



this issue kindly sponsored by



LDESTON'S BUZZY MUSIC FESTIVAL IS BACK.
AND IT'S SWEETER THAN A POT OF HONEY!

Music Festival 6th and 7th September

The village magazine produced for the people of Bildeston



BILDESTON BUGLE ADVERTISING AND FREE CONTRIBUTION INFORMATION Our aim is to provide every resident in Bildeston with a newsletter which provides information of local interest FREE OF CHARGE. To that end we are required to be efficient in the space we use to print free notices. We endeavour to include interesting items, announcements for events open to the general public for free and items of a charitable nature free of charge. Ongoing free announcements need to be reduced to minimum size or make a contribution towards printing costs. Always check with us before submitting your advert and ALWAYS provide us with all of your contact details.

email: editor@bildestonbugle.co.uk

Sponsor an issue – £15 per issue includes a brief message on the cover of the magazine

Advertising Rates

	1 issue	6 issues (15% disc)	12 issues (30% disc)	
1/4 page	£2.75	£14.00	£23.10	65mm W x 92mm H
1/2 page	£5.50	£28.05	£46.20	134mm W x 92mm H
full page	£11.00	£56.10	£92.40	134mm W x 190mm H

THE SMALL PRINT

All Adverts and payments are required by the 17th of the month for inclusion in the following month's issue. The earlier free contributions are received the greater the chance of inclusion. Please make cheques payable to Bildeston Bugle and send to:

The Editor, Bildeston Bugle, 14 Squirrells Mill Rd, Bildeston IP7 7DY

Receipts cannot be issued without your full postal address.

If we do not receive payment by the 17th of the month your advertisement will NOT be included

The Bildeston Bugle Editorial Team are:

Alan Jacobs (editor) – 14 Squirrells Mill Rd, Bildeston IP7 7DY tel: 01449 741645
Nancy Dales (treasurer) – 142 High St, Bildeston IP7 7EF tel: 01449 741 047
Alison Sims – 1 Squirrells Mill, Bildeston
Angie Biddulph – Granary House, High Street, Bildeston
Vic Ling – 5 Squirrells Mill, Bildeston

ED'S COMMENT

It was only a couple of issues ago the Bugle highlighted the delights of living in Bildeston and now we get the news that not one, but two significant housing developments are proposed! This has prompted a huge amount of interest and, in some places, concern in the village. The Parish Council's **July** meeting held a question and answer session with an invited District Council Officer to help deal with the issues and concerns about the possible developments. The Parish Council's Draft Minutes for that meeting on potential developments in our village made interesting reading. For example, what do the following terms in the minutes actually mean?

Core village; Spatial plan; Place shaping framework; Core strategy

There are two main reasons why such bureaucratic phrases are bandied about. The first is that it is an attempt to make a dull and insignificant issue sound very important; but the second is to make a significant issue more difficult to understand, so us ordinary folk give up and leave it to those 'in the know'. Pity, because local politics in particular should be open and clear to everyone.

If the whole process to establish a Neighbourhood Plan can take between 18 and 30 months why has the Parish Council not had this as an agenda item since 2011, 3 years after completion of the last Local Plan in 2008? Shouldn't this be an on-going process resulting in a regularly updated Local Plan? Lavenham Parish Council, for example, last did one in 2010 and are now working on their update for 2014.

It is worth remembering the relevant outcomes from the last time we were asked for our views on Bildeston's future back in 2007. The survey showed there was a majority view that Bildeston couldn't accommodate more housing. In fact 45% said No, 32% Yes and 23% don't know. Of those who wanted more housing, the clear preference was for semi-detached and terraced houses, bungalows and flats. Most people wanted Bildeston to stay as it is or develop as a working community, with only a very small proportion in favour of a commuter or retirement community or for second homes. In all stages of the 2008 Parish Plan process, traffic was the most discussed and contentious issue. Traffic management, or the lack of it, was a very emotive subject with a large majority citing it as the "worst thing about the village". It was no surprise, then, that the same issue was again brought up at the July meeting. Clearly traffic management through the village remains a contentious issue, with a worry it could only get worse.

Change is inevitable, it is the extent to which we feel we have a say in that change that remains so important, so it is a positive step to read that the August Parish Council meeting agreed to establish a Working Group and members of the public attending put themselves forward to be included. Well done them, and well done our Parish Council acting to establish a new Neighbourhood Plan. Let's hope we are not too late in influencing the current potential developments.

Meanwhile we have our B Natural Music Festival! We look forward to another superb weekend of wandering around our delightful village, listening to music that caters for all tastes and all ages. It's an amazing event and another example of an organisational triumph of which Bildeston can be so proud.

Now all we want is fine weather for the occasion!



Home <u>01449 741483</u> Mob <u>07809 571790</u>

Email tac59@talktalk.net

Ashley Hubbard Driving Tuition



Patient, experienced, fully qualified ADI DSA Driving Instructor.

Learner – Advanced – Refresher Theory Test & Pass Plus Tuition Competitive rates, door to door service in Bildeston, Hadleigh, Stowmarket, Needham & Ipswich areas.

T: 01449 740633 or M: 07901 563281 E: ashley.hubbard@btinternet.com



Do you suffer from pain? Tiredness or lack of energy? Mental or emotional stress?

Do you want wellbeing?

www.bildeston-acupuncture.co.uk

01449 740996

9, Chapel Street Bildeston.

Treating you - not your disease

BILDESTON HEALTH CENTRE 'FLU CLINICS 2014

'FLU CLINICS WILL BE HELD AT THE HEALTH CENTRE ON THE FOLLOWING DATES

SATURDAY 27th SEPTEMBER 2014

SATURDAY 4th OCTOBER 2014

9 AM -12 NOON

Please come along to the surgery for your 'flu immunisation on either of these dates.

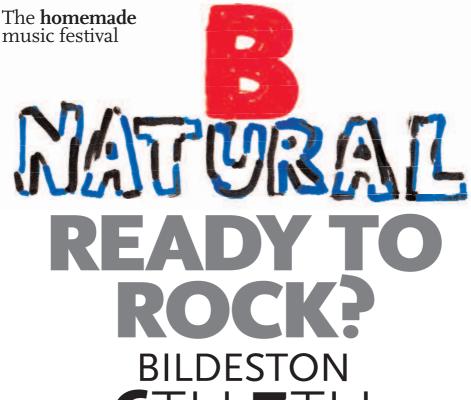
You do not need an appointment

Refreshments provided by FOBS

If you are unable to attend the clinics please telephone reception so that an appointment can be made at a convenient time for you.

'Flu immunisations are available for anyone <u>aged 65 or over</u> and those suffering from chronic illness such as diabetes, asthma or heart disease.

