
Refreshments available
Free Admission
For further details Telephone
(01449) 740995/741253**

Keir Hall Fisher

Former General Practitioner, Bildeston, Suffolk. (b1933; q Glasgow 1960; MRCGP; DObstRCOG), died from Lymphoma 21st December 2014.



Keir came from a medical family, his Father being a senior anaesthetist at Glasgow Royal Infirmary. He was a Glaswegian through and through. His identical twin Brother, Ian, started medicine before Keir but transferred to the Church half way through. This caused great confusion when they visited each other's "parishes". After house jobs in Glasgow he went to Kilmacolm as a trainee GP. He was talking to a lawyer one day who was also the lawyer for two Scottish GPs in rural Suffolk and was told they had a vacancy for a third partner. He spent thirty happy years there. He was a founding member of the Suffolk Accident Rescue Service, President of the Ipswich and District Clinical Society, President of the Armistice Dinner in Bury St. Edmunds, and a regular at the Friday Club in Ipswich. He enjoyed home confinements and wrote a short case on a lady who suffered hypotension in labour due to IVC compression relieved by placing her on her side. He had a passion for fast cars for which he was well known round the country lanes. On his retirement in 1993 he and Joyce returned to live in Glasgow where he became a guide at the Burrell Collection and an elder at St. Gilbert's Parish Church. He wrote short articles for the "Summons" of the MDDUS on the medical aspects of the Collection. For the last four years he was the carer for Joyce and after she died in November 2013 he developed Lymphoma which went into remission. He visited Suffolk just before he died and had a wonderful time. He was a great character, great company and a gentleman. Sadly he had no children but his brother Ian had two daughters who have three children between them.

Mac Speake

BILDESTON QUESTIONNAIRE UPDATE

In early December, the Parish Council's Neighbourhood Plan Working Group delivered a questionnaire to every house in the village about possible new estates and other pressing issues concerning Bildeston and its immediate future. Some 280 have since been completed and returned, and are now in the latter stages of being compiled into a database and analysed. We expect to be able to publish the results next month. In the meantime, if you still have your completed copy at home, please drop it off in the special collection box at the Bank House Stores as soon as possible.

The Neighbourhood Plan Team



Richard Ferris Images

www.richardferrisimages.co.uk

Photographer

Mobile Studio

Pet Photography - Lifestyle

Landscape - Wildlife

Tel: 07814 119839

richyferrisimages@gmail.com



FRIENDS OF BILDESTON SURGERY (FOBS)

are having a coffee morning at

Nedging Village Hall

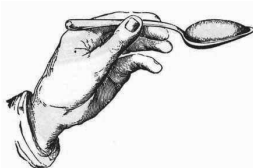
18th April 2015

10 a.m. - 12 noon

50p entry includes a drink and biscuit

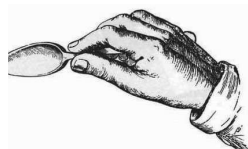
Usual stalls, including Raffle, Bric - a - Brac and books

All Welcome



Recipe of the Month

Citrus Pork Steaks with Potato Salad



Serves 4 and takes 25 minutes to prepare for a delicious supper dish

Ingredients

- 700g halved new potatoes
 - 250g halved fine green beans
 - One and a half tsp crushed black peppercorns
 - Finely grated zest and juice of an orange
 - Juice of half a lemon
 - 4 x 125g lean pork steaks trimmed of all fat
 - Low fat cooking spray
 - 2 rounded tsp of honey
 - 3 tablespoons French dressing
-

Method

1. Bring a large saucepan of water to the boil, add the potatoes cooking them for 12-15 minutes. Add the green beans and cook for a further 5 minutes. Drain thoroughly.
2. Mix the crushed peppercorns with the orange zest and press onto the pork steaks. Heat the frying pan until hot - spray with cooking spray and fry the steaks for 5 minutes on each side, then add the orange juice, lemon juice, honey and 2 tablespoons of water. Bubble gently for 2 minutes.
3. Toss the potatoes and beans with the French dressing. Serve the pork steaks on a bed of the warm potato and bean salad, with the pan juices drizzled on top.