Bildeston Health Centre 01449 740254



6TH-7TH SEPT

DANCING IN THE SQUARE

MUSICAL GARDENS

LATE NIGHTS AT THE KING'S HEAD

It all starts with Friday Evening Cocktails at the Crown and ends with Sunday Afternoon Tea On The Lawn

Invite a houseful...

this year the festival is entirely free!

www.bnatural.bildeston.org

HONEY BEE'S NURSERY

Hitcham Village Hall, Hitcham, IP7 7NE

FOR CHILDREN AGED 2 - 5 YEARS

Open Mon, Wed, Fri 9.15a.m. – 12.15p.m. or 3.15p.m. Tues, Thurs 9.15a.m. – 12.15p.m.

Early Drop Off – 8.30a.m. Lunch Club Daily until 1.15p.m.

Fee's @ 2.50 per hour (3 hour session = £7.50)

2 Indoor Rooms and Outdoor Areas

Ofsted Registered

Early Years Funding accepted for all 3 & 4 year olds 2 year old funding may also be available Free Taster Session Available

Contact: Sharon Scarfe 01449 740764 (hall) 01449 740581 (home)

P.D. ROSE.

Plumbing / Heating & General Building

- Plumbing & Heating Repairs
- Complete Bathrooms & Tiling
- Int. & Ext, Decorating
- Building Maintenance

Tel. 01787 211042 Mob. 07974 290697

3. Fen Street, Boxford, CO10 5HL

Manville Landscapes

Garden Design and Construction

Paving
Fencing
Decking
Turfing
Brickwork
Garden Clearance

Tel: 01449 741595
Mobile: 07958 739686
Email: info@manvillelandscapes.co.uk
Bildeston, Suffolk.

D'ENZA



HAIR @ BEAUTY SALON

AT

"KERSEYMILL"

"September Offers"

 ${\bf 1: Relaxation\ Offer} \hbox{\sim Book\ a\ Hopi\ Ear\ Candling\ Treatment\ \&\ Receive\ a\ 20min\ Back,\ Neck\ \&\ Shoulder\ massage.}$

(The Treatment is very good with people who suffer with hay fever, migraines, sinusitis, compacted ear wax, asthma, and anxiety & stress also many other problems)

Special Price of only £33

2: Back to School Hair cuts for Children ~ Wash, Cut & Style

Special Price of only £10

3: Hair~ Wash, Cut & Style 30% off

Special Price of only £18.55

4: Men's Hair cuts only in September.

Special Price of only £8

The above offers can not be used with another offer.

Please find us on facebook: denza.hairbeauty@facebook.com

Please telephone for more information or make a booking on: 01473 829069

Email: info@denzahairandbeauty.com or visit us on Facebook or Twitter for our special offers.

For opening times & brochure please look at our website: www.denzahairandbeauty.com







COUNTRYSIDE OBSERVER

Last month I reported on the successful hatching of five poultry chicks. All continue to grow and six weeks later their change is remarkable. They have lost their down and proper feathers are coming through. Still no idea what we have by way of hens or cocks. We were awoken early one morning at around 5-30 to the most incredible commotion and squawking from the run. Something had clearly upset them, all nine hens and five chicks were huddled tight in the hen house as far away as possible from the door. The scent of fox was clearly evident in the still morning air. I refer to our hen run "Chicken Knox" with eight foot high posts and chicken wire, any fox that gets in by my reckoning will have earned a meal!!

The only thing hen keepers loathe about foxes is the blood lust displayed if and

when one manages to Not content with one slaughter the whole Now I know the fox even more vigilant, free ranging. A crafty for a hen to get close it the hen is caught, and hungry cubs. I



enter an insecure hen house. bird and a quick exit a fox will flock in a frenzy before exiting. is around we will have to be especially when the birds are fox will lie in wait concealed enough, and before you know the fox racing for its den witnessed exactly this driving

through Buxhall. A large dog fox, with a fine plump black hen in its mouth, shot out from a farmyard making for the woods, the hen still very much alive and doomed.

I think we may be in for a bumper hedgerow harvest. My predictions are based (loosely) on the wet winter, warm spring and by UK standards good summer so far. Our Victoria plum tree managed a miserly four plums in 2013, this year we have over one hundred all at the stage where they should continue to full term. Blackberries are in abundance, I have noted damsons and wild bullace (small yellow like damson) all looking good. Sloe berries last year were few and far between, again I think a good crop beckons.

The Swift along with Swallows and House Martins are a sure sign summer has come as they wheel high in the sky looking for insects to feed their young. The Swift looks black against the sky but in fact its feathers are a dark brown. Its flight is characterised by rapid wing beating followed by long glides and plummets. It's a sad fact that in the past 20 years Swift numbers have dropped by over 40%. Research has concluded this is due to the loss of suitable building and nest sites with modern structures affording little in the way of nooks and crannies where they like to build. Architects have been asked to include nest boxes and shelves below roof lines to encourage birds to nest, thus hopefully increasing their numbers.

DR FAIRWEATHER'S RETIREMENT

Thank you all who sent messages of encouragement on my recent retirement, also those of you who have handed in gifts, and contributions to my collection. In addition, thank you to those who took time to come to my tea party and say a personal farewell, I hope I managed to get round and say a few words to you all, it was much appreciated. I am in the process of writing to people, please accept my apologies if it takes a bit of time as there are so many. Apologies if anyone is missed, if this happens it will be an oversight for which I can only claim human fallibility, of which I have plenty. I am totally humbled by everyone's generosity and kind words and am left with very warm memories of my time serving the community of Bildeston and surroundings. Thank you all for your wishes and gifts, but most of all for allowing me the privilege of caring for you all for 29 years. Please stop and say hello if you see me about.

Jane Fairweather July 2014





BANK HOUSE STORES

Richard & Joan O'Sullivan



telephone 01449 740403

WE'RE OPEN ALL THROUGH THE BANK HOLIDAY

Let's hope the weather is fine for the two big weekends coming up, with the Bank Holiday followed by B Natural. We'll be open every day as usual, with Sunday hours on Bank Holiday Monday. Why get in the car when everything you need is right here in Bildeston?

Save money with our special offers which are available from 25th August until 13th September, including:

Hart's Large Eggs 1	Half Dozen	Only £1
Jaffa Cakes	Triple-pack	Only £1.50
Wyke Farms Matur	Only £2	
Fruit Shoot	12-Pack	Only £3
Napolina Pasta	500 <i>g</i>	Only £1
Kellogg's Variety	8-Pack	Only£1.50
Coke	1.75 litre Bottles	2 for £2
Echo Falls Californ	Only £5	
Carlsberg Lager 24	Only £15	
Stella Artois 10-Co	Only £10	
Draught Guinness 8-Can Pack		Only £7

....plus many, many more. Come in and pick up a leaflet.

We also have some great deals on fresh fruit and veg with a wide range of £1 Price Marked packs.

We are open from 7am to 7pm (6.30 for the Post Office – 6.00 on Wednesdays) Monday to Saturday and 8.00 to 12.00 every Sunday and Bank Holidays. Shop locally – you need a jolly good reason not to!

GARDEN GUBBINS

CARING FOR TOMATOES IN TUBS OR GROWBAGS

At this end of the season for tomatoes, the plants are often struggling with strange looking spots and mottling on the leaves.

The plants have worked hard all season producing pounds of tomatoes and the soil is almost unable to contain enough balanced nutrients to keep the plants healthy. A daily dose of Tomorite is necessary for fruit production, but can actually upset the balance of nutrients.

This will show on the leaves, either with spots, yellow veins or dark blotches.

A good remedy is to add two tablespoons of Epsom Salts to one gallon of water. Apply once weekly. This will add the magnesium, which is lacking, and in a few days should show signs of healthier leaves.

Happy gardening!

BILDESTON ELECTRICAL

Rewires, Extensions, Board Changes or New Installations

Any Alterations to Existing Installations (lights, sockets, etc.)

Contact Ian 01449 743664 or 07754 723685

BASE GARAGE LTD

MONDAY - FRIDAY 7.30 - 6.00 SATURDAY 8.00 - 12.00

- TYRES
- EXHAUSTS
- PUNCTURES
- BATTERIES
- WHEELBALANCING
- AIR CONDITIONING
- LATEST DIAGNOSTIC EQUIPMENT
- WELDING TO MOT STANDARD
- SERVICING & ALL REPAIRS TO ALL MAKES OF CARS
 & LIGHT VANS FLEET DRIVERS WELCOME
- MOT CLASS 4, 5 & 7
- COURTESY CAR AVAILABLE
- COLLECTION & DELIVERY SERVICE 5 MILES RADIUS OF GREAT BRICETT
- WINTER CHECKS
- HOLIDAY CHECKS

LOWER FARM ROAD, GT BRICETT, IPSWICH IP7 7DR

01473 658987 / 01473 657704

£10 OFF!

YOUR MOT WITH THIS

ADVERT

Karen Finch RHAD FSHAA FRSA



Award winning hearing care available on your doorstep...



The Hearing Care Centre are East Anglia's multi-award winning, family run, private hearing care company. We are caring for all your hearing needs locally at:

The Health Centre

HADLEIGH

The Country Practice

NEEDHAM MARKET

- Hearing tests
- Latest digital hearing aids
- Outstanding aftercare service
- Custom ear protection
- Tinnitus management
- Home visits Earwax removal

Our number one aim is to improve your hearing by combining the very latest hearing aid technology together with outstanding customer service.

Book your hearing test today! Freephone 0800 096 2637

The Hearing Care Centre. 11 Upper Brook Street, Ipswich, IP4 1EG | Local Tel: (01473) 230330

Visit us at ww.hearingcarecentre.co.uk



KINGS HEAD & Brewery

Nigel, Susie, Ryan and Freya look forward to welcoming you to the Bildeston Kings Head. www.bildestonkingshead.co.uk

- After a third very successful BNatural last year, we are proud to be participating in Bildeston's forth village music festival,
 Friday 5th to Sunday 7th September. This is a village wide event with a main stage in the village square, musical open gardens and at the Kings Head great food, a mini-beer festival and free live music in the beer garden over the whole weekend.
- On Friday 5th we start proceedings with the lively "Ninjas of Rock". From 1pm on Saturday 6th there's an afternoon "Amplitude" session promoting local young musicians. Then it's "Adam's Band" at 6pm and "Buzz" at 9pm. On Sunday 8th from 1pm there is an Open Mic session, drink vouchers for participating buskers, followed by Luke Thorley at 6pm.
- Otherwise in September, every Wednesday is Open Mic Night from 8:30pm; from 9pm on Saturday 27th Tristan will be entertaining us with some Bob Dylan and a mix of cover tunes; from 1pm on Sunday 28th Kevin Nightingale will accompany your roast lunch on contemporary classical acoustic guitar.
- On Thursday 25th September we are holding a charity quiz night starting at 8:30pm. Thanks to July's quiz teams who raised £115 for The Scout Association.
- Our good value homemade food uses quality ingredients that are locally sourced. To reserve a table please phone 01449 741434.
- Our opening times are as follows:

Wednesday Open 6pm-12am (open mic/buskin night)

Thursday Open 6pm-11pm (bar games night)

Friday Open 4pm-12am (full menu 6-9pm, T/Away 5pm)
Saturday Open 12pm-12am (full menu 12-2pm & 6-9pm)
Sunday Open 12pm-10:30pm (roast/Sunday menu 12-3pm)

Monday/Tuesday Closed (except bank holidays)

HISTORIC CHURCHES TRUST

33RD SPONSORED BIKE RIDE

13TH SEPTEMBER 2014 9AM-5PM

During the past year a lot of vital maintenance and repair work has been taking place at St Mary Magdelene here in Bildeston. This is specialised work and we have been helped in part by funds from the Suffolk Historic Churches Trust. The Trust is vital in helping churches and chapels throughout the country with advice and grants. The Annual Bike Ride is the Trust's biggest fundraiser. Cyclists and walkers are sponsored to visit as many churches and chapels as they wish. If you would care to take part please contact me, Anne Hill for the forms and more information. I thank you in anticipation. Anne Hill 01284 828643.

- Home Maintenance
- Carpentry
- General Building Work
- * Brickwork & Blockwork
- Stonework
- Hand Built Sheds
- Floor & Wall Tiling
- Paving & Patios
- Kitchens & Wardrobes
- Pergolas
- Carpentry
- Bespoke Fencing
- Property Maintenance
- Repairs
- * Advice & Planning
- Shop & Office Fitting
- * Renovation Work
- No Job too small



Bildeston, Suffolk. IP7 7ED

For a prompt & reliable service.



01449 740275 or 07580 753020

Email: bobbuckle10@gmail.com

BILDESTON CHAMPION CLAY SHOOTER

- ullet How many of us villagers knew that we had a champion clay pigeon shooter right ullet
- here in Bildeston? Well we have, and his name is Aaron Harvey (pictured below).
- He is currently shooting all the selection shoots for England and, at this stage, he is just 2 clays off making the England sporting team! Aaron shoots in the Juniors 16 to 21 age group and, in that category, is currently ranked 6th in the world. More
- locally he is ranked the top junior shot in 'sportrap' in the East Midlands, shooting
- an incredible average of 96 out of 100! Aaron is shooting all of the Suffolk team selection shoots and so far holds the following titles:
 - **Suffolk Skeet Junior Champion**
- Suffolk Double Rise Junior Champion
- Suffolk all round Junior champion
- Suffolk Sporting Champion
 Suffolk ABT Champion
- There are only two more competitions to go until Aaron could possibly be crowned with the ultimate overall Suffolk Junior Championship.
- Aaron considers his best achievement to date beating all of the top professional ABT •
- (automatic ball trap) shooters and being crowned the Suffolk County Champion as well as winning the Junior title. As a result Aaron has been selected to represent our
- regional team this August. Aaron told the Bugle, "I shot my personal best on sporting
- at my local ground Barrow Heath where I shot 93 out of 100 clays. I have gone from
- \bullet unclassified class to A and AA class in just two years of shooting, which is such an \bullet
- achievement and I am very proud and pleased with myself for meeting this goal." We are proud of you too, Aaron and wish you all the success your training
- and dedication deserve. Who knows, we could be watching Aaron on our
- screens shooting for Great Britain at the Olympics in Brazil in two years time!