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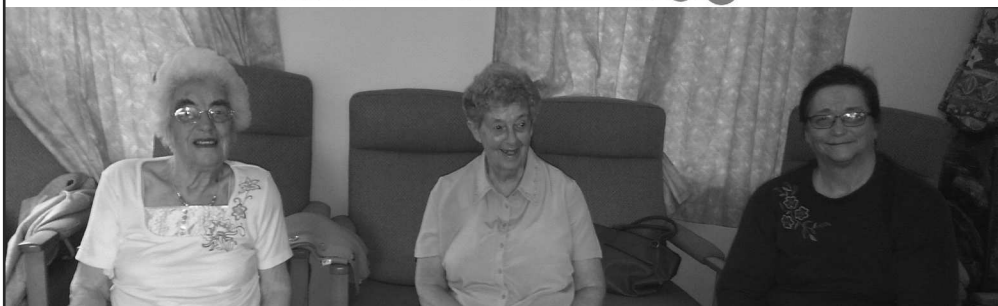
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SCOUT JAMBOREE FINAL BLOG

This time last year we were starting off with a huge amount of fundraising to do. We have had a really busy year of fundraising and I am pleased to say that we are starting this new year with both Scouts having reached their fundraising target. £3,300 (each) seemed an impossible target to reach a year ago but it is surprising what you can do with a bit of enthusiasm, dedication and creative thinking.... and of course by dedicating lots of time to it.

Fundraising events included a Jumble Sale, Summer Fair, Easter Fair, Car Boot sales, sales outside our house, a few eBay and Gumtree sales, a Quiz, an Easter Fair, a Barn Dance, a Gala Dinner, cakes stalls, bag packing and attending the Suffolk Show on a Scout stall. We would not have been able to host the village events without the very generous help of folks in the village with both planning and running the events, donating to them, and visiting them and spending money. A very big and sincere thank you from all the Clements family.

Bethanie and Samuel have had several meetings with their Japan Units. Samuel's last meet was in Hertfordshire, they all cooked Japanese curry for the visiting parents in the afternoon. He also attended a Young Spokesperson course so that he can do some corresponding when they are in Japan. Bethanie's unit held the Gala Dinner in November where they pulled off preparing, cooking, serving, entertaining clearing up after 150 guests for an evening. It was a fantastic achievement. Her most recent meet was in Eye, learning lots about Japanese culture, traditions and what behaviour will be expected in Japan. They also learnt more about what would happen on their visits and were given firmer dates. Bethanie's unit will depart on 25th July and first experience home hospitality (called HoHo) in Fukui prefecture, then the Jamboree and visit Tokyo at the end of their trip. Samuel's unit depart on 24th July and visit Tokyo, then the Jamboree, followed by their home hospitality in the prefecture of Nagano (all units attend the home hospitality in twos). Samuel's unit are going to London for the weekend to do the Monopoly Run in February and Bethanie's group are going to do something similar in May. They are going to practice on the tube to try to get a little idea what it will be like in Tokyo. They will be using the bullet trains in Japan to get from Tokyo to the Jamboree and then to their respective prefectures. They will have to be really quick, there is no waiting with Japanese Bullet trains apparently and no-one will want to be left behind. It all sounds very exciting. Thank you once again for all the help given to make this Jamboree visit possible. **The Clements family**

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Workshops in March

Brook Farm Studio

Millinery Flowers - Sat 7th 10.00am-
1.00pm

Creative Embroidery - Sat 14th 10.00am-
1.30pm £22.50

Figurative Drawing - Sat 21st 10.00am-
1.00pm £10

Pottery - Sat 21st 2pm-4.30pm £20

Precious metal Clay - Sat 28th
10.00am - 4.00pm £55

Regular weekly classes in March:
Tuesday & Friday - Painting
Wednesday - Get Crafty
Thursday - Textiles

Many thanks to all those who came to
visit and help and enjoyed the recent
Open Day

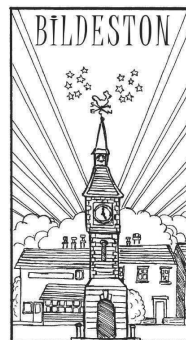
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BILDESTON PARISH COUNCIL

DRAFT Minutes of the meeting of Bildeston Parish Council

held on 9th, February, 2015 in Chamberlin Hall at 7.30 pm



In attendance:

Councillors: A Guttridge (Chairman) P Cousins, D Drury, A Hubbard, R Lester, R Lindsay, R Taylor

Also Present: D Blackburn (Clerk) PCSO D Pattinson

Councillor A Guttridge, the Chair of the Parish Council, opened the meeting and welcomed everyone present.