Chamberlin Hall Management Committee

CRAFT FAIR &

FOOD HALL

At Chamberlin Hall, Bildeston



Saturday 25th & Sunday 26th October 10am to 4pm Over 30 Stalls of various local crafts Refreshments available Free Admission

C.H.A.P.S

Presents

'Last Tango in Little Grimley'

A Comedy Plus

At Chamberlin Hall, Bildeston

Friday 10th & Saturday 11th October 2014
7.30pm

Tickets £10 including food

Tickets available from September 15th

Box Office Number (01449)740995

Studio 66

Ladies and Gents Hairdressers



Friendly Service from our Professional Team
Tue & Wed Senior Citizens

***special rates ***

Opening Times Tues - Friday 9 - 5 pm Sat - 8 - 1pm



Dentist

Paul Rolfe BDS

Veneers & Crowns in a single visit

Dental Implants

Family Dentistry

Lavenham & Long Melford

01787 882722

www.paulrolfedental.co.uk

HATTERS CHIMNEY SWEEPS UK

WWW.CHIMNEY-SWEEP.ORG.UK
CHIMNEY & FLUE SWEEPING
FROM £45 INTRODUCE
A FRIEND AND EARN A
£10 DISCOUNT STOVE
MAINTENANCE
CHIMNEY REPAIRS
CCTV FLUE INSPECTION

01787 281979



COUSINS & SON BILDESTON LTD

available to carry out all your building requirements

Renovations / Alterations / Extensions

General Repairs

Please contact Paul for a free estimate

01449 744360 or 07876 244461

or email paul.cousins268@btinternet.com

Come on in, the water's lovely!

Join our family of Puddle Ducks and enjoy baby and pre-school swimming with the most caring and highly-trained teachers around. Contact our friendly team today to find out about our classes across Suffolk.



Swimming lessons in your area for babies, toddlers and pre-school age children...

Swimming is one of the most amazing experiences you can share with your baby or toddler! You can start swimming with us from a few weeks old up until they reach the age of 4.

Our teachers adapt every activity to suit each child. Our baby-led swimming approach ensures that your child's needs are expertly fulfilled - never forcing development, but rather nurturing it to ensure a positive experience and love of swimming.

Although fun is at their heart, Puddle Ducks classes are about much more than this. The classes revolve around bonding and play where children don't realise they're learning to swim and acquiring skills that could save their lives. The children have great fun whilst learning important discipline around water.

We are now enrolling for the next term starting in September so please contact the office if you would like further details:

oucks Oucks

suffolk@puddleducks.com or 01473 356222

THE BUGLE INTERVIEW

In 2006 Reverend Barbara Stanton moved to the Bildeston Rectory in Chamberlin Close and became our Parish Priest at St. Mary Magdalene. Sadly, for us, Revd. Stanton is leaving us in September moving to Somerset. Despite all the upheaval and fitting in a well deserved holiday Revd. Stanton found time for this month's Bugle interview.

What was it that made you want to become a minister of the Church?

It is something that took a number of years. Perhaps the best way to describe it is two silent voices whispering in each ear. One, the call to be a priest and the other me, saying, 'No, not me. I can never stand up in front of people and take services or attempt sermons.' You also have to remember that way back then there were no women priests let alone Bishops. In the end the call was made quite clear within one week. I heard a sermon about calling. It was quite unnerving as I felt clearly it was me being spoken to. Someone after a Bible Study mentioned it and finally the parish priest suggested it. When he said, 'have you never thought about it?' I am a bad liar, and could not say that I had not.

What has been special or different being the parish priest for Bildeston?

This is a hard one! Being here is only my second appointment. Wherever you go people are different and special. Having a Church way outside of the village in the middle of nowhere with no facilities is different. Hopefully now I am going, something will happen over this.

What do you remember of your first few days at St. Mary Magdalene?

Moving into the Rectory in 2006 was a wonderful experience. I arrived with the car loaded up to the gunnels with cleaning equipment etc. not to mention the cat! Entering the Rectory I found it to have been cleaned from top to toe and a box of delights left in the kitchen containing cake, tea and all sorts you would just need but have no idea where to find in the packed boxes. The oil tank had been filled too. As it was February, and I quickly learned about the 'lazy Suffolk wind', I thought what a lovely place with wonderful people I must be coming to.

What do you believe is the place of the Church and your ministry in the 21st century? I think the Church should be a focus for good in the community. 21st century life is very individualistic and money centred. Many places no longer have anywhere to go to meet people with a loss of shops and pubs. More and more people live on their own. Church buildings should be open for quiet and meditation. Church activities need to

be centred on the worship of God, but also on the people in providing something for all, whatever their beliefs.

What has been your link with other Churches and faiths in the area?

Sadly, I have not had any links with other faiths in Suffolk, although if I lived in Ipswich this might be very different. We are fortunate to have Bildeston Baptist Church here. The Friday Community Centre is a wonderful opportunity for people to meet. This year during Lent we shared an Alpha Course explaining the Christian faith. In Whatfield there is a United Reformed Church and the Salvation Army and all three Ministers and some people used to meet for a monthly Bilbe Study until the URC Minister moved on. We have some joint services too, notably the Week of Prayer for Christian Unity, Remembrance and Christmas. All the Ministers in the area, whatever their denomination, also meet usually for breakfast about every six weeks. You could even have found them en route for Chamberlin Close. The Baptist minister at Hadleigh and I jointly took a funeral service and on a happier note while I was away this August their Youth Worker took part in a wedding at Whatfield. I have also had close links with St. Mary Hadleigh as during their interregnum I helped out with baptisms, weddings and the Friday morning toddlers' service, amongst other things.

What is your favourite memory as Reverend for St. mary Magdalene?

It is difficult to choose a favourite memory. I do remember the Bishop Nigel came once for the 'Swearing in of Church Wardens' and him saying how difficult it is to communicate faith even to one's own family and how he was staying with his son and by chance, looking for his coat, found his son's with Church Wardens keys in the pocket!

What are you most proud of as a result of your time at Bildeston?

I can't say I am proud of anything as a result of being here. Interregnums, the time parishes are without a priest, can be opportunities for not just keeping going but finding new gifts and people willing to serve the community.

What message would you like to share with the community, Church Warden and helpers and parishioners of Bildeston?

My message to the village, helpers, Church Warden and PCC would be to keep going, be open to God's loving Spirit. Who knows where it will lead.

The Bugle, on behalf of all Bildeston villagers, extends our very best wishes to Revd. Barbara and appreciation for the way in which she has touched so many lives, especially those of which she may not even be aware.

FAIR DEAL CARS @ RINGSHALL GARAGE

Your Local Friendly Car Centre based in Ringshall with over 25 years motor trade experience, for added peace of mind we are also members of the Retail Motor Industry.

Great deals on all

Car Servicing and Vehicle Repairs

Diagnostic Scanning Equipment

Free local pick up and delivery service

MOT's

A MASSIVE £15.00 OFF OUR STANDARD MOT RATE WITH THIS ADVERT.

CALL US NOW ON 01473 658900



Lower Farm Road, Ringshall, IP14 2JB

tel: 01473 658900 email: info@fairdealcars.uk.com

www.fairdealcars.uk.com

INVITATION

Kings Pightle management committee, Would like to invite you to our

AGM.

Come along and join us for Wine and Cheese, And hear our exciting plans for the next year, and give us your ideas and suggestions for the future.

> Monday 22nd September 7.30 pm At the sports field pavilion All welcome.

The Thyme Kitchen

Making 'thyme' for you!

Buffet food for weddings, christenings, funerals, parties & all special occasions
Selection of homemade Pies, Quiches, Pâtés & Terrines

Including a Vegetarian Range
Delicious Cakes, Biscuits & Scones

All available for home delivery.

With over 30 years of experience, contact Juliet Vicary now for more details.

01449 740350 <u>thethymekitchen@hotmail.co.uk</u> www.facebook.com/thethymekitchenItd



EASY WAYS TO LOSE WEIGHT THAT REQUIRE ZERO EFFORT

Eat off a red plate, it sends a 'warning' to the brain.

Or eat from a smaller plate – a fuller looking plate tricks your brain into feeling fuller.

Sleep 7+ hours a night, short sleepers have more trouble losing weight.

Drink more Tea, caffeine stimulates the metabolism and aids weight loss.



Adding chilli to food [1g] reduces cravings for salty, sweet and fatty foods. People who chew slowly and take smaller mouthfuls, eat fewer calories per meal.

Make friends with cinnamon, it is rich in antioxidants and satisfies sweet teeth as an alternative to sugar. Sprinkle on to porridge with chopped apple for a healthy wholesome breakfast.

A cup of coffee before your workout speeds up the metabolism so calories are burnt up to 3 hours after the gym.

Salt causes water retention leading to bloating, perhaps use oregano instead.

Drink water 30 minutes before a meal – A fuller feeling, so fewer calories eaten.

Always carry emergency snacks to avoid scoffing extra calories. Almonds are a great choice and a low carbohydrate snack.

Hard boiled eggs are a great snack too. Protein takes longer for your body to digest so it will keep hunger pangs at bay for longer.

Try to have protein at every meal. Tuna, Chicken, Eggs or Nuts and you will need less of the sugary, starchy carbs.

CHIMNEY SWEEP

ECO SWEEP

CHIMNEY SERVICES

- NEW POWER SWEEPING METHOD USED FOR A MORE THOROUGH CHIMNEY CLEAN THAN BRUSHES.
- INDUSTRIAL HEPA FILTERED VACUUM.
- FULLY INSURED.
- INSURANCE RECOGNIZED CERTIFICATES ISSUED.
- SPOTLESS, RELIABLE AND FRIENDLY SERVICE.
- ALL CHIMNEYS, WOOD BURNERS, AGA, BOILER FLUES SWEPT.
- GUILD OF MASTER SWEEPS CERTIFICATED MEMBER.



TEL. 01359 232335

FIREWOOD

DRY SEASONED LOGS

Various Loads Available Or bags at £5.50 each

Call Carol Abbott on 01473 829130 or 07768 795981

Tree, Garden Work and Driveways also Undertaken



Angel Delights

Outside Caterer & Specialised Confectioner

Weddings – Christenings – Funerals Birthday Parties - Barbecues - Dinner Parties

Tradional tea room now open at 85 high Street Hadleigh

CAKES FOR ALL OCCASIONS

Contact Helen
01473 828191
info@angel-delights.com
www.angel-delights.com

Philip Robson THATCHING

56c High Street Lavenham

FREE QUOTES & ADVICE

01787 247964

email philiprobson2011@hotmail.co.uk

BARGEWELL SKIP HIRE

2 - 8 yard skips 1 ton waste bags We also collect <u>any</u> full waste bags

> Long or short term hire Delivery 7 days a week Fast & friendly service

Stowmarket 01449 615056

Mobile: 07770 452378

High Rd, Gt Finborough, Stowmarket, Suffolk www.bargewellskiphire.com Credit cards accepted



Recipe of the Month Trout Papillote



Trout en Papillot is very quick and easy, this

method can be used with lots of other fish

Ingredients

- · 2 tbsp olive oil
- 1quarter fennel bulb, finely sliced
- half an onion finely sliced
- salt and freshly ground pepper
- 1 medium tomato sliced
- 2 trout fillets, each weighing approx 175g
- Olive oil to drizzle
- Lemon juice to squeeze
- 1 tbsp chopped dill
- 1 tsp capers (optional)
- 2-3 tbsp white wine

Method

- 1. Preheat the oven to 200C/400F/Gas6
- 2. Cut out two squares each of baking paper and silver foil approx. 40cm/16in square. Lay the baking paper on top of the foil.
- Heat a frying pan and add the olive oil. Add the sliced fennel and onion, season with salt and freshly ground black pepper and fry for about 2-3 minutes until softened.
- Divide the fennel and onions between the two squares of baking paper and layer the sliced tomatoes on top of each heap.
- 5. Place a trout fillet on top of each pile of tomatoes, onions and fennel. Drizzle over some olive oil, a squeeze of lemon juice, the chopped dill and season with salt and black pepper. Sprinkle over a few capers, if using.
- 6. Fold the foil and paper over the fish

- and double-fold each edge to make a sealed parce, leaving a gap at the top to pour in a few tablespoons of white wine. Pour in the wine, then fully seal. The parcel should not be too tight, as steam will puff it up in the oven.
- 7. Place the parcels on a baking tray and bake for 12-14 minutes, or until the fish is just opaque and cooked through.
- 8. Serve the parcels on each plate so they can be opened at the table.





Complete our survey between 1st October - 31st October 2014

www.bildestonhealthcentre.co.uk

and follow the link to the survey

(or collect your survey at the surgery and return it there when you've completed it)

Need more help or information?

Ring Sue Corp 01449 740 166

or email scorpsuffolk@hotmail.com



WHAT IS THE WOOLVERSTONE WISH?