C187/14/15 APOLOGIES FOR ABSENCE

Apologies for absence were received from Councillors P Bullen and D Dempsey, District Councillor D Keane and CVOUNTY Councillor Mrs J Antill.

C188/14/15 DECLARATIONS OF PECUNIARY AND NON-PECUNIARY INTERESTS

Councillors Lester and Taylor declared a non-pecuniary interest by reason of being members of the Kings Pightle Management Committee and Sportsfield Management Committee. Councillor Drury declared a non-pecuniary interest by reason of being a member of the Sportsfield Management Committee. Councillor Guttridge declared a non-pecuniary interest by reason of being respectively an employee of the County Council and a member of Chamberlin Hall Management Committee.

C189/14/15 DISPENSATIONS IN RESPECT OF PECUNIARY INTERESTS

There were none.

C190/14/15 MINUTES OF PREVIOUS MEETING

It was **AGREED:** That the minutes of the meeting held on 12th January, 2015 be signed by the Chairman as a correct record.

C191/14/15 POLICE REPORT

There had been no crime reported since the previous meeting. PCSO D Pattinson gave a report on three crimes that had occurred in the village during the previous reporting period. The Parish Council was informed that members of the public could register for the new Police Connect service via www.suffolk.police.uk; which provided a messaging service to local residents about local crime and policing issues. The next Safer Neighbourhoods Team meeting would be held at Alpheton Village Hall on Tuesday, 17th March, 2015 at 11am.

C192/14/15 BABERGH DISTRICT COUNCIL

There was no report on this occasion.

C193/14/15 COUNTY COUNCIL REPORT

County Councillor Mrs J Antill had submitted a written report on the following matters:

- The County Council's forthcoming budget round;
- Steps being taken to promote cultural tourism across Norfolk and Suffolk; and
- The appointment of a dedicated officer by the County Council to assess applications for speed monitoring equipment which, it was hoped, would enable the application for deployment of VAS equipment in Bildeston to be considered soon.

C194/14/15 PLAY AREA SAFETY INSPECTION

A play area safety specialist had been engaged by the Parish Council to conduct inspections of the Chamberlin Hall and Coronation Playgrounds. The Chair indicated that the section of the report relating to the Chamberlin Hall play area would be considered by the Chamberlin Hall Management Committee. Members of the Parish Council noted that some minor repairs were required to the Coronation Playground.

C195/14/15 VILLAGE AMENITIES INCLUDING REQUEST FOR FUNDING FOR THE SPORTSFIELD

The Parish Council considered a request for grant funding that had been submitted by the Sportsfield Management Committee in respect of items of essential expenditure including urgent electrical works, security doors and fittings, and repairs to the roof gullies of the pavilion.

The Parish Council noted that significant improvements had been made by the new Sportsfield Management Committee with regard to the management and operation of the Sportsfield's amenities but notwithstanding this, a backlog of repairs accumulated over previous years, had been identified that result in a forecast of deficit of £1,809 for the year ending 31st March, 2015. In addition, a number of future projects had been identified that would require grant funding from third parties in the future. Members of the Parish Council discussed the long term viability of the Sportsfield and the use of funds to support repairs.

Further to Minute C175/14/15, the street lights owned by the Parish Council had been switched off each night between the hours of 12 midnight and 5.30am with effect from 1st February, 2015. Councillor Taylor had liaised with the Street Lighting Manager at the County Council about the cost of remedying gaps in lighting coverage on Brookfield prior to pavement repairs in the area. Further information would be presented to a future meeting.

Details of expenditure on the installation of a bird hide at the Kings Pightle had been forwarded to the Clerk. In accordance with Minute C116/14/15, the Parish Council had agreed previously to provide an advance to the Kings Pightle Management Committee against the Biffa grant award until such time as that funding was received.

The Chair reported that with the folding of the Bowls Club, enquiries were being made about whether a bowls team could be continued which would function under the auspices of the Chamberlin Hall Management Committee.

It was AGREED:

- a. That a request be made for funding of 50% of the essential repair works at the Sportsfield, identified at the meeting, from the locality budget of County Councillor Mrs J Antill; and
- b. That the Parish Council shall fund the balance of expenditure on those works from the General Fund.

(Councillor Taylor did not participate in the discussion and voting on the application for funding from the Sportsfield Management Committee).

C196/14/15 CLERK'S UPDATE

The Clerk reported that an update had been received from County Highways concerning various outstanding issues in Bildeston including footpaths, gateways, signage and parking.