The Woolverstone Wish Fund has been created in order to raise money to refurbish the Chemotherapy outpatient clinics and day-unit in the Woolverstone Wing of Ipswich Hospital. The aim is to increase the available space, improve privacy for patients and provide a more comfortable treatment area. We have a goal of £800,000.

Anyone who has visited Woolverstone Outpatients at Heath Road Hospital, lpswich either to receive chemotherapy or to accompany a patient can not doubt the dedication of the staff. However, the cramped area leaves a lot to be desired.

Well aware of this, and with no funds available for improvements, we are endeavouring to raise enough funds to remodel the Oncology department and update the environment. We hope to make the area as comfortable as possible and also address some of the pressing capacity issues. The target amount of £800,000 is our long term goal, but we hope to make small but significant improvements as the fund raising progresses.

BILDESTON CARPET BOWLS CLUB

WILL BE HOSTING THE

WOOLVERSTONE WISH CHARITY FOURS.

Saturday 18th October 9.30 am

FULL DETAILS WILL BE PUBLISHED NEXT MONTH.

TO RAISE AS MUCH MONEY AS POSSIBLE

WE WILL ALSO HAVE A LARGE RAFFLE & TOMBOLA.

WE WOULD WELCOME ANY DONATION OF PRIZES.

IF YOU WOULD LIKE TO HELP PLEASE CONTACT EITHER

Paul Cousins on 744360 or David Hudson on 740479

BILDESTON BOWLS CLUB BINGO NIGHTS!!

NEXT NIGHT is Friday 5th September at Bildeston Sports Pavillion

Doors open 7pm first game at 7.30. Bring your own drinks.

Tea, coffee and cakes available to buy.

If you need a lift to the sportsfield

or any more information contact

Kevin and Debbie Bailey 01449 740375



Pilates Classes Now Held at Kersey Mill

If you want to exercise both your body and mind as well as improving your sense of well being, strength, flexibility and mobility then I truly believe pilates is for you!

I am passionate about bringing the benefits of pilates to everyone and as a fully qualified teacher certified by Europe's largest professional pilates organisation I can help you improve muscle tone and core stability, building strength from the inside out, re-balancing the body and bringing it into correct alignment.

Please contact me if you wish to join a small matwork class and allow me and the Body Control Pilates method help you achieve your goals. Pilates can benefit anyone of any age and any level of fitness. I look forward to hearing from you.



Body Control Pilates is a registered trademark used under licence

Pilates Works 4U, The Studio, The Old Guildhall, Church Lane, Hitcham, IP7 7NN www.pilatesworks4u.com pilatesworks4u@gmail.com 07855 394 703

Canine Wellbeing At The Pheasantry Wattisham, Suffolk IP7 7LA

Dog and Puppy Day Creche

We provide a very special service of looking after your dog or puppy. In the comfort of our own home, whilst you are at work, or whilst your dog is recovering from veterinary treatment. Why not allow your puppy to socialise with other canine friends. Daily collection and delivery is available.

Dogs on Holiday

Whilst you are on holiday, why not let your canine friend have one too. She/he can come and stay in the comfort of our own home, where she/he will be treated as one of the family.

Also available

Canine Hydrotherapy

For more details phone: 01449 740659 mobile 07956286056 or visit our website:www.caninewellbeing.co.uk

Friendly Experienced Teacher offers Individual

MATHS Tuition

Speciality
Confidence Building
KS1 - KS3

Call Colin Plummer on 01449 736918 for details and availability or email: colinp52@btinternet.com

BUGLE ADVERTS

It is very easy to advertise your company, business or shop in the Bildeston Bugle. You can have either a full page, half page or this size, which is a quarter page. The rates are listed on the inside front cover.

If you are interested in advertising in the Bugle, please contact the editor at:

editor@bildestonbugle.co.uk

You will reach over a thousand residents and a world wide audience through our web page!

BILDESTON PARISH COUNCIL

DRAFT Minutes of the meeting of Bildeston Parish Council held on 11th August, 2014 in Chamberlin Hall at 7.30 pm

In attendance:

Councillors: R Taylor (Vice-Chairman) P Bullen, D Drury, A Hubbard, R

Lester

Also Present: County Councillor Jenny Antill District Councillor Desmond

Keane, Mrs S Brown, temporary clerk took the minutes, 18 members of $\,$

the public.

Councillor R Taylor, Vice-Chair opened the meeting and welcomed everyone present.



Apologies for absence were received and accepted from Councillors Guttridge (Chairman) Cousins and Lindsey

C65/14/15 DECLARATIONS OF PECUNIARY AND NON-PECUNIARY INTERESTS

Councillors Lester and Taylor declared a non-pecuniary interest by reason of being members of the Kings Pightle Management Committee and Sportsfield Management Committee.

C66/14/15 DISPENSATIONS IN RESPECT OF PECUNIARY INTERESTS

There were none.

C67/14/15 MINUTES OF PREVIOUS MEETING

Cllr Lester proposed, seconded by Cllr Drury to accept with amendments: £34 to read £34.03 item C61/14/15 Cllr Lester to read Cllr Taylor.

It was AGREED: That the minutes of the meeting held on 14th July, 2014 be signed by the Chairman as a correct record.

C68/14/15 POLICE REPORT

A report was sent and read to Council covering the period 13/7/14 to 8/8/14.

A property in Newberry Road has had a property stolen on the 18th July between 0600 and 0715. A person is helping police with their enquiries.

Between 1400 on the 19th July and 2044 on the 20th July a vehicle parked on the High Street has had damage done to its tyres. There are no suspects for this crime.

The next priority setting meeting is Tuesday 16th September 2014 between 11am-12pm at Stanstead Community Centre, The Hill, Stanstead CO10 9AP

No feedback has been received in the matter of enforcement of parking in the High Street, clerk to chase. A resident advised he and his dog had been attacked by another dog the Police had been informed and an incident number given.



C69/14/15 SUFFOLK COUNTY COUNCIL

Councillor Antill attended and gave her report this included:

Tobacco and the Suffolk Pension Fund at its last Full Council meeting the Council resolved to urge the Pension Fund Trustees not to invest in the shares of Tobacco companies.

Children's Centre Consultation is set to run for a twelve-week period.

Waste Deal with Norfolk, the new energy from waste plant at Great Blakenham is now at its commissioning stage, all is going according to plan. SCC to take 40,000 tonnes per annum of residential household waste from Norfolk to feed the waste plant. Both councils will save about £1m over two years by working together. Once the plant is up and running Suffolk will only send about 3% of all waste to landfill.

Bildeston - Cllr Antill will be meeting Steve Merry, Highways engineer, in September and will request an update on the traffic calming measures. Cllr Antill was very pleased to be invited to Bildeston School to say goodbye to the head, who has been there for sixteen years. Cllr Antill looks forward to visiting and offering support to Mrs Golding, the new head, in the future.

C70/14/15 BABERGH DISTRICT COUNCIL

Councillor Keane reported the amalgamation with Mid-Suffolk was going smoothly saving bith Councils considerable monies. It was asked where the centre was to be for the new amalgamated Council. It was still under discussion the matter was being debated at the moment.

C71/14/15 TO ESTABLISH A WORKING GROUP IN THE FIRST INSTANCE TO EXPLORE FROM A COMMUNITY PERSPECTIVE, THE DEVELOPMENT NEEDS OF BILDESTON INCLUDING HOUSING NEED. TO ALSO CONSIDER INVITING MEMBERS OF THE PUBLIC TO JOIN THE WORKING GROUP IF THOUGHT NECESSARY

Council discussed the setting up of a working group and its remit, including the need to engage with the whole community, to try to have a consensus, to contact Mr Free from Babergh District Council to attend or ask for advice if thought necessary. Members of the public attending the meeting were asked if they had any comments. These included the need to understand all the community, caution to be taken if using outside companies to carry out survey on 'housing needs', infrastructure needs to be considered. Five members of the public expressed interest in joining the working group and gave their names to the clerk.

It was AGREED: The first meeting of the working group to take place on Wednesday, 13th August at 7.30pm in the Chamberlin Hall. The Vice-Chairman to check availability, this will not be able to be advertised, if needed, further members will be invited to attend at a later date.

C72/14/15 CORONATION PLAYGROUND AND SKATEPARK

Cllr Hubbard reported the banking on one of the ramps will need work also litter is not being put in the bins.

It was AGREED: Cllr Guttridge to be asked to organise the annual inspection and organise any repairs. Cllr Hubbard to put up a sign asking for litter to be placed in the bin.

C73/14/15 TRAFFIC CALMING MEASURES

There was nothing to report

C74/14/15 VILLAGE GROUND MAINTENANCE ARRANGEMENTS

EFMS had now been stood down, Bildeston's own equipment was now being used and Kings Pightle was now getting back into shape. All maintenance is on a needs basis rather than on a calendar basis.

C75/14/15 VILLAGE AMENITIES

Kings Pightle: There was nothing to report

Sportsfield: Questions had been asked at the last meeting, two items of correspondence had been sent to the Parish Council. These had been replied to advising that they had been passed to the Sportsfield Committee. The Sportsfield Committee had received two complaints from residents and these had been formally replied to. The camping is going well and is manned 24/7. It had been noticed a lot of dogs are being walked on the Sportsfield, this was a matter for the Sportsfield Committee.

C76/14/15 MARKET PLACE

There was nothing to report.

C77/14/15 CLERK'S UPDATE

No update

C78/14/15 AUTHORISATION OF PAYMENTS

It was AGREED: That the following payments be approved:

Payee	Description	Amount
S Brown	Clerk's Expenses	£91.20
EFMS	Grounds Maintenance	£661.37
A Gutteridge	Fuel	£24.73

C79/14/15 PLANNING MATTERS

Planning Appendix A: Planning Applications Consultation

B/14/00297 Tankard farm, Wattisham Road, IP7 7EG - Erection of 9 No. single-storey dwellings (2 No. affordable) and construction of shared vehicular access (following demolition of existing buildings on the site)

Council studied the plans and discussed the proposal. Cllr Lester proposed objecting to the Proposal, seconded by Cllr Hubbard with comments.

Objection with the comments:

Over development and density of the development

Questions re infrastructure

Moves the line of the footpath

B/14/00822 134, High Street - Change of use from 2 No. self-contained residential flats to Single dwelling house.

No Objection

B/14/00878 Baptist Church, Duke Street - Erection of single-storey rear extension. Council studied the plans and discussed the application. A member of the public expressed concern over possible increased usage.

No Objection as long as it does not encroach on common land.

Planning Appendix B: Determined by Babergh District Council None

C80/14/15 MATTERS TO BE BROUGHT TO THE ATTENTION OF THE COUNCIL

A salt bin was requested for the corner of Rotherham Road and Smock Meadow. Cllr Drury

proposed purchase of a salt bin seconded by Cllr Hubbard.

It was AGREED: The purchase of a salt bin.

It was noted a wheelie bin of salt was also filled with dog waste. Cllr Taylor to make good. Cllr Drury advised she had contacted Orbit housing and is waiting for them to come back to her. Cllr Hubbard advised he had contacted Anglian Water re infrastructure but had not as yet received a reply. Cllr Keane to try to find a more effective contact at Anglian Water.

C81/14/15 PUBLIC SESSION

It was advised the road closure for the B-Natural event letters had been circulated with only three issues coming back which had been dealt with. A member of the public expressed concern that Christmas Hall may be exceeding planning restrictions with regard to events. They were advised to contact the planning enforcement department at Babergh District Council.

C82/14/15 EXCLUSION OF THE PUBLIC

It was AGREED: That by virtue of the provision of Section1(2) of the Public Bodies (Admissions to Meetings) Act 1960, the public be excluded from the remainder of the meeting on the grounds that publicity would be prejudicial to the public interest because of the confidential nature of the business to be transacted.

C83/14/15 LOCAL PARISHIONER'S ESTATE

Nothing further to report

The meeting closed at 8.50pm.

Workshops in September

Brook Farm Studio

Childrens Summer Holiday Craft Club Wed 10.30am-12.30pm Sept 3rd £5

Creative Embroidery Workshops Fridays 10am-4pm

Pottery Classes

2pm-4.00pm £20 £15 (materials included)

Precious Metal Clay Workshop 10am-4pm £10 Sat 27th September £50 Felt Making for All

Thursdays 10am-12.30pm

£8 (materials not included)

Special workshops include:

Mosaics, Precious Metal clay, Pottery on the Wheel and Raku watch this website for updates.

Shop selling unique affordable art and gifts Open Tuesday-Friday 10am-1.30pm Saturdays 10.30am-1.30pm Closed Sundays & Mondays

Website: www.brookfarmstudio.co.uk email: brookfarmstudio@gmail.co.uk

Booking essential call Hazel on 07432 138966 or 01473 823819



Bildeston Ladies Club

The meeting on September 4th we will be a Flower Arranging workshop led by Alison, Nan and Angela our three resident experts. You don't need to be skilled in

flower arranging to join in, as they will assist even the most un-artistic amongst us to create a thing of beauty to adorn your home!!

Please bring garden flowers or a small "£3 supermarket " bunch. You will also need scissors and some newspaper. A base and oasis will be provided, along with foliage.

Come and join us! Members – why not bring a friend!

Entry: £2 members, £3 guests

Chamberlin hall – 7:45p.m.