The Clerk reported that a local resident had approached the Parish Council offering to provide a pre-application briefing on development proposals for the former Taylor's garage site.

The Parish Council's legal adviser had closed the file on enquiries made regarding access arrangements at the Coronation Playground. The Clerk undertook to prepare a file note for the purposes of the Council's records.

It was AGREED: That confirmation be sought in writing of the outline proposal to re-develop the former Taylor's garage site and that the site owners be invited to attend the next meeting of

the Parish Council.

C197/14/15 BUDGET AND PRECEPT SETTING

The Clerk reported upon the contents of the Parish Council's Budget Book for 2015/16 which contained details of:

1. The regulatory framework set out in the Accounts and Audit Regulations for managing the budget and calculating the precept;
2. The risks associated with the preparation of the Parish Council's budget;
3. The changes proposed to the budget compared with previous years; and
4. A three year summary of the previous year's income and expenditure, forecast income and expenditure against budget for 2014/15 and the proposed budget for 2015/16.

Members of the Parish Council were informed that there had been a significant reduction in the tax base of the village since the government had introduced the new Council Tax regime. In addition, the District Council had announced that it would be removing Local Council Tax Support Grant to Parish Councils. The phasing out of grant support would remove £2024 of financial support to Bildeston over a period of three years.

There was a wide-ranging discussion about the future needs of the village and provision of support for its amenities and it was noted that a modest increase to the Precept would be required, if the financial capacity of the Parish Council was to be maintained.

It was AGREED:

- a. That a Budget for 2015/16 of £20,250 be approved as set out within the Budget Book; and
- b. That the Precept for 2015/16 shall be £18,250 being £51.40 for a Band D Property, an increase of £2.16 per property (4.32%).

C198/14/15 AUTHORISATION OF PAYMENTS

It was AGREED: That the following payments be authorised:

Payee	Description	Amount
David Blackburn	Clerk's Pay	£173.09
Sustainable Furniture UK Ltd	Bins & Benches	£1205.00
David Bracey Play Area Inspections	Inspection of Play Areas	£144.00
Custom Made Wooden Buildings Ltd	Delivery and Erection of Bird Hide at Kings Pightle (advance by Parish Council on grant funding from Biffa to Kings Pightle <i>(Note: The above would constitute a loan by the Parish Council which would be repaid once grant funding to Kings Pightle had been received from Biffa)</i>	£2700.00

C199/14/15 PLANNING APPLICATIONS

Planning Appendix A: Planning Application Consultation

Reference	B/15/00071
Address	21 High Street, Bildeston, IPSWICH, IP7 7EX

Proposal	Fell 1 no. Cypress tree and reduce 1 no. Leylandii tree by 1.5m.
Decision	No Objection

Reference	B/14/01619
Address	88 Brookfield, Bildeston, IPSWICH, IP7 7EJ
Proposal	Erection of part two-storey side and single-storey rear extension and front porch.
Decision	No objection

Reference	B/15/00060
Address	Bildeston Hall, Duke Street, Bildeston, IPSWICH, IP7 7EP
Proposal	Reduce 1 No. Willow tree by 30%
Decision	No objection

Planning Appendix B: Determined by Babergh District Council

Reference	B/14/01434
Address	Land north of Bentons, Wattisham Road, Bildeston
Proposal	Installation of 25m shared telecommunications mast with 6 antennas, 2 transmission dishes and ground based apparatus with a fenced compound.
Decision	Granted

C200/14/15 PLANNING MATTERS

The Chair referred to consultations being undertaken by the District Council concerning the new Babergh and Mid-Suffolk Joint Local Plan and the Community Infrastructure Levy. The planning application with regard to the erection of 48 residential dwellings on land east of Artiss Close and Rotheram Road was discussed which was due to be considered by the Planning Authority in the coming weeks.

It was AGREED:

- That the contents of the Draft Local Plan be considered at the next meeting and, in the meantime, the views of Keep Bildeston Beautiful and Neighbourhood Planning Group be sought regarding its contents;
- That the Community Infrastructure Levy Revised Draft Charging Schedule be noted; and
- That, if available, Councillor Taylor represent the Parish Council at the Planning Committee meeting of Babergh District Council in respect of Planning Application No. B/14/01435 - Land East of Artiss Close and, Rotheram Road, Bildeston.

C201/14/15 MATTERS TO BE BROUGHT TO THE ATTENTION OF THE COUNCIL

Councillor P Cousins reported that following nearly 20 years' service to the parish Council, he had decided that he would not be seeking re-election as a Parish Councillor in May. Therefore, owing to personal commitments, this would be the last meeting that he would attend as a member of the Parish Council.