Phone me on 740504 if you need a lift to the hall Solution

(Bookings secretary)



WALL TO WALL BUILDERS

Experienced, Professional & Reliable

- Extensions
- New Builds
- Listed Buildings
- Loft Conversions
- Kitchens & Bathrooms
- All Renovation Work & Repairs

Richard Bateson

M: 07799 114814 T: 01449 741510

richard@bateson1.eclipse.co.uk

BILDESTON RANGERS FOOTBALL CLUB

We hope you have enjoyed the Summer. Both teams have been Boot Camp Training and playing Pre-season friendlies in preparation for the forthcoming season and I am pleased to publish the fixtures for the first three months for your information and continued support. It is anticipated that the two teams will do well in their respective Cup competitions and in the event of progress to subsequent rounds clashing with a League fixture, the League fixture will be rearranged.

6/9/14 First Team Away v Cedars Park Reserves Away v Sizewell Associates 13/9/14 First Team Home v Stowupland Falcons Reserves Away v Stowupland Falcons Reserves

20/9/14 First Team Away v Saxmundham Sports Reserves Home v Somersham Reserves (Primary Cup)

27/9/14 First Team Home v AFC Hoxne Reserves Away v Halesworth Town Res.

4/10/14 First Team Away V Exning United (Junior Cup) Reserves Home v Bramford Rd OB Reserves

11/10/14 First Team Away v Stonham Aspel Reserves Home v Kesgrave Kestrels (or Primary Cup)

18/10/14 First Team Home v Ransome Sports (Bob Coleman Cup) Reserves Away Felixstowe Harpers United A

25/10/14 First Team Junior Cup 2nd round TBA Reserves Home v Old Newton United A (Club Colours Cup 2nd rd)

1/11/14 First Team Away v Aldeburgh Town Reserves Home v Halesworth Town Reserves (or Primary Cup)

8/11/14 First Team Away v Kesgrave or Salvation Army (Bob Coleman Cup 2nd rd) Res. Home v Stradbroke United

15/11/14 First Team Home v Bacton Untd 89 Res. Away v Bramford Rd OB Res 22/11/14 First Team Juniour Cup 3rd round Reserve Home v Sizewell Associates (or Primary Cup)

29/11/14 First Team Away v Bartons Reserves Home v Chantry Grasshoppers Both teams will be using Red and Black home kits which were purchased last season thanks to very helpful donations from Vice Presidents and fund raising. The continued sponsorship by The Crown is also much appreciated and I am pleased to report the First Team after home match hospitality will continue to be held there. Here's hoping for a good season and a pitch that stands the test of time and weather !! Please come along and support the Club and you will be made most welcome.

Ruth Finbow Hon. Secretary, Bildeston Rangers FC







CHAMBERLIN HALL MANAGEMENT COMMITTEE

Presents

A Dance And Barbecue

PAUL GAGE

Singing all of your favourite songs

CHAMBERLIN HALL
BILDESTON

SATURDAY 20th September 2014 8.00 pm to 11.45 pm Tickets £12.50 Including barbecue

For further details and tickets telephone Adrian on (01449) 741253

CAR BOOT/ TABLE TOP SALE

Can be held indoors if wet

£5 per Pitch/Table

Sunday 14th September 2014

At Chamberlin Hall Bildeston

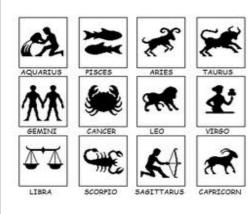
9am to 1pm

Barbecue - Weather permitting Refreshments Available

For further details and pitches contact June on 01449 740995

Or

Lyn on 01449 741253



continuing the star signs, with...

VIRGO

23rd Aug-22nd Sept
Symbol - The Maiden
Birthstone - Opal or Sapphire
Element - Earth

Virgo is the sign of work and service. Virgo people are practical and down to earth, they enjoy problem solving, and helping others with their problems too.

At times they can be quite unsocial, and spend too much time worrying, they can also be very critical, particularly of themselves. They are sensitive and caring, and can be quite shy.

Virgos like things to be tidy and organized, and are often "clean freaks". Virgos are usually very intelligent, and like to be constantly learning new things. They are meticulous, and pay great attention to detail, and are very reliable and good to have as a friend. Famous Virgos include:

Rupert Grint (actor). August 24th

Freddie Mercury September 5th

Prince Harry September 15th

Happy birthday to all our Virgos!!

Beyoncé Knowles September 4th

Pippa Middleton. September 6th

The Suffolk County Councillor for Cosford, which includes Bildeston, is Jenny Antill.

Her contact details are:

Telephone 01787 378310.

Email: jenny.antill@suffolk.gov.uk

Website: www.jennyantillsblog.blogspot.com

September 2014 Church Services & Events in Bildeston

St Mary Magdalene

7th September 9.30am Holy Communion Bildeston

14th September 11.00am Morning Prayer Bildeston

21st September 6pm Benefice Evensong Bildeston Rev'd Barbara's last service

28th September 11am Harvest Festival followed by Bring and Share Lunch & Auction of Produce Bildeston

5th October 11am Benefice Communion Naughton

For more information, contact Revd Barbara Stanton Tel: 01449 744190 Email: b.stanton150@btinternet.com

If anyone has any difficulty in coming to Church, please contact the Rector and transport can be arranged.

For all services across the Benefice please refer to *Roundabout*, available in St Mary Magdalene Church

Baptist Church, Duke Street, Bildeston

Jim Haley tel: 01449 740716 email: bildestonbc@gmail.com

Service every Sunday morning at 10:45

Lunch Club: at 12:30 on the first Wednesday of each month -

Anyone in the village is most welcome

Community Coffee Centre: Every Friday from 09:15 to 11:30

Enjoy meeting old and new friends at these events!

'Craft it Together' - Mondays at 7pm

'Men's Breakfast' - last Saturday of each month at 8am



Bildeston Community Coffee Centre Baptist Church 9:15-11:30	Every Friday
Craft it Together Baptist Church 19:00	Every Monday
Strollers & Striders Baptist Church Car Park 10:00	Every Monday
Baby & Toddler Group Baptist Church 9:45-11:45 Bildeston Ladies Club	Every Tuesday
Flower Arranging Workshop at Chamberlin Hall 7.45	Thursday 4th
Bildeston Bowls Club Bingo Evening at Sports Pavilion 7.00pm	Friday 5th
'B' Natural Music Festival	
Bildeston village	Sat & Sun 6th and 7th
Bildeston village Historic Churches Trust Sponsored Bike Ride 9.00-5.00pm	
Historic Churches Trust	Sat13th Sun 14th
Historic Churches Trust Sponsored Bike Ride 9.00-5.00pm Chamberlin Hall Car Boot/Table Top sale 9.00-1.00pm	Sat13th Sun 14th Sat 20th
Historic Churches Trust Sponsored Bike Ride 9.00-5.00pm Chamberlin Hall Car Boot/Table Top sale 9.00-1.00pm Dance with Barbecue 8.00-11.45pm Kings Pightle AGM	Sat13th Sun 14th Sat 20th Mon 22nd



When you're finished with this Bugle please pass it on or recycle it.