It was AGREED: That a vote of thanks be recorded in the minutes recognising the long and distinguished service given by Paul Cousins to the Parish Council.

Mr A Hubbard noted that on the District Council's website, it indicated that no environmental assessment had been sought with regard to the proposed development on land adjoining Rotheram Road/Artiss Close. Councillor Lindsay agreed to investigate this matter. Councillor Hubbard referred to the decisions taken at Minute C176/14/15 regarding the cemetery, and Councillor Taylor suggested that charges should be determined with regard to the planting of trees.

It was AGREED: That an all-inclusive charge be made with regard to memorial trees in the cemetery to cover purchase, planting and ongoing maintenance.

C202/14/15 PUBLIC SESSION

There were no matters raised.

C203/14/15 CONFIDENTIAL BUSINESS

There were no matters to be updated upon

The meeting closed at 9.55pm

CLERK' COLUMN

PARISH COUNCIL ELECTIONS



Do you think that you could represent the views of Bildeston on a wide range of issues? If so, you could be an ideal candidate to stand at the 2015 Parish Council elections.

Bildeston Parish Council has 9 Members. They have to stand for re-election every four years. The next Parish Council elections will be held on **Thursday, May 7th 2015**. Nomination papers are available from the Returning Officer at Babergh District Council on 01473 825713 or email electoral@babergh.gov.uk.

The deadline for submitting nomination papers is **4.00pm on Thursday, 9th April, 2015**. This is a strict legal deadline and cannot be altered for any reason. The election however, will only be contested if more than nine nominations are received. If nine, or fewer, are received, the elections are uncontested and those persons who are validly nominated become Parish Councillors for the next four years. At the first meeting of the new Parish Council, willing residents can be co-opted to fill any vacancies, if insufficient candidates have been nominated to fill all nine vacancies.

The Parish Council meets at Chamberlin Hall on every second Monday of the month at 7.30pm.

If you are interested in the work of the Parish Council then please contact the Parish Clerk, David Blackburn on 01449 721369 or email clerk@bildeston.suffolk.gov.uk.

D'ENZA



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Kersey Mill, Kersey, Ipswich, Suffolk. IP7 6DP.



‘It’s all about the weight’

At the **Natural Health Centre** we are not all about the weight but we recognise that there are times in your life when you may wish to lose weight either to achieve better health or an improved quality of life; that is what we are really about.

The problem with dieting is that we set ourselves up for failure and we invariably end up putting the weight straight back on.

Following a new eating plan and changing the way that we eat, shop and cook can be challenging. So we are here to make it as easy for you as possible. You stand a better chance of long term weight loss if you are able to understand and change your relationship with food.

We have put together a package to help those of you who have struggled to lose weight and feel you may like a little extra help. Our Nutritional Therapist and Counsellor have teamed up to support you on your journey.

Understanding and changing your relationship with food

This 10 week package includes:

One initial consultation at Bespoke Nutrition lasting 60-90 minutes

Plus four follow up consultations and four 60 minute counselling sessions

Louisa will look in depth at your current eating and lifestyle and recommend changes that you can make. You will be given personalised eating plans with recipes to help you to follow them. There will also be email support between consultations.

During counselling with Pam you will explore your relationship with food. A better understanding of this will help you to make different choices, become stronger and enable you to take control as you work towards achieving your weight loss goals.

Give yourself the best possible chance to make those lifestyle changes you wish to make.

Package price £335

www.bespokenutrition.com

Tel: 01473 354524



Pilates Classes Now Held at Kersey Mill

If you want to exercise both your body and mind as well as improving your sense of well being, strength, flexibility and mobility then I truly believe pilates is for you!

I am passionate about bringing the benefits of pilates to everyone and as a fully qualified teacher certified by Europe's largest professional pilates organisation I can help you improve muscle tone and core stability, building strength from the inside out, re-balancing the body and bringing it into correct alignment.

Please contact me if you wish to join a small matwork class and allow me and the Body Control Pilates method help you achieve your goals. Pilates can benefit anyone of any age and any level of fitness. I look forward to hearing from you.

Call 07855 394 703 for more info.

*Jenny
x*



Body Control Pilates is a registered
trademark used under licence

Pilates Works 4U, The Studio, The Old Guildhall, Church Lane, Hitcham, IP7 7NN
www.pilatesworks4u.com pilatesworks4u@gmail.com 07855 394 703

A MESSAGE FROM OUR NEW PARISH PRIEST

Rev'd Liz Law, The Rectory, 7 Chamberlin Close. 01449 740085

Hello! A series of coincidences has brought us here to Bildeston to live - a place I have often passed through, but never explored before. It has been good to get to know some people here already and to explore the village, and hear what makes it tick via the pages of the Bugle! It is great to have a village shop and Post Office handy and we have enjoyed Sunday lunch at The King's Head more than once. The curry van's Tuesday visit makes it easy to entertain friends without any effort too - another bonus.

I have come to be your Church of England parish priest for the time being and I look forward to meeting more of you at the church, even if it is only on high days and holidays. We have a lovely Mothering Sunday Service planned with posies of flowers for all the ladies and Easter Day itself will include some chocolate of course. On Palm Sunday at the end of March we will be sharing with all the churches in our group at Naughton. It's the day when we receive a palm cross to keep.

I realise church is not for everyone and we still have a long way to go before we are fit for the twenty-first century (though we are trying hard to make progress) and I guess you may have heard it said before, but it is your parish church, not mine, nor the usual Sunday congregation's. It is the parish church, for all who live in Bildeston. It would be good to meet you there, but if not I look forward to saying hello somewhere else in the village - the shop, the pubs, and all of the social and fund raising events through the year..... **YOURS, REV LIZ**



Local Caring Independent Funeral Service

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01449 771666

The Nutshell, Milton Road South, Stowmarket, IP14 1EZ



Golden Charter
Funeral Plans



St Mary Magdalene

Bildeston w Wattisham Parish Church

During the Interregnum all enquiries should be made to either
the Rural Dean – Revd Martin Thrower (01473 822218)
or Rev'd Liz Law (01449 740085)

Date	Time	Service
1st March 2nd Sunday of Lent	11am	Benefice Communion
8th March 3rd Sunday of Lent	11am	Morning Prayer
15th March 4th Sunday of Lent Mothering Sunday	11am	Family Communion
22nd March 5th Sunday of Lent	11am	Family Service
29th March Palm Sunday	11am	Benefice Palm Sunday Communion service with procession at Naughton
3rd April Good Friday	10.30am to 12 noon	Benefice Easter Workshop
5th April Easter Day	11am	Holy Communion

Baptist Church, Duke Street, Bildeston

Jim Haley tel: 01449 740716 email: bildestonbc@gmail.com

Service every Sunday morning at 10:45

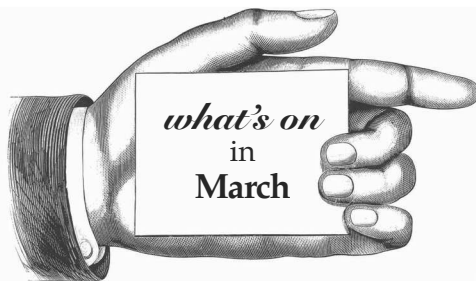
Lunch Club: at 12:30 on the first Wednesday of each month –

Anyone in the village is most welcome

Community Coffee Centre: Every Friday from 09:15 to 11:30

Enjoy meeting old and new friends at these events!

‘Craft it Together’ - First Monday of each month at 7pm



Bildeston Community Coffee Centre

Baptist Church 9:15-11:30 **Every Friday**

Craft it Together

Different Venues: call 01449 740716 for details.....**1st Monday every month**

Strollers & Striders

Baptist Church Car Park 10:00 **Every Monday**

Baby & Toddler Group

Baptist Church 9:15-11:30 **Every Tuesday**

B Natural AGM

King's Head 7.30pm.....**Mon 9th**

Ladies Club

Chamberlin Hall.....**Thurs 12th**

Winter Warmer 6 Bike Ride

9.30am Market Square.....**Saturday 14th**

Village Spring Clean

Market Square 10.00am.....**Saturday 21st**

Bildeston ACTIVHUB

Hill House, Bildeston 10am to 12 Coffee & cake morning.....**Wed 25th**

Stowmarket Choral Concert

Stowmarket United Reformed Church 7.30pm.....**Saturday 28th**

Men's Breakfast

Baptist Church 8:00am **Last Saturday of the Month**

More details on events inside.

Please tell us about your events in April

email: editor@bildestonbugle.co.uk



When you're finished with this Bugle please pass it on or recycle it.